



REGULAR BOARD MEETING AGENDA

Wednesday October 21, 2026

9:30 am

Meeting Room
Green View FCSS Building

#1	CALL TO ORDER		
#2	ADOPTION OF AGENDA		
#3	MINUTES	3.1 Regular Green View Family and Community Support Services Meeting minutes held September 23, 2026 to be adopted. 3.2 Business Arising from the Minutes	1
#4	DELEGATION	4.0	
#5	OLD BUSINESS	5.0	
#6	NEW BUSINESS	6.1 FCSS Manager Report 6.2 Volunteer Appreciation	4
#7	MEMBER REPORTS	7.1 Chair/Member Reports	
#8	CORRESPONDENCE	8.0	
#9	CLOSED SESSION	9.0	
#10	ADJOURNMENT	10.0	

Minutes of a
REGULAR BOARD MEETING
GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES
Greenview Family and Community Services Building
Valleyview, Alberta, on Wednesday, September 23, 2026

1: Chair Perron called the meeting to order at 9:43 am.
CALL TO ORDER

PRESENT	Chair, Member at Large, Greenview Board Member, Member at Large, Greenview Board Member, Member at Large, Greenview Board Member, Greenview Councillor Board Member, Member at Large, Town of Valleyview Board Member, Greenview Councillor Board Member, Town of Valleyview Councillor	Roxanne Perron Tammy Day Gwen Villebrun Christine Schlieff Kristine Gavin Dave Berry Ken Hoedl
ATTENDING	FCSS Manager Recording Secretary	Amber Hennig Corinne D’Onofrio

ABSENT

#2 **2.1 GREEN VIEW FCSS AGENDA**
AGENDA **MOTION: 26.09.20** Moved by: BOARD MEMBER, TAMMY DAY
That the September 23, 2026 agenda be adopted as presented.

CARRIED

#3.1 **3.1 GREEN VIEW FCSS REGULAR BOARD MEETING MINUTES**
REGULAR **MOTION: 26.09.21** Moved by: BOARD MEMBER, GWEN VILLEBRUN
MEETING That the Minutes of the Regular Green View FCSS Board Meeting held on Wednesday, June
MINUTES 17, 2026 be adopted as presented.

CARRIED

#3.2 BUSINESS
ARISING FROM **3.2 BUSINESS ARISING FROM THE MINUTES**
MINUTES

#4 DELEGATION

4.0 DELEGATES

#5 OLD BUSINESS

5.0 OLD BUSINESS

#6 NEW
BUSINESS

6.1 FCSS MANAGER REPORT

MOTION: 26.09.22 Moved by: BOARD MEMBER, KEN HOEDL

That the Green View FCSS Board accept the August Manager's report as presented for information.

CARRIED

#7 CHAIR/
MEMBER
REPORTS

7.1 CHAIR/MEMBER REPORTS

BOARD MEMBER GWEN VILLEBRUN

- Mentioned resigning from The Town of Valleyview Library Board and will miss the participation with the Green View FCSS Board

BOARD MEMBER DAY

- Will miss role on the Green View FCSS Board

BOARD MEMBER SCHLIEF

- Hopes to have a role in senior's housing in Grovedale in the future
- MD of Greenview's Strategic Plan is complete and available for viewing
- Mentioned the "Mission Possible- Building Better Communities Together Community & Non-Profit Conference" on Saturday, October 24, 2026 in Evergreen Park

BOARD MEMBER GAVIN

- Welcomed new Green View FCSS Manager Amber Hennig

BOARD MEMBER BERRY

- Appreciates the changes in the Community Resource Centre such as the changes of location of the client use computers

BOARD MEMBER HOEDL

- No report at this time

CHAIR PERRON

- Reported that she has enjoyed her role on the Green View FCSS Board over the 20 plus years she has held the position and is looking forward to being part of the community in a new meaningful way

#8
CORRESPONDENCE

8.0 CORRESPONDENCE

#9 CLOSED
SESSION

9.0 CLOSED SESSION

#10
ADJOURNMENT

10.0 ADJOURNMENT

MOTION: 26.09.23 Moved by: BOARD MEMBER, KRISTINE GAVIN
That this meeting adjourns at 11:56 am.

CARRIED

F.C.S.S. MANAGER

F.C.S.S. CHAIR



REQUEST FOR DECISION

SUBJECT: **Manager's Report**
 SUBMISSION TO: **GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES BOARD** REVIEWED AND APPROVED FOR SUBMISSION
 MEETING DATE: October 21, 2026
 DEPARTMENT: **GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES**

RELEVANT LEGISLATION:
Green View FCSS Policy – N/A

RECOMMENDED ACTION:
MOTION: That Green View Family and Community Support Services Board accept the October 2026 Manager's report as presented for information.

BACKGROUND/PROPOSAL:
 Monthly Manager's reports are provided to the Board for information.

BENEFITS OF THE RECOMMENDED ACTION:
 The Benefit of accepting the report is to update the Board on services provided by the Manager.

DISADVANTAGES OF THE RECOMMENDED ACTION:
 There are no perceived disadvantages to accepting the report.

ALTERNATIVES CONSIDERED:
 N/A

FINANCIAL IMPLICATION:
 N/A

STAFFING IMPLICATION:
 N/A

PUBLIC ENGAGEMENT LEVEL:
 Greenview has adopted the IAP2 Framework for public consultation.

INCREASING LEVEL OF PUBLIC IMPACT

Inform

PUBLIC PARTICIPATION GOAL

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS:

N/A

ATTACHMENT(S):

- October Manager's Report

MONTHLY REPORT

MONTH: October

YEAR: 2026

SUBMITTED BY: Manager

The Community Resource Centres recorded 487 client interactions in September.

- 330 in Valleyview (75 MD of Greenview, 180 Town of Valleyview, 75 Sturgeon Lake Cree Nation).
- 157 (100 Hamlet of Grande Cache, 57 Cooperatives/Enterprises) in Grande Cache.

The top three reasons for access this past month were FCSS program inquiries, forms assistance, and providing technology for individuals to connect with resources to meet their needs. Programs inquired about include Older Adult Information Day, Conversation Café, and Home Support. The types of forms we assisted with are the usual including Assured Income for the Severely Handicapped, and Income Support. Individuals accessed phones and computers to search for employment, create resumes, and reporting to Income Support.

Green View FCSS will be contributing to a research project about men's mental health needs in northwestern Alberta. The project is being led by Northwestern Polytechnic in partnership with the Resource Centre for Suicide Prevention in Grande Prairie. Work of the project may include contributing to an advisory group, conducting focus groups and contributing information in the creation of a regional asset map of programs, services and supports available in northwestern Alberta.

A Staying Safe Online presentation will take place on October 16 at 2:00 pm at the DeBolt Community Centre for older adults.. Participants will be taught how to recognize and avoid common scams (i.e. financial, romantic, etc.) and learn about online threats that can impact their financial security and personal well-being. Strategies to protect themselves online will be included such as creating strong passwords, securing person devices, and identifying suspicious communications.

Two Older Adult Information Days took place, the first in Grande Cache on October 1 (4 participants), and the second in Valleyview on October 2 (29 participants). The day provided information to the participants that enhances the ability to age well in community. The most popular of these sessions was the Alzheimer's Society presentation providing information about dementia. Further details can be found in the Valleyview Adult Coordinator's report and in the Grande Cache Outreach Coordinator's report.

In the previous Manager's report, it was noted that Policies 5000, 5002, 4003, 5004, Home Support recommendations, and grant applications be presented to the new Board for consideration and feedback. With the extension of the current Board members' terms until December 2026, these items will now be brought forward to the Board in early 2027.

For the past six years, Green View FCSS has served as a scaling site for the Centre for Sexuality's WiseGuyz program. Although the scaling site term has now ended, the program's strong outcomes demonstrate the value of continuing to offer it within our communities.

To support the program's ongoing delivery, Administration has signed a licensing agreement with the Centre for Sexuality at an annual cost of \$1,000. The agreement provides access to high level training throughout the year, curriculum updates, facilitator one on ones to strengthen skills, and resources used in creation of the program.

A total of 6 child/youth programs are actively running or been confirmed. The programs are WiseGuyz, I Can Handle Anger, the Empathy Program, Miyo Wichihitowin, Why Try and Mind Up. Program specifics can be found the Youth Coordinators sections of this report.

Programming for adults and seniors currently underway are Death Café at Red Willow Lodge in the Town of Valleyview, Conversation Cafes one at the Community Resource Centre in Grande Cache, the other at Red Willow Lodge and the Balance program taking place at the Community Resource Centre in the Town of Valleyview. Program specifics can be found in the Valleyview Support Coordinator's report, Outreach Coordinator's report and Valleyview Adult Coordinator's report.

Finally, Administration and Board members will be attending the Family and Community Support Services Association of Alberta (FCSSAA) Annual Conference in Edmonton November 25 to 27. The conference brings together over 400 community leaders, directors, board member, and municipal councillors from across Alberta to learn, share, collaborate and connect.

UPCOMING:

- FCSSAA Conference November 25 – 27 (Edmonton)

MONTHLY REPORT

MONTH: October YEAR: 2026 LOCATION: Valleyview

SUBMITTED BY: Community Resource Centre Coordinator

In September 2026, there were 310 client visits to the Green View FCSS Community Resource Centre. 75 of these visits were MD residents, 75 were residents of Sturgeon Lake and 160 were Town of Valleyview residents. Seven clients were new to the Resource Centre and 303 were returning. Ninety-eight referrals took place and 309 “system navigation” occurred.

The top reasons for client visits were for “other” 115 (including FCSS program inquiries, specifically Balance and Older Adult Information Day), 51 technical assistance and 47 employment support.

Technical supports in the office in September consisted of phone use for the purpose of calling various government agencies such as AB Supports, Canada Revenue Agency, housing options and Service Canada. Clients also utilized the client computers for accessing their email and online banking and completing or accessing other online applications. Technical support also consisted of assisting clients with scanning and email documents, help on personal devices and setting up and accessing various government sites, such as Alberta.ca. This continues to be a struggle for many individuals.

Employment assistance, 47 visits, as mentioned above, included clients requiring assistance with creating, updating and copying resumes and cover letters, looking up various job postings to apply to, speaking about available opportunities, and viewing the job board. Clients also were directed to various courses that would assist them with employment. Numerous successes were noted in September including a fellow that was new to town, utilized the computers for resume updates and copies. He successfully gained employment from an ad posted on the job board and Green View FCSS Facebook page, by handing out resumes throughout the community. Another individual, that was known to coordinators from a local agency, was utilizing the client computers to assist her with seeking employment after choosing to make a career change. She regularly attended for the purpose of job search, resume and cover letter creation and found a position that suited her existing skills. She informed coordinators when she was interviewed and was successful at attaining the position. Later, she once again utilized the computers and coordinator’s assistance with completing her hire package.

In September there were 25 inquires and requests for the Community Volunteer Income Tax program. Clients that recognized they were not receiving benefits due to unfiled taxes, filed their taxes with CVITP. Others were referred to Canada Revenue Agency or My CRA Account to request copies of their completed taxes or Notice of Assessments. There were 13 related CRA referrals and assistance provided.

Other needs assisted with were Assured Income for the Severely Handicapped (AISH) 11, Old Age Security and Guaranteed Income Supplement (GIS) 5, Alberta Seniors/ Senior Special Needs 14, Food Bank 11, Housing 9, Service Canada 11, Mental Health and Addiction referrals 6, and seven interactions with Family Resource Network.

The following three charts provide a breakdown of services delivered to clients based on their residence within the MD of Greenview, the Town of Valleyview, and Sturgeon Lake Cree Nation. These statistics are recorded daily for each client interaction and compiled monthly to identify the primary reasons for client visits and demonstrate how individuals are accessing available programs and services. This information helps illustrate how the Community Resource Centre is increasing awareness of community resources, supporting client resilience, and assisting individuals in meeting their needs.

*System Navigation assists individuals in accessing various services or supports. These engagements usually involve one-time interactions or a brief series of contacts.

Valleyview

Year End Report	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	TOTAL
ValleyviewTotal Client Visits	234	203	345	368	247	280	260	189	160				2286
New Clients	7	2	3	5	4	4	0	5	5				35
Returning	227	201	342	363	243	276	260	184	155				2251
System Navigation	200	203	337	363	247	277	260	189	159				2235
Referrals	57	38	47	63	52	65	87	48	55				512
Alberta Adult/Child Health Benefits	0	6	1	1	0	0	0	1	4				13
Alberta Disability Assistance Program (ADAP)	0	0	0	0	0	0	11	2	0				
Alberta Health Care/ Health Unit	0	0	7	6	3	9	1	4	3				33
Alberta Income Support/ AB Supports	21	10	17	16	18	38	26	18	16				180
Alberta Seniors/Special Needs Assistance for Seniors/SHARP	8	6	11	17	11	16	1	10	6				86
Assured Income for the Severely Handicapped (AISH)	16	11	9	19	11	12		11	8				97
Canada Child Benefit	0	0	0	0	1	0	0	0	0				1
Canada Dental Care Plan				4	11	2	0	2	1				20
Canada Disability Benefit	2	7	4	5	2	1	0	0	0				21
Canada Revenue Agency	6	6	10	24	9	7	5	4	4				75
Childcare Subsidy	0	0	0	0	0	0	0	0	0				0
Children & Family Services	4	1	2	0	0	0	1	1	2				11
Commissioner for Oaths	1	0	5	6	3	2	1	2	3				23
CPP/CPP-D	6	5	2	8	12	4	2	1	2				42
CVITP	5	22	154	111	26	8	12	3	6				347
Disability Tax Credit	3	7	3	9	2	3	1	2	0				30
Education	2	0	2	1	1	2	2	1	2				13
Employment	40	23	17	31	21	43	38	22	24				259
Family Resource Network	3	1	0	0	1	1	3	1	2				12
Food Bank	27	20	11	27	15	10	19	17	7				153
General Questions/Inquiries (Including FCSS programs)	20	19	33	38	44	38	63	20	57				332
Housing/Heart River Housing	2	1	7	8	6	9	5	9	6				53
Mental Health/ Addictions	1	2	1	3	0	5	4	4	5				25
Old Age Security/Guaranteed Income Supplement	6	7	2	12	7	0	6	8	2				50
Service Canada (including EI, CDCP, SIN, My Service Canada, etc)	10	13	16	25	17	9	12	10	2				114
Technology Assistance	60	36	87	66	68	102	71	62	25				577
WCB	0	0	0	1	0	0	0	0	0				1

*System Navigation assists individuals in accessing various services or supports. These engagements usually involve one-time interactions or a brief series of contacts.

**Referrals are services where staff connect individuals or families with other services. Referrals involve actively bridging to another service by providing targeted resources, supporting an individual in booking an appointment or doing a "warm handoff".

Sturgeon Lake Cree Nation

Year End Report	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	TOTAL
SLCN Client Visits	79	104	313	251	127	85	135	79	75				1248
New Clients	0	0	1	2	2	0	0	1	1				7
Returning	79	104	312	249	125	85	135	78	74				1241
System Navigation	73	96	312	250	127	85	135	78	75				1231
Referrals	23	16	25	16	13	14	35	20	18				180
Alberta Adult/Child Health Benefits	0	3	0	0	0	0	1	1	0				5
Alberta Disability Assistance Program (ADAP)	0	0	0	0	0	0	5	0	0				
Alberta Health Care/ Health Unit	0	3	0	3	3	1	0	0	0				
Alberta Income Support/ AB Supports	2	3	3	5	2	1	0	2	0				18
Alberta Seniors/Special Needs Assistance for Seniors/SHARP	0	1	2	3	1	3	4	3	2				19
Assured Income for the Severely Handicapped (AISH)	6	8	8	9	7	7		6	1				52
Canada Child Benefit	3	3	4	1	0	0	0	0	0				11
Canada Dental Care Plan				0	1	0	0	0	0				1
Canada Disability Benefit	1	5	1	2	1	1	0	1	2				14
Canada Revenue Agency	7	9	14	13	6	3	3	4	5				64
Childcare Subsidy	0	0	0	0	0	0	0	0	0				0
Children & Family Services	1	1	0	1	0	0	0	1	0				4
Commissioner for Oaths	4	0	3	11	3	0	9	7	3				40
CPP/CPP-D	4	3	2	3	3	0	1	2	2				20
CVITP	5	32	224	128	42	26	21	12	19				509
Disability Tax Credit	1	6	6	5	3	3	0	1	1				26
Education	1	0	2	0	2	1	0	2	0				8
Employment	13	12	15	7	27	12	25	16	13				140
Family Resource Network	1	0	2	0	1	0	1	0	1				6
Food Bank	1	1	0	2	1	0	5	0	2				12
General Questions/Inquiries (Including FCSS programs)	0	0	22	19	14	15	22	16	27				135
Housing/Heart River Housing	1	0	1	1	2	1	1	0	1				8
Mental Health/ Addictions	3	0	1	1	0	1	5	0	1				12
Old Age Security/Guaranteed Income Supplement	2	2	1	5	5	1	3	1	0				20
Service Canada (including EI, CDCP, SIN, My Service Canada, etc)	2	8	7	12	4	4	11	4	5				57
Technology Assistance	18	24	37	51	20	26	33	21	13				243
WCB	0	0	0	0	0	0	0	0	0				0
*System Navigation assists individuals in accessing various services or supports. These engagements usually involve one-time interactions or a brief series of contacts.													
**Referrals are services where staff connect individuals or families with other services. Referrals involve actively bridging to another service by providing targeted resources, supporting an individual in booking an appointment or doing a "warm handoff".													

HIGHLIGHTS:

Along with the successes mentioned regarding clients attaining employment with Green View FCSS' employment support, another client shared their personal success story with the CRC Coordinator. While assisting the client with employment-related documents for a new job, the client had commented on how much her life had improved over the years. Through her struggles, Green View FCSS coordinators had assisted her often with tasks such as Income Support, Food Bank and employment. She was reminded recently, while she was struggling to complete a hire on package for her new position, that we could provide the assistance she needed to help interpret and get the paperwork done correctly. She thanked us for the help along the way.



MONTHLY REPORT

MONTH: October YEAR: 2026 LOCATION: Valleyview

SUBMITTED BY: Adult Coordinator

This Home Support program supports the Provincial Prevention Priority of helping adults age well in their communities through light housekeeping, meal preparation, and transportation services. Services are available to adults experiencing household disruptions related to physical limitations, mental health concerns, pre or post surgery, and prenatal or post-natal care needs.

The Valleyview office currently serves 80 clients: 50 residents of the MD of Greenview and 30 residents of the Town of Valleyview. A team of 9 Home Support Workers completed 208 home visits and provided a total of 332 service hours. The team also completed 9 transportation trips and deliveries.

During September, one new client enrolled in the program and six clients withdrew from services.

Older Adult Information Day was held on October 2 at the Green View FCSS Resource Centre in Valleyview, with 29 participants in attendance.

The event featured informative presentations on estate planning, delivered by a representative from Oliver's Funeral Home, and dementia awareness and support, presented by the Alzheimer Society. The Adult Coordinator also delivered a presentation titled Staying Safe Online, which provided practical tips and strategies to help older adults recognize and protect themselves from online scams, fraud, and other digital safety risks.

Lunch was provided on site, allowing participants additional opportunities to connect and engage with one another. The event was designed to equip older adults with valuable information, community resources, and practical tools while fostering social connection and lifelong learning.

Participants expressed appreciation for the informative presentations and the opportunity to access resources that support their ongoing well-being and independence.

Wheels for Meals supports the Prevention Priority of helping individuals age well in their communities. Wheels for Meals is a partnership between FCSS and Red Willow Lodge. Red Willow Lodge is responsible for client registration, meal preparation, and payment collection, while FCSS provides meal delivery at no cost to participants.

During the reporting period, the program served four clients and delivered a total of 70 meals. By ensuring access to nutritious meals, the program helped participants meet their nutritional needs while supporting their ability to remain independent and continue living in their homes and communities. The partnership contributes to improved well-being, reduced barriers to healthy eating, and enhanced quality of life for older adults.

This Balance program resumed on October 9 and will run every Friday until December 11. The program is free of charge and takes place at the FCSS Resource Center. supports the Prevention Priority of helping individuals age well in their communities. The program is designed to reduce social isolation by creating opportunities for participants to connect with others who share similar experiences, challenges, frustrations, and positive aspects of aging.

Each session begins with a brief physical activity component focused on improving flexibility, balance, and muscle strength. This is followed by dedicated time for peer-to-peer learning, discussion, and social interaction. Discussions are facilitated by the Adult Coordinator, who responds to participants' emerging needs by sharing relevant information, resources, and experiences.

Through these activities, participants strengthen social connections, increase community engagement, and build supportive relationships with their peers. The program promotes overall well-being by encouraging active lifestyles, fostering meaningful social connections, and creating opportunities for ongoing learning and support.

A Staying Safe Online presentation will take place on October 16 at 2:00 pm at the DeBolt Community Centre for older adults.. Participants will be taught how to recognize and avoid common scams (i.e. financial, romantic, etc.) and learn about online threats that can impact their financial security and personal well-being. Strategies to protect themselves online will be included such as creating strong passwords, securing person devices, and identifying suspicious communications.

By increasing knowledge and confidence in navigating the online world safely, the program will empower adults to protect themselves from fraud.

OUTCOMES:

PROGRAM NAME: Older Adult Information Day	
Overall, I am satisfied with this program.	100 % of the respondents Agreed
Overall, I found this program easy to access.	100 % of the respondents Agreed
This event provided me with information or resources about services or programs in my community.	100 % of the respondents Agreed
PARTICIPANT QUOTES: “Really appreciate the time and effort FCSS has put forth to keep us informed. “ “Very interesting presentations.” “Thanks for providing the space and the speakers. Enjoyed & learned lots form the speakers. Lunch was delicious 100% Enjoyed having the session at the FCSS Building, a lot more cozy.”	

HIGHLIGHTS:

The Adult Coordinator was able to assist a stranded out-of-province senior who had lost their wallet and required support to return home safely. The coordinator worked with the individual to access the necessary assistance and resources, helping them navigate a challenging situation during a time of vulnerability.

Following the intervention, the senior contacted the coordinator to confirm that they had arrived home safely. This outcome demonstrates the value of timely support, advocacy, and connection to resources in helping individuals overcome unexpected barriers and maintain their well-being.

MONTHLY REPORT

MONTH: October YEAR: 2026 LOCATION: Valleyview

SUBMITTED BY: Support Coordinator

ACTIVITIES:

During the month of September, the Support Coordinator assisted in the Community Resource Centre with employment resources, income support, referrals, seniors benefits and various other community services that are accounted for in the Community Resource Coordinator's report. This enhances access to social supports and helps to prevent homelessness, provides supports and referrals for mental health and addictions, and builds resilience.

Another role for the Support Coordinator is a Commissioner for Oaths in and for Alberta that administers oaths, takes and receives affidavits, affirmations and declarations. In September, there were 12 commissions that are accounted for in the Community Resource Coordinator's report.

The Support Coordinator assists with the Home Support program when required, including meal delivery, invoicing, time sheets, and participating in staff meetings.

Also, the Support Coordinator is a member of the Joint Health and Safety Committee attending meetings, updating information and participating in quarterly building inspections. This Committee is an active advisory body to stimulate and raise awareness for health and safety issues in the workplace by recognizing and identifying risks and safety concerns.

The Support Coordinator partners with Red Willow Lodge to facilitate Death Café and Conversation Café. Death Café is a safe, confidential space for people to discuss death and dying openly. Conversation Café is a respectful space to explore topics with thoughtful listening and meaningful conversation. During the conversations drinks and snacks are provided. These discussions foster a more open and supportive community, reducing the fear and stigma surrounding death, sparks meaningful conversation and improves emotional well-being for both residents and staff.

HIGHLIGHTS:

A highlight for the Support Coordinator was the recent changes to the Community Resource Centre. The employment computers have been moved to a convenient space to create a safe and inviting place for clients and staff. Resources that are subject to constant change have been removed to ensure all information given will always be accurate and up to date, and the front desks have had slight changes to provide a more welcoming and intimate environment for clients.



MONTHLY REPORT

MONTH: October

YEAR: 2026

LOCATION: Valleyview

TITLE: Youth Coordinator

Grade 4 teachers at Hary Gray Elementary School requested the Why Try Program, which helps students develop positive mindsets and the skills to navigate life's challenges. It teaches youth that making good decisions can require more effort, but can lead to greater opportunities, freedom, and self-respect. The program will run once a week for 10 weeks and supports the Provincial Prevention Strategies by developing and strengthening skills that build resilience and helps develop healthy relationship skills.

Mind Up began on October 1 for the Grade 3 class at Oscar Adolphson Primary School. This program uses an evidence-based curriculum in mindfulness to teach emotional self-regulation and brain-focused strategies to help youth become focused and resilient. Mind Up supports the Provincial Prevention Strategies by developing and strengthening skills that build resilience, helps develop healthy relationship skills and helps to promote social inclusion.

Youth Coordinators will be offering the Common Sense Media, Digital Citizenship & Well-Being Curriculum to schools throughout the year for students in Grades K-12. This age-appropriate, research-based curriculum helps students develop essential digital literacy skills, including responsible technology use, online safety, media literacy, and digital citizenship. The lessons align with Alberta Education competencies and learning goals, supporting students in becoming informed and responsible digital citizens. We are especially excited to bring this programming to our younger students, as establishing healthy digital habits and online safety awareness early can have a lasting positive impact on their development and well-being.

FCSS has partnered with the Greenview Regional Multiplex to deliver the Empathy program starting October 15. This parented program enhances empathic development in preschool aged children through stories, songs, and activities strengthening skills that build resilience.

MONTHLY REPORT

MONTH: October YEAR: 2026 LOCATION: Grande Cache

SUBMITTED BY: Community Resource Centre Coordinator

In September, 157 individuals utilized the Community Resource Centre (CRC) services. Of those, 17 were referrals to other organizations and agencies (such as Grande Cache Community Learning and Employment Resource Centre, Home Care and the Evergreens Foundation), 17 were seeking general community or program information, and 15 were seeking help with Forms Assistance (including Alberta Energy Rebate, Disability Tax Credit and Canada Dental Care Plan).

Year End Report	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	TOTAL
Hamlet	195	168	238	223	191	176	251	151	100				1693
Cooperatives/ Enterprises	29	40	178	79	72	63	140	21	57				679
Total Client Visits	224	208	416	302	263	239	391	172	157	0	0	0	2372
New Clients	-	54	99	71	68	36	103	24	29				484
Returning	-	154	317	231	195	203	288	148	128				1664
System Navigation	8	7	7	3	9	0	3	2	1				40
Referrals	8	13	20	16	34	26	50	21	24				212
Alberta Adult/Child Health Benefits	0	0	1	2	1	0	0	0	0				4
Alberta Disability Assistance Program (ADAP)	0	0	0	0	0	3	8	1	1				13
Alberta Health Care/ Health Unit	0	0	0	0	2	3	2	0	3				10
Alberta Income Support/ AB Supports	4	4	1	4	10	4	15	15	15				72
Alberta Seniors/Special Needs Assistance for Seniors/SHARP	14	10	9	11	10	11	11	4	5				85
Assured Income for the Severely Handicapped (AISH)	4	2	8	3	13	6	11	10	0				57
Canada Child Benefit	0	0	1	1	0	1	0	0	2				5
Canada Dental Care Plan	0	0	0	0	4	7	1	1	1				14
Canada Disability Benefit	4	5	0	2	4	1	0	0	0				16
Canada Revenue Agency	0	0	2	1	12	7	7	5	1				35
Childcare Subsidy	0	0	0	0	0	0	0	0	0				0
Children & Family Services	0	0	0	0	0	8	0	0	0				8
Commissioner for Oaths	14	13	15	20	33	8	18	15	11				147
CPP/CPP-D	0	0	6	1	1	2	5	7	1				23
CVITP	5	41	174	69	54	12	13	6	3				377
Disability Tax Credit	3	2	6	3	4	5	3	4	2				32
Education	0	0	0	0	0	0	0	0	0				0
Employment	0	0	0	0	0	0	0	0	0				0
Family Resource Network	0	0	0	0	0	0	0	0	0				0
Food Bank	0	0	1	3	0	0	2	0	0				6
General Questions/Inquiries (Including FCSS programs)	158	124	162	132	109	110	236	81	103				1215
Housing/Evergreen Foundation	0	0	0	2	0	3	2	4	2				13
Mental Health/ Addictions	0	0	1	0	2	1	1	0	0				5
Old Age Security/Guaranteed Income Supplement	0	0	3	4	7	7	3	2	1				27
Service Canada (including EI, CDCP, SIN, My Service Canada, etc)	0	0	6	3	5	6	7	2	4				33
Technology Assistance	2	0	3	8	16	10	7	6	7				59
WCB	0	0	0	0	0	0	0	0	0				0

*System Navigation assists individuals in accessing various services or supports. These engagements usually involve one-time interactions or a brief series of contacts.

**Referrals are services where staff connect individuals or families with other services. Referrals involve actively bridging to another service by providing targeted resources, supporting an individual in booking an appointment or doing a "warm handoff".

HIGHLIGHTS:

An individual came to the CRC, needing assistance after not receiving their Income Support payment for September. This individual was very elevated when they came to the CRC and stated that they could not call income support themselves, as they were too angry and frustrated. After encouraging the client that they could make the phone call, and talk to Income Support, they were able to get confirmation and next steps to continue receiving payments. Since then, the client has returned daily to submit the required job search information to Income Support.

MONTHLY REPORT

MONTH: October

YEAR: 2026

LOCATION: Grande Cache

SUBMITTED BY: Adult Coordinator

The Home Support Program in Grande Cache served 41 individuals in September 7 in the Cooperatives and Enterprises, and 34 in the Hamlet of Grande Cache. There was one new client who enrolled in the program and one client who ceased service throughout the month.

Monthly reporting for the Healthy Aging Alberta Provincially Assisted Transportation Program was submitted for August. Throughout the month, 2 new individuals accessed transportation contributing to a total of 17 unique individuals. A total of 130 transportation requests were fulfilled, including 129 within the municipality and 1 to other communities. Of these, 122 were for non-medical transportation, such as the Wheels for Meals program, and 8 were for medical transportation, including transportation to medical appointments. There were no unique rider under the age of 55 with mobility challenges during this reporting period, and 9 individuals that required mobility aids, such as walkers.

Quarterly reporting to the Health Aging Alberta was completed and below is a narrative report that demonstrates the impact the grant.

Through the Transportation program, a Valleyview resident was able to attend a medical appointment in Grande Prairie when other transportation options were unavailable. The client is no longer able to drive, and her son lives several hours away. On the day of the appointment, the neighbours who typically assist her were unable to provide transportation. Green View FCSS arranged transportation, ensuring the client could attend her appointment and access the care she required. The client expressed sincere appreciation for the service, noting how valuable it was to have support available when all other options had been exhausted. This assistance helped reduce barriers to accessing healthcare and enabled the client to remain connected to essential services within the community.

On September 28, the Adult Coordinator and Home Support Workers from Grande Cache travelled to Valleyview for professional development with the Valleyview Home Support program. This session focused on discussing how to respond when clients express feelings of hopelessness and the new Framing Our Impact tool introduced to the Coordinators at the start of the month. The Home Support Workers were learned about what feelings of hopelessness in clients can look like, the six core principles for preventing feelings of hopelessness (strength, trustworthiness, peer support, collaboration, empowerment, and responsiveness), recognizing behaviours that may indicate a need for prevention, how to respond to feelings of hopelessness in clients as well as themselves, and what to avoid saying or doing when supporting clients experiencing feelings of hopelessness.

HIGHLIGHTS:

Throughout the month of the September, the Adult Coordinator from Grande Cache had the opportunity to collaborate with the Adult Coordinator from Valleyview on building the professional development presentation for the Home Support Workers and completing the Framing Our Impact tool for the Home Support Program. Though collaborating on the projects was the reason for connecting it did also allow time for bigger discussions such as relaying information about the Home Support Programs and staffing.

The Home Support Workers enjoyed the opportunity to feel like a bigger team with the Valleyview Home Support Workers, helped the workers understand that the issues that they have with clients here is not unique to their situation, and had an opportunity for the two programs to connect with each other.

MONTHLY REPORT

MONTH: October

YEAR: 2026

LOCATION: Grande Cache

SUBMITTED BY: Outreach Coordinator

Transportation during September was steady with requests to medical appointments and essential services such as grocery shopping, and banks appointments. This service reduces barriers for clients and allows individuals from the community to attend their regular medical appointments, to have access to essential services, and to fulfill essential needs. In total there were eleven requests, five requests from individuals living in the Hamlet of Grande Cache, six requests from individuals residing in the Cooperatives and Enterprises, including the Kikinow Elders Lodge.

In partnership with Whispering Pines Seniors Lodge, the Outreach Coordinator delivers meals to clients in the Hamlet of Grande Cache through the Wheels for Meals Program. This has been a valuable partnership with Whispering Pines Seniors Lodge and Green View Family and Community Support Services; this service continues to be utilized by community members on a regular basis. This program provides essential nutritious, and affordable meals to individuals in our community. In September, twenty meals were delivered to community members; one consistent client received meals three times per week through the month and a second client received meals twice per week.

The fall Conversation Café's started this past month. These cafés are an opportunity for community members to build connections and have meaningful organic conversations. The Conversation Café's will run for four weeks, once a week, ending October 14. These cafes are not only a space to connect, but provide a safe welcoming space to reduce loneliness, encourage social connections and to increase mental and physical engagement to support the individual's overall wellbeing.

As part of the Outreach Coordinators role, they visit clients in their home to assist with connecting them to numerous essential needs and services, thus reducing barriers to accessing the Community Resource Centre in person. These barriers can include mobility constraints, health concerns or issues navigating technology. Some of these essential services include accessing Canadian Revenue Agency Accounts, My Service Canada Account or My Alberta Health Account. In September the Outreach Coordinator visited clients five times in their home to assist with connecting to essential services. Four of these visits were to seniors residing in the Hamlet of Grande Cache (with two visits at Whispering Pines Senior Lodge) and one at Kikinow Elders Lodge within the Cooperatives Enterprises.

On September 15, the Outreach Coordinator attended an all-day virtual training through the Imagine Institute for Learning called Trauma Informed Practices- Working with Older Adults. This evidence-based training is provided to services providers to explore how trauma shapes the experiences, behaviours and well-being of older adults. The training was blended with theory, discussions and practical practices. The Outreach Coordinator came away with practical tools to support the older adult whom they work with.

Older Adult Information Day took place on October 1, 9:00 am – 3:00 pm at the FCSS Community Resource Center. Presentations included Alzheimer's Society, Estate Planning with Oliver's Funeral Home, online scams, and Service Canada providing information on seniors benefits. Unfortunately, attendance was low with 4 people attending, however those in attendance stated they received new and valuable information and enjoyed their time connecting with other older adults.

HIGHLIGHTS:

Participants who attended the first Conversation Café were grateful for the space to have meaningful conversations, stating that they very seldom have conversation at great lengths or meaningful conversations as they did during the scheduled time. Participants also stated that it was great to have different age perspectives during the conversations.

MONTHLY REPORT

MONTH: October

YEAR: 2026

LOCATION: Grande Cache

SUBMITTED BY: Youth Coordinator

In the month of September, the Youth Coordinator was apart of the Access Your Community that Grande Cache Family and Community Support Servies (FCSS) held for the anyone in the community to attend. The Youth Coordinator had a table displayed of all the Youth and Children that FCSS offers in schools and in the community and to answer any questions that the public have about any programs.

Three presentations took place at the Grande Cache Community High School on October 13 to promote WiseGuyz, and the Girls Group. Programs take place during lunch time at the high school and require parental consent to attend. Administration will return to the school the week of October 19 to accept forms and answer follow up questions from students. Currently 7 girls have registered for girls group and we anticipate 6-8 grade 9 boys for WiseGuyz.

The WiseGuyz Alumni group will start following completion of WiseGuyz in February 2027, the group is combination of the new WiseGuyz and those who attended last year. Currently there are 6 boys that have expressed interest in participating.

Miyo Wichihitowin starts October 13 and will run once a week until Christmas break at Summitview Middle School. The program brings together Indigenous and non-Indigenous students to learn on cultural teaches and practices. School administration requested the program this year to provide an inclusive space for students that have transitioned from Susa Creek school to in town. The program will take place during lunch hour and voluntary to attend. The program fosters a sense of belonging and promotes healthy relationships.

Digital Citizenship has been requested by Susa Creek School starting October 14 and will run once a week. Kindergarten to grade 7 students will all participate in the program. The program aligns with Alberta Education Curriculum and teaches students how to use technology responsibly, safely, and ethically. The program builds skills to enhance resiliency and increase personal safety.

The Akasaka Figure Skating club has requested an online safety session for figure skaters aged 8 to 15, the session will take place on November 21, with approximately 18 youth attending.

HIGHLIGHT

During the information night a resident expressed strong views about the WiseGuyz program, specifically the Gender and Media unit. The Youth Coordinator explained the unit is not about how a person identifies their gender, but about how media (social, movies, advertising, etc.) influence how we think and feel about ourselves. After learning more the resident whole heartedly agreed young people should be informed and thought it was a good thing programs like this exist.