Day 1: Lakes & picnics

Family Mountain Getaway

A two-day plan for families with kids — short trails, interpretive exhibits, and the Spray Park at Central Park.

Trip Snapshot

BEST FOR	Families with kids 4–12
LENGTH	2 days, 1night
SEASON	June – early September
PACE	Easy, kid-led
HOME BASE	Hamlet of Grande Cache

Day 1: Lakes & Picnics

Morning — The Drive In.
Break up the drive with a picnic stop at Pierre Grey's Lakes Provincial Park, 30 minutes south of Grande Cache. Kids love the short lakeshore loops, and there's a historic trading-post site that turns the stop into a small geography lesson. The five lakes hold rainbow, brook, and bull trout — if you brought a fishing rod, this is the spot.

Afternoon — Grande Cache Tourism & Interpretive Centre.
The Centre is the easiest indoor-outdoor activity in town. Kids respond particularly well to the dinosaur trackway exhibit, the full animal mounts, and the ice-age fossils
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Evening — Spray Park & Supper.
Central Park's Spray Park is the secret weapon of Grande Cache parenting in July. Pizza for supper: Joe's Pizza Stone, Vegas Pizza, or Grande Cache Pizza all deliver.

Day 2: Short Trails & the drive home

Family Mountain Getaway

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Day 2: Short Trails & The Drive Home

Morning — Lakes Trail then Grande Cache Lake. The Lakes Trail is the right length for kids — 5 km mostly downhill or flat, ending at the natural beach at Grande Cache Lake. Bring towels; on a warm day they'll want to swim.

Midday — Easy lunch & the Recreation Centre. Subway or A&W for picnic ease. Then the Grande Cache Recreation Centre's leisure pool and wave pool and slide before the drive home — one last good wear-out.