



**GRANDE CACHE RECREATION CENTRE  
DANCE PROGRAMS 2026**

**APRIL**

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
		<p><b>Little Leaps</b> 5:00 - 5:30 pm</p> <p><b>Jazz</b> 5:30 - 6:15 pm</p>	<p><b>ELEVATE LYRICAL</b> 5:00 - 6:00 pm</p> <p><b>MOMENTUM LYRICAL</b> 6:15 - 7:15 pm</p>	<p><b>BEAT BREAKERS</b> 5:00 - 5:45 pm</p> <p><b>GC CREW</b> 5:45 - 6:30 pm</p>		<p>***** MISS SARAH'S BIRTHDAY! *****</p>
12	13	14	15	16	17	18
		<p><b>LITTLE LEAPS</b> 5:00 - 5:30 pm</p> <p><b>JAZZ</b> 5:30 - 6:15 pm</p>	<p><b>ELEVATE LYRICAL</b> 5:00 - 6:00 pm</p> <p><b>MOMENTUM LYRICAL</b> 6:15 - 7:15 pm</p>	<p><b>BEAT BREAKERS</b> 5:00 - 5:45 pm</p> <p><b>GC CREW</b> 5:45 - 6:30 pm</p>		
<b>LAST WEEK OF DANCE CLASSES</b>						
19	20	21	22	23	24	25
			<p>***** WHISPERING PINES PERFORMANCE DROP OFF 5:30 PM *****</p>	<p>***** REHEARSAL @ GCRC ARENA 6-8PM *****</p>	<p><b>show!</b> ***** 6:15 PM DROP OFF 7PM START *****</p>	
26	27	28	29	30		
		<p><b>International Dance Day</b></p>				

# SHOWTIME



GRANDE CACHE RECREATION CENTRE  
**DANCE PROGRAMS**  
APRIL 2026



## “Lights, Camera, DANCE!” Grande Cache Dance Team Show 2026

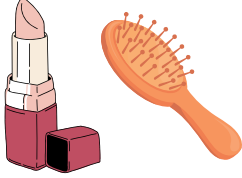
**DATE:** Friday April 24, 2026

**TIME:** 7pm

**LOCATION:** Grande Cache Recreation Centre - Arena

**COST:** Free

### HAIR & MAKEUP



- **WHY?** Stage lights are very bright and will wash facial features out. Makeup is necessary so you can see the faces of the performers clearly
- Classic theatre makeup for the dancers. **This includes: foundation, heavy blush, black eyeliner, mascara or false lashes & red lipstick**
- **BOYS** - makeup not required, but a bit of blush and some mascara will make their face stand out.
- **SPARKLES** is absolutely allowed!
- **HAIR** - Slick back bun. If hair is not long enough for bun then a slick back ponytail or pigtails.- **BOYS** hair neat and tidy.

### FLOWERS BY CLASIK



Giving a dancer flowers at the end of a performance is TRADITION. Please strongly consider giving your dancer some flowers as a symbol for their hard work throughout the year and for a beautiful performance

- Flowers by Clasik will be attending the show again. The flower booth will be in the old lobby outside the hockey arena doors. There will be individual carnations and roses as well as bouquets for purchase.



### FOR MORE INFORMATION:

**Phone:** 780-827-2446

**Website:** [www.mdgreenview.ab.ca](http://www.mdgreenview.ab.ca)

**Facebook:** [Grande Cache Recreation Centre](https://www.facebook.com/GrandeCacheRecreationCentre)

### DANCERS INFORMATION:

**Whispering Pines:** Wednesday April 22, 2026

**Drop off:** 5:30 pm AT WHISPERING PINES  
- Full costume and makeup.

**Pick up:** 6:45 pm

**Show Rehearsal:** Thursday April 23, 2026

**Time:** 6-8pm

**Drop off:** Please drop off dancers in dance studio in their regular dance attire and shoes ( NOT COSTUMES) Snack and water allowed.

**Pick up:** 8pm In dance room. Please do not come in to the arena. You don't want to ruin the surprise!

- Note that dancers are expected to stay for the whole 2 hour rehearsal. This may seem like a long time for the littles but it goes by so fast and they get the chance to watch the older dancers. Rehearsal is one of the best parts of Show!

### SHOW DAY! - Friday April 24, 2026

**DROP OFF:** 6:15 pm in assigned hockey change room. Please have dancers in costume with hair and makeup done.

### FLOWER PRESENTATION & PICK UP:

Please join the dancers on the rink surface to give them flowers & take pictures. From here you can collect their things from the changerooms and leave.

The show will start promptly at 7pm. it will be about 45 min in length. Plan to stay for the whole show.

### MISS SARAH'S SPOT

Why does Miss Sarah call it “Show” and not “recital”?

- Simple answer. It was always called “Show” when Miss Sarah was growing up. Miss Sarah chose to continue to call it “Show” because it is a more professional word that describes the performance. The dancers work hard for months to prepare a dance number in their classes and learn how to put on a professional performance. The word “recital” doesn't cover all the hard work that goes in to every aspect of SHOW. Please try and use the word “Show” over the word “Recital”.