

# GRANDE CACHE RECREATION CENTRE AQUATIC CENTRE SCHEDULE



**SPRING 2026**  
EFFECTIVE, APRIL 7 - JUNE 28, 2026

SUN	MON	TUE	WED	THU	FRI	SAT
	LANE SWIM 9:00 - 10:30am	LANE SWIM 9:00 - 10:30am	LANE SWIM 9:00 - 10:30am	LANE SWIM 9:00 - 10:30am	LANE SWIM 9:00 - 10:30am	
	AQUA FITNESS 9:00 - 10:30 am	AQUA FITNESS 9:00 - 10:30 am	AQUA FITNESS 9:00 - 10:30 am	AQUA FITNESS 9:00 - 10:30 am	AQUA FITNESS 9:00 - 10:30 am	
	LANE SWIM 11:00 am - 1:00 pm	LANE SWIM 11:00 am - 1:00 pm	LANE SWIM 11:00 am - 1:00 pm	LANE SWIM 11:00 am - 1:00 pm	LANE SWIM 11:00 am - 1:00 pm	
	WAVELESS SWIM 11:00 am - 1:00 pm	WAVELESS SWIM 11:00 am - 12:45 pm	WAVELESS SWIM 11:00 am - 1:00 pm	WAVELESS SWIM 11:00 am - 12:45pm	WAVELESS SWIM 11:00 am - 1:00 pm	
PUBLIC SWIM 1:00 - 6:00 pm	WAVELESS SWIM 3:30 - 8:00pm	WAVELESS SWIM 6:00 - 8:00pm	WAVELESS SWIM 3:30 - 8:00pm		PUBLIC SWIM 3:30 - 8:00pm	PUBLIC SWIM 1:00 - 7:00 pm
	LANE SWIM 6:00 - 8:00 pm		LANE SWIM 6:00 - 8:00 pm	PUBLIC SWIM 6:00 - 8:00pm		
ONE LANE 1:00 - 6:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 1:00 - 7:00 pm
HOT SPOTS 1:00 - 6:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 1:00 - 7:00 pm
DIVE BOARDS 1:00 - 6:00 pm				DIVE BOARDS 6:30 - 8:00 pm	DIVE BOARDS 3:30 - 8:00 pm	DIVE BOARDS 1:00 - 7:00 pm

**PUBLIC SWIM:** Includes 25m pool, Leisure Pool, Waterslide, Spray and Wave Features and one lane.

**DIVING BOARDS:** 1m & 3m Diving Boards. Children under 10 are not permitted to use the 3m Diving Board.

**LANE SWIM:** 25m pool available for lane swimming.

**WAVELESS:** Leisure pool, water slide and hot spots available for public swimming with no features or waves running. A good time for families to swim or young children to swim, all ages are welcomed; see age rule.

**AQUA FITNESS:** Leisure pool available for self-led aqua fitness  
Note: Please see fitness calendar for instructor available and more information.

**HOT SPOTS:**  
Hot Tub, Steam room & Sauna open for use.

**AGE RULES:**

- Children age 7 and under must be accompanied in the water and remain "within arms reach" of a responsible person age 16 or older.
- Children under 10 must have a responsible person age 16 or older supervising within the aquatic centre. i.e. ages 8 & 9 require adult supervision within the Aquatic Centre; competent swimmers age 10 years and up can attend by themselves.

**REMINDERS:**

- Wristbands must be worn by all users.
- Cleansing showers must be taken before entering a swimming pool.
- Please follow posted facility rules for your safety.
- Times are subject to change without notice

**FOR MORE INFORMATION:**  
Phone: 780-827-2446  
Website: [www.mdgreenview.ab.ca](http://www.mdgreenview.ab.ca)  
Facebook: [Grande Cache Recreation Centre](#)



- **Wave Rave**

Ages: 10 - 14  
Time: 8:00 - 9:30 pm  
Dates: April 24  
Cost: \$5.00

- **Wibit Weekend**

Ages: All ages  
Time: During public swim  
Date: May 15 - 18, 2026

- **Pool Notice -Indoor Triathlon**

access to 25m pool limited  
Date: April 17 @ 5:30pm - 7:00pm

**Swim Ratios**

Child's Age = Adult Ratio  
Age 1 year = 1 adult to 1 child  
Age 2 years = 1 adult to 2 kids  
Age 3 years = 1 adult to 3 kids  
Age 4 years = 1 adult to 4 kids  
Ages 5- 7 years = 1 adult to 5 kids  
Ages 8 - 10 years = 1 adult to 10 kids \*

\*Adult in pool area but does not have to be in the pool during the swim.

## GRANDE CACHE RECREATION CENTRE ADMISSION PASSES

ADMISSION	DAY PASS	10X PASS	ONE MONTH PASS	THREE MONTH PASS	SIX MONTH PASS	ANNUAL PASS
Family	\$20.00	\$181.00	\$110.00	\$316.00	\$605.00	\$1100.00
Adult (18+)	\$9.00	\$81.00	\$50.00	\$145.00	\$275.00	\$500.00
Youth (13-17)	\$6.50	\$58.50	\$35.00	\$100.00	\$195.00	\$350.00
Child (3-12)	\$5.00	\$45.00	\$25.00	\$72.00	\$140.00	\$250.00
Senior (60-69)	\$6.50	\$58.50	\$35.00	\$100.00	\$195.00	\$350.00
Super Senior (70+)	FREE	FREE	FREE	FREE	FREE	FREE
Children under 3	FREE	FREE	FREE	FREE	FREE	FREE

- Prices do not include GST
- Passes provide access to public skating, shinny, fitness centre, fitness programs, lane swim & public swim
- Family is defined as the applicable number of adults and three children (17 & under) residing in the same household

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