
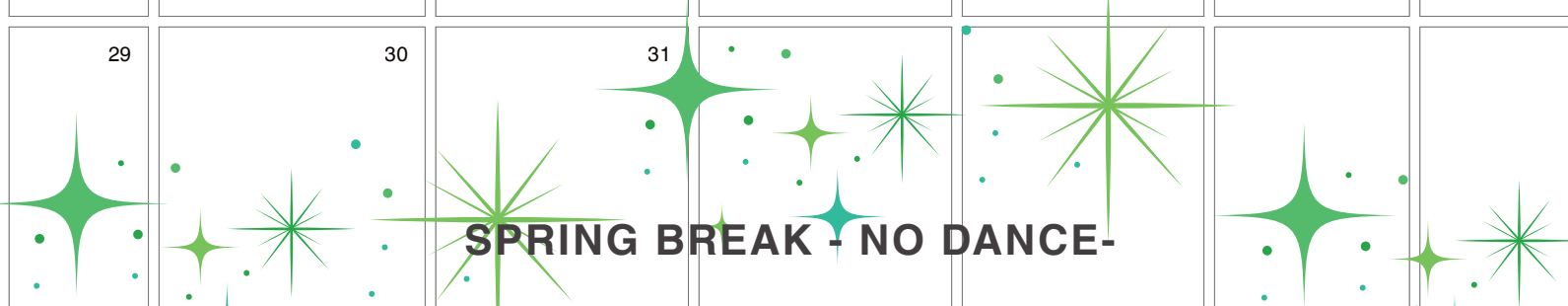
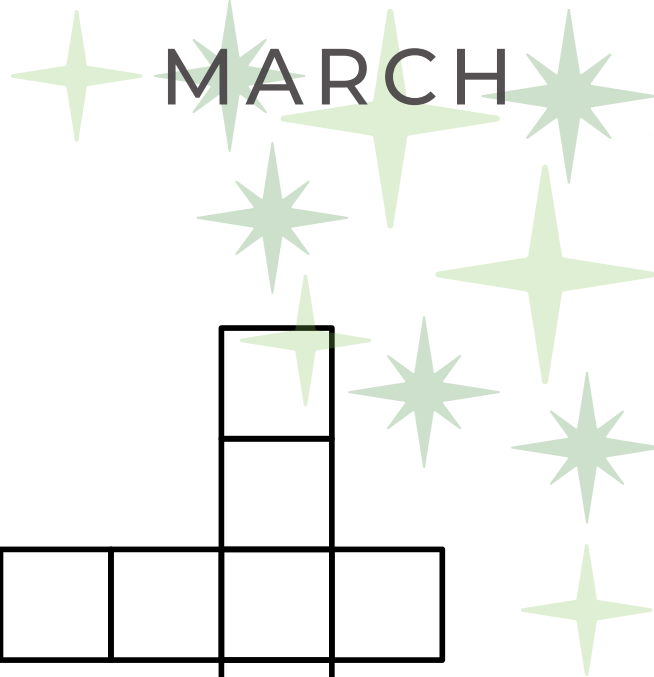




# GRANDE CACHE RECREATION CENTRE DANCE PROGRAMS 2026

# MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	<b>LITTLE LEAPS</b> 5:00-5:30 pm <b>JAZZ</b> 5:30 - 6:15 pm	<b>ELEVATE LYRICAL</b> 5:00 - 6:00 pm <b>MOMENTUM LYRICAL</b> 6:15 - 7:15 pm	<b>BEAT BREAKERS</b> 5:00 - 5:45 pm <b>GC CREW</b> 5:45 - 6:30 pm		
8	9	<b>LITTLE LEAPS</b> 5:00-5:30 pm <b>JAZZ</b> 5:30 - 6:15 pm	<b>ELEVATE LYRICAL</b> 5:00 - 6:00 pm <b>MOMENTUM LYRICAL</b> 6:15 - 7:15 pm	<b>BEAT BREAKERS</b> 5:00 - 5:45 pm <b>GC CREW</b> 5:45 - 6:30 pm		
15	16	<b>LITTLE LEAPS</b> 5:00 - 5:30 pm <b>JAZZ</b> 5:30 - 6:15 pm 	<b>ELEVATE LYRICAL</b> 5:00 - 6:00 pm <b>MOMENTUM LYRICAL</b> 6:15 - 7:15 pm	<b>BEAT BREAKERS</b> 5:00 - 5:45 pm <b>GC CREW</b> 5:45 - 6:30 pm		
22	23	<b>LITTLE LEAPS</b> 5:00 - 5:30 pm <b>JAZZ</b> 5:30 - 6:15 pm	<b>ELEVATE LYRICAL</b> 5:00 - 6:00 pm <b>MOMENTUM</b> 6:15 - 7:15 pm	<b>BEAT BREAKERS</b> 5:00 - 5:45 pm <b>GC CREW</b> 5:45 - 6:30 pm		
<b>* COSTUME WEEK - PLEASE BRING COSTUMES TO CLASS!</b>						
29	30	31	 <b>SPRING BREAK - NO DANCE-</b>			



## Miss Sarah's Spot...

We are officially halfway through the dance season already! It has been so special watching the dancers pick up new steps with such ease and confidence. Their individual personalities are really starting to shine through in their dancing, and we've now finished choreography for the show. From here on out, it's all about practice, practice, practice as we get performance-ready. I can't wait for you to see how much they've grown!



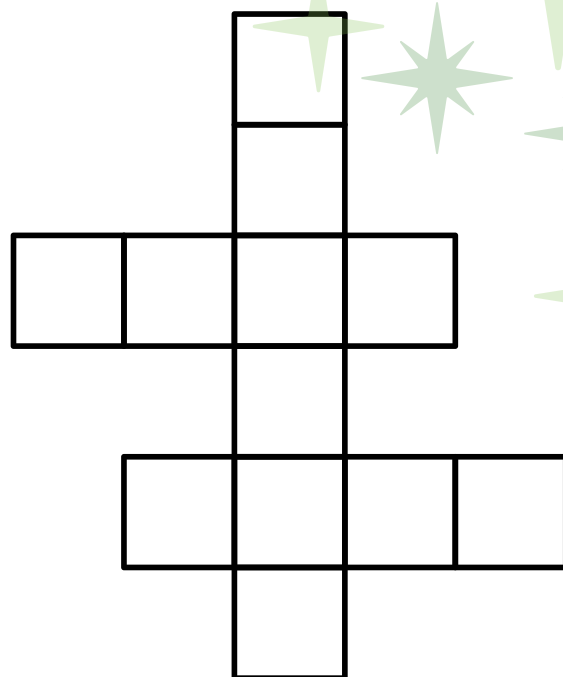
## DAYS OF NOTE:

- March 8 - International Women's Day
- March 24 - 26 Costume Week
- March 30 - April 3- Spring break (no dance)
- April 11 - Miss Sarah's Birthday
- April 14-16 Last week of dance classes
- April 22 - Whispering Pines performance
- April 23 - Show Rehearsal GCRC
- April 24 - SHOW! GCRC



## \*REMINDERS\*

- Make sure your dancers are using the washroom before class.
- Proper attire is important for class. This means no jeans, hair should be up and out of the face, and proper dance shoes.
- Bring a water bottle to class.
- No checking phones during class
- No gum



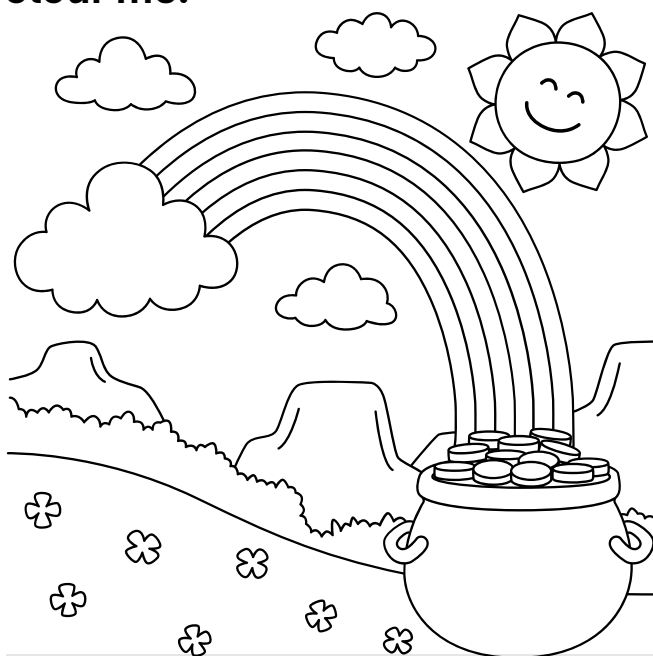
## DANCERS! CHALLENGE YOURSELF WITH A DANCE CROSSWORD PUZZLE!

BELOW ARE THE CLUES. HINT... WORK FROM TOP TO BOTTOM

- French is a language used for this style of dance world wide.
- When you dance all by yourself... it is called a \_\_\_\_\_?
- The French term for a 'split leap'

When you think you have solved it... tell Miss Sarah your answers, if they are correct you will get a prize!

## Colour me!



### FOR MORE INFORMATION:

Phone: 780-827-2446

Website: [www.mdgreenview.ab.ca](http://www.mdgreenview.ab.ca)

Facebook: Grande Cache Recreation Centre