



GREENVIEW REGIONAL MULTIPLEX AQUATICS PROGRAMS 2025

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Happy Canada Day! Facility 12:00 - 8:00 pm Aquatics 1:00 - 7:00 pm	2	3 National Lifeguard Instructor Clinic - Day 1 8:30 - 4:30 pm	4 National Lifeguard Instructor Clinic - Day 2 8:30 - 4:30 pm	5
6	7 First Aid - Day 1 8:30 - 4:30 pm Swimming Lessons - Day 1	8 First Aid - Day 2 8:30 - 4:30 pm Swimming Lessons - Day 2 Adult Lessons - Day 1	9 Swimming Lessons - Day 3	10 Swimming Lessons - Day 4 Adult Lessons - Day 2	11 	12
13	14 Bronze Med. - Day 1 8:30 - 4:30 pm Swimming Lessons - Day 1	15 Bronze Med. - Day 3 8:30 - 4:30 pm Swimming Lessons - Day 2 Adult Lessons - Day 3	16 Bronze Cross - Day 1 8:30 - 4:30 pm Swimming Lessons - Day 3	17 Bronze Cross - Day 1 8:30 - 4:30 pm Swimming Lessons - Day 4 Adult Lessons - Day 4	18 Bronze Cross - Day 1 8:30 - 4:30 pm	19
20	21 Swimming Lessons - Day 1	22 Swimming Lessons - Day 2 Adult Lessons - Day 5	23 Swimming Lessons - Day 3	24 Swimming Lessons - Day 4 Adult Lessons - Day 6	25 Babysitting Course 9:00 - 5:00 pm World Drowning Prevention Day!	26
27	28 Swimming Lessons - Day 1	29 Swimming Lessons - Day 2 Adult Lessons - Day 7	30 Swimming Lessons - Day 3	31 Swimming Lessons - Day 4 Adult Lessons - Day 8		



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JULY

NATIONAL LIFEGUARD INSTRUCTOR CLINIC

WHEN: Thursday & Friday, August 3 & 4, 2025

TIME: 8:30 - 4:30 pm

COST: \$250.00 + GST

LOCATION: Boardroom and Pool

National Lifeguard Instructors are responsible for teaching and evaluating candidates participating in the National Lifeguard Pool, Waterpark, Waterfront and Surf programs.

The National Lifeguard Instructor course prepares Instructors to apply level 3 leadership competencies and strategies while teaching and evaluating.

INTERMEDIATE (STANDARD) FIRST AID

WHEN: Monday & Tuesday, July 7 & 8

TIME: 8:30 - 4:30 pm both days

COST: \$140.00 + GST

PRE-REQUISITES: Age 13+

LOCATION: Boardroom

In this Alberta Workplace approved first aid course you will learn the basics of first aid administration and resuscitation for all age groups. This program is not specific to aquatics. Upon completion, certifications are valid for 3 years.

BRONZE MEDALLION

WHEN: Monday & Tuesday, July 14 & 15

TIME: 8:30 - 4:30 pm both days

COST: \$160.00 + GST

PRE-REQUISITES: Current CPR C or Higher, age 13+ unless candidate holds Bronze Star Certification

LOCATION: Boardroom and Pool

The Lifesaving Society's Bronze Medallion challenges the candidate both mentally and physically. Judgement, knowledge, skills, and fitness - the four components of water rescue - form the basis of Bronze Medallion Training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a pre-requisite for assistant lifeguard training in Bronze Cross.

BRONZE CROSS

WHEN: Wednesday - Friday, July 16 - 18

TIME: 8:30 - 4:30 pm all 3 days

COST: \$160.00 + GST

PRE-REQUISITES: Current Intermediate (Standard) First Aid with CPR C, Bronze Medallion Certification (need not be current)

LOCATION: Boardroom and Pool

The Lifesaving Society's Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as an assistant lifeguard. Candidates strengthen and expand their lifesaving skills and begin applying active surveillance principles and techniques in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and leadership certification programs.

CANADIAN SWIM PATROL

WHEN: Monday - Thursday, July 14 - 17 (4 classes)

TIME: 1:00 - 2:30 pm

COST: \$65.00

PRE-REQUISITES: Recommended completion of Swimmer 4 or higher or equivalent swim ability (roll into deep water, tread 1 min, and swim 50m and basic understanding of strokes)

LOCATION: Lane Pool

Are you ready for something different rather than regular swim class? Looking for a way to develop your swimming strength and efficiency? Rise to the challenge and get your Swim Patrol Awards - a perfect gift for anyone wanting to kick it up a notch. Swim Patrol has three levels: Rookie, Ranger, Star.

BABYSITTING COURSE

WHEN: Friday, July 15

TIME: 9:00 - 5:00 pm

COST: \$45.00 + GST

PRE-REQUISITES: Age 11+

LOCATION: Boardroom

Build your caregiver skills and knowledge in this hands-on Red Cross course. Participants will engage in basic first aid, how to prevent and respond to emergencies, and provide high-quality care for children in a variety of age groups.

ADULT SWIMMING LESSONS

WHEN: Tuesdays & Thursday, July 8 - 31

TIME: 7:30 - 8:30 pm (8 classes)

COST: \$85.00 + GST

PRE-REQUISITES: Age 16+

LOCATION: Leisure Pool

Swimmers learn front and back float, front and back glide with kick, front swim for 10 meters, shallow water entries and exits, and assisted deep water activities. This class is designed to help increase comfort in the water through basic movement and breathing skills. A great class for new or nervous swimmers.

SWIMMING LESSONS

Registration Opens Wednesday, June 25 at 9:00 am

July swimming lessons are between 11:00 - 2:30 pm - see Swimming Lesson flyer for more information on level availability and times.

Week 1 July 7 - 10

Week 2 July 14 - 17

Week 3 July 21 - 24

Week 4 July 28 - 31

Parent & Tot 1-3 (Age 4 months to 3 years): **\$55.00**

Preschool 1-5 (Age 3-6 years): **\$55.00**

Swimmer 1-6 (Age 5 years and up): **\$65.00**

FOR MORE INFORMATION:

Phone: 780-524-4097

Website: www.mdgreenview.ab.ca

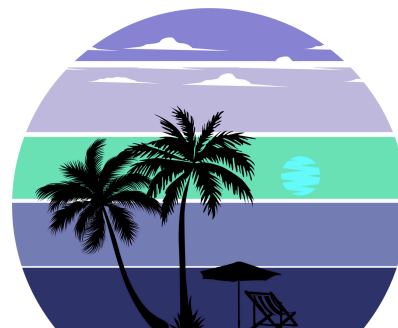
Facebook: [Greenview Regional Multiplex](https://www.facebook.com/GreenviewRegionalMultiplex)

WAYS TO REGISTER:

1. Online:

<https://app.univerusrec.com/grmpub/index.asp>



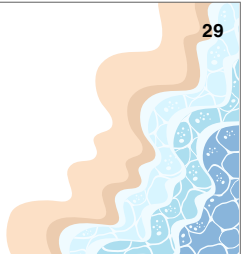
2. In Person: at Greenview Regional Multiplex, 4803 56th Avenue, Valleyview, AB, T0H3N0





GREENVIEW REGIONAL MULTIPLEX AQUATICS PROGRAMS 2025

AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 Civic Holiday Facility 12:00 - 8:00 pm Aquatics 1:00 - 7:00 pm	5	6 National Lifeguard - Day 1 8:30 - 4:30 pm	7 National Lifeguard - Day 2 8:30 - 4:30 pm	8 National Lifeguard - Day 3 8:30 - 4:30 pm	9
10	11 National Lifeguard - Day 4 8:30 - 4:30 pm Swimming Lessons - Day 1	12 National Lifeguard - Day 5 8:30 - 4:30 pm Swimming Lessons - Day 2 Canadian Swim Patrol - Day 1	13 Swimming Lessons - Day 3	14 Swimming Lessons - Day 4 Canadian Swim Patrol - Day 2	15	16 
17	18 Swimming Lessons - Day 1	19 Swimming Lessons - Day 2 Canadian Swim Patrol - Day 3	20 Swimming Lessons - Day 3	21 Swimming Lessons - Day 4 Canadian Swim Patrol - Day 4	22	23
24	25 Swimming Lessons - Day 1	26 Swimming Lessons - Day 2 Canadian Swim Patrol - Day 5	27 Swimming Lessons - Day 3	28 Swimming Lessons - Day 4 Canadian Swim Patrol - Day 6	29 	30



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AUGUST

NATIONAL LIFEGUARD

WHEN: August 6 - 8 & 11, 12

TIME: 8:30 - 4:30 pm (all 5 days)

COST: \$360.00 + GST

PRE-REQUISITES: AB Workplace Approved Intermediate (Standard) First Aid with CPR Level C, Bronze Cross (need not be current), Age 15+

LOCATION: Boardroom and Pool

The Lifesaving Society's National Lifeguard Certification builds on the fundamental skills, knowledge, fitness, judgement, and values taught in the prerequisite Lifesaving Society lifesaving certifications. The National Lifeguard program develops the basic lifeguarding skills, principles, and decision-making process to help lifeguards evaluate and adapt to different aquatic facilities and emergencies.

CANADIAN SWIM PATROL

WHEN: Tuesdays & Thursdays, August 12 - 28 (6 classes)

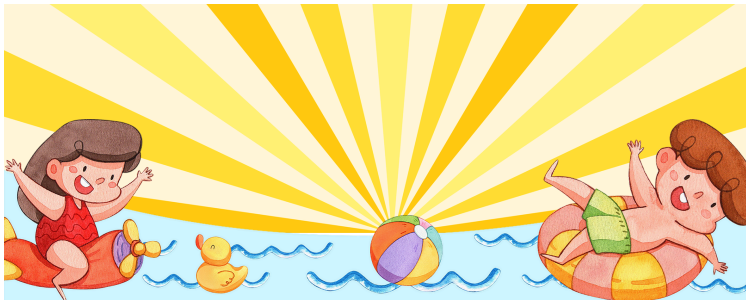
TIME: 6:00 - 7:30 pm

COST: \$80.00

PRE-REQUISITES: Recommended completion of Swimmer 4 or higher or equivalent swim ability (roll into deep water, tread 1 min, and swim 50m and basic understanding of strokes)

LOCATION: Lane Pool

Are you ready for something different rather than regular swim class? Looking for a way to develop your swimming strength and efficiency? Rise to the challenge and get your Swim Patrol Awards - a perfect gift for anyone wanting to kick it up a notch. Swim Patrol has three levels: Rookie, Ranger, Star.



FOR MORE INFORMATION:

Phone: 780-524-4097

Website: www.mdgreenvview.ab.ca

Facebook: [Greenview Regional Multiplex](#)

WAYS TO REGISTER:

1. Online:

<https://app.univerusrec.com/grmpub/index.asp>

2. In Person: at Greenview Regional Multiplex, 4803 56th Avenue, Valleyview, AB, T0H3N0

SWIMMING LESSONS

Registration Opens Wednesday, June 25 at 9:00 am

August swimming lessons are between 3:30 - 7:00 pm - see Swimming Lesson flyer for more information on level availability and times.

Week 5 August 11 - 14

Week 6 August 18 - 21

Week 7 August 25 - 28

Parent & Tot 1-3 (Age 4 months to 3 years): **\$55.00**

Preschool 1-5 (Age 3-6 years): **\$55.00**

Swimmer 1-6 (Age 5 years and up): **\$65.00**

