





GRANDE CACHE RECREATION CENTRE  
DANCE PROGRAMS 2025

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	<div>HAPPY FEET 2:00 - 2:30 pm</div> <div>TAP LEVEL 1 &amp; 2 5:15 - 6:00 pm</div> <div>INTERMEDIATE TAP 6:00 - 6:45 pm</div>	<div>BEGINNER LYRICAL 5:15 - 6:00 pm</div> <div>FUNKY JAZZ #1 6:00 - 6:45 pm</div> <div>INTERMEDATE LYRICAL 6:45 - 7:30 pm</div>	<div>TWINKLE TOES 5:15 - 5:45 pm</div> <div>FUNKY JAZZ / BALLET 6:00 - 6:45 pm</div> <div>HIP HOP 6:45 - 7:30 pm</div>	7	8
9		11	12	13	14	15
16	<div>HAPPY ST. PATRICK'S DAY</div> 	18	19	20	21	22
23	24	25	26	27	28	29

FOR MORE INFORMATION:  
Phone: 780-827-2446  
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Website: [www.mdgreenview.ab.ca](http://www.mdgreenview.ab.ca)  
Facebook: [Grande Cache Recreation Centre](#)



# GRANDE CACHE RECREATION CENTRE DANCE PROGRAMS 2025

## MARCH NEWSLETTER

### DANCE SHOW 2025!

The Show will be held in at the Grande Cache Recreations Centre in the Hockey Arena! There will be plenty of seating so bring all your family and friends to support the dancers!

**Rehearsal: Thursday May 1st 6pm -8pm**  
**Show: Friday May 2nd 7pm start**

\*Information about hair & makeup for each class will be in the next calendar/newsletter.

### COSTUMES DAY:

PLEASE BRING COSTUMES TO CLASS THE WEEK OF APRIL 7TH. COME TO CLASS IN REGULAR DANCE ATTIRE. CHANGE IN TO COSTUME WHEN ARRIVED. THIS IS TO GIVE THE DANCERS A CHANCE TO PRACTICE THEIR DANCE IN COSTUME.

### DAYS OF NOTE:

**April 8th** -10th - Costume Day

**April 29th** - International Dance Day!

**MAY 1st** - Rehearsal for show 6-8pm

**MAY 2nd** - SHOW! 7pm start

### MISS SARAH'S SPOT...

This past February, I put 3 sheets up on the dance bulletin board for dancers to write down "Why I Love Dance." I was expecting to get a couple of answers.. I received over 30! I'll be honest, some of these made me tear up. I thought I would share with you a few of the responses I got...

- A good way to know music.
- A great way to exercise!
- Because music has always been a part of my life and being able to dance to it is like magic
- Because Sarah makes me feel good.
- Because dance makes me forget all the bad in the world!
- Because it clears my mind and I love Sarah
- Love the outfits.
- It's all I've ever wanted!
- It's fun and I love dancing with Sarah and friends.
- Sarah is super awesome and slay
- Dance is amazing and Sarah is awesome.
- I love playing freeze dance.
- Sarah is fire.
- Dance is cool.
- I love the dance shows.
- Sarah is rizz.
- I love dance it is the best yay!
- Dance is a good way to get out of the house.
- I love dance because it is fun

**These made my heart happy.**

#### FOR MORE INFORMATION:

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