



## REGULAR BOARD MEETING AGENDA

Wednesday January 22, 2025

9:30 am

Meeting Room  
Green View FCSS Building

#1	CALL TO ORDER		
#2	ADOPTION OF AGENDA		
#3	MINUTES	3.1 Regular Green View Family and Community Support Services Meeting minutes held October 16, 2024 to be adopted.	1
		3.2 Business Arising from the Minutes	
#4	DELEGATION	4.0	
#5	OLD BUSINESS	5.0	
#6	NEW BUSINESS	6.1 FCSS Manager Report	5
#7	MEMBER REPORTS	7.1 Chair/Member Reports	
#8	CORRESPONDENCE	8.0	
#9	CLOSED SESSION	9.0	
#10	ADJOURNMENT	10.0	

Minutes of a  
**REGULAR BOARD MEETING**  
**GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES**  
Green View Family and Community Support Services Building  
Valleyview, Alberta, on Wednesday, October 16, 2024

# 1:  
CALL TO ORDER Chair Perron called the meeting to order at 9:37 am.

PRESENT Chair, Member at Large, Greenview Roxanne Perron  
Board Member, Member at Large, Greenview (Zoom) Tammy Day  
Board Member, Member at Large, Greenview Gwen Villebrun  
Board Member, Greenview Councillor Christine Schlieff  
Board Member, Greenview Councillor Sally Rosson

ATTENDING FCSS Manager Lisa Hannaford  
Recording Secretary Corinne D’Onofrio

ABSENT Board Member, Town of Valleyview Councillor Samantha Steinke

#2  
AGENDA

**2.1 GREEN VIEW FCSS AGENDA**

**MOTION: 24.10.33** Moved by: BOARD MEMBER, SALLY ROSSON  
That the October 16, 2024 agenda be adopted as presented.

CARRIED

#3.1  
REGULAR  
MEETING  
MINUTES

**3.1 GREEN VIEW FCSS REGULAR BOARD MEETING MINUTES**

**MOTION: 24.10.34** Moved by: BOARD MEMBER, CHRISTINE SCHLIEFF  
That the Minutes of the Regular Green View FCSS Board Meeting held on Wednesday,  
September 18, 2024 be adopted as presented.

CARRIED

#3.2 BUSINESS  
ARISING FROM  
MINUTES

**3.2 BUSINESS ARISING FROM THE MINUTES**

-Home Support policy will be resubmitted to Policy Review Committee for wording changes

**#4 DELEGATION**

Delegate Chelsey Lively from Odyssey House entered the meeting room at 10:09 am.  
Delegate Chelsey Lively exited the meeting room at 10:20 am.

Delegate Hywell Williams from Suicide Prevention Resource Centre entered the meeting room at 10:23 am.

Delegate Hywell Williams exited the meeting room at 11:00 am.

Delegate Victoria Kingston from Peace Area Riding for the Disabled entered the meeting room at 11:01 am.

Delegate Victoria Kingston exited the meeting room at 11:14 am.

Chair Perron called the meeting to recess at 11:15 am.

Chair Perron reconvened the meeting at 11:34 am.

**4.1 ODYSSEY HOUSE**

**MOTION: 24.10.35** Moved by: BOARD MEMBER, CHRISTINE SCHLIEF

That Green View Family and Community Support Services Board accept the presentation from Grande Prairie Women's Residence Association (Odyssey House) as information.

CARRIED

**MOTION: 24.10.36** Moved by: BOARD MEMBER, GWEN VILLEBRUN

That Green View Family and Community Support Services Board approve the grant request of \$ 8 500.00 to Grande Prairie Women's Residence Association (Odyssey House) with funds to come from the 2025 Operational budget, Grants to Organizations.

CARRIED

**4.2 PEACE AREA RIDING FOR THE DISABLED**

**MOTION: 24.10.37** Moved by: BOARD MEMBER, SALLY ROSSON

That Green View Family and Community Support Services Board accept the presentation from Peace Area Riding for the Disabled, for information.

CARRIED

**MOTION: 24.10.38** Moved by: BOARD MEMBER, CHRISTINE SCHLIEF

That Green View Family and Community Support Services Board recommend to Peace Area Riding for the Disabled that they apply for funding from Community Services Grant Stream through Municipal District of Greenview.

CARRIED

#### **4.3 SUICIDE PREVENTION RESOURCE CENTRE**

**MOTION: 24.10.39** Moved by: BOARD MEMBER, GWEN VILLEBRUN  
That Green View Family and Community Support Services Board accept the presentation from the Suicide Prevention Resource Centre, for information.

CARRIED

**MOTION: 24.10.40** Moved by: BOARD MEMBER, SALLY ROSSON  
That Green View Family and Community Support Services Board approve the grant request at \$ 15 000.00 to Suicide Prevention Resource Centre (\$10 000.00 for the Adult Mental Health program, and \$5 000.00 for the Youth Mental Health program) with funds to come from the 2025 Operational budget, Grants to Organizations.

CARRIED

**MOTION: 24.10.41** Moved by: BOARD MEMBER, GWEN VILLEBRUN  
That Green View Family and Community Support Services Board approve the grant request at \$15 000.00 to PACE with funds to come from the 2025 Operational budget, Grants to Organizations.

CARRIED

#5 OLD BUSINESS

#### **5.0 OLD BUSINESS**

#6 NEW  
BUSINESS

#### **6.1 FCSS MANAGER REPORT**

**MOTION: 24.10.42** Moved by: BOARD MEMBER, GWEN VILLEBRUN  
That the Green View FCSS Board accept the October Manager's report as presented for information.

CARRIED

**MOTION: 24.10.43** Moved by: BOARD MEMBER, TAMMY DAY  
That the Green View Family and Community Services Board approve the funding of \$1250. 00 for three presentations by Madison Cameron to Hillside Jr/Sr Highschool with funds to come from the 2024 Operational Budget.

CARRIED

## 7.1 CHAIR/MEMBER REPORTS

### BOARD MEMBER GWEN VILLEBRUN

- Reported continuing to notice the homeless population in the area

### BOARD MEMBER DAY

- Reported that there are new community events, adult initiatives, taking place such as adult volleyball

### BOARD MEMBER SCHLIEF

- Inquired about Adult Mental Health training

### BOARD MEMBER ROSSON

- Agricultural Services is doing Agriculture Emergency Preparedness workshops on Farm and Ranch Wildfire in Valleyview, Little Smoky, DeBolt and Grovedale
- Chamber of Commerce Business Awards are taking place October 17, 2024

### CHAIR PERRON

- Reported that a conversation occurred with an individual in Grande Prairie about Domestic Violence due to the Red Silhouette sticker on her vehicle that was part of an awareness campaign about Domestic Violence
- Chaired a Community Safety meeting at the Memorial Hall, approximately 70 people attended

#8  
CORRESPONDENCE

## 8.0 CORRESPONDENCE

#9 CLOSED  
SESSION

## 9.0 CLOSED SESSION

#10  
ADJOURNMENT

## 10.0 ADJOURNMENT

**MOTION: 24.10.44** Moved by: BOARD MEMBER, TAMMY DAY  
That this meeting adjourns at 1:20 pm.

CARRIED

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F.C.S.S. MANAGER

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F.C.S.S. CHAIR

# REQUEST FOR DECISION

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SUBJECT: **Managers' Report**

SUBMISSION TO: GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES BOARD  
REVIEWED AND APPROVED FOR SUBMISSION

MEETING DATE: January 22, 2025  
GM: MANAGER: LDH

DEPARTMENT: GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES  
PRESENTER: LDH

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RELEVANT LEGISLATION:  
**Green View FCSS Policy– N/A**

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RECOMMENDED ACTION:  
**MOTION: That Green View Family and Community Support Services Board accept the January 2025 Managers report as presented for information.**

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BACKGROUND/PROPOSAL:  
Monthly Managers reports are provided to the Board for information.

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BENEFITS OF THE RECOMMENDED ACTION:  
The benefit of accepting the report is to update the Board on services provide by the Manager.

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DISADVANTAGES OF THE RECOMMENDED ACTION:  
There are no perceived disadvantages to accepting the report.

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ALTERNATIVES CONSIDERED:  
N/A

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FINANCIAL IMPLICATION: N/A

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STAFFING IMPLICATION: N/A

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PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

**INCREASING LEVEL OF PUBLIC IMPACT**

Inform

**PUBLIC PARTICIPATION GOAL**

Inform

**PROMISE TO THE PUBLIC**

Inform

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FOLLOW UP ACTIONS:

N/A

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ATTACHMENT(S):

- January Managers report

# MONTHLY REPORT

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MONTH: January

YEAR: 2025

SUBMITTED TO: Green View Family and Community Support Services Board

TITLE: Manager

SUBMITTED BY: Lisa Hannaford

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## LAST MONTH'S ACTIVITIES:

Family and Community Support Services, in collaboration with Information Systems and Facility Maintenance, have moved into the new administrative space within the Provincial building in Grande Cache. We are very excited about this and plan to host an open house, with a tentative date of March 6.

A mini proposal to extend the Alberta Works Career and Storefront services contract has been submitted to the province. This proposal will extend the contract for a minimum of 18 months. Within the new proposal, administration has asked for an increase in funding from the current \$54,000.00 to a total of \$91,340.00 per year. At the time of writing, we had not heard any response from the province.

Two outreach information sessions were requested in December. One from the Red Willow Lodge in Valleyview and the other from the Tawow Center in Grande Cache. Administration provided an overview of services and specifically reviewed pertinent programs directed at the target audience. Both sessions were well attended and appreciated by the participants.

The Seniors group in Grovedale has requested a Just in Case File workshop in the New Year. This workshop prepares participants with knowledge and the information required in case of sudden death or injury. Dates and times will be established in the New Year.

On January 9 and 10, Green View FCSS hosted a mental health first aid training. This two-day course focuses on the four most common mental health disorders including substance related, mood related, anxiety and trauma related and psychotic disorders. The course was open to staff and the public, and registration was at capacity.

There has been a significant increase of school requests for programming in Grande Cache. In the New Year programming will take place at Sheldon Coates Elementary, Summitview Middle School, Grande Cache Community High School and Susa Creek School. Programs requested include Relationships and Sexual Health Education, Interpersonal Relationship Skills with a focus on bullying versus conflict, conflict resolution, emotional regulation, self-confidence, the Empathy Program, Body Talk and Why Try.

A Home Alone Program was requested and completed in December at Penson school in Grovedale. Upcoming in the New Year in Valleyview school administration has requested Why Try, I Can Handle Anger, Mind Up and the Empathy Program.



The Red Willow Lodge has received many requests from residents in the Town the Valleyview to resume the Wheels for Meals program. The program was discontinued during the covid pandemic and will be re-instated in the New Year. If residents are interested in the program, they contact the Lodge directly and both meal preparation and billing is done by Lodge administration. The role of Green View FCSS is simply to pick-up the meals from the Lodge and deliver them to residents within the Town of Valleyview. A similar service can be accessed in the Hamlet of Grande Cache.

A new Member at Large has been appointed to the Green View FCSS board by the Town of Valleyview and will have an orientation prior to the first meeting of 2025, this is a 6-month interim position.

The 2025 Program Guides have been ordered and will be distributed early in the New Year.

OUTCOMES: All outcome reports can be found in the respective Coordinators reports attached to the Managers report. School Liaison reports from Penson and Ridgevalley are also included.

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#### UPCOMING:

After reviewing surveys conducted at A Night to Lead Change in November, many participants stated they were interested in more information on human trafficking. Green View FCSS will host a virtual lunch and learn session facilitated by ACT Alberta on February 21 from 12-1:00 p.m. at both of our locations.

Green View FCSS will host the NW Spring Regional meeting in our Grande Cache location on May 15 and 16<sup>th</sup>. The Save the Date information has been distributed to all Northwest programs, and registration will begin late March.

## 2024 FCSS Program/Project Summary Report:

**Program/Project Name: Community Wellness Liaison**

**Date: 2024-12-16**

**This program/project was delivered:** a) Directly by the FCSS program **OR** b) Indirectly by a community agency funded by the FCSS program

**Primary Target Population:** Children/Youth      Adults      Seniors      Families      Community

**# of Participants: 12**

**# completing measurement tool: 8**

Outcome(s):	Indicator(s) of Success:	Measure(s):	FCSS Measures Bank Number:	Alignment with The FCSS Outcome Model: Chart of Outcomes and Indicators:	
1. Students develop social competencies.	1. Students report they share their feelings.	<b>Students ages 8-12 (Y A Sc)</b> 1. As a result of the Peace Wapiti School Liaison, I am better at naming my feelings.	PM7	<i>Outcome:</i> Individual #3 Children & Youth develop positively.	
		# completing measure: <u>  6  </u> # experiencing a positive change: <u>  6  </u>			
		<b>Student ages 12-18 (A Sc)</b> 1. As a result of the Peace Wapiti School Liaison, I am better at naming my feelings.	PM12		<i>Indicator:</i> #33 Interpersonal Competence
		# completing measure: <u>  2  </u> # experiencing a positive change: <u>  2  </u>			

	2. Students report they make good decisions.	<b>Students ages 8-12 (Y A Sc)</b> 1. As a result of the Peace Wapiti School Liaison, I am better at solving problems. # completing measure: __6__ # experiencing a positive change: __6__	PM7	<b>Outcome:</b> Individual #3 Children & Youth develop positively  <b>Indicator:</b> #32 Planning & Decision Making	
		<b>Student ages 12-18 (A Sc)</b> 2. As a result of the Peace Wapiti School Liaison, I am better at solving problems. # completing measure: __2__ # experiencing a positive change: __2__	PM10		
<b>Outcome(s):</b>	<b>Indicator(s) of Success:</b>	<b>Measure(s):</b>	<b>FCSS Measures Bank Number:</b>	<b>Alignment with The FCSS Outcome Model: Chart of Outcomes and Indicators:</b>	
2. Students develop positive identities	1. Students report they feel they can handle any challenges in life.	<b>Students ages 8-12 (Y A Sc)</b> 1. The Peace Wapiti School Liaison has helped me to feel better at handling whatever comes my way. # completing measure: __6__ # experiencing a positive change: __6__	PM3	<b>Outcome:</b> Individual #3 Children & Youth develop positively  <b>Indicator:</b> #37 Personal Power	
		<b>Student ages 12-18 (A Sc)</b> 2. The Peace Wapiti School Liaison has helped me to feel better at handling whatever comes my way # completing measure: __2__ # experiencing a positive change: __2__	PM5		
		2. Students report they feel good about themselves	<b>Students ages 8-12 (Y A Sc)</b> 1. The Peace Wapiti School Liaison has helped me to understand it's okay to be different. # completing measure: __6__ # experiencing a positive change: __6__	PM3	<b>Outcome:</b> Individual #3 Children & Youth develop positively

		<b>Student ages 12-18 (A Sc)</b> 2. The Peace Wapiti School Liaison has helped me to understand it's okay to be different.	PM7	<i>Indicator:</i> #38 Self Esteem
		# completing measure: <u>  2  </u>		
		# experiencing a positive change: <u>  2  </u>		
<b>Additional Information:</b>				
<b>Identify Measurement Tool(s) Used:</b> <input type="checkbox"/> Survey                      • Interview                      • Checklist                      • Observation                      • Focus Group				
<b>When Measurement Tool(s) Used:</b> • Pre-test/post-test: <input type="checkbox"/> Post-Only:                      • During your activities.				
Both before and after your activities.                      After activities				
<b>Other output information related to this program/project:</b> <b>Volunteer involvement related to this program/project only: (if applicable)</b> # of volunteers: _____ # of volunteer hours: _____				

**Stories - please share a story that describes the significant impact for the participants.**  
 (Note: Include this story in the annual report for your program and/or submit to the FCSS Storybook. The province will be using the FCSS Storybook to gather stories.) \*\*Change names to remain anonymous, this will only be submitted to the province this will not be used for advertising purposes

In 2023, Sam (*pseudonym*) came onto the Community School Liaison Counselor (CSLC) caseload after self-referring for conflict with friends and having low moods. Our goals included building and maintaining healthy friendships, building confidence, creating boundaries to maintain good mental health, and building positive coping skills. Sam has excelled in sessions and felt comfortable with the new skills she had learned and has now graduated from the CSLC

caseload . The CSLC program has provided this student a consistent, safe place to work through her goals and feelings, especially surrounding peer relationships. Without this program, *Sam* would otherwise be without services, as family finances provide a barrier to access services.

**Continuous Quality Improvement:**

After analyzing the information, should we continue with this program/project? Why or why not?

Yes, the Community & School Wellness program provides students and their families access to Mental Health resources, education, and one-on-one counseling. Outside of this program, families must travel hours and often pay expenses out of pocket to access similar resources, education, and counseling. This program relieves those immense barriers, creating a positive impact in our communities. This program assists students in understanding, handling, and finding support for their mental health challenges. The program also provides parents valuable knowledge on how to best support their children.

What improvements can we make to the program/project?

Our CSLC program continues to find new ways at improving our preventative programming.. Our preventative approach focuses on equipping students and staff with knowledge and skills to improve their own mental health and the mental health of others. This happens right from Kindergarten through to Grade 12 in various forms such as reading and discussing social-emotional learning books with young students to presentations on mental health literacy for the older students.

What improvements can we make to the outcome measurement process?

Continue collecting outcome measures two times per year (in December and in June), as caseload fluctuates throughout the school year

**Successes:**

- positive feedback from students from individual counseling sessions
- positive feedback from parents; an increase in time spent working with parents on how to support their children, especially with extra strain on mental health due to pandemic
- time spent in classrooms educating students and teachers on topics of worry, mental health, and executive functioning skills
- time spent one-on-one with staff providing them safe, confidential space
- social-emotional learning topics to Grade 3, 5 and 6 (i.e. kindness, worries, safety and security, self acceptance, etc...)
- successful referrals to outside agencies and resources

**Changes to be made (if any):**

- continue expanding work with lower elementary students so they are familiar with coping skills and how to care for their mental health

<b>Completed by: Kourtney Horseman</b>	<b>Date completed: December 16, 2024</b>
<b>Reported to:</b>	<b>Date reported:</b>
<b>Staff: N/A</b>	<b>N/A</b>
<b>Clients: N/A</b>	<b>N/A</b>
<b>Community: Newspaper article, Facebook, Twitter</b>	<b>To be determined</b>
<b>Board: N/A</b>	<b>N/A</b>
<b>Council: Saddle Hills County</b>	<b>To be determined</b>
<b>Municipality: Saddle Hills County</b>	<b>To be determined</b>
<b>Provincial FCSS</b>	<b>By SHC FCSS when due in 2021</b>

<b>2024 FCSS Program/Project Summary Report:</b>	
<b>Program/Project Name: Community Wellness Liaison</b>	<b>Date: 2025-01-14</b>
<b>This program/project was delivered: a) Directly by the FCSS program OR b) Indirectly by a community agency funded by the FCSS program</b>	
<b>Primary Target Population: Children/Youth    Adults    Seniors    Families    Community</b>	
<b># of Participants: 14</b>	<b># completing measurement tool: 10</b>

<b>Outcome(s):</b>	<b>Indicator(s) of Success:</b>	<b>Measure(s):</b>	<b>FCSS Measures Bank Number:</b>	<b>Alignment with The FCSS Outcome Model: Chart of Outcomes and Indicators:</b>	
1. Students develop social competencies.	1. Students report they share their feelings.	<b>Students ages 8-12 (Y A Sc)</b> 1. As a result of the Peace Wapiti School Liaison, I am better at naming my feelings.	PM7	<i>Outcome:</i> Individual #3 Children & Youth develop positively.	
		# completing measure: __3__ # experiencing a positive change: __2__			
		<b>Student ages 12-18 (A Sc)</b> 1. As a result of the Peace Wapiti School Liaison, I am better at naming my feelings.	PM12		<i>Indicator:</i> #33 Interpersonal Competence
		# completing measure: __7__ # experiencing a positive change: __6__			

	2. Students report they make good decisions.	<b>Students ages 8-12 (Y A Sc)</b> 1. As a result of the Peace Wapiti School Liaison, I am better at solving problems. # completing measure: __3__ # experiencing a positive change: __3__	PM7	<i>Outcome:</i> Individual #3 Children & Youth develop positively
		<b>Student ages 12-18 (A Sc)</b> 2. As a result of the Peace Wapiti School Liaison, I am better at solving problems. # completing measure: __7__ # experiencing a positive change: __7__	PM10	<i>Indicator:</i> #32 Planning & Decision Making
<b>Outcome(s):</b>	<b>Indicator(s) of Success:</b>	<b>Measure(s):</b>	<b>FCSS Measures Bank Number:</b>	<b>Alignment with The FCSS Outcome Model: Chart of Outcomes and Indicators:</b>
2. Students develop positive identities	1. Students report they feel they can handle any challenges in life.	<b>Students ages 8-12 (Y A Sc)</b> 1. The Peace Wapiti School Liaison has helped me to feel better at handling whatever comes my way. # completing measure: __3__ # experiencing a positive change: __3__	PM3	<i>Outcome:</i> Individual #3 Children & Youth develop positively
		<b>Student ages 12-18 (A Sc)</b> 2. The Peace Wapiti School Liaison has helped me to feel better at handling whatever comes my way # completing measure: __7__ # experiencing a positive change: __6__	PM5	<i>Indicator:</i> #37 Personal Power
	2. Students report they feel good about themselves	<b>Students ages 8-12 (Y A Sc)</b> 1. The Peace Wapiti School Liaison has helped me to understand it's okay to be different. # completing measure: __3__ # experiencing a positive change: __3__	PM3	<i>Outcome:</i> Individual #3 Children & Youth develop positively



		<p><b>Student ages 12-18 (A Sc)</b>                  2. The Peace Wapiti School Liaison has helped me to understand it's okay to be different.</p>	<p>PM7</p>	<p><i>Indicator:</i>                  #38 Self Esteem</p>
		<p># completing measure: <u>  7  </u>                  # experiencing a positive change: <u>  7  </u></p>		

**Additional Information:**

**Identify Measurement Tool(s) Used:**     Survey      • Interview      • Checklist      • Observation      • Focus Group

**When Measurement Tool(s) Used:**

<p>• Pre-test/post-test: Both before and after your activities.</p>	<p><input type="checkbox"/> Post-Only: After activities</p>	<p>• During your activities.</p>
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**Other output information related to this program/project:**  
**Volunteer involvement related to this program/project only: (if applicable)**  
 # of volunteers: \_\_\_\_\_ # of volunteer hours: \_\_\_\_\_

**Stories - please share a story that describes the significant impact for the participants.**  
 (Note: Include this story in the annual report for your program and/or submit to the FCSS Storybook. The province will be using the FCSS Storybook to gather stories.) **\*\*Change names to remain anonymous, this will only be submitted to the province this will not be used for advertising purposes**

In 2024, Jake (pseudonym) was referred to the Community School Liaison Counselor (CSLC) program due to struggles with social isolation, low self-esteem, and frequent anxious thoughts. Early sessions focused on helping Jake recognize and challenge his anxiety, as well as fostering a sense of belonging. Over time, Jake identified goals around building confidence, improving communication skills, and developing positive social relationships. Through ongoing

support, Jake learned techniques to manage anxious thoughts, navigate social situations, advocate for himself, and form meaningful connections with peers. The CSLC program has provided Jake with a consistent, supportive environment to address his challenges and achieve these milestones.

#### Continuous Quality Improvement:

After analyzing the information, should we continue with this program/project? Why or why not?

Yes, the Community & School Wellness program provides rural students and their families access to Mental Health resources, education, and one-on-one counseling. Outside of this program, families must travel hours and often pay expenses out of pocket to access similar resources, education, and counseling. This program relieves those immense barriers, creating a positive impact in our communities. This program assists students in understanding, handling, and finding support for their mental health challenges. The program also provides parents valuable knowledge on how to best support their children.

What improvements can we make to the program/project?

Our CSLC program continues to find new ways at improving our preventative programming.. Our preventative approach focuses on equipping students and staff with knowledge and skills to improve their own mental health and the mental health of others. This happens right from Kindergarten through to Grade 12 in various forms such as reading and discussing social-emotional learning books with young students to presentations on mental health literacy for the older students.

What improvements can we make to the outcome measurement process?

Continue collecting outcome measures two times per year (in December and in June), as caseload fluctuates throughout the school year

#### Successes:

- positive feedback from students from individual counseling sessions
- positive feedback from parents; an increase in time spent working with parents on how to support their children, especially with extra strain on mental health due to pandemic
- time spent in classrooms educating students and teachers on topics of worry, mental health, and executive functioning skills
- time spent one-on-one with staff providing them safe, confidential space

#### Changes to be made (if any):

- continue expanding work with lower elementary students so they are familiar with coping skills and how to care for their mental health

<p><b>-started utilizing library time in one school to read and discuss social-emotional learning topics to Kindergarten to Grade 2 (i.e. kindness, worries, safety and security, self acceptance, etc...)</b></p> <p><b>-successful referrals to outside agencies and resources</b></p>	
<p><b>Completed by: Lacy Schramm</b></p>	<p><b>Date completed: January 14, 2025</b></p>
<p><b>Reported to:</b></p>	<p><b>Date reported:</b></p>
<p><b>Staff: N/A</b></p>	<p><b>N/A</b></p>
<p><b>Clients: N/A</b></p>	<p><b>N/A</b></p>
<p><b>Community: Newspaper article, Facebook, Twitter</b></p>	<p><b>To be determined</b></p>
<p><b>Board: N/A</b></p>	<p><b>N/A</b></p>
<p><b>Council: MD Greenview</b></p>	<p><b>To be determined</b></p>
<p><b>Municipality: MD Greenview</b></p>	<p><b>To be determined</b></p>
<p><b>Provincial FCSS</b></p>	<p><b>By</b></p>



# MONTHLY REPORT

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MONTH: January                      YEAR: 2024

SUBMITTED TO: Lisa Hannaford

TITLE: Assistant Manager                      SUBMITTED BY: Amber Hennig

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There has been an increase in the individuals seeking help to access income supports due to recent changes to the application process which prohibits phone in or paper applications. The online process is not reasonable for Albertans that have no access to technology and are unable to travel to Hinton to visit their office. The Regional Manager, based in Hinton, has allowed some phone applications for individuals connecting with our office. Another barrier identified is the recent \$75.00 form completion fee for AISH or Alberta Supports medical forms. Some clients can get the fee reimbursed however they are unable to afford the fee and therefore do not proceed with filing their applications. It is important to note that fees and processes vary between doctors offices and regions.

The Purple Light Nights campaign has wrapped up for 2024, 129 bulbs were given out. Individuals, businesses, and agencies that received light bulbs will be surveyed in December to determine if the bulb served sparked conversations about domestic violence and whether resource handouts were given out. Administration has connected with the local women's shelter, Transition House, and will be meeting with them mid-December to explore potential partnership in 2025 for the campaign.

A Night to Lead Change took place on November 20, seeing three times the participant turnout in Grande Cache that was seen a couple years earlier when we hosted Breakfast With the Guys, with approximately 30 people in attendance. Four youth volunteered to help set up for the event and stayed for the presentation commenting the information was beneficial and hope that more youth would learn about the issue.

Administration was invited by the Tawow Center to provide an overview of Green View FCSS services to their active recovery group on November 19. The 90-minute overview was conversational as opposed to a formal presentation and had positive results. Two of the individuals in attendance have accessed FCSS services and all participants stated they learned more about our offerings.

The Big Horn Golden Age Club had requested sessions for their membership on how to use technology. The Club circulated times of availability and by appointment, seniors spent time with the Outreach Coordinator at the Club to answer their questions. In total 14 older adults registered. Follow up will be done with clients to see if the advice has improved their capability on their devices. Details about the sessions can be found in the Outreach Coordinator section of this report.

Administration attended a Community of Practice for the Provincial Assisted Transportation Grant. At this Community of Practice there were 29 different organizations from across Alberta that shared their insights into the Provincial Assisted Transportation Grant such as the reporting periods, how to enter the unique riders, and the Sales Force (reporting platform) program overview.

The grant requires tracking of the number of individuals accessing transportation, the number of trips per month, and reason for the trips. Data collection started in October. We are averaging 30 individuals per month, 50 trips per month and all are for essential needs. Essential needs are defined as food, medical, and banking.

Other items of note from October through to December include the implementation of technology assistance sessions delivered at the Big Horn Golden Age Club, members found it beneficial and have expressed they would like continuation in 2025. Six members received assistance with how to use their social media to connect with others, email account set up and general “how to” information about their devices. WiseGuyz wrapped in December, outcome information can be found in the Youth Coordinator section of this report.

Administration from Sheldon Coates Elementary, Summitview Middle School, Grande Cache Community High School and Susa Creek school have requested programming. Administrators from each school have expressed appreciation for Green View FCSS programs because they provide additional learning opportunities for the students that reinforcing Alberta Education Curriculum which in turn strengthens skill set within student bodies.

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#### UPCOMING

- Alumni (High School)
- Good Relations (High School)
- Body Talk (Susa Creek)
- Empathy (Susa Creek)
- Summitview Middle School programming (2025)
- Sheldon Coates Elementary School (2025)
- Kids Conference (March)
- Meals For Wheels
- Walk In Wednesdays at the Tawow
- Completion of Program Summary Reports for 2024 programs and services



# MONTHLY REPORT

MONTH: January YEAR: 2025

SUBMITTED TO: Amber Hennig

TITLE: Community Resource Centre Coordinator

SUBMITTED BY : Crystel Redknapp

## LAST MONTH'S ACTIVITIES:

Year End Report 2024 (In Office Visits)	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	YEAR
Alberta Supports	9	6	9	12	13	10	13	10	10	18	8	10	128
AISH	12	9	4	10	15	0	4	1	6	3	4	3	71
Seniors Supports	8	6	18	21	18	4	12	10	1	8	5	13	124
Referrals	22	20	18	21	18	21	21	21	22	41	29	24	278
Other	223	246	381	294	219	220	136	241	239	221	189	166	2775
<b>Total</b>	<b>274</b>	<b>287</b>	<b>430</b>	<b>358</b>	<b>283</b>	<b>255</b>	<b>186</b>	<b>283</b>	<b>278</b>	<b>291</b>	<b>235</b>	<b>216</b>	<b>3376</b>
<b>Residence Break Down:</b>													
Grande Cache	217	214	290	237	221	217	133	229	215	78	211	35	2297
Cooperatives & Enterprises	48	38	80	75	34	25	42	36	40	204	20	162	804
Other	9	35	60	46	28	13	11	18	23	9	4	19	275
<b>Program Break Down:</b>													
Adult Coordinator (Referrals to)	11	4	7	10	18	10	0	11	88	54	26	48	287
Alberta Supports	9	6	9	12	13	10	13	10	10	18	8	10	128
AISH	12	9	4	10	15	0	4	1	6	3	4	3	71
Commissioner For Oaths	17	10	22	15	21	21	18	22	13	21	23	11	214
Community Activity Fee Funding Program (CAFFP)	13	5	6	2	3	2	2	11	12	4	3	4	67
Community Collaboration	15	11	8	3	7	0	1	3	2	4	6	3	63
Community Volunteer Income Tax Program (CVITP)	17	30	187	91	21	16	11	12	3	14	6	3	411
Creative Grief & Loss (Referrals to)	3	3	6	2	1	1	0	0	0	0	0	0	16

Disconnect Boxes	0	0	1	0	1	0	0	0	0	1	0	0	<b>3</b>
Domestic Violence	0	0	0	0	0	1	0	0	0	9	18	0	<b>28</b>
Eating for your Wellbeing (cookbooks)	0	0	0	0	0	0	0	0	0	0	0	0	<b>0</b>
Forms Assistance (General)	4	25	13	16	22	14	19	23	20	36	14	11	<b>217</b>
General Information	12	5	28	11	7	18	24	18	16	9	17	8	<b>173</b>
Home Support (Referrals to)	21	17	13	13	15	13	11	18	7	18	12	9	<b>167</b>
Hope Exists in Lots of Places (HELP)	5	2	2	4	2	2	1	0	0	0	0	2	<b>20</b>
Mountains to Meadows Homelessness	6	0	3	9	4	0	4	0	1	1	2	1	<b>31</b>
Other Questions/Inquiries	18	12	1	12	15	6	10	11	25	18	17	3	<b>148</b>
Outreach Coordinator (Referrals to)	73	108	67	87	71	87	22	100	3	19	38	53	<b>728</b>
Referrals to Other Organizations	22	20	18	21	18	21	21	21	22	41	29	24	<b>278</b>
Resource Library	0	0	0	1	2	0	0	1	1	0	0	0	<b>5</b>
Seniors Benefits	8	6	18	21	18	4	12	10	1	8	5	13	<b>124</b>
Transportation	-	-	-	-	-	-	-	-	-	-	1	8	<b>9</b>
Volunteering	0	1	6	9	0	0	0	0	0	0	0	0	<b>16</b>
Welcome Baskets	2	0	1	0	0	0	1	0	2	0	2	0	<b>14</b>
Wheels For Meals	0	0	0	3	1	1	1	1	3	6	2	1	<b>16</b>
Youth Programming (Referrals)	6	13	10	6	8	28	11	10	43	3	2	1	<b>142</b>
	<b>274</b>	<b>287</b>	<b>430</b>	<b>358</b>	<b>283</b>	<b>255</b>	<b>186</b>	<b>283</b>	<b>278</b>	<b>291</b>	<b>235</b>	<b>216</b>	<b>3376</b>
Total Clients Using Phone	2	0	0	1	0	0	1	0	2	0	1	0	<b>8</b>
Total Clients Faxing Documents	6	1	6	8	2	2	8	7	8	9	8	3	<b>68</b>

Phone Calls	180	188	219	195	175	149	95	186	163	144	121	144	<b>1959</b>
Facebook Inquiries	6	3	3	0	2	9	4	5	7	4	5	2	<b>50</b>
Walk-Ins	88	96	208	163	106	97	87	92	108	143	109	70	<b>1367</b>



## MONTHLY REPORT

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MONTH: January                      YEAR: 2025

SUBMITTED TO: Amber Hennig

TITLE: Adult Coordinator                      SUBMITTED BY: Raymond Harris

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### LAST MONTH'S ACTIVITIES:

Currently, The Home Support Program in Grande Cache area serves 37 active clients. Of these, 8 clients reside in the Cooperatives and Enterprises, and 29 in the Hamlet of Grande Cache. During the month of December, two clients discontinued their service with the program: One is a temporary services pause due to extended travel, while the other relocated to a different municipality.

Instances of last-minute cancellations have decreased overall; however, one client continued to cancel without providing adequate notice. This issue was addressed.

In December, the Home Support Program – Program Summary Report was completed. As part of this process, the annual reassessment of client need and discretionary income was completed. Feedback was overwhelmingly positive, with clients expressing satisfaction with both the program and the Home Support Workers.

The Adult Coordinator attended the quarterly Community of Practice with the Centre for Sexuality. This Community of Practice allowed time to network with other agencies across Canada that are facilitating the WiseGuyz program.

The Adult Coordinator attended the quarterly Community of Practice with Healthy Aging Alberta in regard to the Provincial Assisted Transportation Project. This meeting centralized around the Salesforce Data reporting and different client booking management systems that organizations across Alberta use. Many of the organizations that attended the Community of Practice noted that they used a similar process to Green View FCSS for their booking processes in regard to transportation.

Other work included assisting with Wheels for Meals deliveries, facilitating WiseGuyz when needed, and providing transportation for essential needs, number of trips are included in the Outreach Coordinator section of this report.





## MONTHLY REPORT

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MONTH: January                      YEAR: 2025

SUBMITTED TO: Amber Hennig

TITLE: Youth Coordinator                      SUBMITTED BY: Alexandria Burge

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The Youth Coordinator did part take in two training courses in the month of October. The first was an online training entitled Working with Children Who Experienced Trauma. The second was an in person, 2- day course entitled First Responder to Sexual Assault and Sexual Abuse at PACE in Grande Prairie.

The WiseGuyz Alumni group continue to meet twice a month. Initially one session took place during lunch hour and the second afterschool, however starting in January both monthly sessions will take place during lunch hour for the remainder of the 2024/25 school year. The students have afterschool commitments that make it difficult to attend. There are 7 youth participating.

WiseGuyz (grade 9 students) has 9 registered youth, with average attendance of 7 each session. Meeting twice a week, the program ended on December 19. These students were provided an opportunity to meet the Alumni group and were given the option to attend the Alumni sessions. After the meet and greet, the grade 9 students stated they would prefer to attend WiseGuyz next school year and not participate in the Alumni group.

Kids Have Stress Too was facilitated at Susa Creek School. This program promotes resiliency by buffering the impacts of stress, they are taught how to respond to stress in healthy and constructive ways. The Susa Creek principle requested the program for Grade 1 to 3 split class and the grade 4 to 8 split class. The program will ended in December.

All three schools in the Hamlet have requested the Miyo Wichihitowin program for the new year. Previously the school division had a dedicated Indigenous Liaison in the schools, this year the duties of that role have been delegated to a teacher in each school. The teachers have limited traditional Indigenous knowledge which is why they have requested the program. Sheldon Coates Elementary and Summitview Middle School will see the Youth Coordinator delivery content independently during class time, while Grande Cache Community High School has brought together Green View FCSS, Mountain Metis, and the Tawow Centre to deliver lunch learnings for the remainder of the year. At the high school each organization will coordinate which component of traditional knowledge they will instruct.

In addition to Miyo Wichihitowin, Summitview Middle School have requested Relationship and Sexual Health Education (grades 7 and 8), Why Try (grades 4 to 6), and Interpersonal Relationship Skills with a focus on communication and conflict resolution (grades 4 to 8). The dates and times will be confirmed after Christmas break.

Susa Creek School has requested the Empathy Program (grade 1 to 3 split class) and Body Talk (grade 4 – 8 split class). Again, dates and time will be confirmed after Christmas break.

**OUTCOMES:**

PROGRAM NAME: Kids Have Stress Too	
<i>After taking Kids Have Stress Too, I am better at telling others about my feelings.</i>	Yes= 82% Kind of =18%
<i>After taking Kids Have Stress Too, I am better at solving problems.</i>	Yes= 82% Kind of =18%
<i>Kids Have Stress Too has helped me to feel I am better at handling whatever comes my way.</i>	Yes=55 % Kind of =36% Not Really =9%

PROGRAM NAME: WiseGuyz	
<i>I feel a stronger connection to other students and can empathize with their situations.</i>	Strongly Agree=33% Agree=67%
<i>I understand what gender bias and gender stereotypes are and how they can be harmful</i>	Strongly Agree=67% Agree=33%
<i>I understand how media perpetuates gender bias and stereotypes.</i>	Strongly Agree=83% Agree=17%
<i>My approach to relationships has changed.</i>	Strongly Agree=33% Agree=50% Neither Agree or Disagree=17%

PROGRAM NAME: Kids Have Stress Too	
<i>After taking Kids Have Stress Too, I am better at telling others about my feelings.</i>	Yes= 82% Kind of =18%
<i>After taking Kids Have Stress Too, I am better at solving problems.</i>	Yes= 82% Kind of =18%
<i>Kids Have Stress Too has helped me to feel I am better at handling whatever comes my way.</i>	Yes=55 % Kind of =36% Not Really =9%

**HIGHLIGHTS:**

Hosting the WiseGuyz year end event with all the boys in attendance. It was a fun evening with lots of laughs and ended with each youth stating they will attend again in the fall.

Another highlight was receiving feedback from parents of youth that attended WiseGuyz,

*“Thank you to you all for giving these teens a safe place and a chance to discuss and learn so much wonderful information. I feel that teen boys will definitely benefit from this program.” – Parent of WiseGuyz participant*

*“I wanted to let you know that he has had nothing but great things to say about the experience as a whole! It sounds like a fantastic program, great group, and phenomenal facilitator! We appreciate it!” – Parent of WiseGuyz participant*



## MONTHLY REPORT

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MONTH: January                      YEAR: 2025

SUBMITTED TO: Amber Hennig

TITLE: Outreach Coordinator                      SUBMITTED BY: Lisa Beckstead

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### LAST MONTH'S ACTIVITIES:

The new Outreach Coordinator started with the Grande Cache FCSS office on October 7, 2024. Since the Outreach Coordinator commenced employment with the Grande Cache office they have been diving into orientation, training and job shadowing of the Adult Coordinator and the Community Resource Centre Coordinator (CRC).

Wheels for Meals is currently serving 3 clients, averaging 40 meal deliveries a month. When a new client signs on to the program, the Whispering Pines Lodge will contact Green View FCSS to arrange delivery dates.

Monthly, approximately 25 transportation trips are provided, reasons include medication delivery, medical appointments, groceries, and banking.

Currently the Outreach Coordinator supports 7 active clients with diverse needs.

Attending Walk-in-Wednesdays at the Tawow Community Centre provides ease of access to FCSS programs and services for vulnerable individuals. The Outreach Coordinator attends two Wednesdays a month averaging connecting with 7 individuals monthly. Examples of on-site assistance provided are forms assistance and income tax in addition to building relationships with residents from the Cooperatives and Enterprises.

November marked the awareness month for domestic violence. During the month, the Purple Light Nights campaign ran, spreading awareness in our community. The Outreach Coordinator and the Community Resource Centre Coordinator (CRC) circulated around town providing information on the campaign and providing businesses, individuals and organizations purple lights. 29 bulbs were given out to organizations, 84 bulbs to individuals for personal usage and 16 bulbs to businesses, totalling 129 purple bulbs handed out.

FCSS Grande Cache held A Night To Lead Change on November 20, 2024 in support of domestic violence awareness month A total of 36 individuals attended A Night To Lead Change.

On November 25 from 1:30 – 3:45pm the Outreach Coordinator facilitated the second Technology Help for the Big Horn Golden Age Club. This month the time was extended for clients from 30 minutes to 45 minutes to allow more time for assistance. A total of 6 clients joined for the 45-minute time slots. Topics that were explored with clients were as follows: cyber safety, downloading apps to assist with daily activities, communication via text and emails, navigating Google Maps, and navigating social media. There will not be a Technology Help in December as requested by Big Horn Golden Age Club. This will resume in January.

## OUTCOMES:

PROGRAM NAME Choose an item.: A Night To Lead Change	
Have you come away with more knowledge about domestic violence?	85% Agree 15% Disagree
Have you come away with more skills on how to recognize abuse?	62% Agree 38% Disagree
Have you come away with a better idea of what to do if you see abuse happening?	96% Agree 4% Disagree
Are there any specific learnings, take-a-ways or other comments you would like to share with Green View FCSS?	-A great presenter, great energy and a comfortable atmosphere. -That addictions present a barrier to safe shelters. -How to respond with "I believe you!"
Are you interested in learning more about any of the following? -Navigating difficult conversations with your children (3%) -Human Trafficking (52%) - Keeping teens safe on social media (42%)	
Would you prefer a Lunch N' Learn or Evening	20% Lunch N' Learn 80% Evening
PARTICIPANT QUOTES: - <i>"This information should be in schools"</i> - <i>"It was great learning information on Clare's Law"</i>	

## HIGHLIGHTS:

During the Outreach Coordinators second meeting with the senior from Whispering Pines Lodge, the senior expressed with sincere gratitude.

- *"My anxiety was so high before we met, my blood pressure was high, and I was not sleeping due to all the worries. Once we met the first time, I felt so much better knowing I was connected with you, and you could try to help" Older Adult*



# MONTHLY REPORT

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MONTH: January                      YEAR: 2025

SUBMITTED TO: Lisa Hannaford

TITLE: Adult Coordinator                      SUBMITTED BY: Tracy Dennis

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## LAST MONTH'S ACTIVITIES:

In October, November, and December 2024, the Adult Coordinator assisted with employment resources, income supports, referrals, mental health, and various other community services for the Community Resource Centre.

The Adult Coordinator's duties include home assessments, expense claims, and time sheets. The Home Support program provides basic housekeeping, meal preparation, and transportation to essential services. Currently, there are 79 Home Support clients: 53 from the Municipal District of Greenview, and 26 in the Town of Valleyview. In October, November, and December, 6 clients signed on, 8 clients signed off, and there is no waiting list.

The Home Support program provides transportation for essential services such as grocery shopping, medical appointments and banking. In October, November and December, the Home Support team provided transportation 7 times.

Other Adult Coordinator's duties include organizing, setting up, and registering people for the Balance Restorative Yoga program. Balance Restorative Yoga is a strength and core-building yoga designed to assist in fall prevention and injury or post-surgery recovery. November and December sessions consisted of 12 classes that began November 1st. 21 people registered for November and December. The January and February sessions begin January 3, 2025.

The Adult Coordinator helps execute the delivery of meals for the Wheels for Meals program. Green View FCSS partners with the Red Willow Lodge to deliver meals to clients that are nutritious: promoting health, well-being, and independence.

On October 9, 2024, the Adult Coordinator joined a webinar through Collaborative Online Resources and Education Alberta. The four topics covered the importance of smoke alarms, common fire hazards in the home, creating a fire escape plan, and preparing for emergencies. The training focused on fire and life safety for seniors.

On October 16, 2024, the Adult Coordinator joined a webinar through Norquest College called "Supporting Newcomers in our Community." The information discussed focused on understanding immigration, adjustment stages, challenges, effective support, and community resources.

On October 17, 2024, Green View FCSS and the Greenview Multiplex hosted an Older Adult Information Day. This is an annual event focussing on programs and services available to the senior and older adult population. Guest speakers provided various information as to the needs and interests pertaining to seniors and the older adult population. The guest speakers covered topics on dementia, wills, personal directives, power of attorneys, scams, and senior benefits. There were 31 attendees.

On November 12, 2024, the Adult Coordinator attended the 2024 Family and Community Support Services Alberta Association annual conference, "It's ok to Pivot – The Power of Change." The sessions attended were Transforming Ecosystems for the Well-Being of Older Adults, Exploring the Family Resource Networks: Connecting Services to Meet Community Need, and Active Intruder.

November 25, 2024, Christina Fobes, with Alberta Health Service, presented an in-service focusing on Goals of Care planning. This is often referred to as a "Green Sleeve." Home Support workers were educated on why, when, where, what, and how to create a Goals of Care Plan.

On December 4, 2024, the Adult Coordinator visited the Residents of the Red Willow Lodge to provide information regarding the Community Volunteer Income Tax Program, Wills, Power of Attorney, Personal Directives and general questions pertaining to Provincial and Federal programs.

<b>Date: October, November, December, 2024</b>				<b>81</b>
<b>Support Needs</b>	<b>Residence</b>			<b>Explanation/ Example</b>
	<b>MD</b>	<b>VV</b>	<b>SLCN</b>	
<b>Transportation</b>	4	1	0	Transport inquiry, request, information
<b>Advanced Planning</b>	0	2	0	Personal Directives, Guardianship, Funeral Planning
<b>Advocacy/ Mediation</b>	2	7	1	With anyone, Family, Businesses, Government
<b>Aging in Place</b>	0	0	0	Utilizing resources, preplanning to remain
<b>Alberta Benefits</b>	4	7	0	Alberta Supports, Blue Cross, Alberta Health, AISH
<b>Caregiver Supports</b>	0	0	0	Info on programs, strategies, referrals to other
<b>Commissioner/ Notary</b>	7	6	6	guarantor included
<b>CRA Inquiry</b>	0	2	1	any Income Tax inquiries, not filing
<b>Elder Abuse</b>	0	0	0	Queries and advise
<b>Estate Planning/ Handling</b>	0	0	0	Power of Attorney, Wills, Paperwork after a funeral
<b>Federal Benefits</b>	0	0	0	GST, Canada Child Tax Benefit, Guaranteed Income
<b>Federal Pensions</b>	0	0	0	CPP, CPP Disability, OAS
<b>Home Support</b>	33	24	0	Queries, home visits
<b>Information</b>	5	6	0	other misc. inquiries
<b>Legal</b>	2	1	0	Queries, Paperwork,
<b>Maintenance Enforcement Prog</b>	0	0	0	Queries, form assistance
<b>Other FCSS Prog</b>	3	3	0	Referral to another program or worker within FCSS
<b>Referral to other Agency</b>	7	5	1	
<b>Supportive Listening</b>	1	0	0	
<b>Technology Assistance</b>	1	0	0	cell phone, internet, CRA accounts, email- etc.
<b>Monthly Total</b>	69	64	9	142 needs for October, November, December

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**OUTCOMES:**

PROGRAM NAME: Home Support	
The Home Support Program has contributed to my ability to remain in my home.	100%
As a result of contact with Green View FCSS and my Home Support Worker I know more about how to access the community resources that I need.	100%
PARTICIPANT QUOTES: "Makes my life more livable" "Has made my long recovery better. It has been a blessing" "I would have had to leave my home months ago"	

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PROGRAM NAME: Balance Yoga	
The Balance Program has contributed to my ability to remain in my home.	100%
The Balance Program has helped me to believe I have the ability to improve my life.	100%
PARTICIPANT QUOTES: "Love this program and has improved my ability to move. Love the social aspect as well." "I can touch my toes. Definitely helps with the balance." "Has helped my joints move a lot better, Yoga day is also a good mental health day and gets me out."	

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PROGRAM NAME: Older Adult Information Day	
As a result of Older Adult Information Day, I know more about how to take action toward improving my life.	100%
As a result of attending the Older Adult Info Day, I am more aware of the resources and supports available in my community.	100%
PARTICIPANT QUOTES: "Very informative. Another great day for the Seniors"	

**UPCOMING:**

On January 9 and 10, 2025, the Adult Coordinator will be attending the Mental Health First Aid course. This course focuses on the four most common mental health disorders including substance related, mood related, anxiety and trauma related, and psychotic disorders.

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**HIGHLIGHTS:**

A highlight for the Adult Coordinator was connecting with older adults during Older Adult Information Day on October 17, 2024. The Adult Coordinator got to interact with community members in an environment that was informal and enlightening. Hearing the challenges, concerns, questions, and opinions that older adults face today in our rapidly changing world has been a great learning experience.



# MONTHLY REPORT

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MONTH: January                      YEAR: 2025

SUBMITTED TO: Lisa Hannaford

TITLE: Community Resource Centre Coordinator

SUBMITTED BY: Corinne D'Onofrio

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## LAST MONTH'S ACTIVITIES:

There were 305 client visits to the Community Resource Centre in the month of December. 41 were from the MD of Greenview, 64 were from Sturgeon Lake Cree Nation, and 200 were from the Town of Valleyview. Five clients were new to the Resource Centre.

October and November were busier months in the Community Resource Centre with client visits. Coordinators noticed that there was quite an increase in clients needing updates to their resumes and copies to hand out to prospective employers in October. In November, client visits for employment related tasks decreased to 43 visits. Support for new and existing Income Support applications and files doubled in the month of November. December was slower with client visits, however there were more financial and mental health crisis appointments that required more time and multiple applications and referrals to assist them.

As mentioned, the number of clients accessing Income Support doubled in November. From history, an increase of client activity with Income Support is common in late fall and early winter. As utility bills and grocery costs are on the rise, and the Christmas season approaches, clients are very aware of their finances and shortages. Clients continue to receive support to complete monthly reporting, file new online applications, and submit supporting documentation to their workers by fax or email. Along with Income Support applications come many referrals to other services such as housing, food bank, AISH, and occasionally Employment Insurance.

In December there were 21 client visits requiring assistance with Santa's Anonymous. Clients required applications, information and assistance with completing the forms and submitting them by email. In December there was also an increase in clients calling about and completing Food Bank applications. Food Bank related visits increased from 27 in November to 35 in December.

Other needs seen at the Resource Centre in November included Service Canada (17), AISH support (22), Housing (9), CPP/ CPP Disability (4), OAS and GIS applications (2), AB Seniors (12), program inquiries (6) and legal in nature assistance (10).

During client visits to the Community Resource Centre, 113 received support with technology in November and 75 visits in December. This included support with online applications, use of the computers and phones for various purposes, assistance on personal devices to respond to emails and the use of attachments, assistance with documents requiring electronic signatures, and assistance with emailing, faxing and photocopying. Clients also needed support with online accounts and creation of emails for various online needs.







## Sturgeon Lake Cree Nation:

Year End Report 2024	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	TOTAL
Income Support clients	2	3	5	3	6	0	3	4	0	0	2	3	31
Employment Supports	16	16	13	12	9	11	18	25	8	13	5	2	148
Other Clients		154	265	204	91	73	86	90	74	99	83	59	1278
<b>Total Clients Visits</b>	<b>209</b>	<b>173</b>	<b>283</b>	<b>219</b>	<b>106</b>	<b>84</b>	<b>107</b>	<b>119</b>	<b>82</b>	<b>112</b>	<b>90</b>	<b>64</b>	<b>1648</b>
<b>Residence Break Down:</b>													
Sturgeon Lake Cree Nation	209	173	283	219	106	84	107	119	82	112	90	64	1648
New	1	8	5	4	0	1	2	3	1	2	0	2	29
Returning	208	165	278	215	106	83	105	116	81	110	90	62	1619
Total Clients Visits	209	173	283	219	106	84	107	119	82	112	90	64	1648
Information and Referral Indicators													
As a result of Green View FCSS Information and Referral program, I know more about how to access the community resources I need.													
YES	209	173	283	219	106	84	107	119	82	112	90	64	1648
NO	0	0	0	0	0	0	0	0	0	0	0	0	0
Community Social Issues Identified													
CFS	0	5	1	0	0	0	0	0	2	1	0	0	9
Food Bank	10	1	2	6	2	0	3	1	2	1	1	9	38
Mental Health	1	4	4	2	0	2	0	0	0	1	2	0	16
Canadian Child Tax Benefits	3	1	1	3	0	1	0	2	1	0	0	1	13
AISH	10	9	8	3	2	6	7	6	10	6	8	3	78
Income Support	2	3	5	3	6	0	3	4	0	0	2	3	31
Alberta Adult/Child Health Benefit	1	0	3	3	0	0	0	0	1	0	1	0	9
Housing/ Heart River Housing	2	3	0	4	0	0	2	5	1	0	2	0	19
Alberta Id	0	1	1	0	0	0	1	0	0	0	0	0	3
Service Canada	9	3	6	2	0	4	11	6	3	4	9	8	65
CPP/ CPP Disability	0	3	6	3	1	7	2	1	0	1	1	0	25
OAS and GIS	3	5	7	1	0	10	0	6	5	0	1	0	38
Sr. Special Needs/ AB Seniors	2	2	3	1	2	1	3	1	1	1	3	1	21
Seniors Information	1	0	1	1	0	0	0	0	0	2	0	1	6
CVITP related	8	34	188	125	19	13	16	11	7	14	2	0	437
Canada Revenue Agency	8	6	2	8	3	4	11	10	9	11	10	8	90
Employment Supports	16	15	13	12	9	11	18	25	8	13	5	2	147
WCB(Workers Compensation Board)	0	0	0	0	0	0	0	0	0	0	0	0	0
Technology Assistance	46	27	18	33	34	0	36	45	18	27	39	20	343
Childcare subsidy	0	0	0	0	0	0	0	0	0	0	0	0	0
program inquires	2	1	1	0	0	0	0	0	1	1	3	0	9
Legal (faxes, forms, calls)	56	11	3	10	11	8	5	12	15	8	10	4	153
Other questions/inquires	15	5	4	10	12	10	1	5	7	12	4	6	91
Mountains to Meadows	0	0	0	0	0	0	0	0	0	0	0	0	0

## HIGHLIGHTS:

The CRC Coordinator assisted management with a mini proposal requested by the Contract Procurement Specialist regarding the Alberta Works contract renewal in 2025 and attended a couple of Teams meetings by the Contract Specialist regarding the contract and renewal. The CRC Coordinator also attended meetings with the Manger of Green View FCSS and the manager of Economic Development regarding collaborating for the purpose of the Alberta Works contract. Statistics collected by the Economic Development team, and correspondence with employers within the MD will assist with monthly contract reporting and advertising of the employment services offered by Green View FCSS. There will also be other opportunities to collaborate in the future such as job fairs within the MD of Greenview.

The Health Unit was restocked with Green View FCSS Baby Book Bags in December. Staff from the Health Unit had advised the CRC Coordinator in early December that they were running a bit low due to a bit of a “baby boom”.

Welcome Baskets were also created in December and supplied to individuals in the MD of Greenview that had put in a request for one.

The CRC Coordinator participated in a webinar called “Supporting Newcomers in our Community” in mid-October, updated the Board member manuals, and assisted with the Purple Lights Campaign by scheduling regular Facebook posts throughout the month of November to educate the public about the campaign and Domestic Violence.

The CRC Coordinator also attended a two-day Mental Health First Aid training in early January that was offered at the Community Resource Centre on January 9<sup>th</sup> and 10<sup>th</sup>, 2025.

#### UPCOMING:

The CRC Coordinator will be completing program summary reports in the next few days and will be preparing the agenda packages and working minutes for the next Green View FCSS Board Regular meeting and Organizational meeting taking place on January 22, 2025.

# MONTHLY REPORT

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**MONTH:** January

**YEAR:** 2025

**SUBMITTED TO:** Lisa Hannaford

**TITLE:** Support Coordinator

**SUBMITTED BY** Kristine Gavin

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## **LAST MONTHS' ACTIVITIES:**

During the month of November, the Support Coordinator coordinated the Purple Light Nights campaign for domestic violence awareness month in Valleyview. Distribution of free purple light bulbs, campaign posters and domestic violence resources were available at the FCSS Community Resource Centre. A total of 200 light bulbs were given out to businesses and community members. A table with a purple tablecloth and a purple lighted tree were displayed with a variety of domestic violence resources. Advertisements continued FCSS Facebook, MD of Greenview website and the Town of Valleyview electronic sign through to the end of the month.

The Support Coordinator helped with set up and attended the community Greenview FCSS event "A Night to Lead Change" on November 21<sup>st</sup>. A representative from the Alberta Council of Women's Shelters, Jill Shillabeer, did a presentation on domestic abuse. A resource table was set up with domestic violence resource handouts. Of these resources included the "Elephant in the Room" campaign information from the P.O.W.E.R Hub in Whitecourt. "The Elephant in the room is representative of the topic that everyone knows about, but no one wants to talk about". Small elephants and posters from this campaign were put on each dinner table. 100 people attended this event.

The Support Coordinator viewed the following webinars: Supporting Ukrainian Evacuees Across Rural Alberta (Rural Development Network), and Government of Alberta – Seniors Programs Resource Guide (CORE Group Event).

The Support Coordinator attended a two-day First Aid & CPR/AED course on December 3/4<sup>th</sup>, 2024. Also attended was Greenview U: Tyler Smith on December 5<sup>th</sup>, 2024

In the Community Resource Center, assistance was given with employment resources, income support, referrals, mental health, seniors benefits and various other community services that are accounted for on the Community Resource Coordinator's report.

## **HIGHLIGHTS:**

The Support Coordinator has joined the Greenview Wellness Committee and will be attending the upcoming monthly Teams meetings.

## **UPCOMING:**

The Support Coordinator will be responsible for pickup at Red Willow Lodge and delivery of lunch meals for the Wheels for Meals program starting on January 13, 2025. Currently there are five clients signed up for this program.

Welcome Baskets and Baby Book Bags will finish being completed and distributed in early January.

## MONTHLY REPORT

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MONTH: January                      YEAR: 2025

SUBMITTED TO: Lisa Hannaford

TITLE: Youth Coordinator                      SUBMITTED BY: Amanda Roy

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### LAST MONTH'S ACTIVITIES:

WiseGuyz runs every Wednesday at Hillside High School. There are 11 boys registered and attending the program. The group has completed Module 1 - Healthy Relationships and Module 2 – Sexual Health. In module 1 the participants developed the skills needed to build healthy and respectful relationships. Learned about personal and relational boundaries, consent, coping skills and effective ways of expressing emotions and resolving conflict. Module 2 focuses on increasing participants understanding of their sexual and reproductive health, healthy sexuality and how bodies change during puberty. The participants practice using tools for making informed decisions about their sexual health. Learn what sexual consent is and learn about Canadian laws and ages of consent for young people.

The Youth Coordinator has run a total of 7 full Relationship and Sexual Education programs in Hillside High School and St. Stephens Catholic School, reaching grades 7,8 & 9. Relationship and Sexual Education is an evidence-based program developed by the Centre for Sexuality in Calgary Alberta. RSE covers sexual and reproductive health, healthy and respectful relationships and how to prevent violence and consent skills. The school principals contact the Youth Coordinator, who is a trained RSE facilitator, to deliver the program in their classes. 120 students received the program from October – December.

The Knowledge Tree Early Learning and Child Care Centre requested the Youth Coordinator to facilitate Hands Are Not for Hitting and The Empathy Program at the day care. This program focuses on how young children can manage their anger without hitting, breaking things, or throwing a tantrum and includes art projects and story books. The Empathy Program provides stories, songs and activities that enhance empathetic development. Hands Are Not for Hitting commenced in November and will finish January; the Empathy Program will start afterwards. There are fifteen 3- to 4-year-olds that attend.

Death Café was held on November 19 in partnership with the Valleyview Municipal Library. Death Cafes are group-directed discussions of death with no agenda, objectives, or themes. It is a discussion group rather than grief support or counseling. The evening was enjoyed by those who attended.

The Youth Coordinator did a small presentation discussing the history, topics and impact of the Wise Guyz Program at the Men's Expo on October 18.

Walking With Families held their meeting on October 15 and November 19. The Youth Coordinator presented information on current FCSS programs running.

The Gay Straight Alliance (GSA) is a student-led organizations that unite LGBTQ+ and allied youth to build community and organize around issues impacting them in their schools and communities. This program runs every Wednesday from 3:30-5:30 at the Valleyview Municipal Library. GSA has had an increase in members this fall with 6 new members, for a total of 14 youth.

Home Alone was completed on December 12 in Grovedale at Penson School. Home Alone is an all-day course, preparing youth to be home alone for short periods. This program also provides youth with information on online safety, healthy and safe food handling, how to handle an emergency, and basic first aid.

The Youth Coordinator attend Oscar Adolphson and St. Stephens School Council meeting in November to introduce themselves to new members and discuss programming relevant to their school.

OUTCOMES:

PROGRAM NAME: Relationship and Sexual Health Education (RSE)	
120 Youth	
I understand healthy relationships.	86% of students understand healthy relationships after taking Relationship and Sexual Education.
<p>PARTICIPANT QUOTES: Please share an example of something you might have learned that you did not know before, or some things that you do now, or do differently because of what you learned.</p> <p>“The scientific names of things.” (anatomy)</p> <p>“In this class it was nice to learn about human sexuality, consent and everything else.”</p> <p>“I think I have more perspectives on situations as I already learned this, but this program is so well put together.”</p> <p>“I learned a lot about consent.”</p>	

PROGRAM NAME: Home Alone	
17 MD Youth	
After taking Home Alone, I feel more confident about staying home alone.	94% of youth surveyed feel more confident staying home alone after participating in the Home Alone Program.
After taking Home Alone I know how to respond in an emergency.	82% of youth surveyed know how to respond in an emergency after taking the Home Alone Program.
PARTICIPANT QUOTES:	

PROGRAM NAME: Hands Are Not for Hitting	
15 Children, 3-4 years old	
<p>SUPERVISOR SURVEY:</p> <p>“The students are using the language taught during the lessons when interacting with peers.”</p>	

UPCOMING:

- Mind Up OAP School grade 3 January
- I Can Handle Anger OAP January
- Mental Health First Aid January