



# GRANDE CACHE RECREATION CENTRE AQUATIC CENTRE SCHEDULE

### WINTER 2025 EFFECTIVE, JANUARY 6, 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	LANE SWIM 9:00 - 10:30 am					
	AQUA FITNESS 9:00 - 10:30 am					
	LANE SWIM 11:00 am - 1:00 pm					
	WAVELESS SWIM 11:00 am - 1:00 pm					
PUBLIC SWIM :00 - 6:00 pm						PUBLIC SWII 1:00 - 7:00 p
	WAVELESS SWIM 3:30 - 8:00 pm		WAVELESS SWIM 3:30 - 8:00 pm		PUBLIC SWIM 3:30 - 8:00 pm	
	LANE SWIM 6:00 - 8:00 pm	PUBLIC SWIM 6:00 - 8:00 pm	LANE SWIM 6:00 - 8:00 pm	PUBLIC SWIM 6:00 - 8:00 pm		
ONE LANE 00 - 6:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 3:30 - 8:00 pm	ONE LANE 1:00 - 7:00 p
HOT SPOTS 00 - 6:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 9:00 - 10:30 am 11:00 am - 1:00 pm 3:30 - 8:00 pm	HOT SPOTS 1:00 - 7:00 p
IVE BOARDS 00 - 6:00 pm				DIVE BOARDS 6:30 - 8:00 pm	DIVE BOARDS 3:30 - 8:00 pm	DIVE BOARD 1:00 - 7:00 p

**PUBLIC SWIM:** Includes 25m pool, Leisure Pool, Waterslide, Spray and Wave Features and one lane.

**<u>DIVING BOARDS:</u>** 1m & 3m Diving Boards. Children under 10 are not permitted to use the 3m Diving Board.

**LANE SWIM:** 25m pool available for lane swimming.

**WAVELESS:** Leisure pool, water slide and hot spots available for public swimming with no features or waves running. A good time for families to swim or young children to swim, all ages are welcomed; see age rule.

**AQUA FITNESS:** Leisure pool available for self-led aqua fitness Note: Please see fitness calendar for instructor available and more information.

#### **HOT SPOTS:**

Hot Tub, Steam room & Sauna open for use.

### **AGE RULES:**

- Children age 7 and under must be accompanied in the water and remain "within arms reach" of a responsible person age 16 or older.
- Children under 10 must have a responsible person age 16 or older supervising within the aquatic centre. i.e. ages 8 & 9 require adult supervision within the Aquatic Centre; competent swimmers age 10 years and up can attend by themselves.

#### **REMINDERS:**

- Wristbands must be worn by all users.
- Cleansing showers must be taken before entering a swimming pool.
- Please follow posted facility rules for your safety.
- Times are subject to change without notice

#### **FOR MORE INFORMATION:**

Phone: 780-827-2446

Website: www.mdgreenview.ab.ca
Facebook: Grande Cache Recreation Centre

## **UPCOMING ACTIVI**

**Wave Rave** Ages: 10 - 14

Time: 8:00 - 9:30 pm

Dates: January 24, February 28, March 21, 2025

**Wibit Weekend** Ages: all ages

Time: during public swim Date: February 14 - 17, 2025

Aquatic Centre Closed to Public Date: January 31 - 3:30 - 8:00pm & February 1 & 2, 2025

For Otters Annual Swim Meet

**Swim Ratios** 

Child's Age = Adult Ratio

Age 1 year = 1 adult to 1 child

Age 2 years = 1 adult to 2 kids

Age 3 years = 1 adult to 3 kids Age 4 years = 1 adult to 4 kids

Ages 5-7 years = 1 adult to 5 kids Ages 8 - 10 years = 1 adult to 10 kids \*

\*Adult in pool area but does not have to be

in the pool during the swim.

### GRANDE CACHE RECREATION CENTRE ADMISSION PASSES

ADMISSION	DAY PASS	10X PASS	ONE MONTH PASS	THREE MONTH PASS	SIX MONTH PASS	ANNUAL PASS
Family	\$20.00	\$180.00	\$110.00	\$316.00	\$605.00	\$1100.00
Adult (18+)	\$9.00	\$81.00	\$50.00	\$145.00	\$275.00	\$500.00
Youth (13-17)	\$6.50	\$58.50	\$35.00	\$100.00	\$195.00	\$350.00
Child (3-12)	\$5.00	\$45.00	\$25.00	\$72.00	\$140.00	\$250.00
Senior (60-69)	\$6.50	\$58.50	\$35.00	\$100.00	\$195.00	\$350.00
Super Senior (70+)	FREE	FREE	FREE	FREE	FREE	FREE
Children under 3	FREE	FREE	FREE	FREE	FREE	FREE

- Prices do not include GST
- Passes provide access to public skating, shinny, fitness centre, fitness programs, lane swim & public swim
- Family is defined as the applicable number of adults and three children (17 & under) residing in the same household



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