



## REGULAR BOARD MEETING AGENDA

Monday April 15, 2024

9:30 am

Meeting Room  
Green View FCSS Building

#1	CALL TO ORDER		
#2	ADOPTION OF AGENDA		
#3	MINUTES	3.1 Regular Green View Family and Community Support Services Meeting minutes held March 14, 2024 to be adopted.	1
		3.2 Business Arising from the Minutes	
#4	DELEGATION	4.0	
#5	OLD BUSINESS	5.0	
#6	NEW BUSINESS	6.1 FCSS Manager Report	4
#7	MEMBER REPORTS	7.1 Chair/Member Reports	
#8	CORRESPONDENCE	8.1 Red Willow Lodge	27
#9	CLOSED SESSION	9.0	
#10	ADJOURNMENT	10.0	

Minutes of a  
**REGULAR BOARD MEETING**  
**GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES**  
Green View Family and Community Support Services Building  
Valleyview, Alberta, on Thursday, March 14, 2024

# 1:  
CALL TO ORDER Chair Perron called the meeting to order at 9:38 am.

PRESENT Chair, Member at Large, Greenview Roxanne Perron  
Board Member, Member at Large, Greenview Tammy Day  
Board Member, Member at Large, Greenview Gwen Villebrun  
Board Member, Town of Valleyview Councillor Samantha Steinke  
Board Member, Greenview Councillor Sally Rosson  
Board Member, Greenview Councillor Christine Schlieff

ATTENDING FCSS Manager Lisa Hannaford  
Recording Secretary Corinne D’Onofrio

ABSENT

#2:  
AGENDA **2.0 GREEN VIEW FCSS AGENDA**  
**MOTION: 24.03.08** Moved by: BOARD MEMBER, CHRISTINE SCHLIEF  
That the March 14, 2024 agenda be adopted as presented.  
CARRIED

#3.1  
REGULAR  
MEETING  
MINUTES **3.2 GREEN VIEW FCSS REGULAR BOARD MEETING MINUTES**  
**MOTION: 24.03.09** Moved by: BOARD MEMBER, SAMANTHA STEINKE  
That the Minutes of the Regular Green View FCSS Board Meeting held on Wednesday,  
January 17, 2024 be adopted as presented.  
CARRIED

#3.3 BUSINESS  
ARISING FROM  
MINUTES **3.3 BUSINESS ARISING FROM THE MINUTES**

#4 DELEGATION **4.0 DELEGATION**

#5 OLD BUSINESS

**5.0 OLD BUSINESS**

#6 NEW  
BUSINESS

**6.1 FCSS MANAGER REPORT**

**MOTION: 24.03.10** Moved by: BOARD MEMBER, SALLY ROSSON

That the Green View FCSS Board accept the March Manager's report as presented for information.

CARRIED

**6.2 GRANDE CACHE COMMUNITY HIGH SCHOOL- GUEST SPEAKER**

**MOTION: 24.03.11** Moved by: BOARD MEMBER, GWEN VILLEBRUN

That the Green View Family and Community Support Services Board approve a financial contribution of \$1000.00 to Grande Cache Community High School, to offset costs of guest speaker Madison Cameron, with funds to come from the 2024 operational budget, professional services.

CARRIED

**7.1 CHAIR/MEMBER REPORTS**

**BOARD MEMBER ROSSON**

- Valleyview Men's Shed has been very active
- Spoke about efforts to educate the public about fire prevention and ways to make your property fire smart

**BOARD MEMBER GWEN VILLEBRUN**

- No report at this time

**BOARD MEMBER SCHLIEF**

- Spoke about Grande Cache Library's food pantry
- Attended the third annual Suicide Prevention Resource Centre supper and presentations.

**BOARD MEMBER STEINKE**

- Council had a meeting with the Chamber, discussed issues such as homelessness with the RCMP present at the meeting
- Council appointed new members to the Library Board

**BOARD MEMBER DAY**

- No report at this time

**CHAIR PERRON**

- Attended the Voyent Alert presentation
- Spoke about Men's Shed and upcoming projects
- Will be attending an FCSSAA meeting March 22, 2024

Member Schlieff exited the meeting at 12:00pm.

**#8  
CORRESPONDENCE 8.0 CORRESPONDENCE**

**#9 CLOSED  
SESSION 9.0 CLOSED SESSION**

**#10  
ADJOURNMENT 10.0 ADJOURNMENT**  
**MOTION: 24.03.12** Moved by: BOARD MEMBER, TAMMY DAY  
That this meeting adjourns at 12:05 pm.

CARRIED

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F.C.S.S. MANAGER

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F.C.S.S. CHAIR

# REQUEST FOR DECISION

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SUBJECT: **Managers' Report**

SUBMISSION TO: GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES BOARD  
REVIEWED AND APPROVED FOR SUBMISSION

MEETING DATE: April 15, 2024  
GM: MANAGER: LDH

DEPARTMENT: GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES  
PRESENTER: LDH

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RELEVANT LEGISLATION:  
**Green View FCSS Policy– N/A**

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RECOMMENDED ACTION:  
**MOTION: That Green View Family and Community Support Services Board accept the April 2024 Managers report as presented for information.**

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BACKGROUND/PROPOSAL:  
Monthly Managers reports are provided to the Board for information.

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BENEFITS OF THE RECOMMENDED ACTION:  
The benefit of accepting the report is to update the Board on services provide by the Manager.

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DISADVANTAGES OF THE RECOMMENDED ACTION:  
There are no perceived disadvantages to accepting the report.

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ALTERNATIVES CONSIDERED:  
N/A

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FINANCIAL IMPLICATION: N/A

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STAFFING IMPLICATION: N/A

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PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

**INCREASING LEVEL OF PUBLIC IMPACT**

Inform

**PUBLIC PARTICIPATION GOAL**

Inform

**PROMISE TO THE PUBLIC**

Inform

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FOLLOW UP ACTIONS:

N/A

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ATTACHMENT(S):

- April Managers report



# MONTHLY REPORT

MONTH: April

YEAR: 2024

SUBMITTED TO: Green View Family and Community Support Services Board

TITLE: Manager

SUBMITTED BY: Lisa Hannaford

## LAST MONTH'S ACTIVITIES:

The two Community Resource Centers have seen a marked increase in people accessing services. This is mainly due to the Community Volunteer Income Tax program which allows people with modest incomes to get their taxes done at no charge. Thus far over 400 taxes have been filed, with over 4.8 million dollars brought back into the communities.

The Kids Conference in Grande Cache ran from March 26-28. The 2 ½ day conference provides kids 5 – 12 years old experiences that include emotional regulation, healthy relationships, creativity, and various life skills (i.e. financial literacy) and took place at the Grande Cache Recreation Centre. This year 39 children registered, with 6 youth volunteering to help.

The Volunteer appreciation dinners took place in Valleyview on April 9<sup>th</sup>, Grovedale on April 10<sup>th</sup>, and Grande Cache on April 11<sup>th</sup>. A variety of nominations, both individual, group and youth were submitted.

Northern Lakes College has inquired if the FCSS office in Valleyview can take on a practicum student. Three students have requested this location, and one individual has been chosen. The placement runs from April 22<sup>nd</sup>- June 28<sup>th</sup>.

Administration is organizing a poverty simulation as part of Greenview U on May 13<sup>th</sup>. A poverty simulation is a unique and powerful experience that challenges perceptions, changes perspectives, and strengthens understanding and empathy. The simulation replicates a month in the life of a family living in poverty. The ultimate mission of each family is to provide food, shelter, and other basic needs with a limited income. Participants experience a range of encounters, obstacles, and challenges while volunteers engage with participants as business owners, teachers, police officers, agency workers, service providers, and government employees. The poverty simulation is open to all community members in addition to Greenview employees, however participants must be 18 years or older to attend.

Administration took part in the Emergency Operations Center simulation on March 20<sup>th</sup>. This opportunity provided practice in various roles and functions, including exercising emergency social services for residents who are evacuated. A second simulation will take place in Grande Cache on April 17<sup>th</sup>.

Administration will attend the Violence Threat Risk Assessment (VTRA) Conference April 16<sup>th</sup>-19<sup>th</sup>. This training for communities provides insight into the practical applications of violence threat risk assessment and the traumatic event systems model. The VTRA protocol outlines how a school or community responds immediately to threatening incidents including but not limited to possession of a weapon; bomb threat or plan, verbal, or written threats to harm oneself or others, and fire setting.

The Red Willow Lodge has once again asked Green View FCSS for funds in the amount of \$700.00, and volunteers to assist at the Seniors week BBQ. Seniors' week runs from June 3-9 and the BBQ is scheduled for June 9 at the Greenview Multiplex. A letter of request has been included in the agenda package, in addition to all Coordinators reports.

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#### OUTCOMES:

Administration is compiling financial, and outcomes reports in preparation for the annual 2023 submission to the province. Once we receive the review engagement from the auditors the report can be submitted, it is due on April 30<sup>th</sup>.

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#### HIGHLIGHTS:

Administration was successful with the approval of the Reaching Home grant in the amount of \$15,000.00. \$7500.00 will be available for the 2024-2025 fiscal year, and \$7500.00 to use in the 2025-2026 fiscal year. The grant will allow the Meadows to Mountains Homelessness Prevention project to continue. This project provides crucial supports for individuals within Greenview to prevent homelessness. Clients are provided on-going support to navigate systems, access life skills development, and are pivotal to their success in stabilizing their living situation. This fund is to prevent people who are already housed from becoming homeless, as opposed to assisting those who already homeless.

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#### UPCOMING:

The Northwest region is hosting the Directors Network conference in Grande Prairie from May 1-3. Administration is part of the planning committee.

The Northwest Spring Regional meeting will be hosted in Wabasca on May 15 & 16.

The 2024 FCSSAA November conference will be held November 13-15. Administration will be poised to secure hotel rooms as soon as the block opens.



# MONTHLY REPORT

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MONTH: April

YEAR: 2024

SUBMITTED TO: Lisa Hannaford

TITLE: Assistant Manager

SUBMITTED BY: Amber Hennig

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This past month the Community Volunteer Income Tax program (CVITP) kicked off in full swing, seeing double the amount of individuals assisted. A total 430 individuals benefited from assistance. Administration in Grande Cache has been processing returns from the Valleyview area and has seen an increase in local returns as a result of two income tax preparation businesses not operating this year.

The Rural Development Network has granted Green View FCSS with another 2 years of funding for the Meadows to Mountain Homelessness Prevention grant. Unfortunately, the approved amount is less than requested, they provided the following explanation, *"We recognize that this funding amount is less than what you requested. Our team received over 75 applications with requests totaling over 22 million in funding. Due to the volume of applications and requests we received, our team and board had some difficult decisions to make, which resulted in us trimming budgets for all approved projects."* The amount provided will be utilized to continue the work of this grant assisting those who are at imminent risk of homelessness.

The deadline for submission for the Healthy Aging Provincial Assisted Transportation Project was April 12, the grant application was submitted and response is expect by June. The project proposed is entitled R.I.S.E. (Reducing Isolation and Supports Enhancement). Through the Home Support program transportation is provided to clients for essential needs such as food, medical, and financial needs. The new project will continue current transportation and layer in assistance connecting to meet social needs.

At the time of this report 66 volunteers have been nominated for appreciation. The dinner will take place on Thursday, April 12 in Grande Cache and all nominees have been invited to attend. This is the second year hosting the dinner in Grande Cache and already we have heard feedback of gratitude for bringing the event back. Administration looks forward to providing a summary of the night in the next report.

Outcomes for the Kids Conference that took place March 26 – 28 can be found in the Youth Coordinator's section of the report. To summarize a good time was had by all. A challenge planning the conference this year was to find new session options for the kids, but through the collaborative efforts of external agencies and internal sub departments and led by the Youth Coordinator it was achieved. 39 kids attended and parents were very pleased with their child's experiences. A bonus of the conference is the increased awareness of Green View FCSS in the community, social media posts at the end of each day have the largest amount of engagement of any promotion throughout the year.

Invited by Aseniwuche Winewak Nation (AWN), the Outreach Coordinator will attend their Walk In Wednesdays (10 am – 1 pm at the Tawow center bi-weekly. Building relationships and providing forms assistance in an environment their clients are comfortable in will benefit Aseniwuche Winewak Nation members who would otherwise not access our services. The first one took place on Wednesday, April 3 and 3 individuals were helped.

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**UPCOMING:**

- WiseGuyz continuation (Grande Cache Community High School, Wednesdays)
- GSA (Summitview Middle School, Tuesdays)
- WiseGuyz – the Returners continuation (Grande Cache Community High School)
- Relationship and Sexual Health Education (Summitview Middle School, grade 8)
- Center for Trauma Informed Practices Conference (Banff, April 17 – 19)





Most of March was spent filing tax returns for the entirety of the Municipal District of Greenview, as well as the Town of Valleyview, and Sturgeon Lake Cree Nation. March saw 426 total returns completed, compared to 76 in March of 2023. The total of 452 returns so far in 2024, breakdown as follows:

Community Name	# of returns filed
Grande Cache	79
Cooperatives and Enterprises	33
Valleyview	186
MD of Greenview	30
Sturgeon Lake Cree Nation	124
<b>Demographics</b>	
Seniors	153
Assured Income from the Severely Handicapped	46
Low income	244
Residents who don't fit the three categories above	9

The total amount brought back to all communities is \$4,406,917.72. It stands to reason that this increase is due not only to completing for a larger area, but Grande Cache lost two accountants last year who had been doing returns. Many of the local individuals who have walked-in to do their taxes mentioned that they previously went to one of these two people.

The Autofill My Return feature allows the tax-filer to see if a client needs to file any previous years, as well as showing if they have direct deposit, access to their MyCRA accounts, if they have mail that was returned to the CRA, and if they have any uncashed cheques. During filing, it was noticed that many clients, especially from Valleyview, had uncashed cheques from a variety of sources. After looking into this, the Community Resource Centre Coordinator discovered that if a client does have uncashed cheques, they will older than 7 months, nor sent by direct deposit. A letter is being sent to the clients who have uncashed cheques with the Canada Revenue Agency, directing them on how to claim these cheques. The clients are also being informed about this when they are called.

The invitations and social media posts for the 2024 Volunteer Appreciation Dinners went up on March 15<sup>th</sup>, 2024. So far 69 people have been nominated, with the deadline approaching on April 5<sup>th</sup>, 2024.

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#### HIGHLIGHTS:

The seamless delivery of the Community Volunteer Income Tax Program as the Resource Centre in Grande Cache has been filing for the entirety of MD this year, historically taxes were only filed for the Grande Cache area through this office.

# MONTHLY REPORT

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MONTH: April                      YEAR: 2024

SUBMITTED TO: Amber Hennig

TITLE: Adult Coordinator                      SUBMITTED BY: Diana Blaszczyk

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## LAST MONTH'S ACTIVITIES:

Currently there are 54 clients in the Home Support program. There are 33 clients in the Hamlet, 18 reside in a Cooperative or Enterprise. 80% of clients are over the age of 65, 7% are families, and 13% are individuals currently on Assured Income for the Severely Handicapped.

Flu season has impacted many Home Support clients and it was noted that often clients do not disclose illness prior to their scheduled cleaning time. As a result, Home Support Workers will remind clients that if they are feeling ill to let us know. As another layer of protection staff have been provided with disposable face masks.

Creative Greif and Loss will continue at the Tawow Centre in April, in addition two clients are accessing the program out of the Community Resource Centre.

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## HIGHLIGHTS:

A client entered our office at a particularly low point in their life, the Adult Coordinator spent time listening to the client's situation and went with him to the local hospital to ensure he connected with critical supports. Since he continues to connect and has signed up for the Creative Grief and Loss Program.



# MONTHLY REPORT

MONTH: April

YEAR: 2024

SUBMITTED TO: Amber Hennig

TITLE: Youth Coordinator

SUBMITTED BY: Alexandria Burge

## LAST MONTH'S ACTIVITIES:

In the month of March, the WiseGuyz program finished the gender, sexuality, and the media unit. Participants openly shared the harmful impacts media has had on them and one stating that his gym usage increased due to body image concerns. Another participant shared he realized the negative impact You Tube has had on his thoughts. WiseGuyz resumed on April 3, 2024, following school spring break.

Six sessions of the Miyo Wichihitowin program was delivered to grade 5 students at Summitview Middle School. At the request of the teacher, the sessions featured beading that recreated various Indigenous art. The same teacher has requested further sessions in the spring, preferably outdoors to teach students about traditional medicines and plant harvesting.

Kids Conference took place March 26 to 28 with 39 kids in attendance. Kids Conference is a conference designed for youth 5-12 years of age that offers 27 activity options in 2 1/2 days, there is 3 main categories Life Skills (foundational skills to increase confidence and independence), Action Hour (sparking brain power with physical activity) and Unique Expression (express who you are in a creative way). Seven external agencies contributed to session delivery and provided general assistance throughout the event. Five youths (ages 13 – 15) volunteered to help and two of designed and deliver a session to participants.

## OUTCOMES:

PROGRAM NAME: Miyo Wichihitowin	
<i>As a result of the Miyo Wichihitowin program, I know about Indigenous Culture.</i>	<i>Agreed = 79%</i>
<i>As a result of the Miyo Wichihitowin program, I believe we need to respect rights and feelings of people from diverse groups completely different than mine.</i>	<i>Very=68% Agree=32%</i>
PARTICIPANT QUOTES:	
PROGRAM NAME: Kids Conference	

<i>As a result of the Kids Conference, I get along better with other.</i>	<i>Yes=81%</i>
<i>As a result of Kids Conference, I am better at making friends.</i>	<i>Yes=65%</i>
PARTICIPANT QUOTES:	

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**HIGHLIGHTS:**

The grade 5 teacher shared how impressed she was with the conversations taking place between students while working on their beading projects. There were discussions about family relations and encouragement of one another.

A youth volunteer from Kids Conference stated that she is “definitely going to work with kids when she gets older.”, the youth was very thankful for her time helping out and being able to deliver a session.



## MONTHLY REPORT

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MONTH: April

YEAR: 2024

SUBMITTED TO: Amber Hennig

TITLE: Outreach Coordinator

SUBMITTED BY: Raymond Harris

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### LAST MONTH'S ACTIVITIES:

A new client was provided assistance with applying for Canadian Dental Care Plan, Alberta Seniors Benefits, and Special Needs Assistance for Seniors. This client is first generation from South America and brought their daughter along for translation services. This client was very appreciative of how easy it was to get help with navigating government systems,

The Outreach Coordinator has started by-weekly attendance at the Tawow Centre's Walk-in Wednesday program. At the request of the Tawow Centre, forms assistance is provided on-site. Some Indigenous residents are more comfortable asking for and receiving assistance at the Tawow Centre because they feel comfortable there.

The Volunteer Appreciation Dinner is on April 11<sup>th</sup>, at the Royal Canadian Legion in Grande Cache. The Outreach Coordinator, with the Community Resource Centre Coordinator, has started to collect nominations, finalize the reception, and continued on-going Volunteer Appreciation Dinner plans.

On a similar vein The Outreach Coordinator arranged a tax clinic at Whispering Pines Lodge for the residents. A total of 9 residents benefited from the on-site service.

The Outreach Coordinator assisted the Youth Coordinator with "Kids Conference" during the last week of March at the Grande Cache Recreation Centre. The Outreach Coordinator facilitated four sessions and assisted facilitating with three sessions. The youth that were in attendance really enjoyed the program and built new friendships.

There were an increase of travel needs in March to the Cooperatives, mainly Muskeg. This is due to a client needing weekly physio appointments and not having any other ways to get into town to attend those appointments. Currently 23 unique individuals are accessing transportation for essential needs.

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### HIGHLIGHTS:

A housebound client was extremely appreciative of the Outreach Coordinator being able to help her with groceries and to medical appointments. The last time that the client needed assistance they had broken down and explained that they may not have made it out of a dark patch if it was not for FCSS and the help that we have provided her.

# MONTHLY REPORT

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MONTH: April

YEAR: 2024

SUBMITTED TO: Lisa Hannaford

TITLE: Adult Coordinator

SUBMITTED BY: Tracy Dennis

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LAST MONTH:

As of March, 2024 assistance was given with employment resources, income supports, referrals, mental health, and various other community services that are accounted for on the Community Resource Centre Coordinator's report.

Many of the Adult Coordinator's duties include home assessments, expense claims, and time sheets. The Home Support program provides basic housekeeping, meal preparation, limited respite, and transportation to medical appointments or other essential services. Currently, there are 85 Home Support clients, 57 from the Municipal District of Greenview and 28 in the Town of Valleyview. During the last month 1 client signed on to the program and 3 clients have signed off. The home support team provided transportation 15 times during March, 2024.

Other Adult Coordinator's duties are organizing, setting up, and registering people for the Balance Restorative Yoga program. Balance Restorative Yoga is a strength and core-building yoga designed to assist in fall prevention and injury or post-surgery recovery. In March, there was a total of 5 sessions and 17 people registered to attend classes. March and April sessions will consist of 10 classes.

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<b>January 2023</b>		<b>Residence</b>			<b>35</b>
<b>Support Needs</b>	<b>MD</b>	<b>VV</b>	<b>SLCN</b>	<b>Explanation/ Example</b>	
<b>Admin Assist</b>		1	1	Faxing, Photocopying, Scanning or Typing for someone	
<b>Advanced Planning</b>				Personal Directives, Guardianship, Funeral Planning	
<b>Advocacy/ Mediation</b>			1	With anyone, Family, Businesses, Government	
<b>Aging in Place</b>				Utilizing resources, preplanning to remain	
<b>Alberta Benefits</b>	1	1		Alberta Supports, Blue Cross, Alberta Health, AISH	
<b>Caregiver Supports</b>	1	2		Info on programs, strategies, referrals to other	
<b>Commissioner/ Notary</b>	7	8	8	guarantor included	
<b>CRA Inquiry</b>	2			any Income Tax inquiries, not filing	
<b>Elder Abuse</b>				Queries and advise	
<b>Estate Planning/ Handling</b>				Power of Attorney, Wills, Paperwork after a funeral	
<b>Federal Benefits</b>				GST, Canada Child Tax Benefit, Guaranteed Income	
<b>Federal Pensions</b>				CPP, CPP Disability, OAS	
<b>Home Support/ Wheels for Meals</b>	8	6		Queries, home visits	
<b>Information</b>	1	2		other misc. inquiries	
<b>Legal</b>	2	2	1	Queries, Paperwork,	
<b>Maintenance Enforcement Prog</b>				Queries, form assistance	
<b>Other FCSS Prog</b>				Referral to another program or worker within FCSS	
<b>Referral to other Agency</b>	3	4			
<b>Supportive Listening</b>	1				
<b>Technology Assistance</b>				cell phone, internet, CRA accounts, email- etc.	
<b>Monthly Total</b>	26	26	11	63	

**HIGHLIGHTS:** A highlight for the Adult Coordinator was accommodating a client that was not physically well. The Home Support worker recognized that the client's overall health was deteriorating and alerted the Adult Coordinator to the situation. The client was not willing to acknowledge the situation and did not want to go to the hospital or be checked by a physician. After some discussion with the client, the Home Support team was able to refer the client to the Home Care intake line. The appropriate health care needs were given to the client who would have otherwise gone without the care required.

**UPCOMING:** May 1<sup>st</sup> and May 2<sup>nd</sup>, the Adult Coordinator will attend the Leadership Training held at the Burnside Theatre.



# MONTHLY REPORT

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MONTH: April                      YEAR: 2024

SUBMITTED TO: Lisa Hannaford

TITLE: Community Resource Centre Coordinator

SUBMITTED BY: Corinne D'Onofrio

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## LAST MONTH'S ACTIVITIES:

There was a total of 780 client visits in March 2024 to the Green View FCSS Community Resource Centre. In March, 75 were residents of the Municipal District of Greenview, 283 were residents of Sturgeon Lake Cree Nation, and 422 were residents of the Town of Valleyview. Of the total clients, 14 were new clients to the Resource Centre.

In March, 40 clients came to the Community Resource Center for employment assistance. Clients received support with creating new resumes, updating existing resumes, emailing, and faxing documents to potential and current employers. They also viewed the job board and were able to benefit from the free resources on career planning and other employment information.

31 client visits were regarding Income Support. Clients received assistance with monthly reporting, phone calls and emails to workers, and online applications for the initial application process. Coordinators connected with supervisors at the Grande Prairie AB Supports office, to help coordinate "community intakes" for clients that had complicated situations with very little or no documentation to provide during the application process. This process allows for a more flexible approach with workers and the clients to be able to provide them the financial assistance that they need.

The Community Volunteer Income Tax program began at the beginning of March, although a few taxes were filed during the end of February. There have been 486 visits to the Resource Centre for assistance with CVITP.

Other needs seen to at the Resource Centre include Food Bank (11), AISH support (27), Income Support (41), Housing (10), CPP/ CPP Disability (20), OAS and GIS applications (11), AB Seniors (14), Service Canada (21) Canada Revenue Agency (10), program inquiries (15) and legal in nature assistance (10).

Technology assistance continues to draw many residents to the Resource Centre for assistance. Many individuals seek assistance with documents provided in emails needing to be printed or electronically signed, online applications, which is becoming more and more common and expected, emailing and faxing, scanning documents and assistance with "attachments" in emails that they are required to send. In the month of March, 81 clients received assistance with technological assistance during their visits.

A breakdown of services provided to clients based on their residence can be seen below in the following three charts.





## Sturgeon Lake Cree Nation:

Year End Report 2024	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	TOTAL
Income Support clients	2	3	5										10
Employment Supports	16	16	13										45
Other Clients		154	265										419
<b>Total Clients Visits</b>	<b>209</b>	<b>173</b>	<b>283</b>										<b>665</b>
<b>Residence Break Down:</b>													
Sturgeon Lake Cree Nation	209	173	283										665
New	1	8	5										14
Returning	208	165	278										651
Total Clients Visits	209	173	283										665
Information and Referral Indicators													
As a result of Green View FCSS Information and Referral program, I know more about how to access the community resources I need.													
YES	209	173	283										665
NO	0	0	0										0
Community Social Issues Identified													
CFS	0	5	1										6
Food Bank	10	1	2										13
Mental Health	1	4	4										9
Canadian Child Tax Benefits	3	1	1										5
AISH	10	9	8										27
Income Support	2	3	5										10
Alberta Adult/Child Health Benefit	1	0	3										4
Housing/ Heart River Housing	2	3	0										5
Alberta Id	0	1	1										2
Service Canada	9	3	6										18
CPP/ CPP Disability	0	3	6										9
OAS and GIS	3	5	7										15
Sr. Special Needs/ AB Seniors	2	2	3										7
Seniors Information	1	0	1										2
CVITP related	8	34	188										230
Canada Revenue Agency	8	6	2										16
Employment Supports	16	15	13										44
WCB(Workers Compensation Board)	0	0	0										0
Technology Assistance	46	27	18										91
Childcare subsidy	0	0	0										0
program inquires	2	1	1										4
Legal (faxes, forms, calls)	56	11	3										70
Other questions/inquires	15	5	4										24
Mountains to Meadows	0	0	0										0

## HIGHLIGHTS:

The Community Volunteer Income Tax program has been successful again this year, in the programs first month of operation, in assisting low to moderate income level individuals and families to file their tax returns at no charge. With some changes to the delivery of the CVITP to residents this year, there have been some challenges to overcome as the new process has increased the time spent on filling out more detailed forms, scanning and emailing the forms to be filed. However, with excellent correspondence with the tax preparers in the Green View FCSS office in Grande Cache, the process has been going very well.

A regular volunteer with the Green View FCSS Community Volunteer Income Tax Program is also available 2 days a week in the office for a few hours each day to assist with the completion of the forms.

## UPCOMING:

The CRC Coordinator will be completing a one-day recertification of First Aid in April and will also be completing an end of the year report for the AB Works contract as per the terms of the contract.



# MONTHLY REPORT

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**MONTH:** April                      **YEAR:** 2024

**SUBMITTED TO:** Lisa Hannaford

**TITLE:** Support Coordinator                      **SUBMITTED BY** Kristine Gavin

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## **LAST MONTH'S ACTIVITIES:**

In the Community Resource Center, assistance was given with employment resources, income supports, referrals, mental health, Community Volunteer Income Tax Program and various other community services that are accounted for on the Community Resource Coordinator's report.

The Support Coordinator continued to prepare for the 2024 Volunteer Appreciation Dinners booked for Valleyview April 9<sup>th</sup> and Grovedale April 10<sup>th</sup>. Invites (posters) have been mailed with nomination forms, and distributed within areas of Valleyview, DeBolt, Little Smoky, Crooked Creek and Grovedale communities. Advertisements are also included on the MD of Greenview website, the Town of Valleyview and Grovedale digital signs, and on the Green View FCSS Facebook pages for Valleyview and Grande Cache. Nomination forms have started to arrive and each nominated person/group is being contacted.

A Northern Lakes college student was interviewed and chosen to be the FCSS practicum student and will be working with the Support Coordinator starting on April 22, 2024.

## **HIGHLIGHTS:**

- Volunteer Appreciation Dinner nominations have started to arrive and are being contacted.

## **UPCOMING:**

- Volunteer Appreciation Dinners: Valleyview April 9<sup>th</sup>, Grovedale April 10<sup>th</sup> and Grande Cache April 11<sup>th</sup>.
- Northern Lakes college student practicum placement starting at Valleyview FCSS on April 22 until June 2024.





## MONTHLY REPORT

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MONTH: April

YEAR: 2024

SUBMITTED TO: Lisa Hannaford

TITLE: Youth Coordinator

SUBMITTED BY: Amanda Roy

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### LAST MONTH'S ACTIVITIES:

Grade 6 students at St. Stephens Catholic School completed Mind Up. This program uses an evidence-based curriculum in mindfulness to teach emotional self-regulation and brain-focused strategies to help youth become focused and resilient.

Sturgeon Lake Cree Nation approached the administration about delivering the Home Alone program. On March 7, 13 students participated in the full-day course offered at the Resource Centre. Although we don't offer programming at Sturgeon Lake Cree Nation, we provided services for a fee to accommodate the request.

Body Talk – Teaching Sexual Health was held on March 21 and 22 for grade 4 students at Harry Gray Elementary School. Topics covered are puberty changes and coping with puberty.

WiseGuyz promotes mental health, and healthy relationships, and helps prevent adolescent dating violence. The Youth Coordinator facilitates WiseGuyz at Hillside Jr/Sr High School on Wednesdays from 11:00 am to 12:19, 8 male youths are currently attending the program. The program has completed Module 3, Gender, and Media. The group is going into its final module, Violence Prevention, and Advocacy. Learning the difference between equity and equality, understanding how stereotypes and prejudices can impact people's opportunities, gaining skills to be a confident and active bystander, and making your school and community a better place.

The Gay Straight Alliance (GSA) is a youth-led program that allows 2+LGBTQ, two-spirited, lesbian, gay, bisexual, transgender, queer, and questioning youth a safe place to meet and form new friendships with like-minded youth. This program runs every Wednesday from 3:30-5:30 at the Valleyview Public Library. Currently, GSA has five regular attendees and two new participants.

The Youth Coordinator attended the Walking with Families meeting on March 11 and provided the attendees with the programs currently being delivered in the schools. Valleyview Daycare approached the Youth Coordinator asking if they could facilitate Hands Are Not for Hitting and the Empathy program in the daycare setting.

## OUTCOMES:

PROGRAM NAME: MindUP	
40 Students Surveyed 17 – Valleyview 15 – Sturgeon Lake Cree Nation 6 – MD Of Greenview 2 – unanswered	
Since taking Mind Up I am better at making good decisions.	95% of students feel they are better at making good decisions after taking Mind Up.
Since taking Mind Up I am better at being mindful.	90% of students are better at being mindful after attending Mind Up.
PARTICIPANT QUOTES: The most important thing I learned in Mind Up was... “Different parts of the brain and being mindful.” “To be mindful of your surroundings.” “How to control my temper when I get mad and how to make good decisions.”	

PROGRAM NAME: Body Talk	
25 Students Surveyed 10 - Valleyview 8 - Sturgeon Lake Cree Nation 7 - MD of Greenview	
After attending the Body Talk program, I know more about how bodies change during puberty.	100% of youth surveyed know more now about how their bodies change during puberty after taking Body Talk
After taking the Body Talk program, I agree that learning about human sexuality and reproduction is a normal part of growing up.	100% of students surveyed agree that learning about human sexuality and reproduction is a normal part of growing up.
PARTICIPANT QUOTES: What was the most important or biggest thing you learned in Body Talk? “That it (puberty) is a part of growing up.” “People can be scared of puberty.” “I learned lots but I did learn that all of this stuff I will get is ok.”	

PROGRAM NAME: Home Alone	
13 Students Surveyed	<i>Enter your survey results here</i>
After taking Home Alone I feel more confident staying home alone.	85% of students feel more comfortable staying home alone after participating in the Home Alone course.
After taking Home Alone, I know how to respond in an emergency.	100% of students know how to respond to an emergency after taking Home Alone.
After taking Home Alone, I understand the importance of online safety and rules.	100% of students understand the importance of online safety and rules after taking Home Alone.

#### Teacher Feedback:

Mind Up – “Students seemed excited to have the program and enthusiastic to participate in activities. The program was accommodating and well managed.”

Body Talk – “Students were engaged and very comfortable with the instructor. She really makes them feel like they can participate no matter what.”

Home Alone - “I find the kids learned a lot and were kept engaged and interested, the information was taught in a fun interactive way. It was well taught, and the instructor was clear.”

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#### UPCOMING:

- Rainbows Grief and Loss group at Harry Gray Elementary School commencing on April 16.
  - Relationship and Sexual Education program commencing April 29 at Hillside Jr/Sr High School for grades 7, 8, and 9 students.
  - Body Talk grades 4, 5, and 6 and SKILLS for grade 8 students beginning in April at Penson School in Grovedale.
  - I Can Handle Anger at Ridgevalley School beginning April 11.
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Red Willow Lodge  
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 (780) 524 5554, (780) 524 5556(Fax)  
 rwlactivity@gmail.com  
 March 21, 2024

Lisa Hannaford  
 Director  
 F.C.S.S.  
 Box 1079, 4707 50th street  
 Valleyview, Alberta T0H 3N0  
 780 524 4130 (fax)

*Volunteers  
 11:30 - 4:00*

**Re: Seniors Week 2023, June 3-9, 2024**

Dear Lisa,

As you are aware every June the first week is marked by the province of Alberta as "Seniors Week". During this week we and groups here and in surrounding communities hold events to recognize the seniors and their contributions over the years. Seniors are a vital part of the community. They contributed by working to build the community/country we have today, but seniors continue to contribute to the community by way of mentoring youth and volunteering in many different capacities. The Red Willow Lodge is planning to attend many of the events with our seniors but also to host a BBQ with entertainment to wrap up the week's activities.

This Year we are planning to hold the BBQ once again at the Greenview Multiplex on Sunday June 9<sup>th</sup> to help wrap up the weeklong celebration. We enjoy working with the Greenview Multiplex and its staff. This wonderful and spacious venue allows us to continue to grow this event. We will serve hamburgers, hot dogs, baked beans, and salads followed by a sweet treat of ice cream and watermelon. We are hoping to have some live entertainment again this year to encourage some dancing. Seniors from the local community as well as surrounding communities will be encouraged to participate. Posters will be distributed and use of social media to get the word out to the following communities: Valleyview, Sunset House, Little Smoky, New Fish Creek, Ridgevalley and Debolt. In past years F.C.S.S. has shown their support of this event with a donation as well as a few volunteers to help serve Ice Cream and watermelon to the guests at the BBQ and we are once again hoping for your support. Red Willow Lodge would like to request a donation of \$700.00 along with the assistance of three to four volunteers. I realize that your staff typically do not work on the weekend but any support you can arrange is appreciated. The rest of the week will be full of events the seniors from our community and surrounding communities will be welcome to attend such as picnics, bingos, games & teas.

Thank you,



Heidi Rondeau  
 Activity Coordinator  
 Red Willow Lodge