

GREENVIEW REGIONAL MULTIPLEX

SWIMMING
Lessons



Tuesdays and Thursdays April 2 - April 18

Parent & Tot (4 mon - 3 yrs) and Preschool (3 - 6 yrs) \$55.00

4:00 - 4:45 pm	Preschool 2	Parent & Tot 1/2
5:00 - 5:45 pm	Preschool 1	Parent & Tot 3
6:00 - 6:45 pm	Preschool 3	

Parent & Tot 1 - Age 4 mon - 1 year
Parent & Tot 2 - Age 1 - 2 years
Parent & Tot 3 - Age 2 - 3 years

Preschool 1 - Swimmers learn to be comfortable in the water
Preschool 2 - Swimmers learn to swim on their own with an aid
Preschool 3 - Swimmers learn unassisted skills and swim 5m

Preschool 4 - Coming May 2024
Preschool 5 - Coming May 2024

Swimmer (5 - 14 yrs) \$65.00

4:00 - 5:00 pm	Swimmer 1	Swimmer 4
5:00 - 6:00 pm	Swimmer 2	Swimmer 3
6:00 - 7:00 pm	Swimmer 1	

Swimmer 1 - Swimmers learn floats for 3 sec. and glides for 5m
Swimmer 2 - Swimmers learn to improve their skills and swim 10m
Swimmer 3 - Swimmers learn more in-depth skills and swim up to 15m

Swimmer 4 - Swimmers continually develop their skills and breaststroke is introduced. Swimmers will swim up to 25m.
Swimmer 5 - Coming May 2024
Swimmer 6 - Coming May 2024

REGISTRATION OPENS
MARCH 18, 2024
@ 9:00AM

WAYS TO REGISTER:

-  **In Person:** 4803 56 Avenue, Valleyview
-  **By Phone:** 780-524-4097
-  **Online:** <https://app.univerusrec.com/grmpub/calendars/courses/index.asp>

