SWIMMING LESSONS NOVEMBER & DECEMBER 2023

SWIM FOR LIFE®

	Parent & Tot	Preschool	Swimmer
Water Smart education is incorporated into all swim levels to support swimmers in learning how to keep themselves safe in, on and around the water.	The Parent & Tot Program Structure interactions between parent/caregiver and child to stress the importance of play in developing water-positive attitudes and skills. Levels in Parent & Tot are age based.	Preschool is a 5-level program that gives children an early start on learning to swim. Children will have fun while gaining foundational water skills and become comfortable in the water.	Swimmer is a 6-level, success-oriented learn to swim program. There is a prominent focus on inwater swimming practice as swimmers learn fundaments strokes and skills, mastering them as the progress through the program.
Ages	4 months – 3 years	3 years – 6 years	5 years – 12 years
Members	\$45.00	\$45.00	\$55.00
Non-Members	\$55.00	\$55.00	\$65.00
Total Hours of Instructional Time	4 hours (6 classes @ 45 minutes)	4 hours (6 classes @ 45 minutes)	6 hours (6 classes @ 60 minutes)

November 7 to November 23 Tuesdays and Thursdays				
Swimmer				
4:00-5:00pm	S 1	S 3		
5:00-6:00pm	S 2			
6:00-7:00pm	S 4/5	S 6		
Preschool				
4:00-4:45pm	P 1			
5:00-5:45pm	P 2	Р3		
Parent & Tot				
9:00-9:45am	ALL			

December 4 to December 20 Mondays and Wednesdays				
Swimmer				
5:00-6:00pm	S 4/5	S 6		
6:00-7:00pm	S 1			
7:00-8:00pm	S 3	S 2		
Preschool				
6:00-6:45pm	P 1			
7:00-7:45pm	P 2			
Parent & Tot				
6:00-6:45pm	PT 2/3			

December 5 to December 21				
Tuesdays and Thursdays				
Swimmer				
4:00-5:00pm	S 2			
5:00-6:00pm	S 1			
6:00-7:00pm	S 3	S 6		
Preschool				
4:00-4:45pm	P 1	P 4		
5:00-5:45pm	P 5			
Parent & Tot				
5:00-5:45pm	PT 1/2			

Pre-registration is required. To register, please call our friendly Customer Service Representatives at 780.524.4097.
Registration Opens November 1, 2023 at 9:00 am.

