

## Grande Cache Recreation Centre

# FALL 2023 AQUATIC SCHEDULE



## FALL 2023 AQUATIC CENTRE SCHEDULE EFFECTIVE SEPTEMBER 5, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Senior & Lane Swim 9:00 am - 10:30 am	Senior & Lane Swim 9:00 am - 10:30 am	Senior & Lane Swim 9:00 am - 10:30 am	Senior & Lane Swim 9:00 am - 10:30 am	Senior & Lane Swim 9:00 am - 10:30 am	
	Lane Swim 11:00 am - 1:00 pm	Lane Swim 11:00 am - 1:00 pm	Lane Swim 11:00 am - 1:00 pm	Lane Swim 11:00 am - 1:00 pm	Lane Swim 11:00 am - 1:00 pm	
	Waveless Swim 11:00 am - 1:00 pm 3:30 pm - 8:00 pm	Waveless Swim 11:00 am - 1:00 pm	Waveless Swim 11:00 am - 1:00 pm 3:30 pm - 8:00 pm	Waveless Swim 11:00 am - 1:00 pm	Waveless Swim 11:00 am - 1:00 pm	
Public Swim 1:00 pm - 6:00 pm		Public Swim 6:00 pm - 8:00 pm		Public Swim 6:00 pm - 8:00 pm	Public Swim 3:30 pm - 8:00 pm	Public Swim 1:00 pm - 7:00 pm
	Lane Swim 6:00 pm - 8:00 pm		Lane Swim 6:00 pm - 8:00 pm			
One Lane 1:00 pm - 6:00 pm	One Lane 3:30 pm - 8:00 pm	One Lane 3:30 pm - 8:00 pm	One Lane 3:30 pm - 8:00 pm	One Lane 3:30 pm - 8:00 pm	One Lane 3:30 pm - 8:00 pm	One Lane 1:00 pm - 7:00 pm
Hot Spots 1:00 pm - 6:00 pm	Hot Spots 9:00 am - 10:30 am 11:00 am - 1:00 pm 3:30 pm - 8:00 pm	Hot Spots 9:00 am - 10:30 am 11:00 am - 1:00 pm 3:30 pm - 8:00 pm	Hot Spots 9:00 am - 10:30 am 11:00 am - 1:00 pm 3:30 pm - 8:00 pm	Hot Spots 9:00 am - 10:30 am 11:00 am - 1:00 pm 3:30 pm - 8:00 pm	Hot Spots 9:00 am - 10:30 am 11:00 am - 1:00 pm 3:30 pm - 8:00 pm	Hot Spots 1:00 pm - 7:00 pm
Dive Boards 1:00 pm - 6:00 pm				Dive Boards 6:00 pm - 8:00 pm	Dive Boards 3:30 pm - 8:00 pm	Dive Boards 1:00 pm - 7:00 pm

### DEFINITIONS:

**PUBLIC SWIM:** Includes 25m pool, Leisure Pool, Waterslide, Spray and Wave Features and one lane.

**DIVING BOARDS:** 1m & 3m Diving Boards. Children under 10 are not permitted to use the 3m Diving Board. **LANE SWIM:** 25m pool available for lane swimming.

**WAVELESS:** Leisure pool, water slide and hot spots available for public swimming with no features or waves running. A good time for families to swim or young children to swim, all ages are welcomed; see age rule.

**SENIOR LANE SWIM:** Lane swim in 25 m pool for ages 60+ **SENIOR SWIM:** Use of Leisure Pool for ages 60+

### AGE RULES:

- Children age 7 and under must be accompanied in the water and remain "within arms reach" of a responsible person age 16 or older.
- Children under 10 must have a responsible person age 16 or older supervising within the aquatic centre. i.e. 8 & 9 year olds require adult supervision within the Aquatic Centre; competent swimmers age 10 years and up can attend by themselves.

### REMINDERS:

- Wristbands must be worn by all users.
- Cleansing showers must be taken before entering a swimming pool.
- Please follow posted facility rules for your safety.
- Times are subject to change without notice



# GRANDE CACHE RECREATION CENTRE ADMISSION PASSES

ADMISSION	DAY PASS	10 X PASS	ONE MONTH PASS	THREE MONTH PASS	SIX MONTH PASS	ANNUAL PASS
Family	\$20.00	\$180.00	\$110.00	\$316.00	\$605.00	\$1,100.00
Adult (18+)	\$9.00	\$81.00	\$50.00	\$145.00	\$275.00	\$500.00
Youth (13-17)	\$6.50	\$58.50	\$35.00	\$100.00	\$195.00	\$350.00
Child (3-12)	\$5.00	\$45.00	\$25.00	\$72.00	\$140.00	\$250.00
Senior (60-69)	\$6.50	\$58.50	\$35.00	\$100.00	\$195.00	\$350.00
Super Senior (70+)	FREE	FREE	FREE	FREE	FREE	FREE
Children under 3	FREE	FREE	FREE	FREE	FREE	FREE

- Prices do not include GST
- Passes provide access to public skating, shinny, fitness centre, fitness programs, lane swim & public swim
- Family is defined as the applicable number of adults and their dependent children (17 & under) residing in the same household




## OTHER AQUATIC CENTRE RATES:

Private Rental	\$140.00	Grande Bash (private rental)	\$ 180.00
Lap Pool/Swim Club	\$ 88.50	Sponsorship/hr	\$185.00/hr
Wave Crashers (public swim)	\$110.00	Extra Lifeguard	\$ 35.00/hr

## POOL PARTY?

Visit the Grande Cache Recreation Centre Birthday Party Brochure:

<https://mdgreenview.ab.ca/wp-content/uploads/2023/01/GCRC-KidsParty-Brochure-Jan302023.pdf>

 780-827-2446  
 Grande Cache Recreation Centre  
 [www.mdgreenview.ab.ca](http://www.mdgreenview.ab.ca)

