

# REGULAR BOARD MEETING AGENDA

Wednes	day September 20, 20		Meeting Room Green View FCSS Building				
#1	CALL TO ORDER						
#2	ADOPTION OF AGENDA						
#3	MINUTES	3.1 Regular Green View Family and Community Meeting minutes held June 21, 2023 to be a					
		3.2 Business Arising from the Minutes					
#4	DELEGATION	4.0					
#5	OLD BUSINESS	5.0					
#6	NEW BUSINESS	6.1 2024 Proposed Family and Community Supp Operating Budget	port Services 4				
		6.2 FCSS Manager Report	13				
#7	MEMBER REPORTS	7.1 Chair/Member Reports					
#8	CORRESPONDENCE	8.1 ARISE Introductory Letter	85				
#9	CLOSED SESSION	9.0					
#10	ADJOURNMENT	10.0					

Roxanne Perron

Trina Parker-Carroll

Tammy Day

Kristine Gavin

Sally Rosson

Lisa Hannaford

Corinne D'Onofrio

**Christine Schlief** 

Vern Lymburner

#### Minutes of a

# **REGULAR BOARD MEETING**

#### **GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES**

Green View Family and Community Support Services Building Valleyview, Alberta, on Wednesday, June 21, 2023

# 1:

CALL TO ORDER

Chair Perron called the meeting to order at 9:30 am.

PRESENT

Chair, Member at Large, Greenview

Board Member, Member at Large, Greenview Board Member, Member at Large, Greenview Board Member, Member at Large, Town of Valleyview Board Member, Town of Valleyview Mayor (Zoom)

Board Member, Greenview Councillor

**FCSS Manager** 

ATTENDING **Recording Secretary** 

ABSENT Board Member, Greenview Councillor

#2:

**AGENDA** 2.0 GREEN VIEW FCSS AGENDA

> **MOTION: 23.06.19** Moved by: **BOARD MEMBER, TAMMY DAY**

That the June 21, 2023 agenda be adopted as presented.

**CARRIED** 

#3.1 REGULAR MEETING **MINUTES** 

3.1 GREEN VIEW FCSS REGULAR BOARD MEETING MINUTES

MOTION: 23.06.20 Moved by: BOARD MEMBER, SALLY ROSSON

That the Minutes of the Regular Green View FCSS Board Meeting held on Wednesday, April

19, 2023 be adopted as presented.

**CARRIED** 

#3.2 BUSINESS ARISING FROM MINUTES

#### 3.2 BUSINESS ARISING FROM THE MINUTES

#4 DELEGATION

Delegate Rhonda McKinnon of Northern Gateway School Division entered the meeting at

Delegate Rhonda McKinnon of Northern Gateway School Division exited the meeting at

10:12 am.

Minutes of a Regular Green View FCSS Board Meeting M.D. of Greenview No. 16 Page 2

#### **4.1 NORTHERN GATEWAY SCHOOL DIVISION**

MOTION: 23.06.21 Moved by: BOARD MEMBER, TRINA PARKER-CARROLL

That Green View Family and Community Support Services Board accept the presentation from Rhonda McKinnon, the Program Manager of the Mental Health Capacity Building initiative at Northern Gateway School Public School Division, for information.

**CARRIED** 

#5 OLD BUSINESS 5.0

**5.0 OLD BUSINESS** 

#6 NEW BUSINESS

#### **6.1 FCSS MANAGER REPORT**

MOTION: 23.06.22 Moved by: BOARD MEMBER, KRISTINE GAVIN

That the Green View FCSS Board accept the June 2023 Manager's report as presented for information.

CARRIED

Chair Perron called the meeting to recess at 11:12 am. Chair Perron reconvened the meeting at 11:27 am.

#7 MEMBER REPORTS

#### 7.1 CHAIR/MEMBER REPORTS

#### **BOARD MEMBER PARKER- CARROLL**

• Was appreciative of all who assisted with the evacuation during the fires

#### **BOARD MEMBER GAVIN**

 Spoke of assisting by providing information to neighbors and other community members during the fires

#### **BOARD MEMBER DAY**

Thanked everyone that provided supports during the fires

#### **BOARD MEMBER LYMBURNER**

No report at this time

#### **BOARD MEMBER ROSSON**

 Thanked Green View FCSS team for being prepared and assisting with the evacuation Minutes of a Regular Green View FCSS Board Meeting

M.D. of Greenview No. 16

June 21, 2023

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#### **CHAIR PERRON**

- Spoke with a member/organizer of Men's Shed about amenities in the building and shared ideas
- Spoke about the Spring Regional meeting date, and looking forward to the meeting in the Fall
- Recognized the importance of Mental Health "check in's" with friends and family during the fires

#8 CORRESPONDENCE	8.0 CORRESPONDENCE	
#9 CLOSED SESSION	9.0 CLOSED SESSION	
#10 ADJOURNMENT	10.0 ADJOURNMENT MOTION: 23.06.23 Moved by: BOARD MEM	BER, TRINA PARKER-CARROLL
	That this meeting adjourns at 12:25 pm.	CARRIED
F.C.S.S. MANA	GER .	F.C.S.S. CHAIR



SUBJECT: 2024 Proposed Family and Community Support Services Operating Budget

**SUBMISSION TO:** REVIEWED AND APPROVED FOR SUBMISSION **GREEN VIEW FAMILY AND** 

COMMUNITY SUPPORT SERVICES

**BOARD** 

MEETING DATE: September 20, 2023 GM: MANAGER: LDH **DEPARTMENT: GREEN VIEW FAMILY AND** PRESENTER: LDH

COMMUNITY SUPPORT SERVICES

#### **RELEVANT LEGISLATION:**

**Green View FCSS Policy**- N/A

#### RECOMMENDED ACTION:

MOTION: That Green View Family and Community Support Services Board approve the proposed 2024 operating budget.

#### BACKGROUND/PROPOSAL:

The proposed 2024 expense budget has a total increase of approximately \$159,000. The main increase is found in salaries, particularly the Home Support Program. While Valleyview and area currently has 4.0 full time equivalents providing service, the number of clients continues to increase and so has the salaries as indicated in the compensation review conducted in the fall of 2023. The 2024 forecast includes potential merit increases for all staff, as well as an additional 1950 hours or 1 FTE to accommodate clients in the Home Support Program. There will be no additional staff, just an increase in hours to support any additional clients and avoid a waiting list.

Revenue forecasts for 2024 have increased by approximately \$3000.00. Reasons for the increase is due to the increase in provincial funding, and the expected discontinuation of the Meadows to Mountains Homelessness grant, which ends in March of 2024. Another contributing factor is the loss of "other revenue" from office rental space, as the agencies renting the offices in the Community resource Center have found permanent homes.

An attached summary sheet has been provided outlining further details to the proposed revenue and expense changes for the upcoming year. Once the Green View FCSS Board approves the proposed 2024 budget in principal, it is then submitted to Council for final approval.

#### BENEFITS OF THE RECOMMENDED ACTION:

1. The benefit of approving the proposed 2024 Family and Community Support Services operating budget will ensure the level of service approved by the Green View Family and Community Support Services Board and Council will be fulfilled.

#### DISADVANTAGES OF THE RECOMMENDED ACTION:

1. There are no perceived disadvantages to approving the proposed 2024 operating budget.

#### **ALTERNATIVES CONSIDERED:**

**Alternative #1** The Green View Family and Community Support Services Board has the option to approve or alter the proposed 2024 budget.

FINANCIAL IMPLICATION:

**Direct Costs:** N/A

Ongoing / Future Costs: N/A

STAFFING IMPLICATION:

N/A

PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

## **INCREASING LEVEL OF PUBLIC IMPACT**

Inform

#### **PUBLIC PARTICIPATION GOAL**

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

#### **PROMISE TO THE PUBLIC**

Inform - We will keep you informed.

#### **FOLLOW UP ACTIONS:**

Once Green View Family and Community Support Services Board makes a decision regarding the 2024 operating budget, final figures will be reviewed with the senior leadership team and Council.

#### ATTACHMENT(S):

- 2024 Proposed Summary sheet
- Proposed 2024 operating expense and revenue budget

#### **Family and Community Support Services**

2024 Proposed Budget Summary Report

2023 Approved Expense: \$2,140,372.00 2024 Proposed Expense: \$2,302,444.00 Overall increase in Expense \$ 162,072.00

#### Expense Changes Include:

- 1) Increase in hours for the home support program
- 2) Decrease in grant applications received

2023 Approved Revenue: \$702,900.00 2024 Proposed Revenue: \$706,004.00 Overall increase in Revenue \$3104.00

#### Revenue Changes Include:

1) Increase provincial contribution, decrease in revenue from rental of office space

M.D. of Greenview Contribution

2023 2024

Expense: \$2,140,372.00 Expense: \$2,302,444.00 Revenue: \$702,900.00 Revenue: \$706,004.00 \$1,437,472.00 \$1,596,440.00

Increase costs from 2023 to 2024 total \$158,968.00

360 -Administration									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast	Description
									This is a separate line item entered to reflect the 2% Increase for COLA as per Motion:
6001-Salaries	000 -Administration	1,254,908	1,371,415	831,559	1,365,762	1,546,106	1,570,188	1,589,916	21.12.659
									This is a separate line item entered to reflect the 2% Increase for COLA as per Motion:
6004-Employer Contributions	000 -Administration	314,103	308,685	201,582	318,450	342,978	349,961	355,682	21.12.659
6011-Accommodation & Subsistence	001 -Valleyview (01)	3,147	3,000	1,528	3,000	3,000	3,000	3,000	Assistant Manager - Accommodations & Subsistence
									Monthly trips to Grande Cache Spring regional; annual conference, DNC, Dom Vio. conference 🛽
6011-Accommodation & Subsistence	003 - Grande Cache	3,330	3,000	127	3,000	3,000	3,000	3,000	ESS trainings, leadership courses
6012-Travel	001 -Valleyview (01)	3,202	2,000	2,985	5,000	5,000	-	-	Manager personal vehicle - only one FCSS vehicle which is often in use.
6012-Travel	003 - Grande Cache	4,033	2,000	927	5,000	5,000	,	,	Assistant Manager - Travel & Transportation Expenses
6015-Memberships Seminars Conferences	001 -Valleyview (01)	2,276	3,000	365	3,000	3,000	-	-	Assistant Manager - Memberships Seminars Conferences
6015-Memberships Seminars Conferences	003 - Grande Cache	1,452	3,000	675	3,000	3,000			Manager Registration for conferences/professional development
6036-Mobile Communication Services	001 -Valleyview (01)	1,272	1,200		1,200	1,700			admin cell phone in VV, Lisa, Amanda, Michelle & Correen
6036-Mobile Communication Services	003 - Grande Cache	740	•		1,000	1,000		-	admin cell phones for GC, Amber Alex & Ray
6041-Auditing & Accounting Services	001 -Valleyview (01)	1,000	1,000	-	1,000	4,500			Auditing fees
6158-FCSS - Homelessness Prevention Prog	001 -Valleyview (01)	16,026	22,500	3,402	22,500	6,000	-	-	Grant, offset by Revenue
		1,605,489	1,721,800	1,044,905	1,731,912		1,949,449	1,974,998	
361 FCSS Board									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast	
									Board on a 7 worshood 40 worstings are some Coning Board on ECCCAA Configuration
coop Hamanatana	000 Adveisistantis	20 207	24.000	F 422	24.660	24.660	24.660	24.660	Based on a 7 member board, 10 meetings per year; Spring Regional; FCSSAA Conference
6003-Honorariums	000 -Administration	29,207	24,000	5,433	24,660	24,660	24,660	24,660	· · · · · · · · · · · · · · · · · · ·
	200 41	2.540	2 500	222	2 500	2.500	2 500	2 500	Based on HR information.
6004-Employer Contributions	000 -Administration	2,548	2,500	322	2,500	2,500	2,500	2,500	Increased to ensure the budget meets the needs in this area.
COAA Assaura dation Collectators	000 Adveisistantis	F 474	F 000	227	5 000	F 000	F 000	F 000	Includes regional meetings, annual conference and board meetings where full
6011-Accommodation & Subsistence	000 -Administration	5,174	5,000	227	5,000	5,000	5,000	5,000	complement of board members and 10 board meetings per year.
CO12 Travel	000 Administration	6 430	7.000	1 0 4 2	7 000	7 000	7 000	7 000	Regional meetings, annual conference and board meetings where a full complement of board members were present and 10 meetings per year.
6012-Travel	000 -Administration	6,428	7,000	1,842	7,000	7,000			Annual and regional conferences; \$500.00 per person
6015-Memberships Seminars Conferences	000 -Administration	3,826	4,500	420	4,500	4,500			Annual and regional conferences; 5500.00 per person
		47,183	43,000	8,243	43,660	43,660	43,660	43,660	

362 FCSS PROGRAMS									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast	
6011-Accommodation & Subsistence	000 -Administration	1,354	1,000	705	1,000	1,000	1,000	1,000	Youth Coordinator; conference and trainings
6011-Accommodation & Subsistence	003 - Grande Cache	1,687	1,000	-	1,000	1,000	1,000	1,000	Accommodations & Subsistence
6012-Travel	000 -Administration	1,800	1,000	1,705	1,000	1,000	1,000	1,700	Travel & Transportation
6012-Travel	003 - Grande Cache	246	1,000	-	1,000	1,000	1,000	1,000	Youth coordinator; conference and trainings.
6013-Training & Education	000 -Administration	686	1,000	983	1,000	1,000	1,000	1,000	Youth Coordinator - Valleyview
6013-Training & Education	003 - Grande Cache	457	1,000	675	1,000	1,000	1,000	1,000	Youth Coordinator - Grande Cache
									Breakfast with the Guys, Poverty Simulation, Balanced Yoga, Comm Support Worker.
6040-Professional Services	000 -Administration	10,188	14,500	6,440	10,000	10,000	10,000	10,000	School presentations guest speakers - \$1,000 per school.
6040-Professional Services	003 - Grande Cache	7,735	10,000	1,150	8,000	8,000	8,000	8,000	Grande Cache Counseling contract
									General & Operating Supplies for all misc. programs including Youth, Volunteer
6109-General & Operating Supplies	000 -Administration	7,623	13,000	3,880	17,500	13,000	13,000	13,000	Appreciation, Older Adult information, Just in case workshops
									General and Operating Supplies for all misc. programs (includes cleaning supplies for
6109-General & Operating Supplies	003 - Grande Cache	3,794	24,000	6,456	11,500	11,000	11,000	11,000	H/S). Kids Conference, Volunteer Appreciation
									Community hall building rental for programs - Caregiver workshops and volunteer
									appreciation dinners⊡
6143-Building Rental	000 -Administration	550	1,500	350	1,000	1,000	1,000	1,000	Use of memorial hall and other community halls
6201-Community Activity Fee Funding	003 - Grande Cache	18,814	-	2,489	15,000	7,000	7,000	7,000	Subsidized costs for Recreation Centre
		54,933	69,000	24,834	69,000	56,000	56,000	56,700	

363-COMMUNITY RESOURCES CENTRE									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast	
6011-Accommodation & Subsistence	001 -Valleyview (01)	136	1,000	-	800	800	800	800	Accommodations & Subsistence
6011-Accommodation & Subsistence	003 - Grande Cache	-	1,000	63	1,000	800	800	800	Accommodations & Subsistence
6012-Travel	001 -Valleyview (01)	-	300	-	300	300	300	300	CRC Travel & Transportation Expenses
6012-Travel	003 - Grande Cache	-	300	-	300	300	300	300	CRC use of personal vehicle
6013-Training & Education	001 -Valleyview (01)	930	1,000	-	700	700	700	700	Tuition & Other Training Costs
6013-Training & Education	003 - Grande Cache	-	1,000	90	700	700	700	700	PACE training, other training and conferences.
6033-Telecommunication Services	001 -Valleyview (01)	1,917	5,000	628	5,000	5,000	5,000	5,000	Office phones - Grande Cache
6033-Telecommunication Services	003 - Grande Cache	-	7,200	-	2,000	2,000	2,000	2,000	Land line office phones - Valleyview
6076-Repair/Maintenance of Motor Vehicles	001 -Valleyview (01)	3,230	1,500	1,093	1,500	1,500	1,500	1,500	Unit A217 -GC and Unit A245 -VV
6105-Fuels & Oils	001 -Valleyview (01)	2,475	2,500	892	2,500	2,500	2,500	2,500	2 FCSS Vehicles
									Advertising, Resource update (books, videos) plus all office costs for all P&D Staff.    Output  Description:
									More P&D staff utilizing office supplies and photocopier monthly usage fees and all
6109-General & Operating Supplies	001 -Valleyview (01)	10,778			,	11,000			program advertising.
6109-General & Operating Supplies	003 - Grande Cache	6,272	-	-		7,000			General & Operating Supplies
6121-Power Supply Service	001 -Valleyview (01)	6,210	10,000	4,741	6,500	7,000	7,000	7,000	Power Supply Service
6122-Natural Gas Service	001 -Valleyview (01)	1,423	1,200	687	1,200	1,400	1,400	1,400	Natural Gas Services
6129-Local Utilities - Water/Sewer/Garbage	001 -Valleyview (01)	950	1,200	561	1,200	1,000	1,000	1,000	Other Utilities
									Building Rental- Grande Cache Prov. Bldg. Lease Agreement varies dependent on Utility
6143-Building Rental	003 - Grande Cache	10,302	12,500	4,183	12,500	11,000	11,000	11,000	costs.
		44,622	67,700	19,192	54,200	53,000	53,000	53,000	

364- HOME SUPPORT									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast	
									Accommodation & Subsistence - Grey Matters conference/Elder Abuse/PACE (Includes
6011-Accommodation & Subsistence	001 -Valleyview (01)	199	2,000	147	2,000	2,000	,	· · · · · · · · · · · · · · · · · · ·	H/S workers and Coordinator)
6011-Accommodation & Subsistence	003 - Grande Cache	-	1,500	84	1,500	1,500		1,500	Accommodations & Subsistence
6012-Travel	001 -Valleyview (01)	97,300	75,000	68,208	100,000	100,000	100,000	100,000	Mileage costs for Grande Cache Home Support plus extra insurance for 5 staff
									Mileage averages 90,000 km yearly x .75 cents = $67,500.00$ .
									Extra insurance coverage averages 230.00 per worker x 9 = \$2,500.00
6012-Travel	003 - Grande Cache	5,125		,	,	6,000	,		•
6013-Training & Education	001 -Valleyview (01)	1,840				2,000			Training and education for (9) H/S workers and Coordinator
6013-Training & Education	003 - Grande Cache	375	1,500	925	1,500	1,500	1,500	1,500	
									Cell phones for H/S workers (9) at 30 per month x 12 months
6036-Mobile Communication Services	001 -Valleyview (01)	3,622	4,000	2,805	4,000	4,300	4,300	4,300	All H/S workers cell phones
6036-Mobile Communication Services	003 - Grande Cache	642	1,500	515	1,000	1,000	1,000	1,000	home support cell phones (4)
6104-PPE & First Aid Supplies	001 -Valleyview (01)	324	1,500	-	1,500	800	800	800	Personal Protection Equipment
6104-PPE & First Aid Supplies	003 - Grande Cache	-	1,500	-	1,500	800	800	800	PPE & First Aid Supplies
		109,426	98,500	77,060	121,000	119,900	119,900	119,900	
365-LIASON WORKER PROGRAM									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget		2023 Budget	Forecast	Forecast	Forecast	
6202-Grants to Organizations	000 -Administration	45,000.0	,		45,000.0	45,000	_		Liaison Worker Program - Peace Wapiti School Division
		45,000.0	45,000.0	-	45,000.0	45,000	45,000	45,000	
366-GRANTS TO INDIVIDUAL ORGANIZATION									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast	
									Grants to Organizations - New/increased grant applications
									Grants to Organizations - ie. PACE, Suicide Prevention Center, Seniors Outreach, Seniors
6202-Grants to Organizations	000 -Administration	47,450	90,000	64,000	72,000	57,000	<u> </u>		BBq's, additional grant requests
		47,450	90,000	64,000	72,000	57,000	57,000	57,000	

368-OUTREACH COORDINATOR PROGRAM									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast		Forecast	
6011-Accommodation & Subsistence	003 - Grande Cache	1,183	1,000	-	800	800	800	800	Accommodations & Subsistence
6012-Travel	003 - Grande Cache	-	1,000	-	500	500	500	500	Travel & Transportation Expenses
6013-Training & Education	003 - Grande Cache	-	1,000	925	500	500	500	500	Tuition & Other Training Costs
		1,183	3,000	925	1,800	1,800	1,800	1,800	
369-SUPPORT COORDINATOR PROGRAM									
						2024	2025	2026	
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast	
6011-Accommodation & Subsistence	000 -Administration	40	1,000	-	800	800	800	800	Accommodation and subsistence (trainings and conferences).
6012-Travel	000 -Administration	-	500	-	500	500	500	500	Mileage use of personal vehicle.
6013-Training & Education	000 -Administration	735	1,000	-	500	500	500	500	Training and education-Diverse Voices; PACE
		775	2,500	-	1,800	1,800	1,800	1,800	
TOTAL EXPENSES -FCSS		1,956,061	2,140,500	1,239,159	2,140,372	2,302,444	2,327,609	2,353,858	

FCSS Revenue

#### 537 - FCSS REVENUE

						2024	2025	2026
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast
5200-Sales of Goods & Services	000 -Administration	40,387	28,000	24,341	34,000	34,000	34,000	34,000
5200-Sales of Goods & Services	003 - Grande Cache	5,853	2,000	2,775	4,000	4,000	4,000	4,000
5299-Other Services	000 -Administration	45,000	45,000	33,750	45,000	54,000	54,000	54,000
5304-Lease Revenue	000 -Administration	7,000	-	6,000	17,000	10,182	10,182	10,182
5809-Other Revenue	003 - Grande Cache	12,347	22,500	16,930	22,500	6,000	6,000	6,000
		110,587	97,500	83,796	122,500	108,182	108,182	108,182

## Description

VV Sales of Good & ServicesHome support fees / Registration Fees and Grants \$28,000 VV GC Sales of Goods & Services-babysitting; kids conference; home alone; mow Other Services - Alberta Works Contract Provincial Rent Subsidy
Other Revenue - Homelessness Prevention Grant

#### 552-CONDITIONAL GRANTS-FCSS

						2024	2025	2026
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast
5706-Grant from Provincial Government	000 -Administration	395,180	387,161	299,577	387,161	404,583	404,583	404,583
		395,180	387,161	299,577	387,161	404,583	404,583	404,583

Conditional Grants - FCSS

#### **554-SHARED FUNDING REVENUE**

						2024	2025	2026
Object *	Custom_Location	2022 Actual	2022 Budget	2023 Actual	2023 Budget	Forecast	Forecast	Forecast
5709-Shared Funding	001 -Valleyview (01)	193,240	193,239	-	193,239	193,239	193,239	193,239
		193,240	193,239		193,239	193,239	193,239	193,239
TOTAL REVENUE -FCSS		699,007	677,900	383,373	702,900	706,004	706,004	706,004

Town of Valleyview Shared FCSS Funding



SUBJECT:

**Managers' Report** 

SORWISSION 10:	COMMUNITY SUPPORT SERVICES BOARD	REVIEWED AI	ND APPROVED FOR SUBMISSION	
MEETING DATE:	September 20, 2023	GM:	MANAGER: LDH	
DEPARTMENT:	GREEN VIEW FAMILY AND		PRESENTER: LDH	
	COMMUNITY SUPPORT SERVICES			
RELEVANT LEGISLA	ΓΙΟΝ:			_
Green View FCSS Po	olicy– N/A			
RECOMMENDED AC	CTION:			-
MOTION: That Gre	en View Family and Community Sup	port Services Bo	oard accept the September 2023	3
Managers report as	s presented for information.			
BACKGROUND/PRO	POSAL:			-
Monthly Managers	reports are provided to the Board for i	nformation.		
BENEFITS OF THE R	ECOMMENDED ACTION:			_
The benefit of acce	pting the report is to update the Board	on services prov	vide by the Manager.	
DISADVANTAGES O	F THE RECOMMENDED ACTION:			
There are no percei	ved disadvantages to accepting the rep	ort.		

**ALTERNATIVES CONSIDERED:** 

N/A

FINANCIAL IMPLICATION: N/A

STAFFING IMPLICATION: N/A

PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

Inform	
PUBLIC PARTICIPATION GOAL	
Inform	
PROMISE TO THE PUBLIC	
Inform	
FOLLOW UP ACTIONS:	
N/A	
ATTACHMENT(S):	
September Managers report	

**INCREASING LEVEL OF PUBLIC IMPACT** 



# MONTHLY REPORT

MONTH: September YEAR: 2023

SUBMITTED TO: Green View Family and Community Support Services Board

TITLE: Manager SUBMITTED BY:

#### LAST MONTH'S ACTIVITIES:

Welcome back Board members, it's been and exciting and eventful spring and summer! Besides being poised to assist Greenview residents in all emergency social services related events, below is a summary of what other programs, services and developments have taken place over summer.

A report prepared by the Alberta Centre for Sustainable Rural Communities for the Rural Municipalities of Alberta called, "Understanding and Responding to Challenges Faced by FCSS Programs in Rural Alberta" was released on August 21, 2023. The report identified how rural-based FCSS programs are facing increased pressures that negatively impact capacity to serve those in need. The report highlights three key challenges faced by rural FCSS programs in Alberta and responds with four policy recommendations.

#### The three key challenges are:

- 1) Insufficient provincial funding- the majority of rural FCSS offices are increasingly reliant on municipal contributions well above their required twenty percent.
- 2) The increasing inaccessibility of provincial social services in rural Alberta- the ongoing centralization of social support services has generated challenges for rural FCSS programs; challenges that have multiplied with recent provincial decisions to transition to "1-800" intake lines and online web portals for several social services supports. This centralization forces many people to FCSS programs for support as they are unable to navigate these on-line systems. This places additional pressure on rural FCSS offices to go beyond their mandate and provide intervention-type services.
- 3) Changing and increasing social needs in rural communities- FCSS programs across rural Alberta are encountering far more community members with more complex social needs than ever before. The number of people who are walking through the doors of rural FCSS offices in crisis has increased dramatically in the past few years, placing additional burden on these offices to provide intervention-type services and incur the extra cost and effort this entails with no hope of being re-imbursed.

#### The four policy recommendations include:

- 1) Increase core funding from the Government of Alberta.
- 2) Increase the accessibility of provincial social support services for rural Albertans.
- 3) Ensure that future public policy related to social service delivery in Alberta is approached via a rural lens.
- 4) Ensure that social service policy in Alberta is designed with meaningful contributions from rural FCSS programs.

The community resources centers combined are averaging 160 clients per week. The top reasons include technical assistance, employment, income support, and information and referral.

Creative Grief and loss sessions have recently been completed at both the Whispering Pines Seniors Center and the Tawow Center in Grande Cache.

A Home Alone course was offered to children 8-11 years old in Grande Cache on August 30 and 31. This free course focuses on safety in the home and prepares children to be left for short periods of time. This program also covers information on navigating the online world and teaches skills on how to be a good cyber citizen.

Green View FCSS was invited by Hillside High School to deliver a parent education session on the WiseGuyz program on September 11<sup>th</sup>. This is a participatory program that requires parental consent and is aimed at grade nine boys to foster healthy masculinity and reduce adolescent dating violence. At the time of writing, four individuals have signed up for the program, and promotion continues.

On October 24, the Green View FCSS Youth Coordinator will host a cyber safety information night for parents. Topics will include how to check security and privacy setting on devices; privacy settings on social media; types of Apps and age restrictions; virtual predators; and what to do if a child receives unsolicited messages.

The first interagency meeting was held on September 12, with 21 agencies represented. Of special note is a housing needs study for the Valleyview region that Heart River Housing is conducting. They will be hosting a social services meeting at the Green View FCSS Community Resource Center at 1:00 P.M on October 16, a seniors meeting at 3 P.M. and a public meeting at 7:00 P.m.- the latter two meetings will be held at the Sun Valley Pioneer Drop-In Center.

Included in the agenda package is a letter from A.R.I.S.E- (AISH recipients in search of equal human rights ) that many FCSS offices throughout the province received, for information.

The 2024 proposed budget has been included in the package, this is preliminary, and some figures may change slightly. Also included are the various grant applications submitted by external organization for the 2024 budget year. This will be for information and discussion, with the formal request for decisions and delegations to follow in October. Coordinator reports have also been included in the package.

#### **UPCOMING:**

- The HEART team (health, education, and action in relationships team)- comprised of Green View FCSS, Valleyview Victims Assistance, and the lead from the Valleyview Men's Sheds, are planning an evening presentation on November 9 called "A Night to Lead Change in Valleyview". This community presentation will replace the Breakfast with the Guys event that we have held in the past. The team partners with the Alberta Council of Women's Shelters to increase awareness about the issue of domestic violence and how community members can be part of the solution to prevent it.
- The Outreach worker from Odyssey House continues to meet with clients from the Valleyview area twice per month. The next visit is scheduled for September 21.
- The Brain Injury support group will meet monthly at the Green View Community Resource Center monthly, beginning October 2.
- October 30, Green View FCSS in conjunction with the FCSSAA, will coordinate a virtual domestic violence training session for all FCSS programs across the province.
- The Balance Program- chair yoga for fall prevention, will begin October 2.
- Planning is underway for the 2023 Older Adult Information Day to take place in October 2023.

• The annual FCSSAA conference will take place in Edmonton from November 22-24.



# MONTHLY REPORT

EAR: 2023

SUBMITTED TO:

TITLE: Assistant Manager SUBMITTED BY:

Fall has arrived and administration welcomes the restart of Interagency meetings, school programming and the general increase in activity that follows the summer season. June to August, saw just over 600 interactions with individuals. Most common reasons for accessing Green View FCSS services in Grande Cache were services of the Outreach Coordinator, home support, form assistance, and Commissioner for Oaths.

Transportation and delivery of prescriptions for residents in either a Cooperative or Enterprise keep the Outreach Coordinator busy. The clients accessing this service have expressed many times that having this service has made their lives easier, currently the Outreach Coordinator has approximately 15 clients who require assistance weekly.

In June, WiseGuyz wrapped up with a group activity in Grande Prairie. The program finished with 7 students of those, 4 students stated they would like to return to the program in the 2023/24 school year. Working with administration the returning students will learn what mentorship is, how to mentor and be provided opportunities in the context of the WiseGuyz program to practice their new skills. Grande Cache Community High School has requested the return of this program, it will start in October, with recruitment of new participants in September.

Over the past 4 weeks we have be receiving more inquires for individuals facing situations that would place them under the title of precariously housed. Administration has been helping them connect with supports for mental health, family court, and financial assistance.

In the summer staff listened to three podcasts, Stolen; the Search for Germain, Stolen; Surviving St. Michaels, and a CBC podcast entitled Kupar Island. At times, these podcasts were difficult to hear but each one provided staff with a better understanding of the impact residential schools have on the lives of Indigenous peoples, including individuals that access Green View FCSS services.

Details of work happening in Grande Cache and highlights can be found the Coordinators reports that follow.



# **MONTHLY REPORT**

MONTH: September YEAR: 2023

SUBMITTED TO:

TITLE: Community Resource Centre Coordinator SUBMITTED BY:

#### LAST MONTH'S ACTIVITIES:

Year End Report 2022 (In Office Visits)	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	ост	NOV	DEC	YEAR TOTAL
Alberta Supports	8	9	3	7	9	11	3	13					63
AISH	11	11	21	8	8	17	5	17					98
Seniors Supports	16	7	5	4	12	9	11	5					69
Referrals	21	15	12	8	25	28	10	27					146
Other	170	168	244	203	230	186	113	164					1473
Total	226	210	285	230	284	251	142	226	0	0	0	0	1849
Residence l	Break Dov	vn:											
Grande Cache	173	163	213	172	255	209	116	185					1483
Cooperatives & Enterprises	38	32	50	48	19	30	15	31					260
Other	15	15	23	10	10	12	11	10					106
Program B	reak Dow	n:											
Adult Coordinator	25	10	4	1	7	9	12	4					72
Alberta Supports	8	9	3	7	9	11	3	13					63
AISH	11	11	21	8	8	17	5	17					98
Commissioner For Oaths	5	8	14	5	16	13	19	25					105
Community Activity Fee Funding Program (CAFFP)	17	8	9	6	12	5	4	4					64
Community Collaboration	9	4	6	2	26	9	6	8					50
Community Volunteer Income Tax Program (CVITP)	2	24	93	37	2	5	4	2					192
Creative Grief & Loss	0	0	1	1	1	0	1	0					6
Disconnect Boxes	0	0	0	0	1	1	0	2					2
Domestic Violence	0	1	4	3	1	0	0	1					11

Eating for your Wellbeing (cookbooks)	0	0	0	3	0	0	1	1					5
Forms Assistance (General)	13	13	10	8	16	25	7	5					97
General Information	32	25	14	7	11	21	25	15					150
Home Support	21	14	18	14	8	8	6	14					103
Hope Exists in Lots of Places (HELP)	5	6	4	3	5	5	0	0					28
Mountains to Meadows Homelessness	6	2	5	3	5	2	0	14					37
Other Questions/Inq uiries	20	7	10	1	26	17	0	5					86
Outreach Coordinator	4	37	32	89	77	55	21	59					371
Referrals	21	15	12	8	25	28	10	27					146
Resource Library	0	0	0	0	0	0	0	1					1
Seniors Benefits	16	7	5	4	12	9	11	5					69
Volunteering	0	0	4	13	1	0	0	0					18
Welcome Baskets	2	0	2	4	1	2	0	0					8
Wheels For Meals	1	1	2	3	0	0	1	0					8
Youth Programming	8	8	12	4	9	9	6	3					59
	226	210	285	230	284	251	142	226	0	0	0	0	1849
Indigenous	42	42	73	32	46	31	21	45					332

Indigenous	42	42	73	32	46	31	21	45			332
Total Clients Using Phone	2	0	5	1	2	4	15	2			31
Total Clients Faxing Documents	8	4	11	1	2	11	25	6			68
Phone Calls	126	116	135	148	148	135	75	139			1022
Facebook Inquiries	6	13	6	2	2	2	2	1			34
Walk-Ins	94	81	144	80	134	114	65	86			793

#### **HIGHLIGHTS:**

Toward the end of August, the Community Resource Centre (CRC) Coordinator noticed an increase in people needing financial assistance, as they were falling behind on various bills and could not afford food. The first of these clients did not have access to email or technology. Both the CRC and Adult Coordinators spoke with this individual and contacted Income Support on their behalf. The second client attempted to apply online but was unable to get into their email as digital communication is overwhelming to them. The Supervisor from Alberta Supports Hinton contacted the CRC and will be contacting both clients. Both clients were referred to the Food

Bank. This slight increase is most likely due to rising cost of living, while their income has remained the same, or become lower.

Client Two was accepted an "Eating for Your Wellbeing" cookbook, to help him find recipes that are low cost and still healthy. This client also returned on the last day of August to thank the CRC Coordinator for all the help that was provided, stating that "I'm not as worried as when I first talked to you. I have food now, and you to thank for that."



# MONTHLY REPORT

MONTH: September YEAR: 2023

SUBMITTED TO:

TITLE: Adult Coordinator SUBMITTED BY:

#### LAST MONTH'S ACTIVITIES:

Currently there are 50 clients in the Home Support programs, 33 clients in the Hamlet, 18 reside in a Cooperative or Enterprise. 80% of clients are over the age of 65, 7% are families, and 13% are individuals currently on Assured Income for the Severely Handicapped. The benefit of the Home Support service provided to families is detailed in the highlight portion of this report. We had one client pass away and one client reactivate their status in Home Support. One client has moved out of the MD of Greenview.

The Adult Coordinator is partnering with the Addiction Worker at the Tawow Centre to deliver Creative Grief and Loss program (6 sessions). The Tawow Centre would like to continue after the 6 sessions given the positive feedback they have received from their clients. The clients look forward to attending because they feel comfortable talking about their emotions and learning ways to channel emotions into art. At the time of this report it was not yet determined how many additional sessions will take place. Numbers of participants are 7.

Adult Coordinator has been working with the residents who reside in the Whisper Pines Lodge doing Creative Grief and Loss. The numbers of participants can vary as to health. Currently there is 5-7 participants. The program helps participants with hand and eye coordination and tap into long term memories. The final session at the lodge takes place on Thursday, September 7.

Over the last 3 months several supportive listening appointments (approx. 45) have taken place. There are individuals in the community that enter the Resource Centre feeling overwhelmed by the lack of follow up and time provided through online application services or centralized support lines. A combination of mental health, cognitive ability, and low income make it difficult for them to navigate out of town services. These clients know that Green View FCSS will listen to them and provide support to help them overcome barriers.

#### HIGHLIGHTS:

The local Alberta Health Services Occupational Therapist has stated he is impressed with the quality-of-service Green View FCSS provides. He does not hesitate to make referrals to Green View FCSS after seeing first hand, in his clients, the change in their abilities to handle their circumstances and improved well-being.

#### **UPCOMING:**

- Creative Grief and Loss at the Tawow Centre every Tuesday 1:00 pm -3:00 pm
- Intakes for new Home Support Clients
- Creative Grief and Loss at the Whisper Pines Lodge Thursday 11:00 am noon September 7 (last session)



# **MONTHLY REPORT**

MONTH: September YEAR: 2023

**SUBMITTED TO:** 

TITLE: Youth Coordinator SUBMITTED BY:

#### LAST MONTH'S ACTIVITIES:

Nature Alive Adventures & Greenview Outdoor Recreation have joined up again to provide another summer full of fun outdoor learning! Youth learned about fire making, shelter building & everything in between. The FCSS Youth Coordinator and Recreation Programs Department went and helped supervise and prep and cook all meals and snacks for the youth that registered for the dates of July 18 to the 21.

The Youth Coordinator delivered a 2-day Home alone course for the dates of August 30 and 31 from 12:00 till 3:00pm at the Grande Cache Recreation Center. The course had 5 youth ages 8 and up attended the 2-day course and on the last day all 6 passed their Home Alone test.

For the month of July and August the Youth Coordinator did lend a helping hand with the Recreation Programs Department for their outdoor programs on Mondays. The Youth Coordinator also partnered with the Grande Cache Community Learning Center to deliver 4-day Job Readiness Program for youth ages 14 and up, this program was created to give youth the tools that showcased their qualifications, communicate their strengths, and make positives impressions during hiring process. The sessions provided were Attitude Workshop, Time Management Workshop, Resume Writing Workshop, Job Interview Prep Work, the program had 6 youth attend in the month of August.

The Youth Coordinator and Assistant Manager had their first 2023/2024 WiseGuyz meeting with the high school principal to see if FCSS can come back for the new school year to deliver WiseGuyz to the new grade 9 male youth, with great excitement the high school principal welcomed FCSS back to deliver WiseGuyz starting October 25 every Wednesday at lunch hour.

#### **OUTCOMES:**

PROGRAM NAME: Home Alone									
I understand the importance of Online Safety.	%100								
I feel comfortable preparing food for myself	%100								
I feel more confident to stay home alone	%100								
PARTICIPANT QUOTES:									

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#### **UPCOMING:**

- Rec Round up (September 6)
- Training in Hinton, Helping Children with Loss (September 16, 17)
- Mother & Daughter starting (September 19)
- Skills at Summitview (September 20)
- WiseGuyz (October 25)



# MONTHLY REPORT

MONTH: September YEAR: 2023

SUBMITTED TO:

TITLE: Outreach Coordinator SUBMITTED BY:

#### LAST MONTH'S ACTIVITIES:

On July 24<sup>th</sup>, the Outreach Coordinator held a Just In Case workshop at the residence of a local senior.

The Outreach Coordinator noticed an increase in the frequency of services provided in the month of August. The most needed services were to the Grande Cache Medical Clinic, medication delivery to the Cooperatives, and food bank when the Grande Cache Community Bus was not running. Additionally, the Outreach Coordinator had three separate referrals for new clients from Home Care at the Grande Cache Community Health Complex and the Tawow Centre, these clients needed assistance to appointments and assistance with Canadian Pension Plan application.

The Outreach Coordinator attended and passed a Commissioner for Oaths test on August 18<sup>th</sup>, in order to provide Commissioner for Oaths services.

On August 22<sup>nd</sup> and August 24<sup>th</sup>, the Outreach Coordinator assisted the Youth Coordinator and Assistant Manager with two workshops, "Attitude in the Workplace" and "Time Management" respectfully, in partnership with the Grande Cache Community Learning and Employment Resource Centre (CLERC). There were 5 youth in attendance at the workshops.

On August 29<sup>th</sup> the Outreach Coordinator hosted a Just In Case Workshop at the Eagles Nest in Grande Cache. The participants had noted how much knowledge they learned and the common misconceptions, or knowledge from a different province, that they learned.

#### **OUTCOMES:**

PROGRAM NAME: Just In Case Workshop									
As a result of Just in Case, I feel better about my	100% - Strongly Agree								
ability to plan.									
PARTICIPANT QUOTES:									
"Created an easy to follow and locate book for emergencies and gave a great starting point for conversations with other members of my family"									
"I was very surprised the extra knowledge that I was unaware of"									

#### HIGHLIGHTS:

One of the mothers from a participant in Boys Council at the end of May/start of June, mentioned to the Outreach Coordinator how much her son had learned during the Boys Council and how he still has competitions with his sister to see who had more fun in their course, between Boys Council and Girls Circle.

#### **UPCOMING:**

- Registration Roundup at Grande Cache Recreation Centre September 6
- WiseGuyz student recruitment



# MONTHLY REPORT

MONTH: September YEAR: 2023

SUBMITTED TO:

TITLE: Adult Coordinator SUBMITTED BY:

June, July, and August ACTIVITIES:

The Home Support program provides basic housekeeping, meal preparation, limited respite, and transportation to medical appointments or other essential services. The Home support team averaged 480 hours per month of client services to the current 86 clients, 55 from the MD and 31 in the town of Valleyview. This does not include administrative or training hours. During June, July, and August 7 people signed on to the program and 3 people signed off. The home support team provided transportation 48 times during the 3-month time. The home support team is seeing an increase in transportation needs by our clients. Some clients have signed on to obtain the transportation as they do not have a reliable means to get to medical appointments or groceries.

The Support and Referral program supports clientele by finding appropriate programs or assisting with applications and or advocacy. The Adult Coordinator assists people with caregiver support, entry into care facilities, estate paperwork, and advanced planning tasks such as doing Wills, Power of Attorney, and Personal Directives. These tasks can take multiple phone calls and meetings. The Adult Coordinator assisted 92 people with 178 needs in June, July, and August.

June/July/ August	Re	side	nce	92
Support Needs	MD	٧٧	SLCN	Explanation/ Example
Admin Assist	6	9	8	Faxing, Photocopying, Scanning or Typing for someone
Advanced Planning	2	0	0	Personal Directives, Guardianship, Funeral Planning
Advocacy/ Mediation	0	2	0	With anyone, Family, Businesses, Government
Aging in Place	0	0	0	Utalizing resourses, preplanning to remain
Alberta Benefits	0	8	1	Alberta Supports, Blue Cross, Alberta Health, AISH
Caregiver Supports	0	0	0	Info on programs, stategies, referrals to other
Commissioner/ Notary	12	18	16	
CRA Inquiry	2	4	13	any Income Tax inquiries, not filing
Elder Abuse	0	0	0	Queries and Advise
Estate Planning/ Handling	2	3	0	Power of Attorney, Wills, Paperwork after a funeral
Federal Benefits	3	0	2	GST,Canada Child Tax Benefit, Guaranteed Income
<b>Federal Pensions</b>	2	0	0	CPP, CPP Disability, OAS
Home Support/ Wheels for Meals	11	10	0	Queries, home visits
Information	9	13	6	
Legal	0	0	0	Queries, Paperwork,
Maintenance Enforcement Prog	0	0	0	Queries, form assistance
Other FCSS Prog	2	1	0	Referral to another program or worker within FCSS
Referral to other Agency	1	3	0	
Supportive Listening	3	5	0	
Technology Assistance	0	1	0	cell phone, internet, CRA accounts, email- etc
Monthly Total	55	77	46	178

The Community Volunteer Income Tax Program (CVITP) utilizes volunteers to prepare income tax and benefit returns for people with modest incomes and simple tax situations. The program runs year-round, and community members can utilize the program throughout the year to get current and past returns completed. During June, July, and August, the staff completed an additional 41 returns.

VV	MD	SL	2022								
267	75	355	2023								
Senior	AISH	Low Inc	GST	ССВ	#children	CWB	CAI	AB Benefit	GIS	REFUND	TOTAL
204	61	432	\$ 299,760.50	\$ 1,142,663.00	152	\$112,836.00	\$ 568,971.00	\$ 371,663.00	\$ 1,137,876.00	\$ 176,851.00	\$ 3,810,620.50
	697										

GST (Good & Services Tax) CCTB (Child Tax Benefit), CWB (Canadian Workers Benefit), and GIS (Guaranteed Income Support) are all federal programs that only pay out if the income tax return is filed on time.

- \*The Canada Child Tax Benefit (CCTB) is a tax-free monthly payment made to eligible families to help them with the cost of raising children under 18 years of age.
- \*The Canadian Workers Benefit (CWB) is a refundable tax credit intended to provide tax relief for eligible working low-income individuals and families who are already in the workforce and to encourage other Canadians to enter the workforce.
- \*The Guaranteed Income Supplement (GIS) provides a monthly non-taxable benefit to Old Age Security (OAS) pension recipients who have a low income.
- \*The Federal Climate Action Incentive (CAI) payment consists of a basic amount and a 10% supplement for residents of small and rural communities. In 2023 this will be paid out in quarterly payments like the GST benefit.

#### **HIGHLIGHTS:**

A lady called the FCSS office very concerned about her father and looking for support for him. She lives in BC, and he lives here in Valleyview. He called her asking for help, which is very out of the ordinary for this very independent man, so she dropped everything and came. She only had 5 days here and needed assistance to get things set up for her father who had sudden failing health. Her dad told her that he would usually go to FCSS when he needed help so she called us, not knowing what FCSS was or what we would be able to help her with. The adult coordinator was able to arrange Home Support the very same day. The daughter and client were introduced to their worker. This gave the daughter peace of mind that she now had eyes on her dad regularly. The Home Support program also helped coordinate the entry of the Occupational Therapist into the home who set up needed support and aids within the home to help with safety. Home Care was also brought on board to assist with personal care needs and medication monitoring.

#### **UPCOMING:**

- Balance Restorative Yoga will start its fall session in October at the Community Resource Centre in Valleyview
- Older Adult Day planning is underway to be held in October in Valleyview, with the possibility of a similar day in Grovedale with similar information sessions.



# MONTHLY REPORT

MONTH: September YEAR: 2023

SUBMITTED TO:

TITLE: Community Resource Centre Coordinator

**SUBMITTED BY:** 

#### LAST MONTH'S ACTIVITIES:

There was a total of 515 client visits to the Green View FCSS Community Resource Centre in the month of August 2023. Of the 515 client visits, 81 were residents of the Municipal District of Greenview, 166 were residents of Sturgeon Lake Cree Nation, and 268 were residents of the Town of Valleyview. Of the total clients, 11 were new and 504 were clients that had utilized the services at the Resource Centre previously.

100 clients came to the Community Resource Center for employment assistance. Clients received assistance with creating new resumes and cover letters, updating existing resumes, photocopying employment related documents, emailing and faxing to employers. Clients also utilized the phone and the computers to contact employers about job opportunities and participate in online job interviews. Clients also inquired about safety courses such as the certificates needed for various types of employment, where to obtain them, cost, and length of time to complete.

49 client visits were regarding Income Support. In the month of August there were numerous requests for Income Support. Although many of them were unable to be completed due to lack of information, coordinators assisted by providing the information that would be required for the application, as well as assisted with the online application when able. Coordinators also assisted existing clients with online reporting and sending documentation requested by workers by email and fax.

Clients called and visited the Community Resource Centre for many other needs in the month of August. Calls and visits were made for access to the Food Bank (19), AISH (22) referrals to Mental Health services (4), faxes and information given about Senior Special Needs and Alberta Senior Benefit (10), Canada Revenue Agency inquiries (17), Service Canada- primarily for Employment Insurance and bi-weekly reporting (12), CPP/ CPP Disability applications (10), OAS and GIS application (9), and legal "in nature" supports and referrals (38). Over the summer months, the Community Resource Centre also assisted numerous individuals (26) with housing requests. A list of landlords of housing, and apartment complexes and Heart River Housing applications were supplied to clients with these requests.

The Community Resource Centre coordinators also assist many individuals with technological assistance. In July, there were 179 client visits with these needs and in August there were 134 visits for technological assistance. This includes many things including faxes, photocopies, accessing documents off clients personal devices, assisting clients with updates, program and application use on their devices, phone use, editing existing documents, and completing various government and other applications.

A breakdown of services provided to clients based on their residence can be seen below in the following three charts.

# MD of Greenview:

Year End Report 2023	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	ОСТ	NOV	DEC	TOTAL
Income Support clients	5	4	5	3	3	12	2	2					36
Employment Supports	10	12	16	11	10	8	9	8					84
Other Clients	124	47	88	67	119	103	112	71					731
Total Clients Visits	139	63	109	81	132	123	123	81					851
Residence Break Down:													
MD	139	63	109	81	132	123	123	81					851
New	5	3	2	2	1	1	4	3					21
Returning	134	60	107	79	131	122	119	78					830
Total Clients	139	63	109	81	132	123	123	81					851
Information and Referral	133	03	103	01	132	123	123	01					- 051
Indicators													
As a resit of Green View FCSS Information and Referral program, I know more about how to access the community resources I need.													
YES	139	63	109	81	132	123	123	81	0	0	0	0	851
NO		0	0	0	0	0	0	0					0
Community Social Issues Identified													
CFS	2	. 0	1	0	0	1	0	1					5
Food Bank			2	1	5	4	6	1					22
Mental health													22
Canadian Child Tax Benefits	0												7
AISH													38
Income Support													36
Alberta Adult/Child Health		1				12							
Benefit	1	1	0	0	0	1	2	1					11
Housing/ Heart River Housing								3					15
Alberta ID				0									36
Service Canada													22
CPP/ CPP Disability					1								9
OAS and GIS							1						8
Sr. Special Needs/ AB Seniors	0	0	1	2	5	1	8	1					18
Seniors Information	8	1	2	1	0	13	6	5	<u> </u>				36
CVITP related													86
Canada Revenue Agency										1			17
Employment Supports		12	16	11	10	8	9	8	<u> </u>				84
WCB (Worker's Compensation Board)		0	0	0	0	0	0	С	)				0
Technology Assistance	20	11	10	11	1	36	46	18	8				153
Childcare subsidy	0	0	0	0	0	0	0	C	)				0
program inquires	29	5	2	5	3	12	8	1					65
Legal (faxes, forms, calls)	6				4	6	10	10					52
Other questions/inquires	10	8	7	4	4	4	5	11					53
Mountains to Meadows	0	0	0	0	0	0	0	C					0

# Town of Valleyview:

Year End Report 2023	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	ОСТ	NOV	DEC	TOTAL
Income Support clients	32	31	37	27	18	8	23	37					213
Employment Supports	36	40	48	30	33	31	35	38					291
Other Clients	294	172	325	198	150	175	172	193					1679
Total Clients Visits	362	243	410	255	201	214	230	268					2183
Residence Break Down:													
Town of Valleyview	362	243	410	255	201	214	230	268					2183
New	6	5	12	3	3	2	10	6					47
Returning	356	238	398	252	198	212	220	262					2136
Total Clients Visits	362	243	410	255	201	214	230	268					2183
Information and Referral Indicators As a resit of Green View FCSS Information and Referral program, I know more about how to access the											•		
YES	362	243	410	255	201	214	230	268	0	0	0	0	2183
NO NO		0	0	0	0	0	0	0	<b>├</b>	<del>                                     </del>	+ -		0
Community Social Issues Identified					- 0						+		
CFS	2	. 0	0	1	. 0	1	1						5
Food Bank					-		-						105
Mental Health			1						_				34
	2				5		. 0	<u> </u>					12
Canadian Child Tax Benefits  AISH									<del></del>	-	+		101
Income Support													213
Alberta Adult/Child Health		. 31	37	21	10		23	37					213
Benefit	1	4	3	0	1	. 2	. 3		,				20
Housing/ Heart River Housing													79
Alberta ID						2							26
Service Canada		5	10				1						69
CPP/ CPP Disability	5	2	4	5	3	1	. 2	4					26
OAS and GIS	4	4	2	2	. 7	2	. 3	5	1				29
Sr. Special Needs/ AB Seniors	6	6	5	5	11	. 7	7	8	3				55
Seniors Information	28	8	7	0	5	4	4	18	3				74
CVITP related	2	11	163	63	18	7	15	9	)				288
Canada Revenue Agency			8	15									66
Employment Supports	36	40	48	30	33	31	. 35	38	B				291
WCB(Workers Compensation													
Board)		1											6
Technology Assistance													381
Childcare subsidy													0
program inquires			_				-						126
Legal (faxes, forms, calls)					1		+						119
Other questions/inquires													138
Mountains to Meadows	0	0	0	0	0	C	0	C	)				C

#### Sturgeon Lake Cree Nation:

Year End Report 2023	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	ОСТ	NOV	DEC	TOTAL
Income Support clients	8	7	2	2	4	9	10	10					52
Employment Supports	21	20	16	17	5	18	27	54					178
Other Clients	179	224	315	151	88	141	125	102					1325
Total Clients Visits	208	251	333	170	97	168	162	166					1555
Residence Break Down:													
Sturgeon Lake Cree Nation	208	251	333	170	97	168	162	166					1555
New	0	0	3	0	2	1	2	2					10
Returning	208	251	330	170	95	167	160	164					1545
Total Clients Visits	208	251	333	170	97	168	162	166					1555
Information and Referral Indicators													
As a resit of Green View FCSS Information and Referral program, I know more about how to access the community resources I need.													
YES	208	251	333	170	97	168	162	166	0	0	0	0	1555
NO	0	0	0	0	0	0	0	0	0	0	0	0	0
Community Social Issues Identified													
CFS	1	. 0	1	1	0	0	0	0					3
Food Bank	2			0									13
Mental Health	0	0	1	0	0			1					6
Canadian Child Tax Benefits	0	1			0			1					7
AISH	13		12	9	4	5		6					58
Income Support	8	7	2	2	4	9	10	10					52
Alberta Adult/Child Health													
Benefit	2				1	_		0					8
Housing/ Heart River Housing	0						1	3					22
Alberta Id													15
Service Canada	12							1					61
CPP/ CPP Disability	4							3					22
OAS and GIS					3			0					21
Sr. Special Needs/ AB Seniors	6				2			1					26
Seniors Information					_			1				_	9
CVITP related				92						+	+		372
Canada Revenue Agency	16			14				12		1	+	+	68
Employment Supports	21	20	16	17	5	18	27	54		-	+	+	178
WCB(Workers Compensation			] _		_		] _	_			1		•
Board)	0	26						0		1		+	2
Technology Assistance	39 0							50 0		+	+	+ +	280 0
Childcare subsidy	3					_		2		+	+	+	9
program inquires					-			9		+	+	+	
Legal (faxes, forms, calls)	38 21							17		+		+ +	232 96
Other questions/inquires  Mountains to Meadows								0		+	+	+	9 <b>6</b> 0

#### HIGHLIGHTS:

In the months of July and August there was an increase in employment supports and income support requests provided at the Community Resource Centre. As home situations slowly returned to normal after the fires in May, and various forms of emergency funding were depleted, more individuals were seeking employment and Income Support to get caught up on bills and be able to support themselves.

In July, a client had requested an advocate in an AISH Financial Eligibility Determination appointment by phone. The CRC Coordinator was able to attend the appointment and speak to the advisory panel in support. Later in the month, the client happily reported that the appointment had been a success and the request had been approved. This was the second time that the client had been successful with assistance of the CRC coordinator advocating during an appeal process for AISH.

As part of the Alberta Works contract reporting requirements, a 95% client satisfaction rate is expected for Storefront services. To obtain these results a brief client survey for employment related clients was created. Coordinators began utilizing these surveys in the month of August. Of the surveys collected, a 100%

satisfaction rate was achieved. Comments included: "They are amazing with their services. I'll recommend them for sure." and "I'm very grateful that these services are available here... life saver." Through this survey, clients reported coming to the Resource Center for employment assistance, other, application assistance, ability to use printers for insurance papers etc., community support, and to become familiar with a new community. Clients either heard about services by word of mouth, other, walking by, or previous experiences at the Community Resource Center.

#### **UPCOMING:**

- The CRC Coordinator will continue to work with the Support Coordinator to become familiar with various tasks and duties that are part of both the CRC and Support Coordinator roles such as contract reporting.
- The CRC Coordinator will be participating in a Grief and Resiliency course through PACE and Northwestern Polytechnic in October.



# MONTHLY REPORT

MONTH: September YEAR: 2023

SUBMITTED TO:

TITLE: Support Coordinator SUBMITTED BY:

#### LAST MONTH:

As of May 15, 2023 the Support Coordinator participated in Valleyview's Emergency Social Services evacuation program by providing assistance with food, housing, pet care and inputting data into the provincial registration system.

The Support Coordinator has become familiar with the FCSS handbook, Program Guide, Valleyview & Area Circle of Supports, Canada Revenue Agency programs, Alberta Supports programs, and Senior Supports programs. In the Community Resource Center, assistance was given with employment resources, income supports, referrals, mental health, and various other community services that are accounted for on the Community and Resource Coordinator's report.

The Support Coordinator has studied and applied to be Commissioner for Oaths and expects to have certification completed within the next couple of weeks. Once appointment of Commissioner for Oaths has been granted clients will have access to Commissioning at the front desk of the Resource Centre.

#### HIGHLIGHTS:

Highlights for the Support Coordinator has been the recognition of faces and names of Valleyview residents that frequent the Resource Center and subsequently becoming familiar with and assisting with specific services and needs for each individual's unique circumstances. Clients are showing a higher level of comfort with the Support Coordinator as confidence is built between them across time.

#### **UPCOMING:**

- Learning the Community Volunteer Income Tax Program.
- Domestic Violence training strangulation Oct 30,
- Crisis Intervention & Communication Skills Sept 21, Sept 22,



MONTH: Sentember

# MONTHLY REPORT

Worth September	12/111. 2025	
SUBMITTED TO:		
TITLE: Youth Coordinato	SUBMITTED BY:	

**VFΔR: 2023** 

#### LAST MONTH'S ACTIVITIES:

Grade 4 students at Harry Gray Elementary participated in Home Alone Safely, an all-day class, preparing them to be home alone for short periods on June 26<sup>th</sup> and 27<sup>th</sup>. This program also provides them with information on online safety, healthy and safe food handling, how to handle an emergency, and basic first aid.

In June Harry Gray Elementary School Participated in Online Safety for the grade 5 & 6 students. This program teaches students how to be good digital citizens and how to navigate the web safely. This program took place as a one-hour workshop.

St. Stephens Catholic School requested Relationship and Sexual Health for the grade 7 students. The Relationship and Sexual Education program is a comprehensive sexual education program designed to help students develop the skills needed to make healthy decisions about their sexuality and relationships. The Relationship and Sexual Education program relates to three core domains: 1. Sexual and reproductive health promotion and education; 2. Healthy and respectful relationship education; and 3. Violence prevention. This program began on May 3 however due to the wildfires it was postponed. RSE resumed on June 13 but due to the lost school days and the teaching schedule, the program was not completed.

The SKILLS program was held at St. Stephens Catholic School for the grade 8 students. SKILLS content includes healthy relationships, consent, contraception, media literacy, and the effects of pornography on the brain.

The Gay Straight Alliance (GSA) is a youth-led program that allows 2+LGBTQ, two-spirited, lesbian, gay, bisexual, transgender, queer, and questioning youth a safe place to meet and form new friendships with likeminded youth. This program runs every Wednesday from 3:30-5:30 at the Valleyview Public Library. Currently, the GSA has seven regular attendees. Throughout the summer, GSA ran regularly however attendance was down.

#### **OUTCOMES:**

PROGRAM NAME: Home Alone			
19 Youth Surveyed – 5 Valleyview 8 MD of Greenview 6 Sturgeon Lake Cree Nation			
After taking Home Alone, I feel more confident to	100% of youth surveyed agree they feel more		
stay home alone.	confident to stay home alone after taking the Home		
	Alone Program.		
After taking Home Alone, I know how to respond to	100% of youth surveyed agree they know how to		
an emergency.	respond in an emergency after taking the Home		
	Alone Program.		
After taking Home Alone, I understand the	After taking the Home Alone Program, 100% of the		
importance of online safety and rules.	youth surveyed understood the importance of online		
	safety and rules.		

#### **UPCOMING:**

- On September 11, the Youth Coordinator and Assistant Manager from Grande Cache will be having a WiseGuyz recruitment and information meeting with grade 9 Hillside students and parents.
- The Youth Coordinator will be attending the Valleyview Community Information Night to provide information and resources on Green View FCSS programs.
- The Youth Coordinator will be taking Awareness of Self-Harming Behaviour and Cross-Cultural Awareness training in October.
- Parent Cyber Safety Information Night on October 24th.

#### Lisa Hannaford

From: Stephanie Prentice <albertanabsf@gmail.com>

Sent: Tuesday, August 8, 2023 2:14 PM

To: Lisa Hannaford

**Subject:** Alberta NASF Grant Application

Attachments: GreenView signed.pdf; Domestic vs Narcissistic (1).pdf; Document 39.pdf; Document 33

(2).pdf

Follow Up Flag: Flag for follow up

Flag Status: Flagged

One year ago, the Alberta Narcissistic Abuse Survivor Foundation was born out of a deep commitment to help those who had been overlooked and underserved by the system. Our journey began with a profound understanding that victims of narcissistic abuse often go unnoticed, their struggles hidden beneath layers of pain and self-doubt. Our purpose was clear: to extend a hand of support, empower them, and let them know that they are not alone.

Throughout this year, we have encountered countless individuals who have experienced the debilitating effects of narcissistic abuse. They have often been unaware of their own victimization or struggled to recognize their worth due to the relentless manipulation they endured. These survivors, burdened by their experiences, have felt isolated and voiceless, uncertain if anyone would understand or believe their stories.

In our journey, we have connected with the hearts of so many Albertans, each with their unique tale of resilience and strength. We have reached out to individuals in various areas, including your own, providing them with essential services that range from educational assistance and job placement to accompanying them during difficult appointments and introducing them to valuable social resources. Through our efforts, we have sought to create a safe space where survivors can find solace, regain their confidence, and embark on a path to healing.

Our inaugural year has been a labor of love, driven by our small but dedicated team who has willingly devoted their spare time and even taken time off work to lend their support. Together, we have accomplished remarkable feats, touching the lives of those who needed us the most.

As we reflect on our journey, we look ahead with a renewed sense of purpose. Our aspiration is to connect with every municipal area in the province that has been touched by our services. Through quarterly visits, we aim to not only physically engage with these communities but also to remain a steadfast presence virtually, ensuring that support is never out of reach.

We understand that our journey has only just begun. The road ahead holds opportunities to make an even greater impact, to extend our reach beyond what we have achieved in our inaugural year. With each step, we reaffirm our commitment to be a lifeline for survivors, to bring awareness to narcissistic abuse, and to create a community where healing and growth flourish.

We are grateful for your ongoing support and belief in our mission. With your partnership, we look forward to the next chapter of the Alberta Narcissistic Abuse Survivor Foundation, where we will continue to make a difference, one life at a time.

Stephanie Prentice Director



Green View FCSS Municipal District of Greenview No.16 Box 1079, Valleyview, AB T0H 3N0 Phone: 780.524.7603 Fax: 780.524.4130

## **GREEN VIEW FCSS GRANT APPLICATION**

Name of Organization		
Alberta Narcissistic Abuse Survivor Foundation		
Address of Organization		
279 Clydesdale Way Cochrane AB		
Contact Name		Phone Number
Stephanie Prentice		825-449-9392
Purpose of Organization	51000 to 1015 E 2010 C 26 55 F C 100 C 100 C 100 C	EAST OF A CONTROL OF THE PROPERTY OF THE PROPE
The core purpose of the Alberta Narcissistic Abuse Survivor Foundal reclaim their lives. We understand that healing from such trauma re a safe haven where survivors are not only acknowledged and validal ls your organization non-profit? yes one	equires more than just surviving ted but empowered to embrac	g; it demands thriving, growing, and flourishing. Our foundation is
Applicant's Information		
Name Stephanie Prentice		Position Director
Address 279 Clydesdale Way, Cochrane AB, T4C 2P.	1	
Phone Number (H) (W)	(C) 825-449-9392	E-mail address
		S Prentine August 8, 2023
Signature		Date August 8, 2023

Please attach additional documentation that supports your application and include work description or details, other funds source, event or program timeline, estimates, a detailed budget, expected results and benefits to the Municipality in relation to this project.

#### By signing this application, I/we concur with the following statements:

- \* The grant application is complete and includes all supporting documentation, including most recent financial statements based on legislative requirements of our organization, balance sheet, current bank balances and current year detailed operating budget.
- \* The grant shall be used for only those purposes for which the application was made. If the original grant application or purposes for which the grant requested have been modified by the Green View FCSS board; the grant will be used for those varied purposes only.
- \* The organization will provide a written outcomes report to the Green View FCSS office, along with an expense report, within 30 days of completion of the grant.
- \* The organization agrees to submit to an evaluation of the project related to the grant.
- \* The organization will return any unused portion of the grant funds to Green View FCSS or to request approval from the FCSS Board to use the funds for an optional project.



#### **GRANT INFORMATION**

#### **Total Amount Requested**

\$2,200.00

Please note for all grant applications over \$2,500, the applicant must make a presentation to the FCSS Board.

#### **Proposed Project**

The project/program of the Alberta Narcissistic Abuse Survivor Foundation will primarily serve survivors of narcissistic abuse and individuals at risk of entering or currently in abusive relationships. The focus will be on empowering survivors, educating the community, and taking a preventative approach to reduce the incidence of narcissistic abuse. The program aims to reach a diverse range of individuals, including:

Survivors of Narcissistic Abuse: Those who have experienced narcissistic abuse and are seeking support, healing, and resources to overcome the trauma and rebuild their lives.

Individuals at Risk: Individuals who may be at risk of entering into or are currently in relationships that exhibit early signs of narcissistic behavior. These individuals will benefit from education and resources to recognize and address such behaviors.

Family and Friends: Family members, friends, and loved ones who want to understand and support survivors more effectively, providing a strong support network.

Community Members: The wider community interested in learning about narcissistic abuse prevention, healthy relationship dynamics, and raising awareness to foster safer relationships.

#### **Expected Attendance:**

The program's reach will vary depending on the specific initiatives and activities within the project. Educational workshops, support groups, and awareness campaigns will likely attract participants ranging from a handful of individuals to larger groups. The foundation anticipates hosting regular events and activities throughout the year, engaging a diverse audience and impacting a significant number of individuals.

It's important to note that the primary focus is on quality engagement and meaningful impact rather than just numbers. The foundation aims to create a safe space and supportive environment for all attendees, ensuring that each individual gains valuable insights, tools, and support to prevent, recognize, and address narcissistic abuse.



#### How will this project be preventative in nature?

The Alberta Narcissistic Abuse Survivor Foundation plays a crucial role in not only supporting survivors of narcissistic abuse but also taking a preventative approach to address the root causes of such abuse and reduce its occurrence. Here's how the foundation can be preventative in nature:

Educational Workshops and Outreach: The foundation can organize educational workshops and outreach programs aimed at raising awareness about narcissistic behavior and abuse. By educating the community about the signs, red flags, and dynamics of narcissistic relationships, the foundation empowers individuals to recognize and avoid potentially abusive situations.

Empowering Healthy Relationships: Through workshops, seminars, and support groups, the foundation can provide tools and insights for building healthy relationships based on mutual respect, empathy, and effective communication. By equipping individuals with the knowledge to distinguish between healthy and toxic relationships, the foundation helps prevent them from entering or staying in abusive partnerships.

Early Intervention and Recognition: By teaching individuals, especially young adults, about narcissistic traits and behaviors, the foundation contributes to early intervention. When people are aware of these traits, they are more likely to recognize and address unhealthy behaviors in their relationships before they escalate into full-blown abuse.

Empowering Boundaries and Self-Esteem: The foundation can focus on boosting individuals' self-esteem and empowering them to set healthy boundaries. Individuals with strong self-worth and boundary-setting skills are less likely to tolerate or become victims of narcissistic abuse.

Educating Professionals: Collaborating with mental health professionals, counselors, educators, and law enforcement, the foundation can offer training on recognizing and addressing narcissistic abuse. Equipping professionals with this knowledge enables them to intervene early and provide appropriate support.

Promoting Consent and Equality: The foundation can advocate for consent education and gender equality, which are essential in preventing power imbalances that narcissistic abusers exploit. By promoting respect for individual autonomy and equal partnerships, the foundation contributes to preventing abusive dynamics.

Raising Public Awareness: Through media campaigns, public talks, and online platforms, the foundation can raise awareness about narcissistic abuse and its impact on individuals and communities. This awareness drives conversations that challenge societal norms that enable abusive behaviors.

Supporting Targeted Communities: The foundation can focus on providing resources and support to communities that may be more vulnerable to narcissistic abuse due to cultural, socioeconomic, or other factors. By addressing unique challenges, the foundation can help prevent the perpetuation of abuse within these communities.

Research and Data Collection: The foundation can contribute to research on narcissistic abuse, collecting data to better understand its prevalence, contributing factors, and outcomes. This research can inform preventative strategies and policy advocacy.

By taking these preventative measures, the Alberta Narcissistic Abuse Survivor Foundation not only supports survivors but also works to create a society that is educated, empowered, and equipped to recognize, prevent, and address narcissistic abuse before it occurs.



Who will be served by the project/ program and how many people do you expect will attend this event (if relevant)? Expected Attendance:

The program's reach will vary depending on the specific initiatives and activities within the project. Educational workshops, support groups, and awareness campaigns will likely attract participants ranging from a handful of individuals to larger groups. The foundation anticipates hosting regular events and activities throughout the year, engaging a diverse audience and impacting a significant number of individuals.

It's important to note that the primary focus is on quality engagement and meaningful impact rather than just numbers. The foundation aims to create a safe space and supportive environment for all attendees, ensuring that each individual gains valuable insights, tools, and support to prevent, recognize, and address narcissistic abuse.

Our mission spans across the entirety of Alberta, encompassing all regions as we strive to establish a strong presence. We are actively engaged in outreach efforts to connect with communities in every corner of the province. Our approach is grounded in the understanding that virtual engagement is often the most effective means to reach those affected by narcissistic abuse. Through virtual platforms, we can bridge distances and offer vital support to survivors who may hesitate to seek help through traditional channels. This approach ensures accessibility, confidentiality, and convenience for those in need. As we work diligently to create a web of support, we are committed to fostering a virtual community that serves as a beacon of hope for those impacted by narcissistic abuse across Alberta.

#### How will this program benefit the community?

The program initiated by the Alberta Narcissistic Abuse Survivor Foundation holds the potential to bring about significant benefits to the community at large. By addressing the issue of narcissistic abuse and taking a proactive approach, the program aims to create a safer, healthier, and more empowered community. Here are some ways in which the program will benefit the community:

Preventing Narcissistic Abuse: The program focuses on prevention, equipping individuals with the knowledge and skills to identify early signs of narcissistic behavior. By raising awareness, the program helps individuals make informed decisions in their relationships, ultimately reducing the incidence of abusive dynamics within the community.

Empowering Survivors: For survivors of narcissistic abuse, the program offers a lifeline of support, healing, and growth. Empowered survivors become advocates for change, inspiring others and fostering a community that stands against abuse.

Creating Safe Spaces: The program creates safe and supportive spaces for survivors and individuals at risk. By openly discussing narcissistic abuse and its effects, the community becomes more receptive to those seeking help and creates an atmosphere where survivors feel understood and validated.

Fostering Healthy Relationships: By promoting healthy relationship dynamics based on respect, empathy, and communication, the program contributes to stronger and more meaningful connections within families, friendships, and partnerships.

Educational Empowerment: Community members gain access to educational resources that equip them with the tools to recognize and address narcissistic behavior. This empowers them to make informed decisions, protect themselves, and support others effectively.

Reducing Stigma: By openly discussing narcissistic abuse, the program helps to break down stigmas surrounding abuse, mental health, and seeking help. This encourages more individuals to seek assistance when needed.

Building a Support Network: The program encourages the formation of a supportive network among survivors, community members, and professionals. This network offers resources, guidance, and a sense of belonging, reinforcing the message that no one has to face abuse alone.

Cultivating Empathy and Understanding: The program fosters empathy and understanding within the community. As individuals learn about the experiences of survivors, they become more compassionate, supporting each other in times of need.

Strengthening Resilience: By providing survivors with the tools to heal and rebuild, the program contributes to a more resilient community. Empowered survivors can contribute positively to society, becoming advocates for change and sources of inspiration.

Cultural and Systemic Change: Over time, as the program's impact ripples through the community, it has the potential to contribute to larger cultural and systemic shifts, promoting healthier relationship dynamics and reducing the tolerance for abusive behaviors.

In summary, the Alberta Narcissistic Abuse Survivor Foundation's program benefits the community by creating awareness, fostering empowerment, preventing abuse, and building a network of support that promotes healthy relationships and a safer environment for everyone.



#### How will you recognize the contribution from Green View FCSS to your organization and in the community?

If awarded, we have a comprehensive plan to recognize the MD of Greenview for their invaluable support and contribution to our cause. Our goal is to ensure that their generosity and partnership are acknowledged in a meaningful and visible way, both within our organization and in the broader community. Here's how we plan to recognize the MD of Greenview:

Social Media Appreciation: We will create dedicated social media posts on our official platforms, such as Facebook, Twitter, and Instagram, to express our gratitude to the MD of Greenview. These posts will highlight their support, share their commitment to our cause, and feature their logo or emblem. Additionally, we will use relevant hashtags to amplify the reach of the appreciation posts.

Website Acknowledgment: On our organization's official website, we will dedicate a section to acknowledge our supporters and partners. The MD of Greenview will be prominently featured on this page, with their logo, a brief description of their involvement, and a heartfelt message of appreciation.

Posters and Signs: In our physical locations, such as our office premises and event venues, we will display posters and signs that prominently showcase the MD of Greenview as a key supporter of our mission. These posters will be strategically placed to ensure high visibility and recognition among our staff, volunteers, and visitors.

Community Events: We will recognize the MD of Greenview during our community events and outreach activities. This recognition can take the form of public announcements, speeches, or presentations where we acknowledge their instrumental role in helping us achieve our goals.

Press Releases: We will issue press releases to local media outlets, highlighting the partnership between our organization and the MD of Greenview. These releases will provide insights into the collaborative initiatives we are undertaking together and showcase the positive impact on our community.

Collaborative Marketing Materials: In any collaborative marketing materials, such as brochures, pamphlets, and newsletters, we will include a dedicated section that acknowledges the MD of Greenview's support. This will serve as a constant reminder of their generosity whenever these materials are distributed.

Thank-You Letters and Certificates: We will send personalized thank-you letters and certificates of appreciation to the MD of Greenview. These will be crafted to convey our heartfelt gratitude for their support and will be a tangible representation of their impact.

Our commitment to recognizing the MD of Greenview goes beyond the listed strategies. We are open to customizing our approach based on their preferences and are eager to collaborate on creative ways to express our gratitude for their significant contribution.

#### How will this program be measured for success?

The success of the program initiated by the Alberta Narcissistic Abuse Survivor Foundation will be measured through a combination of quantitative and qualitative metrics that assess its impact on individuals, the community, and the overall prevention of narcissistic abuse. Here are key indicators that will be used to measure the program's success:

Participant Engagement: Tracking the number of participants in workshops, support groups, and events to gauge the program's reach and engagement level.

Awareness Levels: Conducting pre- and post-program surveys to assess changes in participants' knowledge and awareness of narcissistic abuse, its signs, and prevention strategies.

Testimonials and Feedback: Collecting qualitative feedback from participants, including survivors, to understand their experiences, personal growth, and the value they gained from the program.

Behavioral Changes: Monitoring whether participants apply the knowledge gained from the program in their relationships and decision-making, reflecting a shift toward healthier dynamics.

Community Engagement: Measuring the level of community engagement through attendance at awareness events, workshops, and involvement in awareness campaigns.

Survivor Empowerment: Tracking survivors' progress in terms of healing, self-confidence, and their ability to set boundaries and seek healthy relationships.

Partnership Development: Assessing the number and quality of partnerships formed with local organizations, healthcare providers, educational institutions, and community stakeholders.

Digital Reach: Monitoring the reach and engagement of online resources, such as website visits, social media interactions, and downloads of educational materials.

Long-Term Impact: Tracking the number of individuals who stay engaged with the foundation over time, indicating sustained support and continued growth

Preventative Outcomes: Measuring the decrease in reported cases of narcissistic abuse within the community over a specific period, indicating successful prevention efforts.

Media Coverage: Monitoring media coverage and public awareness of the program's initiatives and impact on preventing narcissistic abuse.

Collaborative Efforts: Evaluating the success of collaborative efforts with community partners, healthcare professionals, and educators to extend the program's reach.

Community Perception: Conducting surveys or focus groups to gauge the community's perception of the foundation's impact on awareness, prevention, and survivor support.

By carefully tracking and analyzing these metrics, the Alberta Narcissistic Abuse Survivor Foundation can assess the effectiveness of its program, make data-driven adjustments, and continually refine its strategies to achieve its overarching goal of preventing narcissistic abuse and fostering healthier relationships within the community.



## **ADDITIONAL INFORMATION**

		S grants program? ganization has received from the Green View	yes no 🗸
1. Grant Amount		Year grant was received  Did you provide an expense report?	yes no
Purpose of Grant			yes no
2. Grant Amount		Year grant was received	
Purpose of Grant		Did you provide an expense report?	yes no
	for grant funds from sources <b>other</b> than the		yes no no
	grant funds from sources other than the Grant funds are such as a surrease and are such	een View FCSS grants program?	yes no 🗸
We are reaching of much contact. have served resid	We have had several residents from your	f the first we are reaching out to as your areadistrict contact up. Once we reach out to eactricts with our project. We hope to get suppossistance.	ch area where we

Expanding Horizons: Strengthening Support for Narcissistic Abuse Survivors

#### Introduction:

The Alberta Narcissistic Abuse Survivor Foundation has already made significant strides in providing support, healing, and empowerment to survivors of narcissistic abuse. As we reflect on our journey, we recognize the need to expand our reach and impact, ensuring that every survivor receives the care and resources they deserve. This proposed project outlines our vision for expanding the foundation's services, enhancing our capacity to make a profound difference in the lives of survivors across Alberta.

#### Project Overview:

Project Name: Expanding Horizons: Strengthening Support for Narcissistic Abuse Survivors Duration: September 1, 2023- August 15, 2024

#### Project Goals:

- Extend Geographical Reach: Expand our services beyond our current location to reach survivors in remote and underserved areas of Alberta.
- Increase Service Offerings: Introduce new programs and initiatives to address the diverse needs of survivors, including additional therapy options, creative expression workshops, and financial empowerment resources.
- Establish Regional Chapters: Create regional chapters of the foundation to provide localized support, networking, and outreach efforts.
- Strengthen Digital Outreach: Develop an online platform for virtual counseling, support groups, and educational resources, ensuring accessibility for survivors who cannot attend in person.
- Collaborate with Community Partners: Forge partnerships with local organizations, shelters, schools, and healthcare facilities to enhance our reach and collaborate on awareness campaigns.
- Enhance Volunteer Engagement: Recruit and train volunteers passionate about supporting survivors, expanding our capacity to offer personalized assistance.
- Create Educational Materials: Develop informative materials and resources to educate the community about narcissistic abuse, its signs, and available support.
- Increase Fundraising Efforts: Secure additional funding to sustain the expansion project and amplify our impact on survivors' lives.

#### **Project Implementation Steps:**

- Needs Assessment: Conduct a comprehensive assessment to identify underserved regions, gaps in services, and specific needs of survivors.
- Program Development: Collaborate with experts to design new programs and tailor existing ones to meet the evolving needs of survivors.

- Regional Chapter Establishment: Recruit and train leaders for regional chapters, ensuring alignment with the foundation's mission.
- Online Platform Development: Work with IT professionals to create a user-friendly virtual platform for counseling, workshops, and resources.
- Partnership Building: Establish connections with potential community partners and engage in collaborative initiatives.
- Volunteer Recruitment: Launch volunteer recruitment drives, offering training and orientation to new team members.
- Resource Creation: Develop educational materials and resources that empower survivors and raise awareness.
- Fundraising Campaigns: Launch targeted fundraising campaigns to secure the necessary resources for the expansion project.

#### Conclusion:

The "Expanding Horizons" project embodies our commitment to being an unwavering pillar of support for survivors of narcissistic abuse. By extending our reach, enhancing our services, and collaborating with partners, we aim to create a more robust support network that empowers survivors to heal, thrive, and reclaim their lives. With your support, we can make a lasting impact on survivors across Alberta, providing them with the resources and care they need to overcome adversity and embrace their potential.

## Typical Domestic Abuse versus Narcissistic Abuse

Typical domestic abuse and narcissistic abuse are both forms of intimate partner violence, but they differ in their underlying dynamics and manifestations:

#### • Typical Domestic Abuse:

- Physical and Emotional: Typical domestic abuse involves physical violence and emotional abuse, where the abuser uses power and control tactics to dominate and manipulate the victim.
- Patterns of Control: The abuser seeks to control the victim's behavior, isolate them from support networks, and limit their autonomy.
- May Stem from Various Factors: Domestic abuse can arise from various factors, such as learned behaviors, substance abuse, or a desire for power and dominance.

#### Narcissistic Abuse:

- Psychological Manipulation: Narcissistic abuse centers on psychological manipulation, where the abuser's primary goal is to assert superiority, gain admiration, and maintain control over the victim.
- Lack of Empathy: Narcissists lack empathy and exploit others' vulnerabilities for their benefit, often leaving the victim emotionally and mentally drained.
- Idealization and Devaluation: The abuser may initially idealize the victim, making them feel special, but eventually devalues them, causing confusion and emotional turmoil.
- Gaslighting: Narcissistic abusers use gaslighting techniques to make the victim doubt their perceptions, memories, and sanity.

While typical domestic abuse can involve various dynamics and forms of abuse, narcissistic abuse revolves around the narcissistic personality traits of the abuser. Narcissistic abusers are highly self-centered, lack empathy, and manipulate others to maintain their sense of superiority and control. The victim of narcissistic abuse often experiences a gradual erosion of self-esteem, independence, and emotional well-being, making it challenging to recognize and escape the abusive situation. It is essential to address both forms of abuse and provide support to survivors, regardless of the specific dynamics involved.

#### Alberta Narcissistic Abuse Survivor Foundation Budget: \$100,000

### **Programs and Services:**

- Support Workshops and Counseling:
- Facilitators' fees: \$15,000
- Materials and resources: \$5,000
- Awareness Campaigns:
- Marketing and materials: \$8,000
- Events and workshops: \$6,000
- Community Outreach:
- Travel expenses for quarterly visits: \$10,000
- Virtual support platform development: \$7,000
- Educational Resources:
- Printing and distribution: \$4,000
- Online resources and website maintenance: \$5,000
- Operational Costs:
- Rent for office space: \$12,000
- Utilities and office supplies: \$3,000
- Administrative and Staffing:
- Salaries for part-time staff: \$20,000
- Training and development: \$2,000
- Miscellaneous Expenses:
- Contingency fund: \$5,000

Total Budget: \$100,000

#### Lisa Hannaford

From: Sherry <Sherry@seniorsoutreachgp.com>

Friday, August 18, 2023 2:14 PM Sent:

Lisa Hannaford To:

Subject: 2024 Funding application and attachments for Seniors Outreach

**Attachments:** Outcomes-Report-2023.pdf; Pie Chart - Tax info MD of Greenview.pdf; FCSS Budget

Seniors Outreach 2023-2026.xlsx; Cash Into Community - MD of Greenview.JPG;

comment cards 2022.pdf; Funding application 2024 (scanned) 1.pdf

**Follow Up Flag:** Follow up Flag Status: Flagged

Lisa, Please find attached application and information required.

Hope all is well, take care, chat soon!

Sherry

The Grande Prairie & Area Council on Aging

ıtreach 21 Avenue e, Alberta

78V 7V3

August 18, 2023

MD of Greenview FCSS Funding Application form

#### **Executive Summary**

Seniors Outreach is a "One Stop Shop" for seniors in Grande Prairie and in the North region. We are here to help with any need a senior may have to keep them independent, informed, safe, and in their own home or living the life that they choose. We strive for positive outcomes to secure good mental health and prevent social isolation. Keeping seniors informed and receiving all the benefits available to them. This includes finances (applying for pensions and grants), resources (referrals to community, Social Prescribing), supports (to prevent social isolation), elder abuse prevention strategies (we are not a crisis centre but do provide support and information), keeping the needs of seniors our priority and adjusting to the needs of seniors in this area. Services will be provided in our Grande Prairie office, as well as out in the community and MD of Greenview as needed. We have over 6000 client files of seniors in this area. Last year due to Covid seniors were not comfortable going out as much but we still saw 2000 individuals at lease once, this was due to need and relationship. We are currently averaging 40 new clients each month. The seniors in this area have come to know that they are able to come to the Seniors Outreach office and

speak to our outreach specialists to get help and information in a safe, confidential, informed manner. Seniors don't want to go to many different places to have their needs met. They want to go to one place. A place where they are comfortable and safe. Seniors come into the office with a concern and leave with relief and information. Each year we visit the care homes/lodges to do taxes and paperwork for those that can't get out. We will also go out to a senior's home if they are homebound. Our Seniors Outreach program helps clients aged 60 +. Our program has proven over the last 30+ years to have positive impacts in the lives of seniors who are struggling with Abuse, Mental Health issues, addiction, and isolation. We ensure our clients are not struggling financially, assist them with getting Special Needs Assistance, Guaranteed Income supplement, and we are big believers in the future of social prescribing. Without our services and outreach specialists, many seniors in the area would have no support and continue to struggle in silence.

The program has proven its need and positive impacts, Unfortunately, we have lost funding and our program is facing crisis to continue to offer this program. We are needing to expand our outreach team. We currently have only 2 Outreach specialists and we have not been approved to keep those positions. We are getting new clients every day. (March, we had 80 new clients) Our Outreach workers are working with minimal wages compared to government and yet Nonprofit continues to offer more "Bang for your Buck". The two Outreach workers are working to maximum capacity, and we need to increase a position to be able to reach more of our outlying areas and the shut ins. Please note, Northern Alberta and rural communities are much different than the larger cities. We do not have options like the larger centers. Out clients are often isolated and need supports that are often limited.

Some family members have loved ones in long term care facilities, and they bring in the paperwork to our office to complete. Or we are helping families or caregivers and their mailing address is out of our normal Northern Alberta demographic. We do have many conversations with children of seniors from out of the area asking for information and advice. Again, we have a relationship with our clients, and they are comfortable with us as we have aged with the seniors, and they do not have to repeat their stories.

If funding is received it will be used for the wages of our staff so we can continue to offer this program.

We would like to Thank the MD of Greenview for your continued support of our program. We continue to work with the residents, families, and caregivers of the Greenview area.

Thank you.

Respectfully,

Sherry Dennis

Sherry Dennis
Executive Director
Seniors Outreach/Meals on Wheels
#101, 10127 – 121 Avenue
Grande Prairie, Alberta

## T8V 7V3

Seniors Outreach 780.539.6255 Meals on Wheels 780.539.3901





Green View FCSS Green View FCSS
Municipal District of Greenview No.16
Box 1079, Valleyview, AB T0H 3N0
Phone: 780.524.7603 Fax: 780.524.4130

## **GREEN VIEW FCSS GRANT APPLICATION**

Name of Organization	
The Grande Prairie and Area Council on Aging / Seniors Outr	each
Address of Organization	
101 10127 121 Ave	
Grande Prairie, AB T8V 7V3	
Contact Name	Phone Number
Sherry Dennis	780-539-6255
Purpose of Organization	
to date information and resources available for seniors, caregive	ance for seniors with what ever need they may have. We offer upers, professionals, or anyone with an interest pertaining to seniors.
seniors independent and in their own home as long as possible be and accessing all resources they need to keep safe and independent	ent and living the life they choose.
seniors independent and in their own home as long as possible be and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent and accessing all resources they need to keep safe and independent accessing all resources they need to keep safe and independent accessing all resources they need to keep safe and independent accessing a second access	y making sure that they are on all the benefits available to them
seniors independent and in their own home as long as possible be and accessing all resources they need to keep safe and independent syour organization non-profit? yes no Does  Applicant's Information	y making sure that they are on all the benefits available to them ent and living the life they choose.
seniors independent and in their own home as long as possible be and accessing all resources they need to keep safe and independents your organization non-profit? yes no Does  Applicant's Information  Name Sherry Dennis	y making sure that they are on all the benefits available to them ent and living the life they choose.  your organization have a charitable status? yes one
seniors independent and in their own home as long as possible be and accessing all resources they need to keep safe and independent	y making sure that they are on all the benefits available to them ent and living the life they choose.  your organization have a charitable status? yes one

Please attach additional documentation that supports your application and include work description or details, other funds source, event or program timeline, estimates, a detailed budget, expected results and benefits to the Municipality in relation to this project.

## By signing this application, I/we concur with the following statements:

- \* The grant application is complete and includes all supporting documentation, including most recent financial statements based on legislative requirements of our organization, balance sheet, current bank balances and current year detailed operating budget.
- The grant shall be used for only those purposes for which the application was made. If the original grant application or purposes for which the grant requested have been modified by the Green View FCSS board; the grant will be used for those varied purposes only.
- \* The organization will provide a written outcomes report to the Green View FCSS office, along with an expense report, within 30 days of completion of the grant.
- The organization agrees to submit to an evaluation of the project related to the grant.
- \* The organization will return any unused portion of the grant funds to Green View FCSS or to request approval from the FCSS Board to use the funds for an optional project.

#### **GRANT INFORMATION**

#### **Total Amount Requested**

\$30,000.00

Please note for all grant applications over \$2,500, the applicant must make a presentation to the FCSS Board.

#### **Proposed Project**

To continue offering the Seniors Outreach program in the Grande Prairie region. To give information and support to all seniors in the Municipal District of Greenview No. 16 and area. To collaborate with FCSS, Homecare, Clients, Senior's and their families and anyone who has an invested interest in assisting a senior to receive up to date information on pensions, grants, and benefits. To help keep our clients safe and independent and accessing all provincial and federal benefits and information that is available. When a client is in crisis we help to problem solve with them to alleviate the problem. We listen and offer support, information, and referals on Abuse and Scams.

How will this project be preventative in nature?

50-75% of overall health is attributed to be a social factor. Our clients rely on this connection and feeling heard and understood. We often hear our clients saying they have been to several other places, and no one can help them. We are highly focused and base our services around the Aging in Community model — helping keep seniors independent, informed, and in their own home. This is done with support to give a higher quality of life and support individuals experiencing psychosocial, loneliness, and mental health issues, and by offering these services, we are preventing seniors from facing these issues alone. Non-profit agencies such as ours offer more for less. We strive to never turn anyone that comes in our doors or makes a call to us away without any help. If we can't help, then we will assist to find someone that can. This program keeps seniors independent and in their own homes so they are able to have less stress and enjoy activities that contribute to their wellbeing. We also offer volunteer opportunities to help keep seniors connected to community and give a sense of purpose.

We are the contact for Elder Abuse in North West Alberta. We give information and support to seniors on issues of Elder Abuse and Scams. Scams have been on the rise and we receive many calls from clients saying that they received a threatening call saying that they owe money (example Revenue Canada). This can be very stressful for the senior. Unfortunately scams are on the rise and our senior population can be very vulnerable. We have dealt with clients from the Greenview area regarding Elder Abuse from family members and have also given information on scams. We presented along with the RCMP a presentation of scams and abuse at Sturgeon Lake. Those that attended were happy to get the information.

Prevention is important because if they are informed of the dangers of scams they can be prepared if they get the call.

Who will be served by the project/ program and how many people do you expect will attend this event (if relevant)? The Seniors Outreach program is open to anyone that needs the information or services provided to help seniors. It may be seniors, family members, caregivers, support workers and the public. Our seniors are usually 60+.

In 2022 we had 443 new clients. That is an average of 40 new clients a month and we expect this number to continue to increase over the next 5 years with an aging population. We seen a total of 4728 people through our doors and we answered 5967 phone calls. We completed a total of 61 income tax filings for clients from the Municipal District of Greenview No. 16 area and a total of 1366 income taxes were prepared by us. By offering this free program, we helped put \$286,666.50 back into the hands of seniors in the Greenview areas.

\* In 2023 we had 13 new clients. We saw 54 clients and had 78 phone calls from residents from Greenview area in the first 6 months. We worked with Ridgevalley Seniors Home to explain Accommodation benefits and helped with some of their other question.

We have received 7 calls regarding Elder Abuse and Scams from the Greenview area in 2023. Scams are on the rise and Elder Abuse seems to be prevelant in rural communites, due to isolation and vulnerablity.

We had a client from Grovedale struggling. He was riding his bike into Grande Prairie looking for housing before winter. We helped him secure an apartment with Grande Spirit Housing, and get funding for a new bed. We continue to support him as he has many needs.

Please click on attachments.

How will this program benefit the community?

Seniors Outreach is a "One Stop Shop" for seniors in Grande Prairie and in the North region. We are here to help with any need a senior may have to keep them independent, informed, safe, and in their own home. We strive for positive outcomes to secure good mental health and prevent social isolation. Keeping seniors informed and receiving all the benefits available to them. This includes finances (applying for pensions and grants), resources (referrals to community, Social Prescribing), supports (to prevent social isolation), elder abuse prevention strategies (we are not a crisis centre but do provide support and information), keeping the needs of seniors our priority and adjusting to the needs of seniors in this area. Services will be provided in our Grande Prairie office, as well as out in the community as needed. We have over 6000 client files of seniors in this area, and that number will continue to increase as the population ages. Each year we visit the care homes/lodges to do taxes and paperwork for those that can't get out. We will also go out to a senior's home if they are homebound. Our program has proven over the last 30+ years to have positive impacts in the lives of seniors who are struggling with Mental Health issues, addiction, and isolation. We ensure our clients are not struggling financially, assist them with getting Special Needs Assistance, Guaranteed Income supplement, and we are big believers in the future of social prescribing. Without our services and outreach specialists, many seniors in the area would have no support and continue to struggle in silence. The program has proven its need and positive impacts in keeping seniors experience dignity and joy as they age.

How will you recognize the contribution from Green View FCSS to your organization and in the community? We continue to note the contribution of FCSS funds at every opportunity. We have acknowledgment in our brochures and any printed publications that we make up. We have acknowledged Green View FCSS as a funder on our web page. And of course, word of mouth to our clients, and at presentations to the community.

We are always available to assist the Valleyview FCSS program with any needs or questions they may have and very much enjoy the relationship we have of working together with the best interest of our clients. We have been to Grand Cache to give presentations on Seniors Pensions and we have also given presentations on Elder Abuse and Scams. We have been to Sturgeon to give presentations and we have been to Valleyview to give Presentations.

We have always been treated so well by Greenview residence and we are always happy to share our great experience.

How will this program be measured for success?

We complete yearly surveys to get feedback from seniors, clients, caregivers, and people that have used this service. The data indicates that it has made a difference in their lives to have information and assistance they needed. Seniors want good medical and hospital care, safe and affordable housing, and a place to go to have their questions answered, their voice heard, and their needs met. We are able to help with that need.

We keep track everyday of how many people we have through our doors, how many calls we answer, and how many client appointments we have. We also do an annual file room count to determine how many total clients we have and how many new clients throughout the year. Each year that number increases which is a great indicator of our success.

Word of mouth and increase in clients and requests for our service.

#### **ADDITIONAL INFORMATION**

Have you previously applied for a grant from the Green View FCSS grants program?

yes

no

List the <u>year, amount and purpose</u> of the last two grants your organization has received from the Green View FCSS Grants Program:

1. Grant Amount

\$30,000.00

Year grant was received

Did you provide an expense report?

2023

yes

no

Purpose of Grant

Seniors Outreach Program - To help with wages and increased office expenses. To be able to continue to offer this service to our communities.

2. Grant Amount

\$ 30,000.00

Year grant was received

Did you provide an expense report?

2022

no

yes n

Purpose of Grant

Seniors Outreach Program - To help with wages and increased office expenses. To be able to continue to offer this service to our communities.

Have you applied for grant funds from sources other than the Green View FCSS grants program?

yes

no

Have you received grant funds from sources other than the Green View FCSS grants program?

yes

no

If yes, please describe when, who, purpose and amount.

Please see attached budget:

FCSS City of Grande Prairie

FCSS County of Grande Prairie No. 1

United Way Alberta Northwest (unfortunately we had a decrease in funding from the United Way as they did not meet their fundraising goals). Please see attached budget.

Please submit application and supporting documents by fax to 780-524-4130 or by email to lisa.hannaford@mdgreenview.ab.ca

AGENCY: Seniors Outreach	2022 Projected Budget	2023 Projected Budget
OPERATING REVENUE:		
FCSS City of Grande Prairie	\$160,000.00	\$160,000.00
FCSS County of Grande Prairie	\$25,000.00	\$25,000.00
FCSS Greenview	\$30,000.00	\$30,000.00
Fundraising (Casino)	\$25,000.00	\$0.00
Donations	\$30,000.00	\$30,000.00
United Way Allocation	\$30,000.00	\$30,000.00
Interest/GST	\$1,000.00	\$1,000.00
Other Rotary/Army&Navy/Com.Found/Admin.supp.		\$20,000.00
TOTAL REVENUE:	\$321,000.00	\$296,000.00
OPERATING EXPENDITURES:	2022 Projected Budget	2023 Projected Budget
Personnel:	4000 450 00	#000 /FC 00
Salaries	\$222,450.00	\$222,450.00
Casual Labour/Contractors	210,000,00	<b>*</b> 10.000.00
Employer Benefits (CPP, UIC, WCB) health	\$12,800.00	\$12,800.00
Supplementary Benefits (Insurance, RRSP)		40.000 ==
Staff Development conference	\$2,000.00	\$2,000.00
Rent & Utilities		
Rent/Mortgage	\$30,000.00	\$30,000.00
Utilities	\$4,000.00	\$4,000.00
Insurance	\$1,400.00	\$1,400.00
Telephone / Internet	\$8,000.00	\$8,000.00
Leased Equipment		
Travel Expense		
Staff travel/mileage		
Hotels and accommodations		
PROGRAM:		
Materials	•	
Food/Supplies office supplies		
Consultants		
Dues & Subscriptions membership	\$100.00	\$100.00
Volunteer expense	\$1,500.00	\$1,500.00
CLIENT:	Ψ1,500.00	Ψ1,300.00
Dental/Medical		
Transportation		
Personal Needs		
ADMINISTRATION:		
Office Supplies	00 000 00	\$8,000.00
	\$8,000.00	Φ0,000.00
Leased Equipment		
Freight & Postage	<b>#</b> 500.00	фгоо оо
Advertising Professional Face	\$500.00	\$500.00
Professional Fees	\$2,100.00	\$2,100.00
Bank Charges	\$150.00	\$150.00
GST POARD EXPENSES:		
BOARD EXPENSES:	#0.000.00	#0.000.00
OTHER (SPECIFY) janitorial/maintenance	\$3,000.00	\$3,000.00
TOTAL EXPENSES:	\$296,000.00	\$296,000.00
SURPLUS/DEFICIT	\$27,000.00	
	due to Casino	



Agency Name	The Grande Prairie & Area Coun	cil On Aging
Project Name	Seniors Outreach	
Primary Target Po	oulation Seniors	<b>▼</b>
Please select the one		section 2.1(1)(b) of the FCSS Regulation) t comes from the five regulatory statements (referenced in est fits with this project.
Help to a	develop an awareness of social needs. develop interpersonal and group skills, v	ng skills and become more resistant to crisis which enhance constructive relationships among people. nsibility for decisions and actions, which affect them.
Help to s	ustain people as active participants in t	the community.
	on Adult Personal Capacity	Building Community Potential Agency Capacity Building
Social Inclusio	on Adult Personal Capacity  PROJECT OUTC	Building Community Potential Agency Capacity Building COME STATEMENT
Social Inclusion	PROJECT OUTCES #1	COME STATEMENT
Social Inclusion  Indicator of Succes  Question/Measure #  Is a result of Seniors	PROJECT OUTCOMES #1 Outreach, I know more about	Number of participants  completing measure: 154
Social Inclusion andicator of Succession/Measure # Social Inclusion and	PROJECT OUTCOMES #1 Outreach, I know more about	COME STATEMENT  Number of participants
Social Inclusion andicator of Succession/Measure # Social Inclusion and	PROJECT OUTCES #1 Outreach, I know more about sources I need.  12 (if more than one)	Number of participants completing measure: 154 experiencing a positive change: 149 Number of participants
Social Inclusion andicator of Succession/Measure # As a result of Seniors from to access the result of new influences outreach.	PROJECT OUTCES #1 Outreach, I know more about sources I need.  #2 (if more than one) ormation, I feel supported by	Number of participants completing measure: 154 experiencing a positive change: 149 Number of participants completing measure: 154
Social Inclusion andicator of Succession/Measure # As a result of Seniors now to access the result of new infinity of Seniors Outreach.	PROJECT OUTCES #1 Outreach, I know more about sources I need.  #2 (if more than one) ormation, I feel supported by	Number of participants completing measure: 154 experiencing a positive change: 149 Number of participants completing measure: 154
Social Inclusion Indicator of Success Question/Measure # As a result of Seniors how to access the result of new infinity Seniors Outreach. Indicator of Success Question/Measure #	PROJECT OUTCES #1 Outreach, I know more about sources I need.  #2 (if more than one) ormation, I feel supported by  #2 #4	Number of participants
Social Inclusion Indicator of Success Question/Measure # As a result of Seniors how to access the result of new infinity Seniors Outreach. Indicator of Success Question/Measure #	PROJECT OUTCES #1 Outreach, I know more about sources I need.  #2 (if more than one) ormation, I feel supported by	Number of participants

1 of 3



ADDITIO	NAL INFORMAT	TION	
Identify measurement tool used Survey		$\mathbf{Y}$	
If other, please describe			
When was measurement tool used? Pre-test	/Post-test (bot	h before and after your activities)	Y
Output information related to this program			
Number of participants served?	Adults		
	Children/youth		
	Families		
	Seniors	1817	
Number of volunteer hours related to this project only?	(if applicable)	206.5 hours	

Stories (please share a story that describes the significant impact for a participant or participants.)

A call we received from a lady in Valleyview was concerning her brother Jim who lives on an acreage, just out of town. She was concerned for his well being. Recently another sister had moved in with him and was not letting family, friends or neighbors see Jim. She made excuses that he was not feeling well or sleeping and did not want company. After several unsuccessful attempts to visit Jim, Seniors Outreach was called. We worked with the RCMP to have a wellness check done. He was alright, but he was behind on his paperwork that needed to support his income and was in jeopardy of having his cheques cut off. We also found out the sister that was staying with him had been using his bank card. We helped him change and secure his banking information. His sister has since moved out and family and friends are now welcome again in his home. We continue to support him to keep independent and safe in his home.

Telephone scams are on the rise. We are getting many calls about someone trying to convince vulnerable seniors to give them money. Many seniors are falling victim to this. Millions of Seniors across Canada are targeted. Telephone scams, email scams, romance scams are very common, and it is hard to find a senior that is not a victim or know of someone that is. We found that during Covid and seniors were isolated a lot of these scams were on the increase.

Mary had been receiving a call from a fellow that said he got her number from a friend of his. (She did not know or remember this person) He seemed very friendly and called her often. He was out of the country and was trying to get back to Canada, but due to Covid and his work (Oil field related) there was so many restrictions he was continually held back from returning to Canada. They had become very close and were talking every day. One day he asked her if she could send him money as his bank account had been frozen by the government. He said he would pay her back. She sent him \$2,000. The calls kept coming and more and more excuses about needing money. He made it sound very convincing and before she knew it, she had sent him \$80,000. And had still not seen his face. He did send a picture of a man standing in front of an oil rig, re claimed to be of him. Was promised he was coming, and they were going to have a relationship as they were both very much in love. A daughter then got involved and blocked him from having access from her mother. They had it checked out and the company he said he worked for, and address did not exist. He had made the whole story up and was using Mary for her money and playing on her loneliness and vulnerability. This is happening more often than we think and is often undetected until many dollars are sent because the victim is told not to talk about it, or they are embarrased.

Charlie a resident of Grovedale began using our services as of April 2000 to have his taxes prepared. He has been a recipient of AISH and does not read or speak English well, therefore he requires the additional support in navigating application forms and programs. He is turning 65 in July of 2023, and we will be doing the paperwork to get him transitioned from AISH to his seniors pensions and other applicable programs he is eligible for. Due to his communication limitations, he is not able to use the MyAccount through government agencies online to submit paperwork and collect information as this is not suitable for his needs. In collaboration with his niece, we have been successful in our objective of aiding him in his transition of becoming a senior. We continue to support Charlie with information and assistance to keep him in his own home with needed services and, making sure he is receiving all the financial benefits to keep his independence.



#### **CONTINUOUS QUALITY IMPROVEMENT**

After analyzing the data, would you like to continue with this project? Why or why not?

Yes! This is such a valuable program for our seniors and their families to help keep the seniors independendent and informed of the resources available to them. We strive to keep seniors independent and in their own homes longer. We have so many "Baby Boomers", new seniors that are in need of information and navigation into the system to receive benefits and information. Looking at the latest poll, our seniors numbers are going to be doubling and tripling in the next few years. Due to the Baby Boomers which is a very large population, we also have people living longer. This is resulting in the rise in our senior population growing very rapidly. We are a contact for Elder Abuse reporting in this area. We are able to help clients living with abuse to feel supported and to have the information and referrals needed to stay safe.

What improvements could you make to the project?

We are in need of increasing our staff. In the spring of 2022 we were once again able to operate with our doors open after the Covid 19 pandemic had us offering our services through the door and over the phone. We operated with 1 Director, 1 Outreach Specialist and 1 Office Manager. We are a strong team, however, with the increased number of seniors we need to expand our staff in order to handle the needs of the growing senior population.

What improvements could you make to the outcome measurement process?

The improvements you have made have made it easier already. Thank you.

Successes:	Changes to be made:
Our client numbers continue to increase and our positive feedback shows us the need for our services. Now that we are open again we are able to help our many clients in person with their inquiries and paperwork. We also can now go into the community again!	Increase Staff

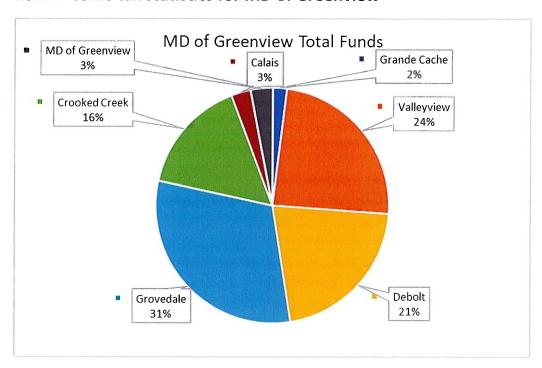
Completed by: Sherry Dennis

Signature: Date: 08/24/2022

Name: Sherry Dennis

Important: After completing this report; save a copy with a different name for your files.

## 2021 income tax statistics for MD of Greenview



# s how much money we helped put be the MD of Greenview?

Between March 1<sup>st</sup> to May 31st, 2023, our volunteer income tax program Outreach completed 53 tax returns that helped MD of Greenview residence.

\$38,426.30 in Climate Action Incentive \$18,783.81 in GST \$37,522 in AISH

\$86,737.61 in Alberta Seniors Benefit 222,952.36 in Guaranteed Income Supplem \$19,883.59 in Tax Refunds

That's \$286,666.50!



#### **Green View FCSS**

Municipal District of Greenview No.16 Box 1079, Valleyview, AB T0H 3N0 Phone: 780.524.7603 Fax: 780.524.4130

#### GREEN VIEW FCSS GRANTS PROGRAM

#### **Guidelines and Eligibility Criteria**

Grants are accepted by the Green View FCSS Board between July 1st and August 31st of each year.

#### Eligibility

To qualify for support under this program, the proposed project shall be preventive in nature in order to:

- ➤ Enhance, strengthen and stabilize family and community life;
- → Improve the ability of persons to identify and act on their own social needs;
- → Help avert family or community social breakdown;
- → If early symptoms of a social breakdown appear; help prevent the development of a crisis that may require major intervention or rehabilitative measures; or
- ▶ Promote, encourage and facilitate voluntarism and the use of volunteers.

#### Ineligibility

Projects are not eligible for support if they:

- → Primarily provide for the recreation needs or leisure time pursuits of individuals;
- → Are primarily rehabilitative in nature;
- ➤ Offer direct financial assistance to sustain individuals or families; or
- → Duplicate existing services in the community.

#### **Reporting Requirements**

In addition to a final expense report; grant recipients are required to submit an outcomes report that shall consist but not be limited to the following:

- a) Project objectives and outcomes achieved
- b) Number of volunteer hours
- c) Detailed accounting of grant funds
- d) Applicable statistics

Expenses and outcomes reports must be submitted to Green View FCSS annually or within 30 days of the completion of the program/project. Failure to submit the appropriate documentation may lead to the organization being ineligible to apply for future grant funding. The Outcomes Report format can be found in the Green View FCSS page, next to this application package.

Successful grant applicants will be required to only utilize the grant funding for the purposes intended unless authorized in writing by the Green View FCSS Board.



Green View FCSS Municipal District of Greenview No.16 Box 1079, Valleyview, AB T0H 3N0 Phone: 780.524.7603 Fax: 780.524.4130

## **GREEN VIEW FCSS GRANT APPLICATION**

ORGANIZATION INF	ORMATION				
Name of Organization					
Cerebral Palsy Association	in Alberta (CPAA)				
Address of Organization					
12001 44 St. SE Calgary, AE	3 T2Z 4G9				
Contact Name			Phone Number		
Cindy Turnquist			403-219-3611	403-219-3611	
Purpose of Organization					
learn and work in the co	orofit? yes 🗸 no		derstanding for people with disabilities to livorganization have a charitable status? <b>yes</b>		
Applicant's Informat	ion				
Name Joanne Dorn			Position Executive Director		
Address 12001 44 St. SE Ca	algary, AB T2Z 4G9				
Phone Number (H)	(W) 403-219-3603	(C)	E-mail address jdorn@cpalberta.com		
			·A		
Signature			Date Aug 28, 2023	5	

Please attach additional documentation that supports your application and include work description or details, other funds source, event or program timeline, estimates, a detailed budget, expected results and benefits to the Municipality in relation to this project.

By signing this application, I/we concur with the following statements:

- \* The grant application is complete and includes all supporting documentation, including most recent financial statements based on legislative requirements of our organization, balance sheet, current bank balances and current year detailed operating budget.
- \* The grant shall be used for only those purposes for which the application was made. If the original grant application or purposes for which the grant requested have been modified by the Green View FCSS board; the grant will be used for those varied purposes only.
- \* The organization will provide a written outcomes report to the Green View FCSS office, along with an expense report, within 30 days of completion of the grant.
- f \* The organization agrees to submit to an evaluation of the project related to the grant.
- \* The organization will return any unused portion of the grant funds to Green View FCSS or to request approval from the FCSS Board to use the funds for an optional project.



#### **GRANT INFORMATION**

#### **Total Amount Requested**

\$2,300.00

Please note for all grant applications over \$2,500, the applicant must make a presentation to the FCSS Board.

#### **Proposed Project**

Cerebral Palsy Alberta is requesting funding for the virtual support services it provides to people with disabilities and their families in Valley View.

People with disabilities and their families face unique barriers to full participation in the community and to accessing the supports and information they need, impacting health, social inclusion and well-being. Accessibility barriers often prevent persons with disabilities such as participating in extra-circular or social activities, gaining employment, financial wellness, taking public transportation and being active in the community, or pursuing post-secondary education. Many people with disabilities and their families are isolated and lacking the supports, networks and resources that they need. The CPAA offers support services from an in-house registered Social Worker and a Client & Family Counselor to assist individuals with disabilities and their families and caregivers in meeting their needs, ensuring their well-being and quality of life.

Cerebral Palsy Alberta (CPAA) offices/in-person programs and services are located in Calgary (Head Office) and Edmonton, and serves the rest of the province virtually. The CPAA has secured funding to introduce two new therapy programs for children with disabilities in Valley View in September 2023: Pony & Me Equine Therapy and Splash Time Aqua Therapy. With the introduction of this program, as of September 2023, the CPAA will have 13 clients in the region, an increase of 12 clients in the region.

The CPAA is planning to expand and grow its presence and impact across the province. To help increase its impact in Valley View, the CPAA is requesting a small grant to support these 13 clients and their families with the following support services, offered at no cost to participants.

#### **Program Activities**

- •One-on-one support to individuals and families going through the various stages of diagnoses, acceptance and living with cerebral palsy and other disabilities.
- •One-on-one counselling or support.
- Assistance with government funding applications, finding accessible funding, resources and information educational decisions and directions, referrals, poverty reduction, and goal setting
- Telephone and email mental wellness check ins, counselling, referrals, sharing mental health and wellness tools and information.
- •Advocating for individuals and families with appeals to various agencies such as Family Support for Children with Disabilities. (FSCD), Alberta Aids for Daily Living (AADL), Assured Income for the Severely Handicapped (AISH), Person with Developmental Disabilities (PDD), employment, school, handi-bus, etc.
- Advocacy training to individuals and family members; support with human rights concerns.
- •Collaboration with agencies to assist members with community issues, barriers and challenges so they can live a Life Without Limits.
- •Youth Transitions support, helping youth between ages 16-25 prepare for adult life by providing customized support. Activities include one-on-one counselling, group support and transitions workshops and an emphasis on self-management of healthcare and transitioning to adult health services.
- Parent support group on Zoom for parents of a person with a disability of all ages.



How will this project be preventative in nature?

Cerebral Palsy Alberta's (CPAA) support services are focused on enhancing protective factors, building resiliency, and mitigating the risk factors/vulnerabilities of people with disabilities and their families. The support services strengthen healthy development, wellbeing and safety of people with disabilities and their families. Many individual are supported by the CPAA over the course of their lives. The CPAA's support services prevent the onset of social issues by addressing them at the source, or with early intervention for social issues. Approximately 65% of the issues or tasks that people with disabilities and their families request support with are aligned with the definition of primary and secondary interventions, and other support requested would be for tertiary prevention.



Who will be served by the project/ program and how many people do you expect will attend this event (if relevant)? Thirteen children with disabilities and their families in Valley View, Alberta. This number may grow with the increased presence of Cerebral Palsy Alberta in this region, including people with disabilities in other age groups.

How will this program benefit the community?

People with disabilities and their families face unique barriers to full participation in the community and accessing the supports and information they need, impacting health and wellbeing.

Many individuals with disabilities face barriers to community participation and social inclusion, negatively impacting their quality of life. Accessibility barriers often prevent persons with disabilities from participating in extra-circular or social activities, gaining employment, financial wellness, taking public transportation and being active in the community, or pursuing post-secondary education, for example. Many individuals with disabilities and their families are isolated and lacking the supports, networks and resources that they need. The CPAA offers support services from an in-house registered Social Worker and a Client & Family Counselor to assist individuals with disabilities and their families and caregivers in meeting their needs, ensuring wellbeing and quality of life.

Cerebral Palsy Alberta's (CPAA) support services will bridge gaps in the community and help people with disabilities and their families access government and community supports available to them that may be difficult to navigate and inaccessible in and of themselves.

People with disabilities and their families encounter ongoing barriers in day to day life, creating a strong need to provide support to these individuals and families along all point of their journey, whether that is facing a new diagnosis, transitioning into adulthood, or in the later stages of their lives.

Cerebral Palsy Alberta is the only Cerebral Palsy Association serving all Albertans with all types of disabilities of all ages, filling a gap in service provision in the community.



How will you recognize the contribution from Green View FCSS to your organization and in the community?

All funding recognition can be discussed to meet the desired needs of Green View FCSS, but will include the following, at minimum:

-Recognition through a thank you in the monthly e-journeys newsletter and social media thank you posts
-Listing in the annual report — released annually in June
-Name on the CPAA website donor page and program print materials

How will this program be measured for success?

Cerebral Palsy Alberta's social worker and its Client & Family Counselor keep case files on each client to measure the success of the support service interventions. The number of clients who utilize support services will also indicate success and the demand for these services. In addition, the CPAA distributes surveys to welcome feedback on its support services.



#### **ADDITIONAL INFORMATION**

Have you previously applied for a grant from the Green View FCSS grants program? List the <u>year, amount and purpose</u> of the last two grants your organization has received from the Green View FCSS Grants Program:			yes no 🗸		
1. Grant Amount  Purpose of Grant	Year grant was received  Did you provide an expense report?	yes	no		
	W				
2. Grant Amount  Purpose of Grant	Year grant was received  Did you provide an expense report?	yes	no		
Have you applied for grant funds from sources <b>other</b> than the		yes	no 🗸		
Have you received grant funds from sources other than the G  If yes, please describe when, who, purpose and amount.	reen view FCSS grants program?	yes	no 🗸		

CPAA Organization Budget 2023			
Income			
Receipted Donations	\$	77,351.00	
Unreceipted Donations	\$	48,500.00	
Membership Fees	\$	800.00	
Grants	\$	757,647.00	
Special Events	\$	182,875.00	
Office Building Rent Income	\$	34,500.00	
Program Fees	\$	122,215.00	
Casino & Bingo Income	\$	78,739.00	
Social Enterprise Income	\$	1,673,500.00	
Interest Income	\$	87,111.00	
Total Income	\$	3,063,238.00	
Expenses			
Advertising	\$	16,450.00	
Board Expenses	\$	4,800.00	
Bank Charges	\$	13,228.00	
Facilities Expense	\$	105,565.00	
Fundraising Expenses	\$	86,480.00	
Insurance	\$	36,886.00	
Lease	\$	38,000.00	
Licenses & Memberships	\$	12,500.00	
Loan Interest	\$	24,871.00	
Office	\$	117,241.00	
Social Enterprise Product Cost	\$	204,900.00	
Professional Fees	\$ \$	47,397.00	
Program Expenses		166,276.00	
Salaries & Benefits	\$	1,878,595.00	
Staff Expenses	\$	58,814.00	
Vehicle Expenses	\$	89,100.00	
Donation to Qualified Donees	\$	40,000.00	
Total Expenses	\$	2,941,103.00	

Financial Statements of

## CEREBRAL PALSY ASSOCIATION IN ALBERTA

And Independent Auditor's Report thereon

Year ended January 31, 2023



KPMG LLP 205 5th Avenue SW Suite 3100 Calgary AB T2P 4B9 Telephone (403) 691-8000 Fax (403) 691-8008 www.kpmg.ca

#### INDEPENDENT AUDITOR'S REPORT

To the Directors of Cerebral Palsy Association in Alberta

#### **Opinion**

We have audited the financial statements of Cerebral Palsy Association in Alberta (the Association), which comprise:

- the statement of financial position as at January 31, 2023;
- the statement of operations for the year then ended;
- the statement of changes in net assets for the year then ended;
- the statement of cash flows for the year then ended;
- and notes to the financial statements, including a summary of significant accounting policies

(hereinafter referred to as the "financial statements").

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Association as at January 31, 2023, and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

#### Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the "Auditor's Responsibilities for the Audit of the Financial Statements" section of our auditor's report.



We are independent of the Association in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Association's ability to continue as a going concern, disclosing as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

#### Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit.



## We also:

 Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion.

The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

KPHY LLP

**Chartered Professional Accountants** 

Calgary, Canada

May 17, 2023

Statement of Financial Position

January 31, 2023, with comparative information for 2022

	2023	2022
Assets		
Current assets:		
Cash and cash equivalents	\$ 888,743	\$ 2,074,472
Short-term investment	1,210,048	275,353
Accounts receivable	118,624	116,793
Goods and services tax receivable (note 3)	23,852	14,175
Prepaid expenses	35,009	22,148
	2,276,276	2,502,941
Property and equipment (note 4)	2,727,897	2,436,484
	\$ 5,004,173	\$ 4,939,425
Current liabilities: Accounts payable and accrued liabilities Deferred contributions related to operations (note 5) Current portion of mortgage payable (note 7)	\$ 139,415 159,361 30,961	\$ 139,200 54,586 30,960
Current portion of mortgage payable (note /)	329,737	224,746
Deferred contributions related to property and equipment (note 6)	497,515	416,647
		445 070
	384,417	
	384,417 1,211,669	
Long-term portion of mortgages payable (note 7)  Net assets:		
Net assets:  Invested in property and equipment	1,211,669 1,815,004	1,056,771 1,568,499
Net assets: Invested in property and equipment Internally restricted (note 10)	1,211,669 1,815,004 300,000	1,056,771 1,568,499 300,000
Net assets: Invested in property and equipment	1,211,669 1,815,004 300,000 1,677,500	1,056,771 1,568,499 300,000 2,014,155
Net assets: Invested in property and equipment Internally restricted (note 10)	1,211,669 1,815,004 300,000	1,056,771 1,568,499 300,000 2,014,155
Net assets: Invested in property and equipment Internally restricted (note 10)	1,211,669 1,815,004 300,000 1,677,500	415,378 1,056,771 1,568,499 300,000 2,014,155 3,882,654

See accompanying notes to the financial statements

Approved by the Board:

Director

Statement of Operations

Year ended January 31, 2023, with comparative information for 2022

	2023	2022
Revenue:		
Clothing donations	\$ 1,542,421	\$ 1,722,911
Grants	633,833	740,266
Program fees	107,117	64,871
Fundraising events	105,915	112,374
Donations (note 9)	86,604	114,228
Interest (note 11)	65,807	43,402
Casino	44,598	17,776
Rental income – office	30,546	36,900
Recognition of deferred contributions related to	00,010	00,000
property and equipment (note 6)	13,437	15,383
Other	510	11,925
Management Services	(1,100)	13,555
Vacation Villa – rental income	(1,100)	2,925
Vacation vina Terrar moome	2,629,688	2,896,516
	_,,,_,,,,,	_,000,010
Expenses:		
Salaries and benefits (note 12)	1,708,378	1,487,223
Product costs – clothing donations	208,761	205,682
Repairs and maintenance	97,946	73,425
Program direct costs	92,887	82,760
Fundraising	66,404	55,473
Vehicle	64,160	65,308
Professional fees	58,963	72,070
Telephone	55,026	44,963
Donation to qualified donee	53,166	40,939
Office supplies	41,770	60,803
Office facilities	41,418	63,170
Insurance	35,343	38,344
Bank charges	32,340	23,933
Lease	26,342	27,935
Contractors	18,257	22,140
License and fees	16,026	11,462
Travel and meetings	12,548	10,706
Advertising and promotion	5,324	2,271
Postage	1,319	3,205
	2,636,378	2,391,812
(Deficiency) excess of revenue over expenses before amortization		
and gain on disposal	(6,690)	504,704
and gain on dioposar	(0,000)	001,701
Amortization	(83,460)	(80,438)
Loss on disposal of property and equipment	_	58,332
Impairment on property and equipment	_	(9,517)
Government assistance (note 14)	_	91,904
(Deficiency) excess of revenue over expenses	\$ (90,150)	\$ 564,985
(Deliciency) excess of revenue over expenses	\$ (90,150)	ψ 304,303

See accompanying notes to the financial statements

Statement of Changes in Net Assets

Year ended January 31, 2023, with comparative information for 2022

	Invested in property and equipment	Internally restricted	Unrestricted	2023	2022
Balance, beginning of year	\$ 1,573,499	\$ 300,000	\$ 2,009,155	\$ 3,882,654	\$ 3,317,669
(Deficiency) excess of revenue ove expenses	r _		(90,150)	(90,150)	564,985
Amortization	(83,460)	_	83,460	-	_
Revenue recognized on deferred contributions	13,437	-	(13,437)	~ _	-
Purchase of property and equipment	374,873	-	(374,873)	-	-
Restricted contributions received	(94,305)	_	94,305	-	-
Mortgage repayment	30,960	-	(30,960)	-	-
Balance, end of year	\$ 1,815,004	\$ 300,000	\$ 1,677,500	\$ 3,792,504	\$ 3,882,654

See accompanying notes to the financial statements

Statement of Cash Flows

Year ended January 31, 2023, with comparative information for 2022

	2023	2022
Cash provided by (used in):		
Operations:		
(Deficiency) excess of revenue over expenses Items not affecting cash:	\$ (90,150)	\$ 564,985
Amortization of property and equipment	83,460	80,438
Gain on disposal of property and equipment	_	(58,332)
Impairment expense	-	9,517
Recognition of deferred contributions related		
to property and equipment	(13,437)	(15,383)
	(20,127)	581,225
Changes in non-cash working capital:		
Accounts receivable	(1,831)	119,810
Accounts payable and accrued liabilities	215	(59,411)
Deferred contributions related to operations	104,775	(198,452)
Goods and services tax receivable	(9,677)	(8,062)
Prepaid expenses	(12,861)	(384)
	60,494	434,726
Investing:		
Proceeds received from sale of capital assets	-	287,184
Purchase of property and equipment	(374,873)	(221,500)
Purchase of short-term investments	(934,695)	(275,353)
	(1,309,568)	(209,669)
Financing:		
Grants received for capital renovations	94,305	225,000
Repayment of mortgage payable	(30,960)	(30,960)
	63,345	194,040
(Decrease) increase in cash	(1,185,729)	419,097
	( / 1 / - / / / / / / / / / / / -	,
Cash and cash equivalents, beginning of year	2,074,472	1,655,375
Cash and cash equivalents, end of year	\$ 888,743	\$ 2,074,472

See accompanying notes to the financial statements.

Notes to the Financial Statements

Year ended January 31, 2023, with comparative information for 2022

### 1. Nature of operations:

The Cerebral Palsy Association in Alberta ("CPAA" or "the Association") is a not-for-profit organization incorporated on May 18, 1976 under the Societies Act of Alberta. CPAA is a registered charity and is exempt from income taxes under Section 149(1) of the Income Tax Act. The purpose of the CPAA is to increase awareness of cerebral palsy and to provide assistance to individuals with cerebral palsy and other disabilities.

## 2. Significant accounting policies:

### (a) Basis of presentation:

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations in Part III of the CPA Canada Handbook, and in management's opinion, have been properly prepared within reasonable limits of materiality and within the framework of the significant accounting policies summarized below:

## (b) Revenue recognition:

CPAA follows the deferral method of accounting for contributions.

Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Sales revenue from clothing donations is recognized when the goods are provided to the purchaser. Revenue from fundraising events is recognized when the event occurs. Interest revenue is recognized on an accrual basis. Program fees and rental income are recognized when services are rendered.

## (c) Pledges:

Due to uncertainty related to collection, pledges are recognized when the cash is received and are included in donations revenue.

#### (d) Cash and cash equivalents:

Cash includes cash on hand and in bank accounts. Cash equivalents are short-term liquid investments that are readily convertible to known amounts of cash, with original maturities of three months or less and subject to an insignificant risk of change in value.

Notes to the Financial Statements, page 2

Year ended January 31, 2023, with comparative information for 2022

## 2. Significant accounting policies (continued):

### (e) Goods and services tax:

Goods and services tax is recoverable at 50% as a rebate. The unrecoverable portion is recorded as an expense with the rebate treated as a receivable.

## (f) Property and equipment:

Property and equipment are recorded at cost. Donated capital assets are measured at deemed cost or fair value at the date of contribution, where such value can be reasonably estimated, with an equal amount recorded as deferred capital contribution. Amortization is provided using the declining balance method at rates sufficient to charge the costs over the estimated useful lives of the assets. The annual rates are as follows:

Buildings	4%
Vacation villa	4%
Canopies	20%
Collection bins	20%
Furniture and fixtures	20%
Office improvement	10 year Straight-line
Trailers	20%
Elevator	4%

## (g) Donated materials and services:

Donated clothing collections are not recognized in these financial statements because the fair value cannot be reasonably estimated. Donated materials which would otherwise be purchased and for which the fair value is reasonably determinable are recognized as gifts in kind.

Volunteers contributed significant amounts of time to the activities of CPAA without compensation. Because of the difficulty in determining the fair value of the services contributed, there has been no recognition of these services in the financial statements.

## (h) Use of estimates:

The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations, which requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the period. Actual results could differ from those estimates.

Estimates included in the preparation of these financial statements include the estimated useful lives and recoverability of property and equipment and accrued liabilities.

Notes to the Financial Statements, page 3

Year ended January 31, 2023, with comparative information for 2022

## 2. Significant accounting policies (continued):

### (i) Short term investments:

Short term investments include investments maturing within one year from the statement of financial position date and are recorded at amortized cost. When there has been a loss in value that is other than a temporary decline, the respective investment is written down to recognize the loss.

## (j) Financial instruments:

Financial instruments are recorded at fair value on initial recognition. Equity instruments that are quoted in an active market are subsequently measured at fair value. All other financial instruments are subsequently recorded at cost or amortized cost, unless management has elected to carry the instruments at fair value. The Association has not elected to carry any such financial instruments at fair value.

Transaction costs incurred on the acquisition of financial instruments measured subsequently at fair value are expensed as incurred. All other financial instruments are adjusted by transaction costs incurred on acquisition and financing costs, which are amortized using the effective interest rate method.

Financial assets are assessed for impairment on an annual basis at the end of the fiscal year if there are indicators of impairment. If there is an indicator of impairment, the Association determines if there is a significant adverse change in the expected amount or timing of future cash flows from the financial asset. If there is a significant adverse change in the expected cash flows, the carrying value of the financial asset is reduced to the highest of the present value of the expected cash flows, the amount that could be realized from selling the financial asset or the amount the Association expects to realize by exercising its right to any collateral.

If events and circumstances reverse in a future period, an impairment loss will be reversed to the extent of the improvement, not exceeding the initial carrying value.

## (k) Government assistance:

Government assistance related to current expenses and revenues is included in the determination of net excess (deficiency) of revenue over expenses for the period.

#### 3. Goods and services tax receivable:

The current balance of \$23,852 (2022 - \$14,175) represents the second half of the year's goods and service tax rebate.

Notes to the Financial Statements, page 4

Year ended January 31, 2023, with comparative information for 2022

## 4. Property and equipment:

	2 2 2		2023	2022
		Accumulated	Net book	Net book
	Cost	amortization	value	value
Land	\$ 544,500	\$ -	\$ 544,500	\$ 544,500
Building	2,540,384	988,743	1,551,641	1,616,293
Canopies	4,061	3,534	527	658
Collection bins	216,468	173,776	42,692	33,532
Furniture and fixtures	52,681	43,281	9,400	2,633
Office improvement	513,520	4,279	509,241	179,756
Trailers	81,887	53,385	28,502	17,370
Elevator	41,742	348	41,394	41,742
	\$ 3,995,243	\$ 1,267,346	\$ 2,727,897	\$ 2,436,484

Impairment expense recorded in the statement of operations is \$nil (2022 - \$9,517).

## 5. Deferred contributions – related to operations:

Deferred contributions reported relate to funding received in the current period for future period operations.

January 31, 2023	Be	ginning of year	Cor	ntributions received	Utilized	End of year
Casino and Bingo Government of Alberta –	\$	3,079	\$	75,917	\$ 44,694	\$ 34,302
mental health		_		140,000	116,667	23,333
Government of Canada		49,667		168,000	183,952	33,715
Contributions – various donors		1,480		107,300	43,194	65,586
Gala and poker event		360		2,425	360	2,425
	\$	54,586	\$	493,642	\$ 388,867	\$ 159,361

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Year ended January 31, 2023, with comparative information for 2022

## 6. Deferred contributions – related to property and equipment:

January 31, 2023	Ве	ginning of year	Cor	ntributions received	Utilized	End of year
Government of Canada Government of Alberta Alberta Beverage Container Recy	\$	233,790 179,457	\$	94,305 —	\$ 6,277 6,480	\$ 321,818 172,977
Corporation	omig	3,400		_	680	2,720
	\$	416,647	\$	94,305	\$ 13,437	\$ 497,515

## 7. Mortgage payable:

The mortgage payable of \$415,378 (2022 - \$446,388) is due to the Association's lender. The mortgage bears interest at the annual Bank of Canada Prime rate plus 2.45% compounded semi – annually and is repayable in fixed monthly payments of \$2,580 that include principal and interest. The mortgage is scheduled to mature on May 30, 2036 with a reassessment of the monthly payments and interest rate every 5 years. Land and building have been pledged as security.

	2023	2022
Mortgage payable as at January 31 Less: current portion	\$ 415,378 (30,961)	\$ 446,338 (30,960)
	\$ 384,417	\$ 415,378
Principal repayment terms are approximately:		
2024 2025 2026 2027 2028 and thereafter		\$ 30,961 30,960 30,960 30,960 291,537
	 	\$ 415,378

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Year ended January 31, 2023, with comparative information for 2022

#### 8. Commitments:

CPAA leases vehicles and office equipment. These leases have varying terms and monthly commitments. The leases for the vehicles expire in 2024 and the leases for the office equipment have been renewed during the year. The minimum annual lease payment for the three years to which CPAA has committed are as follows:

2024 2025 2026			\$ 17,443 17,443 1,668
		 	\$ 36,554

#### 9. Gifts in kind:

The CPAA received gifts in kind during the year with a fair market value of \$nil (2022 - \$3,405). This balance is reported in the statement of operations and are included in donations on the statement of operations for the year ended January 31, 2022.

## 10. Internally restricted net assets:

On January 9, 2021, The CPAA Board internally restricted \$300,000 of the Association's surplus cash to be set aside in a reserve fund. This internal restriction of cash may not be utilized unless the CPAA Board and Executive Director approve its use ahead of time. There was no change in the balance or restrictions during the year.

### 11. Interest revenue:

In 1996, the CPAA transferred the securities of the Bequest Fund of the Calgary Foundation and the Edmonton Community Foundation (the "Foundations") to establish a permanent trust for those funds. The Foundations will hold the funds in perpetuity, and the CPAA will receive income from these funds allocated quarterly to be used by the CPAA to further its goals and objectives. Revenue of \$47,559 (2022 - \$41,083) was recorded as interest revenue during the year.

Notes to the Financial Statements, page 7

Year ended January 31, 2023, with comparative information for 2022

## 12. The Charitable Fund-Raising Act of Alberta – required disclosure:

During the current year, \$111,540 (2022 - \$122,190) was paid as remuneration to employees whose principal duties involved fund-raising. No other expenses or fees are incurred by the Association for fund-raising activities or to fund-raising businesses or reimbursements to fund-raising businesses (2022 - \$nil).

#### 13. Financial Risks:

### (a) Liquidity risk:

Liquidity risk is the risk that the Association will be unable to fulfill its obligations on a timely basis or at a reasonable cost. The Association manages its liquidity risk by monitoring its operating requirements. The Association prepares budget and cash forecasts to ensure it has sufficient funds to fulfill its obligations.

## (b) Credit risk:

Credit risk refers to the risk that a counterparty may default on its contractual obligations resulting in a financial loss. The Association is exposed to credit risk with respect to the accounts receivable, cash and cash equivalents, and short-term investments. The Association assesses, on a continuous basis, accounts receivable and provides for any amounts that are not collectible in the allowance for doubtful accounts. Cash and cash equivalents are deposited with Canadian commercial banks. Short-term investment consists of guaranteed investment certificates with Canadian commercial banks.

### (c) Interest rate risk:

Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the Association manages exposure through its normal operating and financing activities. The Association is exposed to interest rate risk primarily through its floating interest rate tranche included in the mortgage payable.

There have been no changes to the Association's risk exposure from 2022.

### 14. Government Assistance:

The Government of Canada created a program called the Canada Emergency Wage Subsidy, ("CEWS") to provide wage assistance to companies who experienced a decrease in revenues resulting from the COVID-19 outbreak. During the year, the Association met the eligibility requirements and received \$nil (2022 - \$91,904). The entire amount was collected as of January 31, 2022 and recognized as Government Assistance on the statement of operations for the year ended January 31, 2022 under other income.

Cerebral Palsy Alberta - Support Serv	vices Va	alley View Alberta
Revenues		Amount
Green View FCSS - Pending	\$	2,300.00
CPAA Self-Contribution from Social Enterprise Revenue	\$	5,000.00
Total	\$	7,300.00
Project Expenses		Amount
Portion of Social Worker, Client & Family Counselor, Director of Social Inclusion & Support Services salary & benefits	\$	5,000.00
Zoom Software, Phone, Internet, Printer, Photocopy, Supplies	\$	1,000.00
Advertising - Social media and website	\$	300.00
Admin Expenses	\$	1,000.00
Total	\$	7,300.00

Dear Service provider/Advocate for the Disabled Community:

We would like to take a few minutes of your valuable time in order to introduce ourselves. We are a growing community of AISH recipients. We have been meeting due to some ongoing and troubling issues that continue to negatively impact the AISH community. We call our group **A.R.I.S.E.-AISH Recipients In Search of Equal Human Rights.** 



## **Our Mission Statement:**

"A.R.I.S.E. seeks to ensure that those individuals, being severely disabled, while applying for, being accepted into, and living on the AISH benefit, are treated with dignity, respect, and compassion. We also seek to form alliances with ALL groups/services/agencies/individual who work to serve the needs of the disabled community."

### **OUR VISION:**

A publically funded severe disability provincial financial benefit that **ensures the physical, emotional, psychological and spiritual safety** of all those who are in receipt of this program. We want to be involved in the planning, implementation and delivery of a transparent AISH benefit program that ensures all who benefit from this program can live as a fully participating member of society here in the province we love.

We are grateful for the AISH program, and, the hard work of those who fought to bring it to fruition, however, we have also seen many shortfalls and oversights that continue to put our community at risk for deeper debt, physical and emotional unsafety and harm to our persons.

## HOW WE HOPE TO ACHIEVE THIS:

We believe in the goodness of people. We also believe that the public is either misinformed or, unaware about the true realities of the AISH program and its recipients. Many myths persist within Alberta about us: we are lazy, we scam the system, we have no worth, didn't try/plan/work hard enough, and much more. This must end.

These myths perpetrate hate and in our political climate, people are looking for scapegoats. Scapegoating leads to further isolation, fear, low self esteem, despair-the realities of living with a severe disabilities is more then enough to live with on a daily basis- deep poverty only pushes us and those in our community to even deeper despair. Our speaking out now is our attempt to not be any further hurt/disadvantaged/targeted or pushed towards unaliving ourselves as many in our community already are. This is our lived reality as a minority living within a wealthy province.

We are determined and we will not rest until we are heard. Together, through mutual support, kindness and sharing of our stories, as a group, working to change this. We believe that education is key, and that the public has the right to know and understand about AISH. We believe that as the recipients and benefactors of this program that we are the people who should be speaking out on our own behalf, as we are able.

Your group, your service, your advocacy and your non profit exist because people want to do good, people want to do the right thing and want safety and security for all persons- including people with disabilities.

Today, we are asking for you to become true allies.

We do this order to ensure that as human persons, our human rights are protected, that our safety, dignity and ability to participate as autonomous human persons is assured and also protected.

We believe, based on OUR REALITIES, and OUR LIVED EXPERIENCES, that it is only when we, those who are actually living within and under the AISH guidelines, get to have our voices truly heard, and truly listened to, will we actually be recognized as TRUE HUMAN BEINGS, with TRUE HUMAN RIGHTS.

What being an ally looks like to us:

- That as an agency/group/non profit/individual advocating for us, that you seek to listen to us and what we want and need in order to live lives that are safe and truly inclusive
- That you come to see that politics does affect our ability to achieve full
  participation within our communities (staying politically neutral is not
  possible in our current climate and only maintains the status quo ie deep
  poverty)
- That as a group our division is no longer serving us as a vulnerable and
  marginalized community and we must come to understand what common
  issues can bring us together (we have identified several common themes that
  AISH recipients experience that not only negatively impact our lives, but
  cause deep harm and lead us to believe our human rights are being violated)
- That we seek to have our voices heard, a literal "seat at the table" in the decision making process at both local and provincial levels- a true seat with real influence, and finally
- That true caring and kindness is action; real people on AISH can no longer survive as the current government pushes to normalize the use of food banks

   another obvious decision that did not take us as a community into consideration (accessibility, nutritional needs etc
- That all organizations/agencies/ individuals must be minimally trained in a Trauma informed approach- we are severely disabled individuals and most, if not all, have experienced trauma

We also believe that by approaching all stakeholders with these same values, we have the potential to make positive and long lasting changes to not only the AISH program, but to all social programs and services that allow people to move from surviving, to thriving.

Examples of what themes we have uncovered and, have been discovered by the hard work of organizations such as the VCC, that we will be working on resolving are as follows:

- The date change of the benefit deposit from several days prior to the end of the month to the first of the month (many continue to be impacted by this.
- Clawbacks (Having to use CPP as a disability benefit and therefore having less financial safety after 65) when people are older and even less likely to have employment and health is further in decline
- Further clawbacks-Unfair practices that affect people who are either married, deciding to get married or wanting a romantic relationship. Loss of self esteem/self worth as a result of having money taken away from the AISH recipient/increased likelihood of being unable to leave an abusive relationship due to power imbalances
- Housing
- Having to choose between giving up a pet, unaliving a pet and or not feeding yourself (a pet is more then an animal for many, they may be the only source of family/love and comfort an AISH Recipient has) as it costs money to feed/keep this "family member"
- Caseworkers and communication/storage and sharing of information (misinformation/inconsistency/disrespect/lack of trauma informed practice and how these all impact our community)
- Targeting/harassment- fear of disclosure if one discloses every single thing one has, does, is given or earns
- Fear/stress/anxiety as we are reminded monthly by what appears to be an innocent piece of paper we receive on a monthly basis, that our benefit can disappear at the swipe of a pen/push of a button...

The above are a few examples of what we know as individuals receiving the AISH benefit, and or, what we have experienced. We are on AISH because we ended up in circumstances or were born with issues we did not ask for. Every day we struggle just to feel okay. The above unnecessary experiences do not need to happen and are in fact, cruel and demonstrate a complete disregard for us as human persons. We strive to change these things.

In closing, it is impossible as disabled individuals to meet these goals without allies. If you believe the above issues are not only unfair but demonstrate a lack of regard for all lives, please contact us to learn more about us or, invite us to your table. We again believe, that people are good and, want to do good.

For more information please contact Janet Nass at <a href="mailto:nass\_janet@yahoo.com">nass\_janet@yahoo.com</a>, or call 587 679 7674

In gratitude and compassion,

Janet Nass, for:

AISH Recipients In Search of Equal Human Rights A.R.I.S.E.