

JULY & AUGUST 2023

SUMMER YOUTH PROGRAMS

Grande Cache Recreation Centre

FOR AGES 5 -12



THE YOUNG AND THE WRECKLESS

DATE: Monday July 10, 17, 24, 31 & August 14, 21
AGES: 13-17

TIME: 9:30 am -2:00 pm

COST: \$80 for all sessions
(No drop-in sessions available for this program)

MAX: 12 children

Get your hiking gear ready! The programmers and fitness coordinator have partnered up to offer a 6-week program for that 13 to 17 age group! We will spend the first 5 sessions, 4 hours for each session, exploring as many of the trails that Grande Cache has to offer, plus a bonus of a half hour in the pool from 1:30 -2:00 pm to relax!

On Monday, August 21, we will attempt to conquer a huge goal and climb Flood and Grande Mountain (Death Race trail). Please meet at the Grande Cache Recreation Centre by 8:00 am.

After you register the Grande Cache Recreation Centre, we will contact you to give you the list of all the items you need to be prepared for this program. We love hiking adventures and are excited to show you our beautiful back yard.

PROGRAMS HIKING PASSPORT!

DATE: Tuesday July 4, 11, 25 & August 1, 15 & 22
AGES: 5-12

TIME: 9:30 – 12:00 pm

COST: \$8.50 for each session

MAX: 16 children

Join the programs team to create a Grande Cache hiking passport memory book! Each session we will hike to different areas and have certain objects that we will take a group and individual photo to put into your hiking passport. Get your hiking shoes ready and your smiling faces to capture those moments we are about to experience. Please have proper footwear, a backpack and water bottle.

PROGRAMS SUMMER BUCKET LIST

DATE: Tuesday July 4,11,25 & August 1, 15 & 22
AGES: 5-12

TIME: 1:00 - 3:30 pm

COST: \$8.50 for each session

MAX: 16 children

The programmers have a Summer Bucket List of 30 activities to check off! Come help us to tackle 5 of the things in each session! Here is what each session looks like.

- July 4: Make a milkshake, plant a pizza garden, play baseball, paint rocks, and make bubbles!
- July 11: Make an ice cream sundae, go on a hike, have a scavenger hunt, climb a tree, and build a nature fort!
- July 25: Have a picnic, go to the spray park, water balloon fight, suntan on a towel, and have a bubble gum contest!
- August 1: Make frozen lemonade, make a lemonade stand, do sidewalk art, play basketball, and play at the Spray Park!
- August 15: Tie dye fun, make a root beer float, build an obstacle course, play 500 and play at the park!
- *August 22: Go to the lake & swim, skip rocks, water gun fight, build a sandcastle, and play beach volleyball.

NOTE: All sessions will start at the Grande Cache Recreation Centre except for August 22, and that one will be at Grande Cache Lake. Must bring a life jacket – children without a life jacket will not be able to swim in the lake.

GEO QUEST!

DATE: Wednesday, July 5, 12 ,26 & August 2, 16 ,23

AGES: 5 - 12

TIME: 9:30 am – 12:00 pm

COST: \$8.50 for each session

MAX: 16 children

Join the Programmers as we go geocaching.... in other words, a treasure hunt! All the geocaches are made and hidden by the programmers, so it will be new and exciting. Get your hiking shoes on and your navigation skills ready!

ALL ABOUT PAINT!

DATE: Wednesday July 5, 12 ,26 & August 2, 16 ,23

AGES: 5-12

TIME: 1:00 - 3:30 pm

COST: \$8.50 for each session

MAX: 16 children

The programmers are excited to have activities all about paint! These sessions are going to get a little messy and the pictures always turn out as our favorites to share. Here is what each session looks like!

- ▶ July 5: Sponge Water Fight with Paint
- ▶ July 12: Water Gun Fight with Paint
- ▶ July 26: Slip N Slide in Paint
- ▶ August 2: Anything but a Paint Brush
- ▶ August 16: Water Balloon Fight with Paint
- ▶ August 23: Sidewalk Art with Chalk Paint

SPRAY PARK FUN!

DATE: Thursday July 6, 13, 27 & August 3, 17, 24

AGES: All ages welcome

TIME: 11:00 am -12:30 pm

COST: Free

Enjoy this family friendly program held at the Spray park. This program will include BEST providing fun jumbo backyard games, the Grande Cache Recreation Centre Programmers and the FCSS Youth Coordinator will be on site with activities like bubbles, chalk, water guns, skipping ropes & more!

ROLLER RINK!

DATE: Thursday July 6, 13, 27 & August 3, 17, 24

AGES: All ages welcome

TIME: 2:00 - 4:00 pm

COST: \$5.00 for each session

Roller Rink is back! Bring your roller skates, roller blades, Heelys or scooter to enjoy an afternoon of roller rink fun! There will be music, games, and a seating area to hang out while you take a break.

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- Deadline to register for programs will be the day before each program.
 - The Young and the Wreckless program deadline is July 6th by the end of the day. All information for what is needed for this program will be sent out after you register.
 - Please have your child dress for the weather as we are outside for most of the programs.
 - Please have your child bring a water bottle, proper footwear, and a backpack.
 - If your child is not feeling well, please keep them home
 - Drop off and pick up is in the Programs room (the old Pre-School room) unless stated otherwise.
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WAYS TO REGISTER:

1. Online: <https://app.bookking.ca/grandecachereccentrepub/index.asp>
2. By Phone: 780-827-2446
3. In person at the Grande Cache Recreation Centre

FOR MORE INFORMATION:

Phone: 780-827-2446 or

Email: corrinna.landry@mdgreenview.ab.ca

Facebook: Grande Cache Recreation Centre

Website: www.mdgreenview.ab.ca

