

# **REGULAR BOARD MEETING AGENDA**

Wednesday June 21, 2023		9:30am	Meeting Ro Green View FCSS Build	
#1	CALL TO ORDER			
#2	ADOPTION OF AGENDA			
#3	MINUTES	3.1 Regular Green View Family and Community Meeting minutes held April 19, 2023 to be a		
		3.2 Business Arising from the Minutes		
#4	DELEGATION	4.1 Northern Gateway School Division	4	1
#5	OLD BUSINESS	5.0		
#6	NEW BUSINESS	6.1 FCSS Manager Report	e	5
#7	MEMBER REPORTS	7.1 Chair/Member Reports		
#8	CORRESPONDENCE	8.0		
#9	CLOSED SESSION	9.0		
#10	ADJOURNMENT	10.0		

## Minutes of a REGULAR BOARD MEETING GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES

Green View Family and Community Support Services Building Valleyview, Alberta, on Wednesday, April 19, 2023

# 1: CALL TO ORDER	Chair Perron called the meeting to order at 9:31 am.	
PRESENT	Chair, Member at Large, Greenview Board Member, Member at Large, Greenview Board Member, Member at Large, Greenview Board Member, Member at Large, Town of Valleyview Board Member, Town of Valleyview Mayor Board Member, Greenview Councillor Board Member, Greenview Councillor	Roxanne Perron Tammy Day Trina Parker-Carroll Kristine Gavin Vern Lymburner Sally Rosson Christine Schlief
ATTENDING	FCSS Manager Recording Secretary	Lisa Hannaford Corinne D'Onofrio
ABSENT		
#2: AGENDA	<b>2.0 GREEN VIEW FCSS AGENDA</b> <b>MOTION: 23.04.14</b> Moved by: BOARD MEMBER, TAM That the April 19, 2023 agenda be adopted as presented	
#3.1 REGULAR MEETING MINUTES	<b>3.1 GREEN VIEW FCSS REGULAR BOARD MEETING MINU</b> <b>MOTION: 23.04.15</b> Moved by: BOARD MEMBER, TRIN That the Minutes of the Regular Green View FCSS Board February 15, 2023 be adopted as presented.	IA PARKER-CARROLL
		CARRIED
#3.2 BUSINESS ARISING FROM MINUTES	3.2 BUSINESS ARISING FROM THE MINUTES	
#4 DELEGATION	4.0 DELEGATION	
#5 OLD BUSINESS	5.0 OLD BUSINESS	

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 #6 NEW BUSINESS
6.1 COMMUNITY OUTREACH WORKER MOTION: 23.04.16 Moved by: BOARD MEMBER, SALLY ROSSON That the Green View Family and Community Support Services Board authorize administration to provide \$5000.00 to the Valleyview HEART Committee (health, education, action in relationships team) to fund the Community Outreach Worker from Odyssey House, with funds to come from the 2023 operational budget, professional services.
6.2 MEN'S SHED

> **MOTION: 23.04.17** Moved by: BOARD MEMBER, TRINA PARKER-CARROLL That the Green View Family and Community Support Services Board approve a financial contribution of \$2500.00 to the Valleyview Men's Shed as seed money to assist with the purchase of equipment and supplies, with funds to come from the 2023 operational budget, grants to external agencies.

CARRIED

#### **6.3 FCSS MANAGER REPORT**

**MOTION: 23.04.18** Moved by: BOARD MEMBER, SALLY ROSSON That the Green View FCSS Board accept the April 2023 Manager's report as presented for information.

CARRIED

Chair Perron called the meeting to recess at 10:57 am. Chair Perron reconvened the meeting at 11:05 am.

#7 MEMBER REPORTS

#### 7.1 CHAIR/MEMBER REPORTS

#### **BOARD MEMBER PARKER- CARROLL**

- Valleyview has a home visitation worker that provides support to families with children 0-6 years old.
- Mentioned there is a childcare crisis in Northern Alberta

#### **BOARD MEMBER GAVIN**

- No report at this time
- BOARD MEMBER DAY
  - No report at this time

#### **BOARD MEMBER LYMBURNER**

• Spoke of recruitment and retention of health care workers

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#### **BOARD MEMBER ROSSON**

- Attending the Volunteer Appreciation events in Grande Cache, Valleyview and Grovedale
- Spoke of attending an RMA (Rural Municipalities of Alberta) Convention

#### **BOARD MEMBER SCHLIEF**

• Attended the RMA Convention where there was a presentation from Grande Spirit Foundation

#### **CHAIR PERRON**

• Attended an FCSSAA meeting by Zoom

#8 8.0 CORRESPONDENCE

#9 CLOSED SESSION 9.0 CLOSED SESSION

#10 ADJOURNMENT ADJOURNMENT MOTION: 23.04.18 Moved by: BOARD MEMBER, CHRISTINE SCHLIEF That this meeting adjourns at 12:36 pm.

CARRIED

F.C.S.S. MANAGER

F.C.S.S. CHAIR



# Green View REQUEST FOR DECISION

SUBJECT:	<b>Delegation-Northern Gateway School</b>	Division	
SUBMISSION TO:	GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES BOARD	REVIEWED AND AF	PROVED FOR SUBMISSION
MEETING DATE: DEPARTMENT:	June 21, 2023 GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES	GM:	MANAGER:LDH PRESENTER:LDH

#### RELEVANT LEGISLATION: Green View FCSS Policy: N/A

#### **RECOMMENDED ACTION:**

MOTION: That Green View Family and Community Support Services Board accept the presentation from Rhonda McKinnon, the Program Manager of the Mental Health Capacity Building initiative at Northern Gateway School Public School Division, for information.

#### BACKGROUND/PROPOSAL:

In the 2022/23 school year, Northern Gateway Public School Division began a Mental Health Capacity Building in schools' initiative which works to promote positive mental health in children, youth, families, and support individuals in community. This initiative is based on research that demonstrates that mental and emotional wellbeing can be developed, nurtured, and supported through promotion and prevention efforts. There are currently two mental wellness coaches in Valleyview employed by Northern Gateway School Division. The Program Manager will provide information on activities and current offerings of the wellness coaches, as well as the objectives of program and how it complements the in-school offerings provided by the Youth Coordinator employed by Green View Family and Community Support Services.

BENEFITS OF THE RECOMMENDED ACTION:

1. The benefit of accepting the presentation is to update the Board on the work being done by the wellness coaches employed by Northern Gateway Public School Division.

DISADVANTAGES OF THE RECOMMENDED ACTION:

1. There are no perceived disadvantages to accepting the presentation.

#### ALTERNATIVES CONSIDERED:

**Alternative #1:** The Green View Family and Community Support Services Board may choose not to accept the presentation for information. This alternative is not recommended for if the Board is aware of what services are being delivered, the Board will be informed and better able to make programming decisions without duplicating services.

# FINANCIAL IMPLICATION: Direct Costs: N/A Ongoing / Future Costs: N/A

## STAFFING IMPLICATION: N/A

#### PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

## **INCREASING LEVEL OF PUBLIC IMPACT**

Inform

## **PUBLIC PARTICIPATION GOAL**

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

#### PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS: N/A

ATTACHMENT(S): N/A



SUBJECT:	Managers' Report		
SUBMISSION TO:	GREEN VIEW FAMILY AND	REVIEWED AND	APPROVED FOR SUBMISSION
	COMMUNITY SUPPORT SERVICES		
	BOARD		
MEETING DATE:	June 21, 2023	GM:	MANAGER: LDH
DEPARTMENT:	GREEN VIEW FAMILY AND		PRESENTER: LDH
	COMMUNITY SUPPORT SERVICES		

# **RELEVANT LEGISLATION:**

Green View FCSS Policy- N/A

**RECOMMENDED ACTION:** 

MOTION: That Green View Family and Community Support Services Board accept the June 2023 Managers report as presented for information.

BACKGROUND/PROPOSAL:

Monthly Managers reports are provided to the Board for information.

**BENEFITS OF THE RECOMMENDED ACTION:** The benefit of accepting the report is to update the Board on services provided by the Manager.

DISADVANTAGES OF THE RECOMMENDED ACTION: There are no perceived disadvantages to accepting the report.

ALTERNATIVES CONSIDERED: N/A

FINANCIAL IMPLICATION: N/A

STAFFING IMPLICATION: N/A

## PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

# **INCREASING LEVEL OF PUBLIC IMPACT**

Inform

## **PUBLIC PARTICIPATION GOAL**

Inform

## PROMISE TO THE PUBLIC

Inform

FOLLOW UP ACTIONS: N/A

# ATTACHMENT(S):

• June Managers report



MONTH: June YEAR: 2023

SUBMITTED TO: Green View Family and Community Support Services Board

TITLE: Manager

SUBMITTED BY: Lisa Hannaford

LAST MONTH'S ACTIVITIES:

Dear Board Members,

During the week of the last regular meeting of the FCSS Board, three Volunteer Appreciation dinners were scheduled. All dinners were very successful and well received by community members. The first dinner was held in Grande Cache on April 17 with approximately 70 people attending. The second dinner took place in Valleyview with about 175 community members, and the final dinner was hosted in Grovedale where an unprecedented 140 people gathered for the appreciation dinner.

The first week of May was the FCSS Directors Network conference in Jasper and proved to be both a teaching and learning opportunity. Administration helped to lead a session for the new directors in the province and approximately 30 new directors were in attendance. One highlight of the learning opportunities was a session on Death Cafe's. Death Cafe's began in 2010 and are an informal, welcoming, and inclusive space for people to gather to discuss death and dying for the purpose of increasing awareness of death and ultimately exploring a topic which is taboo for many in our society. A death café is not a grief counselling session, nor a place for structured learning or information. It is an unstructured session with no other agenda other than to be a safe space to talk about death and dying. Sessions usually include food and are open to all ages where everyone is welcome. The host and facilitator are often the same, and the only role of the host is to provide an accessible space, some food, and sometimes include a "menu" with guiding questions which may include, " do you think there is an afterlife"? or, "What do you want done with your body after death"? While these questions are just examples, the main role of the host is to guide conversation back to death if it starts to stray to another topic. Administration is considering hosting a death café in the fall of 2023.

On the way back from the conference in Jasper May 5, administration was called upon by the Town of Valleyview to open a reception center at the Memorial Hall for Sturgeon Lake residents due to the wildfire. Emergency social services staff registered over 1900 people in the first four days of mandatory evacuation for Sturgeon Lake Cree Nation and areas of Greenview. Additional Greenview evacuees impacted by the wildfire registered in both Grande Prairie, in partnership with GPREP (Grande Prairie Regional Emergency Partnership) as well as in the Town of Whitecourt.

Shortly after the initial reception center activation in Valleyview, Sturgeon Lake Cree Nation established supports for their members which reduced the number of evacuees receiving assistance from Greenview. This support was also noted from the Town of Valleyview staff who assisted the Town residents in accordance with their own plan. The Town of Whitecourt, Fox Creek, Valleyview and City of Grande Prairie were all heavily impacted, and worked cooperatively to deliver mutual aid in the response to the fires that were raging across northwest Alberta.

While many evacuees chose to stay with friends and family, those who could not (111 registered families and individuals), were provided accommodation at hotels, campgrounds, and group lodging for two nights. Food vouchers were provided by GPREP for evacuees in that area, while wristbands gave access to meals at local restaurants in Valleyview for Greenview residents who were under mandatory evacuation.

- 85 registered in VV 65 stayed with friends/family, 12 at campgrounds, 8 in hotels.
- 26 registered with GPREP 9 stayed with friends/family, 3 at campgrounds, 5 in hotels.

The Valleyview Agricultural Society served to host the evacuated pets and livestock. 160 community volunteers and approximately 1475 volunteer hours were used in caring for the 137 pets evacuated. When the Town of Valleyview evacuation order was issued the non-profit group, Companion Animal Disaster Response Team was dispatched and they relocated evacuated animals to Edmonton. This group took the responsibility of contacting owners and coordinating the return of pets to their rightful homes.

The seamless support provide to residents through this complex emergency social service response was possible because of the training staff receive, relationships with other agencies and municipalities, and the response of various community agencies and volunteers.

Some disruption to regular FCSS programming and service provision occurred due to wildfires. A Just In Case Workshop in Valleyview was cancelled, the presentation at the Canadian Rural and Remote Housing and Homelessness Symposium did not occur, and in school programming in the Valleyview area was cancelled during evacuations. Programming in schools resumed May 25, and home support clients who were not evacuated continued to receive services throughout the emergency response.

On June 9 the fire in the Sweathouse area forced another mandatory evacuation. There were 17 evacuees that registered, and of those 3 different families required hotel accommodation. Residents were able to return home on Sunday June 11 as the evacuation order was downgraded from mandatory to an alert. Many hours have been spent providing ESS services since May 5, both delivering frontline coordination and in the Emergency Operations Center. After evacuees return home, statistics, invoices, and documentation for disaster recovery submission entail.

At the June meeting, The Board will receive a delegate from Northern Gateway School division, who oversees the wellness coaches in Valleyview. The presentation will provide the board with detail on what programs and services are conducted by wellness coaches in the local schools.

The report from Grande Cache and respective Coordinators are attached to this report.

# HIGHLIGHTS:

The FCSS staff that were engaged in the emergency social service response were phenomenal. This was a highlevel response, and if not for the consistent dedication to training and practice through mock exercises, the response would not have been as seamless.

# UPCOMING:

The northwest spring regional conference originally planned for May 8 and 9<sup>th</sup> has been re-scheduled to September 7 & 8 in Slave Lake. Information on registration has been included in the agenda package.

I look forward to seeing you on June 21 @ 9:30!

NWFCSS Spring Regional 2023 Re-Scheduled Beach Retreat

# <u>Locations</u>

# Activities/Meetings Legacy Centre Slave Lake

406 6th Ave. N.E

# Supper

TA's Asian Grill 109 2nd Ave. N.W.

# <u>Thursday September 7, 2023</u>

12:00pm-Registration and Sign In

1:00pm-4:30pm-Sessions

5:30pm Supper

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**Evening activity: Beading** 

Friday September 8, 2023

9:00-9:30am–Light Breakfast

9:30-11:00am-Updates and Meeting

11:00am—Closing and Farewell

# <u>Registrations</u>

onlineSiteId=0&from original cui=true

# **Registration fee: \$70.00**

Includes Buffet Supper & Evening Activity

To Register: <u>https://anc.ca.apm.activecommunities.com/</u> townofslavelake/activity/search/detail/4648?

**fcss** Family and Community Support Services

# Save the date... Northwest FCSS Spring/Summer Regional Beach Retreted Eggacy Centre Glave Lake

Hotel Information: No Block Book Available Book at your choice of hotel



Re-scheduled May Spring Regional—if you have pre-paid and cannot attend, please contact Darcy for a refund. fcss@slavelake.ca 780-849-8003



MONTH: June YEAR: 2023

SUBMITTED TO: Lisa Hannaford

# TITLE: Assistant Manager SUBMITTED BY: Amber Hennig

Over the past couple of months, administration has hosted two events, the Volunteer Appreciation Dinner and Older Adult Information Day and several youth programs have been delivered. Youth programming took place in Grande Cache Community High School, Summitview Middle School, and Susa Creek School. Forms Assistance, the Community Volunteer Income Tax Program, Home Support and Outreach Coordinator services have all seen increased clientele. For the programs and services mentioned above 230 individuals of all ages have been helped. This is in addition to the 1040 resident interactions through phone calls and in person visits.

The Volunteer Appreciation Dinner was wildly successful. The number of nominations and people in attendance for the dinner exceeded expectations. 93 nominations and 71 people in attendance for the dinner was an extraordinary experience that demonstrated the strength and kindness of the community. Some individuals expressed how nice it was to see the Manager of Green View Family and Community Support Services (FCSS) and Chair of the Green View FCSS Board in attendance, their presence increased the level of appreciation felt by the volunteers.

Delivery of Older Adult Information was not without challenges. Two presenters were unable to attend at the last minute, but administration rallied and delivered sessions that attendees found valuable. Hosting this event during Seniors Week was a good fit. Compared to the 6 individuals in attendance in fall 2022, 18 people registered this year. The most popular sessions were Cannabis 101 and Sexual Safety. For a complete list of sessions please see the Outreach Coordinator section of this report.

The Home Support Program gained 10 new clients in the past two months. While a couple of clients were referrals from Alberta Health Services Home Care, the others heard about the program from existing clients of the program. Having seen a high turn over rate in staffing in the past, we currently have a team that has been working together for more than 6 months. The current established team is well known in the area and connected to the community; this has strengthened the reputation of the program.

Annual reporting for the Meadows to Mountains Homeless Prevention Project was completed. For the 2022/23 fiscal year \$5400.00 has been expended to assist individuals and families. Since the start (October 2019) of the Rural Development Network grant, \$46 000.00 has been provided to keep families and individuals homed. Thirteen families and seventeen individuals for a total of 60 unique individuals have remained homed as a result of this funding. When accessing the program client's are required to develop, with support from Green View FCSS staff, a personal success plan that creates a checklist of items for completion that change the trajectory of the client's path. The support provided during intake and follow up provided after monies have been accessed are major reasons why all clients of this program have remained homed.

All services and programs will continue in the summer. It promises to be a busy, successful summer.



# MONTH: June YEAR: 2023

# SUBMITTED TO: Amber Hennig

# TITLE: Community Resource Centre Coordinator

# SUBMITTED BY: Crystel Redknap

#### LAST MONTH'S ACTIVITIES:

Year End Report 2022 (In Office Visits)	JAN	FEB	MAR	APR	ΜΑΥ	JUNE	JULY	AUG	SEPT	ост	NOV	DEC	YEAR TOTAL
Alberta Supports	8	9	3	7	9								36
AISH	11	11	21	8	8								59
Seniors Supports	16	7	5	4	12								44
Referrals	21	15	12	8	25								81
Other	170	168	244	203	230								1015
Total	226	210	285	230	284	0	0	0	0	0	0	0	1235
Residence I	Break Dov	wn:											
Grande Cache	173	163	213	172	255								976
Cooperatives & Enterprises	38	32	50	48	19								187
Other	15	15	23	10	10								73
Program B	reak Dow	n:											
Adult Coordinator	25	10	4	1	7								47
Alberta Supports	8	9	3	7	9								36
AISH	11	11	21	8	8								59
Commissioner For Oaths	5	8	14	5	16								48
Community Activity Fee Funding Program (CAFFP)	17	8	9	6	12								52
Community Collaboration	9	4	6	2	26								47
Community Volunteer Income Tax Program (CVITP)	2	24	93	37	2								158
Creative Grief & Loss	0	0	1	1	1								3
Disconnect Boxes	0	0	0	0	1								1

													14
Domestic Violence	0	1	4	3	1								9
Eating for your Wellbeing (cookbooks)	0	0	0	3	0								3
Forms Assistance (General)	13	13	10	8	16								60
General Information	32	25	14	7	11								89
Home Support	21	14	18	14	8								75
Hope Exists in Lots of Places (HELP)	5	6	4	3	5								23
Mountains to Meadows Homelessness	6	2	5	3	5								21
Other Questions/Inq uiries	20	7	10	1	26								64
Outreach Coordinator	4	37	32	89	77								239
Referrals	21	15	12	8	25								81
Resource Library	0	0	0	0	0								0
Seniors Benefits	16	7	5	4	12								44
Volunteering	0	0	4	13	1								18
Welcome Baskets	2	0	2	4	1								9
Wheels For Meals	1	1	2	3	0								7
Youth Programming	8	8	12	4	9								41
	226	210	285	0	0	0	0	0	0	0	0	0	1234
Indigenous	42	42	73	32	46								235
Total Clients Using Phone	2	0	5	1	2								10
Total Clients Faxing Documents	8	4	11	1	2								26

Phone Calls	126	116	135	148	148				673
Facebook Inquiries	6	13	6	2	2				26
Walk-Ins	94	81	144	80	134				533

The 2023 "Did You Know" Green View FCSS social media campaign ran from April 3 to May 8. One post a week featured the following programs and services: Home Support, Community Volunteer Income Tax Program, Meadows to Mountains Homelessness Prevention Project, forms assistance and youth programs. Posts were on both Green View FCSS Facebook pages for a combined total of 1343 people reached.

On April 17 the first Volunteer Appreciation Dinner took place in Grande Cache. This year 86 individuals were nominated either individually or as part of an organization and 7 youth were nominated as well. Of those nominated 71 individuals and their families attended the dinner. Community response to the dinner was overwhelmingly positive, and since then the Community Resource Centre Coordinator has been approached twice, out in public, thanking Green View FCSS for the wonderful dinner and how much it was appreciated.

The Community Volunteer Income Tax program saw new clients this year. In the first 4 months of 2023 we have doubled the number of returns filed at the Community Resource Centre. As of May 31, 128 returns have been completed brining over 1 million dollars back into the community.

The Community Resource Coordinator is participating in a 3-part workshop series, each part is 2-hours, offered through Volunteer Alberta entitled Unlearning. Part one, Thinking (April 26), is described as "....participants will learn about mental models, explore how our own thinking creates limiting beliefs, and discover how these limiting beliefs keep the very problems we're trying to solve firmly stuck in place." Part two, Doing (May 31), is described as "... we will examine new ways of "doing" to shift our mindset and explore new norms and standards that make our organizations more equitable places for all." The final workshop, Being (June 21) is described as "... being fully human in every aspect of our lives." Participants will apply knowledge from previous sessions to improve their personal sphere and the environment they create for others. The learnings from the training will be applied to all aspects of client support.

Administration continues to have requests for assistance in appealing repayment of Assured Income for the Severely Handicapped (AISH) benefits because the client had applied for and received the Canada Emergency Response Benefit during the pandemic. In total 5 individuals has asked for help on this matter, the clients were connected with their AISH workers and CRA. It is unknown if they were successful in their appeals.

The Community Activity Fee Funding program currently has 36 active clients. Clients receive a 10-punch Recreation Centre pass, the pass can be used for public swimming, public skating, and the fitness center. Referred by medical or mental health professionals, the passes are part of a clients larger preventive treatment plan for trauma, addiction recovery or mental health.

PROGRAM NAME: Volunteer Appreciation DinnerThe Volunteer Appreciation Event makes me feelSomewhat Agree = 2%						
recognized for what I do.	Mostly Agree = 30%					
recognized for what ruo.	, .					
	Completely Agree = 68%					
The Volunteer Appreciation Event has helped me to	Somewhat Agree = 2%					
feel a sense of belonging in my community.	Mostly Agree = 28%					
	Completely Agree = 70%					
PARTICIPANT QUOTES:						
"It really showed community spirit. The community s	hared and cares for volunteers "					

#### OUTCOMES:

"I have found volunteering to be a great way to meet people in the community – great for socializing. I love it! Once a person retires it seems you can almost get too busy volunteering. It keeps seniors especially busy, which great!"

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"Beautiful colour and table displays this year! Thank you so much for making us feel so welcome!"

UPCOMING:

- Unlearning Workshop: Being (June 21)
- Ongoing Record Management and Filehold training throughout June
- Joint Health and Safety Committee meeting (June 8)



MONTH: June YEAR: 2023

SUBMITTED TO: Amber Hennig

# TITLE: Adult Coordinator

SUBMITTED BY: Diana Blaszczyk

# LAST MONTH'S ACTIVITIES:

Since the April report 10 more clients have been onboarded for the Home Support program. Currently there are 50 clients; 33 reside in the Hamlet and 17 reside in a Cooperative or Enterprise. 80% of clients are over the age of 65, 7% are families, and 13% are individuals on Assured Income for the Severely Handicapped (AISH).

The end of the six Creative Greif and Loss sessions at the Big Horn Golden Age Club has been delayed. Five sessions with 5 participants have taken place, however the last session will now be done on July 12. Renovations at the Club is the reason for the delayed final session.

Aseniwuche Winewak Nation has a program called Trauma Informed Care and works with individuals experiencing addiction. The lead of the program connected with the Adult Coordinator to request the Creative Grief and Loss Program for their clients. The sessions will also be open to other Aseniwuche Winewak Nation members and conducted as group sessions as opposed to one-on-one. The start date will be determined mid-June and will run for 6 weeks.

The Adult Coordinator assisted with the delivery of the Volunteer Appreciation Dinner (April 17) and Older Adult Information Day (June 7). She coordinated Home Support Workers to prepare and serve food during the events in addition to delivering a session on Older Adult Information Day. The session entitled, Reinventing Yourself, was designed in response to feedback from older residents in the community who have lost a spouse. The remaining spouses expressed feeling lost without their spouse. Using open ended questions, the session allowed opportunity for participants to explore the question, "Who am I now that I am on my own?" An example of the questions is, "Think back to when you were younger, what did you enjoy doing?"

Outcomes from Older Adult Information Day can be found in the Outreach Coordinator's section of this report. The Outreach Coordinator was the lead for delivery of this event.

Advocacy and referrals took place with 6 clients for a range of personal situations. These vulnerable sector individuals are low income and struggling to make ends meet. Referrals to Mental Health and Addictions, Money Mentors, Grande Cache and Area Food Bank, and Grande Cache Employment and Learning Center were made. Advocacy for one client with their landlord also took place resulting in the client remaining homed.

## HIGHLIGHTS:

Two clients received financial assistance from the Meadows to Mountains Homelessness Prevention project. In each situation the clients had utility arrears. For privacy, the specifics of their situations are not detailed in this report, but in each case the funding was provided because all other streams of funding fell short. With the financial assistance provided and ongoing support of the Adult Coordinator, clients built a plan that has resulted in them remaining homed.



MONTH: June YEAR: 2023

SUBMITTED TO: Amber Hennig

# TITLE: Youth Coordinator

SUBMITTED BY: Alexandria Burge

# LAST MONTH'S ACTIVITIES:

Gender & Sexualities Alliance Club (GSA) which is a student- run program that unite LGBTQ+ and allied youth to build community and organize around issues impacting them in their schools and communities. GSAs have evolved beyond their traditional role to serve as safe spaces for LGBTQ+ youth in middle schools and high schools and have emerged for deep social change related to racial, gender and educational learning and awareness. The Youth Coordinator and Outreach Coordinator help a grade7 teacher facilitate a GSA club after schools on Wednesday at Summitview Middle School. GSA continued through the month of May at Summitview Middle School, participation was down from the cooler months and the closure of the school due to smoke from the wildfires in our areas affecting the days available to meet. Going forward, as per the facilitating teachers' recommendations, GSA will be moving to a monthly meeting.

WiseGuyz is a program for grade 9 male identified youth to promote and teach healthy relationships, and life skills. The Youth Coordinator, Assistant Manager, and Outreach Coordinator facilitate WiseGuyz at the Grande Cache Community High School on Thursdays from 11:00am until 12:15 pm, 7 male youth attended this program since starting in November 2022. WiseGuyz continued through the month of May at the Grande Cache Community High School. Module 3: Gender, Sexuality, and the Media has been completed. This seemed like a topic that the participants were very well versed in and had a lot of prior knowledge with. When questions were brought forward to the group, there was no hesitation with their answers or self-doubt that they were saying the wrong thing.

Data collection and research of the WiseGuyz program is a part of the scaling project agreement with the Centre for Sexuality. The research will be used to demonstrate the impact on youth through their participation in WiseGuyz. Green View FCSS facilitators submit feedback after completion of each session to Hope Lab, the University of Calgary's research team. Additionally, a researcher from Hope Lab travelled to Grande Cache in May to conduct one-on-one interviews with participants. The data collected will be rolled up into a final report with all other WiseGuyz scaling sites for the 2022/23 school year.

At the request of Susa Creek School, Friendship Groups were delivered in May. The school asked that the students be divided into a male and female group. The Youth Coordinator and Outreach coordinator partnered up to deliver the sessions concurrently on Wednesday and Thursday mornings. Due to the smaller size of the student body the groups had students from grades 4 to 8. Topics covered included self-care, healthy relationship building, self-esteem, body image and developing social skills.

The Youth Coordinator delivered Hands Are Not for Hitting to kindergarten to grade 3 at Susa Creek School, this program focuses on how young children can manage their anger without hitting, breaking things, or throwing a tantrum and includes art projects and story books. The Youth Coordinator delivered the program for 6 sessions Monday and Tuesday mornings.

As part of Older Adult Information Day, the Youth Coordinator delivered a session on sexually transmitted and blood born infections (STBBI) and safer sex. Participants were surprised to discover how little they knew about both subjects and asked many questions. It is important that at any age people are aware of how STBBIs are transmitted and how to protect themselves.

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Administration will be in attendance for the Jump into Summer registration event at the Grande Cache Recreation Center on June 22, 4:30 pm to 6:30 pm. Spearheaded by Bringing Empowered Students Together (B.E.S.T) the event provides the community with information and accepts registration for all summer programs taking place in the Hamlet this summer. In attendance will be representation from the Grande Cache Municipal Library, Mountain Metis Association, Bringing Empowered Students together, and Grande Cache Recreation Center Programs. Each organization accepts registration for their own programs.

Registration will be accepted for the Babysitting Course taking place in July and the next WiseGuyz program starting in fall 2023. The Babysitting Course will have an added bonus of First Aid training provided by a certified trainer from the Grande Cache Recreation Centre Aquatics department. The course will run July 9 to 14, 9:00 am to 4:00 pm at the Grande Cache Recreation Center for youth ages 12 to 18.

PROGRAM NAME: Friendship Groups	Females
I know how to deal with stress and anxiety.	Agree= 60%
	Strongly Agree= 20%
	Disagree= 20%
I feel confident to be myself.	Agree= 20%
	Most of the Time= 40%
	Some of the Time= 40%
I am able to communicate better with others.	Always= 40%
	Most of the Time= 60%
PARTICIPANT QUOTES:	
Participant 1 (The most important thing I learned	d in Girls Circle was not to be mean. Comments/Suggestions:
I need to do this again")	

#### OUTCOMES:

Participant 2 (The most important thing I learned in Girls Circle was to be myself. Comments/Suggestions: I loved this bro)

PROGRAM NAME: Friendship Groups Males	
I am better at getting along with other children	22% – Not Really
	67% – Kind Of
	11% – Yes
I am better at taking care of problems without	22% - Not Really
hitting or using hurtful language	45% - Kind Of
	33% - Yes
I am better at controlling my temper	33% - Not Really
	33% - Kind Of
	34% - Yes

PROGRAM NAME: Hands Are Not for Hitting					
I understand how words can hurt	Never=17%				
	Most of the Time=83%				
I know how to stop, breath and think of a solution to	Sometimes=50%				
my problem.	Most of the Time=33%				

21

HIGHLIGHTS:

This past month the Youth Coordinator was asked to assemble Jingle and Fancy dancers to participate in two events in honor of National Indigenous Peoples History month. The opportunity provided to the 12 youth increased their confidence and pride of their culture.

## UPCOMING:

- Jump into Summer registration event (June 15)
- Babysitting Course (July 9 14)
- WiseGuyz recruitment presentation to Grade 8 students at Summitview Middle School (June 19)
- WiseGuyz (June 13 & 15 (last session))



MONTH: March YEAR: 2023

SUBMITTED TO: Amber Hennig

TITLE: Outreach Coordinator

SUBMITTED BY: Raymond Harris

# LAST MONTH'S ACTIVITIES:

The Outreach Coordinator assisted the Youth Coordinator at Susa Creek School with Boys Council/Girls Circle starting at the beginning of the month. Boys Council is for boys of similar age and development to meet with a facilitator twice weekly, to speak truthfully, show interests to others in the group, and to develop a richer understanding of each person's position and perspective. Boy's Council enhances the boy's skills and options to respond to social, emotional, cultural, and/or economic conditions that impact their lives. Additionally the Outreach Coordinator assisted with facilitation of the Gender and Sexualities Club (GSA) and WiseGuyz Program, details can be found in the Youth Coordinator section of this report.

There has been an influx of clients from the Cooperatives and Enterprises requiring assistance to appointments and access to services within the Hamlet of Grande Cache in the month of May, mainly the Grande Cache Medical Clinic, Physiotherapy at the Grande Cache Community Health Complex, and the Grande Cache Food Bank.

Older Adult Information Day was host on June 7. The Grande Cache Tourism and Interpretative Centre serve as an ideal venue for the event. From 9:00 am to 2:00 pm attendees gained new information from sessions relevant to local interest. Through out the day, two 45-minute sessions ran concurrently, allowing attendees to chose where to spend their time, a total of 7 sessions were offered. The day started with a whole group session providing an overview of Green View FCSS services and programs followed by Reinventing Yourself (surviving spouse support), Cannabis 101, Elder Abuse, Sexual Safety, Nutrition and the Older Person (AHS nutritionist), and Internet Safety.

In 2022, the first Older Adult Information Day took place in the fall. Attendance was low, feedback from participants and other interactions with older persons following the event prompted the decision to host the event during Senior's Week instead in the fall. Six people attended in 2022 and 18 people attended in 2023.

# OUTCOMES:

PROGRAM NAME: Older Adult Information Day					
As a result of Older Adult Information Day I am more	Agree = 67%				
confident that I can overcome life's challenges.	Strongly Agree = 33%				
As a result of Older Adult Information Day I know	Agree = 77%				
more about how to take action towards improving	Strongly Agree = 23%				
my life.					

		23
As a result of Older Adult Information Day I am more	Agree = 22%	
aware of resources and supports in my community.	Strongly Agree = 78%	
PARTICIPANT QUOTES:		
"Thank you very much for the very informative session	<i>''</i>	
<i>"Keep up the providing of all the great information."</i>		

HIGHLIGHTS:

A client requiring Forms Assistance to apply for CPP and Old Age Security, this client is not used to having to use technology or online forms, has mobility issues and is a very private person. The barriers for coming into the Community Resource Centre to receive assistance was answer by meeting the client at their home. The client was extremely appreciative for the help.



MONTH: June YEAR: 2023

SUBMITTED TO: Lisa Hannaford

# TITLE: Adult Coordinator

SUBMITTED BY: Michelle Hagen

APRIL AND MAY'S ACTIVITIES:

The Home Support program provides basic housekeeping, meal preparation, limited respite, and transportation to medical appointments or other essential services. The Home support team averaged 477 hours per month of client services to the current 82 clients, 54 from the MD and 28 in the town of Valleyview. This does not include administrative or training hours. During the months of April and May 9 people signed on to the program and 2 people signed off. The home support team provided transportation 18 times during the 2-month time.

The Support and Referral program supports clientele by finding appropriate programs or assisting with applications and or advocacy. The Adult Coordinator assists people with caregiver support, entry into care facilities, estate paperwork, and advanced planning tasks such as doing Wills, Power of Attorney, and Personal Directives, these tasks can take multiple phone calls and meetings. The Adult Coordinator assisted 84 people with 120 needs in the months of April and May. In May a large part of that assistance was answering questions regarding the fire and evacuations and then the provincial financial assistance program.

April & May	Re	eside	ence	84
Support Needs	MD	VV	SLCN	Explanation/ Example
Admin Assist	1	5	0	Faxing, Photocopying, Scanning or Typing for someone
Advanced Planning	1	1	0	Personal Directives, Guardianship, Funeral Planning
Advocacy/ Mediation	2	0	0	With anyone, Family, Businesses, Government
Aging in Place	0	0	0	Utalizing resourses, preplanning to remain
Alberta Benefits	0	3	0	Alberta Supports, Blue Cross, Alberta Health, AISH
Caregiver Supports	0	0	0	Info on programs, stategies, referrals to other
Commissioner/ Notary	6	5	9	
CRA Inquiry	3	7	3	any Income Tax inquiries, not filing
Elder Abuse	0	0	0	Queries and Advise
Estate Planning/ Handling	3	0	0	Power of Attorney, Wills, Paperwork after a funeral
Federal Benefits	3	1	0	GST,Canada Child Tax Benefit, Guaranteed Income
Federal Pensions	1	1	0	CPP, CPP Disability, OAS
Home Support/ Wheels for Meals	7	4	0	Queries, home visits
Information	14	15	8	
Legal	0	0	0	Queries, Paperwork,
Maintenance Enforcement Prog	0	0	0	Queries, form assistance
Other FCSS Prog	0	0	0	Referral to another program or worker within FCSS
Referral to other Agency	0	2	9	
Supportive Listening	0	1	0	
Technology Assistance	1	3	1	cell phone, internet, CRA accounts, email- etc
Monthly Total	42	48	30	120

The Community Volunteer Income Tax Program (CVITP) utilizes volunteers to prepare income tax and benefit returns for people with modest incomes and simple tax situations. The program runs year-round, and community members can utilize the program throughout the year to get current and past returns completed. The program started accepting drop-off tax applications on March 1. During the month of April, the volunteers were in the office for 37 hours and completed 214 returns. During the month of May, the staff completed an additional 37 returns.

VV	MD	SL	2022								
258	74	324	2023								
Senior	AISH	Low Inc	GST	ССВ	#children	CWB	CAI	AB Benefit	GIS	REFUND	TOTAL
201	54	401	\$ 282,115.50	\$ 1,070,546.00	142	\$107,188.00	\$ 532,929.00	\$ 366,537.00	\$ 1,123,093.00	\$ 173,350.00	\$ 3,655,758.50
	656										

The Balance Restorative Yoga program is a strength and core-building yoga, it concluded its spring session on April 24<sup>th</sup>. The program will resume in October.

The Just in Case Workshop that was booked for May 16 at the Seniors Drop-in Centre had 18 people registered to attend. Unfortunately, due to the fires and evacuations, it had to be cancelled and new date will be announced soon. The wildfire situation also put the plans of a Just in Case Workshop in Grovedale on hold, this will now be revisited as well.

From May 5 to May 24 the Adult Coordinator spent a large portion of time operating as the Reception Centre Manager. This entailed setting up the original reception center at the Memorial Hall and coordinating with Town of Valleyview staff, representatives from Sturgeon Lake Cree Nation and the MD of Greenview Emergency Operations Centre (EOC). This position involved coordination of the registration process for the evacuees and ensuring that all emergency social services (ESS) needs were met. The task of keeping residents informed became the biggest part of the position and the role wrapped up on May 24<sup>th</sup> when the last of the MD residents were able to return home.

## OUTCOMES:

PROGRAM NAME: Balance Restorative Yoga	
The Balance Program has contributed to my ability	100 % of the respondents indicated that The Balance
to remain in my home.	Program has contributed to their ability to remain in
	their own homes.
The Balance Program has helped me believe I have	100 % of the respondents indicated that The Balance
the ability to improve my life.	Program has helped them believe they have the
	ability to improve their life.

## PARTICIPANT QUOTES:

- I have gained lots of strength in my core, legs and arms. This helps me to be more stable on my feet and less likely to fall. I love the friendly fun environment. Angle is very knowledgeable, and she cares for all of us. We are thankful for this opportunity and hope to see the program continue.
- Wonderful Program. It has helped to improve my overall health. Thanks for providing this program. Angie is an exceptional instructor and I hope it continues.
- I told my Doctor I was attending this program and he said it was the best thing I could do.

## HIGHLIGHTS:

A senior resident presented at the front desk with an income of less than \$2000 per year, and this came from Canada Pension Plan (CPP). He had resorted to selling a bit of his land to survive. He had worked hard throughout his life, he had applied for his pension and was turned down, he was frustrated with the system and didn't know what to do. He had a letter from Service Canada that said he was ineligible for Old Age Security (OAS). The letter did not explain why he did not qualify, which was because they had received the application more than 11 months before his 65<sup>th</sup> birthday. With a new application to OAS, it would increase his income from \$1741. to \$10,033. He also needed to apply for Guaranteed Income Supplement (GIS), but he had not filed Income tax for many years. With the completion of 2 years of taxes and sending proof of that income to Service Canada an approval letter was received that he now also qualified for GIS which will bring his annual income up to \$19,800. The last piece of the puzzle will be the application for Alberta Seniors Financial which will raise his income up to about 21,000 a year and give him some dental and optical coverage.

#### UPCOMING:

- The Adult Coordinator will attend Risk Informed Management Training on June 8<sup>th</sup>.
- Performance Management Optimizing Results is scheduled for June 9<sup>th</sup> and 10<sup>th</sup>.



MONTH: June YEAR: 2023

SUBMITTED TO: Lisa Hannaford

TITLE: Community Resource Centre Coordinator/Support Coordinator

# SUBMITTED BY: Corinne D'Onofrio

# LAST MONTH'S ACTIVITIES:

There was a total of 430 client visits to the Green View FCSS Community Resource Centre in the month of May, 2023. Of the 430 client visits, 132 were residents of the Municipal District of Greenview, 97 were residents of Sturgeon Lake Cree Nation, and 201 were residents of the Town of Valleyview. Of the total clients, 6 were new and 424 were clients that had utilized the services at the Resource Centre previously.

48 clients came to the Community Resource Center for employment assistance. Clients received assistance with creating new resumes, updating existing resumes, photocopying employment related documents, emailing and faxing to potential or existing employers. Clients also utilized the phone and the computers to contact employers, locate job opportunities and to work with agencies such as Lifemark- WORKforce to participate in online courses.

25 client visits were regarding Income Support. Clients needed support to connect with their workers and submit requested documentation by email and fax. Clients also came in asking about Income Support and what documents were needed to apply. Clients were also referred to the After-Hours Emergency Support line for unexpected financial difficulties, some of which were due to the evacuations.

Clients called and visited the Community Resource Centre for many other needs in the month of May. Calls and visits were made for access to the Food Bank (16), AISH (22) referrals to Mental Health services (7), faxes and information given about Senior Special Needs and Alberta Senior Benefit (18), Canada Revenue Agency inquiries (14), Service Canada- primarily for Employment Insurance and bi-weekly reporting (14), CPP/ CPP Disability applications (9), OAS and GIS application (4), and inquires and assistance with Alberta ID/ Affordability Payments (5).

A breakdown of services provided to clients based on their residence can be seen below in the following three charts.

# MD of Greenview:

Year End Report 2023	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	ОСТ	NOV	DEC	TOTAL
ncome Support clients	5	4	5	3	3								20
Employment Supports	10	12	16	11	10								59
Other Clients	124	47	88	67	119								445
Fotal Clients Visits	139	63	109	81	132								524
Residence Break Down:													
ND	139	63	109	81	132								524
lew	5	3	2	2	1								13
Returning	134	60	107	79	131								511
Total Clients	139	63	109	81	132								524
Information and Referral													
Indicators													
As a reslt of Green View FCSS													
Information and Referral program, I													
know more about how to access the community resources I need.													
YES	139	63	109	81	132	0	0	0	0	0	0	0	524
NO		0	0	0	0	Ť	Ť		Ť				0
Community Social Issues Identified				0	Ū								Ū
CFS	2	2 0	1	0	0	1						-	3
Food Bank				, v	5	-							11
					5								20
Mental health					-								
Canadian Child Tax Benefits			-	-	C		_	_					4
AISH	-			-									23
Income Support		5 4	5	3	3	3		_	_				20
Alberta Adult/Child Health													
Benefit			0	-		-							7
Housing/ Heart River Housing	4	-			-		_	_					6
Alberta ID				0									36
Service Canada		1	-	-	1								14
CPP/ CPP Disability			-	-	C				_				3
OAS and GIS	; (	) 1	1	. 1	C	)							3
Sr. Special Needs/ AB Seniors							_	_			_		8
Seniors Information	8	3 1	2	. 1	C	)	_	_	_		_		12
		1				1							
CVITP related													82
Canada Revenue Agency			-		1			_					7
Employment Supports		) 12	16	11	10	)		_	_				59
WCB (Worker's Compensation		1				1							
Board)			-	-	-			_	_				0
Technology Assistance		1		1	1		_	_					53
Childcare subsidy			-	-	-								0
program inquires							_	_	_				44
Legal (faxes, forms, calls)	e		-					_					26
Other questions/inquires	10						-		_	_	_		33
Mountains to Meadows	) (	) (	0	0	C	D							0

# Town of Valleyview:

Year End Report 2023	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	ост	NOV	DEC	TOTAL
Income Support clients	32	31	37	27	18								145
Employment Supports	36	40	48	30	33								187
Other Clients	294	172	325	198	150								1139
Total Clients Visits	362	243	410	255	201								1471
Residence Break Down:													
Fown of Valleyview	362	243	410	255	201								1471
New	6	5	12	3	3								29
Returning	356	238	398	252	198								1442
Total Clients Visits	362	243	410	255	201								1471
Information and Referral Indicators As a resit of Green View FCSS							·		•	•			
Information and Referral program, I know more about how to access the													
Know more about now to access the YES	362	243	410	255	201	0	0	0	0	0	0	0	1471
NO		0	410	0	201								0
Community Social Issues Identified			0	0		1							v
CFS	2	: C	0	1	0								3
Food Bank			-		-								69
Mental Health	-												18
Canadian Child Tax Benefits	2					1							10
AISH		-			-								62
Income Support										-			145
Alberta Adult/Child Health		. 31	57	27	10	,							145
Benefit		4	3	0	1								15
Housing/ Heart River Housing	6		-			,			-				47
Alberta ID			-		-								20
Service Canada		1											50
CPP/ CPP Disability													19
OAS and GIS		4	2	2	7	,							19
Sr. Special Needs/ AB Seniors	-	1			11								33
Seniors Information	28	8	7	0	5								48
CVITP related			163	63	18								257
							1						
Canada Revenue Agency	14	6	8	15	8								51
Employment Supports							1						187
WCB(Workers Compensation			1	1	1								
Board)		1	4	0	1								6
Technology Assistance	54	53	43	38	30								218
Childcare subsidy	, C		0	0	0								0
program inquires	70	4	5	5	5								89
Legal (faxes, forms, calls)	12	. 27	15	13	6	i							73
Other questions/inquires	31	. 6	36	13	11								97
Mountains to Meadows	0	0	0	0	0								

#### Sturgeon Lake Cree Nation:

Year End Report 2023	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	ост	NOV	DEC	TOTAL
Income Support clients	8	7	2	2	4								23
Employment Supports	21	20	16	17	5								79
Other Clients	179	224	315	151	88								957
Total Clients Visits	208	251	333	170	97								1059
Residence Break Down:													
Sturgeon Lake Cree Nation	208	251	333	170	97								1059
New	0	0	3	0	2								5
Returning	208	251	330	170	95								1054
Total Clients Visits	208	251	333	170	97								1059
Information and Referral										•			
Indicators													
As a resit of Green View FCSS Information and Referral program, I know more about how to access the community resources I need.		1		170									
YES		251	333	170	97	0	0	0	0	0	0	0	1059
NO Community Social Issues Identified	0	0	0	0	0	0	0	0	0	0	0	0	0
											_		-
CFS					-		-		_	_	_		3
Food Bank		+			-				_				4
Mental Health	-	-		-	-	-		-	_		_		1
Canadian Child Tax Benefits AISH				_	-			-			_		1
	-		-	-	-	-					_		44
Income Support Alberta Adult/Child Health		5 /	2	2	. 4	•							23
Benefit		3	1	1	1								8
Housing/ Heart River Housing					-				_				5
Alberta Id					-						-		15
Service Canada	-	-	_		1								34
CPP/ CPP Disability					-								17
OAS and GIS													14
Sr. Special Needs/ AB Seniors		-	-		-								15
Seniors Information													5
CVITP related			191	92	. 6	5							325
Canada Revenue Agency	16		1	14	. 5	5							48
Employment Supports	-				-								79
WCB(Workers Compensation		1		1		1							
Board)	0	C	1	0	c c	)							1
Technology Assistance	39	9 26	22	22	. 12	2							121
Childcare subsidy		0 0	0 0	0	0 0	)							0
program inquires	3	3 C	0	2	C	)							5
Legal (faxes, forms, calls)	38	3 118	26	13	g	)							204
Other questions/inquires	21	l 15	5	5	3	3							49
Mountains to Meadows	0	0 0	0 0	0	C	)					1		0

#### HIGHLIGHTS:

May was an extremely busy month with challenges that we had not experienced in our community in many years. Fires in numerous directions around Valleyview caused the evacuations of Sturgeon Lake Cree Nation, many MD of Greenview residents and then Town of Valleyview residents. Green View FCSS staff supported the evacuees by participating in numerous ways including the Reception Center at Memorial Hall, which included various roles such as assisting with volunteer coordination. The CRC Coordinator and the Support Coordinator also quickly familiarized themselves with the new application for the Evacuee Payment of \$1250/ adult and \$500/ child, that was released to evacuees that had been out of their homes for 7 days or longer due to a mandated order to evacuate. Coordinators assisted with 69 client visits regarding the Alberta Evacuation Payment applications. Many of these applications were met with challenges as the only method of applying was online or in person at an Alberta Supports Center. The latter was not an option for most residents as they were still in temporary accommodations and/or already feeling financially and emotionally strained and not wanting or able to travel. Other challenges of the process were that an Alberta.ca account and email address was needed which required computer assistance to create both the account and the email

address in many cases. The next challenge was the method of payment to receive the benefits. The chosen method was by e-Transfer, however most of the clients needing assistance were unable to receive e-Transfers as they did not participate in online banking. This required individuals without access to e-Transfers, to go to an AB Supports office in person to receive a gift card for the payment amount. Coordinators also answered over 50 calls from residents providing information regarding the evacuation, directions of who to speak to for specific information, and supportive listening in some cases.

## UPCOMING:

• The CRC Coordinator will continue to work with the Support Coordinator to become familiar with various tasks and duties that are part of both the CRC and Support Coordinator roles.



MONTH: June YEAR: 2023

SUBMITTED TO: Lisa Hannaford

TITLE: Youth Coordinator

SUBMITTED BY: Amanda Roy

LAST MONTH'S ACTIVITIES:

The Grades 5 & 6's at Harry Gray Elementary School participated in Body Talk – Teaching Sexual Health, a 2week program learning about, anatomy, puberty, hygiene, reproduction, and, pregnancy. The facilitation of the program took place in April.

Penson School in Grovedale requested the SKILLS program for their grade 8 students. This was facilitated as a whole-day presentation on May 17. SKILLS content includes healthy relationships, consent, contraception, media literacy, and the effects of pornography on the brain.

On May 1 and 2 the grades 4, 5 & 6's at Penson School in Grovedale participated in Body Talk – Teaching Sexual Health, learning about, anatomy, puberty, hygiene, reproduction, and, pregnancy.

Grade 4 students at Penson School participated in Home Alone Safely, an all-day class, preparing them to be left alone for short periods on May 25. This program also provides them with information on online safety, how to handle an emergency, and basic first aid.

Online Safety at Harry Gray Elementary for the grade 5 & 6 students. This program teaches students how to be good digital citizens and how to navigate the web safely. It will begin June 4 and be facilitated as a one-hour workshop.

St Stephens Catholic School requested Relationship and Sexual Health for the grade 7 students. The Relationship and Sexual Education program is a comprehensive sexual education program designed to help students develop the skills needed to make healthy decisions about their sexuality and relationships. The Relationship and Sexual Education program relates to three core domains: 1. Sexual and reproductive health promotion and education; 2. Healthy and respectful relationship education; and 3. Violence prevention. This program began on May 3 however due to the wildfires it was postponed and will continue on June 7.

The SKILLS program was also requested at St. Stephens Catholic School for the grade 8 students. It began on May 3 but had been postponed to June 7, again because of the wildfires and evacuations. SKILLS content includes healthy relationships, consent, contraception, media literacy, and the effects of pornography on the brain.

The Gay Straight Alliance (GSA) is a youth-led program that allows 2+LGBTQ, two-spirited, lesbian, gay, bisexual, transgender, queer, and questioning youth a safe place to meet and form new friendships with likeminded youth. This program runs every Wednesday from 3:30-5:30 at the Valleyview Public Library. Currently, the GSA has seven regular attendees. Workshops on self-care, body dysmorphic disorder, and anxiety were held in April. The May programming was postponed until June which will consist of painting the Valleyview Public Library sidewalk with a Pride flag and craft projects .

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The Youth Coordinator participated in a Community of Practice meeting with the Centre for Sexuality and Grande Cache Youth Coordinator on April 18 to discuss the facilitation of the WiseGuyz program.

The parent Cyber Safety Workshops scheduled for May 10 in Valleyview, May 18 in DeBolt, and May 23 in Grovedale, had only a few people registered to attend. Due to the low registration and wildfires evacuations, the workshops have been cancelled.

Wildfire Disaster 2023 – On May 5, Sturgeon Lake Cree Nation was evacuated due to a wildfire. The Youth Coordinator was dispatched to the Ag Plex in Valleyview to wait with students while their parents came to pick them up, as the buses could not return them to their houses. Later the Youth Programmer assisted at the reception center at the Memorial Hall. The Youth Coordinator then took the lead on the wildfire pet evacuees and helped set up a control center for the 137 animals where they were housed and cared for at the Ag Plex. Over the course of 11 days, there were 160 recorded volunteers and 1375 hours of logged volunteer time. On May 15, the Companion Animal Disaster Response Team was dispatched to assist and transport all animals to Edmonton. The Companion Animal Disaster Team took over the responsibility of the pet evacuees and contact with the owners of Sturgeon Lake Cree Nation Council.

#### OUTCOMES:

PROGRAM NAME: Body Talk	
39 MD of Greenview Grovedale students	
After attending the Body Talk program, I know more	100% of youth surveyed know more now about how
about how bodies change during puberty.	their bodies change during puberty after taking Body
	Talk
After taking the Body Talk program, I agree that	100% of students surveyed agree that learning about
learning about human sexuality and reproduction is	human sexuality and reproduction is a normal part
a normal part of growing up.	of growing up.
PARTICIPANT QUOTES:	•
What is the most important thing you learned?	
"Learning about how a baby grows."	
"What some things are called likes ovaries."	

SUPERVISOR QUOTES:

"It was great to see the kids all sit closer together in a circle, to feel more comfortable."

98% of youth surveyed know more now about how
their bodies change during puberty after taking Body Talk
91% of students surveyed agree that learning about
human sexuality and reproduction is a normal part
of growing up.

PARTICIPANT QUOTES:

"I learned a lot of useful information."

"I liked everything I wish this was never over this was fun and interesting. Sexuality is very interesting it was so fun."

## PARENT QUOTE::

Thank you so much for what you do with the schools. My son is part of the puberty talk right now and he is totally engaged because YOU make it that way Amanda. Thank you Thank you Thank you for making it so easy for them to be open and honest.

PROGRAM NAME: Home Alone	
20 MD of Greenview Grovedale Youth Surveyed	
After taking Home Alone, I feel more confident to	90% of youth surveyed agree they feel more
stay home alone.	confident to stay home alone after taking the Home
	Alone Program.
After taking Home Alone, I know how to respond to	90% of youth surveyed agree they know how to
an emergency.	respond in an emergency after taking the Home
	Alone Program.
After taking Home Alone, I understand the	After taking the Home Alone Program, 95% of the
importance of online safety and rules.	youth surveyed understood the importance of online
	safety and rules.

## UPCOMING:

- Online Safety at Harry Gray Elementary resumes June 5
- Home Alone at Harry Gray Elementary June 26 & 27
- SKILLS and RSE resumes at St. Stephens on June 7
- The Youth Coordinator will be assisting the Recreation Department with their Outdoor Survival Camps at Johnson Park in July and Grovedale Fish Pond in August.
- In August the Youth Coordinator along with the Assistant Manager of the Grande Cache FCSS office will be presenting the WiseGuyz program to the grade 9 students and parents of Hillside Jr/Sr School.