

Summer

July & August 2022

YOUTH PROGRAMS CALENDAR

GRANDE CACHE FOR AGES 0-17

BROUGHT TO YOU BY:

BEST | **Grande Cache Municipal Library** | **Grande Cache Recreation Centre**
Grande Cache Tourism & Interpretive Centre | **Green View FCSS** | **Youth Action Club (YAC)**
Youth Connections Metis Centre

WHAT IS THE SUMMER YOUTH PROGRAMS CALENDAR?

This summer programs calendar was created by eight community organizations within Grande Cache to provide families an overview of all of the amazing youth program for ages 0-17 being offered in July & August 2022.

REGISTER FOR PROGRAMS WITH EACH INDIVIDUAL ORGANIZATION:

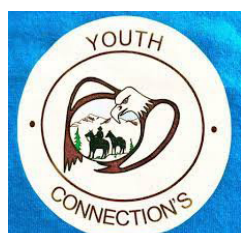
Each of the organizations are color coded throughout the calendar.

Please register with each individual organization for their program. Contact & registration information is provided below:

- ▶ **BEST Summer Programs**
By email at lisabeck@gypsd.ca or by calling 780-501-9419.
- ▶ **Grande Cache Municipal Library**
Call 780-827-2081 or message us on Facebook
<https://www.facebook.com/gcmunicipallibrary>.
- ▶ **Grande Cache Recreation Centre**
Call 780.927.2446 or register online at
<https://app.booking.ca/grandecachereccentrepub/index.asp>
- ▶ **Grande Cache Tourism & Interpretive Centre**
Call 780.827.3300 to register.
- ▶ **Green View FCSS**
Call 780.827.4336 to register.

- ▶ **Youth Action Club**
All events, activities, and/or fundraising events are by registration only. You must fill out our registration package and also sign up for each individual event. The Youth Action Club is a Youth Led Intuitive for all the youth ages 7-17 of Grande Cache and its surrounding Coops and Enterprises. Some activities may come with a cost to help with expenses.

Email: YouthActionClubGC@gmail.com or find us on Facebook at www.facebook.com/YouthActionClubgc
- ▶ **Youth Connections Metis Centre**
Call 780.827.2002 or through Facebook
<https://www.facebook.com/mmna.youth>



July 2022

SUMMER COMMUNITY YOUTH PROGRAMS

IN GRANDE CACHE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Happy Canada Day 1	2
3	4	5	6	7	8	9
9:00 am (all ages) Interpretive Hike 12:00 pm (all ages) Nature @ Noon	10:00 am -2:00 pm (ages 12-17) The Young and the Wreckless 11:00 am (ages 1-12) Summer Reading Club 1:00-3:00 pm (ages 7-11) Stay & Create @ Mt. Hamell Park (Butterfly) 5:00-6:00 pm (ages 7-9) Outdoor Basketball @Sheldon Coates Leaders in Action Program Launch (ages 7-17)	9:00 am - 3:00 pm (ages 7-12) FCSS Life Skills for Kids 9:30-11:00 am (ages 8-14) DIY Fairy Gardens with Youth Connections Metis Centre 9:30-10:30 am (ages 0-5) Sprouts 1:00-2:00 pm (ages 6-12) Drop In Lego Play 1:00-2:00 pm (ages 12-17) Self Talk Painting with Youth Connections 1:00-2:00 pm (ages 14-17) Youth Resume Workshop @ GC Library	9:00 am - 3:00 pm (ages 7-12) FCSS Life Skills for Kids 12:30-1:00 pm (ages 5-8) Slumberkins @ Library 1:00 pm (all ages) Wednesday Movies 2:00-2:30 pm (7 years +) Family Yoga @ Central Park 4:30-5:30 pm (ages 10-17) Cree Classes @Metis Centre 5:00-6:00 pm (ages 10-17) Bike Track Rally YAC 50% off Tee Times 10:00 am - 4:00 pm	9:00 am - 3:00 pm (ages 7-12) FCSS Life Skills for Kids 1:00-4:00 pm (ages 13-17) Mindfulness 1:00-4:00 pm (ages 13-17) Wellness Baking 1:00-3:00 pm (ages 12-17) Youth Paint Club	10:00-11:00 am (ages 8-12) Wellness Cookie Art with Youth Connections Metis Centre 1:00-2:00pm (ages 9-12) Book Club @ Library	
10	11	12	13	14	15	16
	10:00 am -2:00 pm (ages 12-17) The Young and the Wreckless 11:00 am (ages 1-12) Summer Reading Club Leaders in Action Check In (ages 7-17)	9:30 -11:30 am (ages 5-12) Geo Quest 9:30-10:30 am (ages 0-5) Sprouts 1:00-2:00 pm (ages 6-12) Drop In Lego Play 1:00 - 3:30 pm (ages 5-12) Programs Summer Bucket List	9:00-10:00 am Parent/Infant Aqua Fit 12:30-1:00 pm (ages 5-8) Slumberkins @ Library 1:00 pm (all ages) Wednesday Movies 1:00-4:00 pm (ages 9-12) Sr. Explorers 4:30-5:30 pm (ages 10-17) Cree Classes @Metis Centre YAC 50% off Tee Times 10:00 am - 4:00 pm	1:00-3:00 pm (ages 9-12) Youth Paint Club 1:00-4:00 pm (ages 9-12) Sr. Explorers	9:30 am-1:00 pm (ages 10-17) Golfing 1:00-4:00 pm (ages 9-12) Sr. Explorers 6:00 pm -9:00 am (ages 8-12) Night at the Museum 6:00 – 10:00 pm (ages 10-17) Youth Rafting Trip	Minor Ball Year End Tourney/Banquet
17	18	19	20	21	22	23
9:00 am (all ages) Interpretive Hike Minor Ball Year End Tourney/ Banquet	10:00 am -2:00 pm (ages 12-17) The Young and the Wreckless 11:00 am (ages 1-12) Summer Reading Club 5:00-6:00 pm (ages 7-9) Spray Park Party Leaders in Action Check In (ages 7-17)	9:30 -11:30 am (ages 5-12) Geo Quest 9:30-10:30 am (ages 0-5) Sprouts 1:00-2:00 pm (ages 6-12) Drop In Lego Play 1:00 - 3:30 pm (ages 5-12) Program Summer Bucket	9:00-10:00 am Parent/infant Aqua Fit 11:00am – 12:00 pm (all ages) National Hot Dog Day 12:30-1:00 pm (ages 5-8) Slumberkins @ Library 1:00 pm (all ages) Wednesday Movies 1:30-2:00 pm (ages 5-12) Double Header DANCE PL3Y & 2:00 – 3:30 pm Get Messy 2:00 pm Interpretive Hike 4:30-5:30 pm (ages 10-17) Cree Classes @Metis Centre 6:00-8:00 pm (ages 10-17) GC Lake Beach Party YAC 50% off Tee Times 10:00 am - 4:00 pm	10:30 am -12:00 pm (ages 0-5) Park Ninja’s 1:00-3:00 pm (ages 12-17) Youth Paint Club 1:30 – 3:30 pm (all ages) Street Play	9:30 am-1:00 pm (ages 10-17) Golfing 4:00-6:00 pm (all ages) GC Lake Kayaking	
24	25	26	27	28	29	30
9:00 am (all ages) Interpretive Hike	10:00 am -2:00 pm (ages 12-17) The Young and the Wreckless 10:00-11:30 am (ages 8-11) Uniquely You! 11:00 am (ages 1-12) Summer Reading Club 1:00-3:00 pm (ages 7-11) Stay & Create @ Mt. Hamell Park (Butterfly) Leaders in Action Check In (ages 7-17)	9:30 -11:30 am (ages 5-12) Geo Quest 9:30-10:30 am (ages 0-5) Sprouts 10:00-11:30 am (ages 8-11) Uniquely You! 1:00- 3:30 pm (ages 5-12) Programs Summer Bucket List 2:00-3:30 pm Summer TIME Self Care @ Library outside (AGES 9-11) 1:00-2:00 pm (ages 6-12) Drop In Lego Play YAC August Calendar Comes Out	9:00 -10:00 am Parent/infant Aqua Fit 10:00-11:30 am (ages 8-11) Uniquely You! 12:30-1:00 pm (ages 5-8) Slumberkins @ Library 1:00 pm (all ages) Wednesday Movies 1:30-2:00 pm (ages 5-12) Double Header DANCE PL3Y & 2:00 – 3:30 pm Get Messy 2:00 pm Interpretive Hike 2:00-3:30 pm (ages 9-11) Summertime Self Care @ Library outside 4:30-5:30 pm (ages 10-17) Cree Classes @Metis Centre YAC 50% off Tee Times 10:00 am - 4:00 pm	10:00-11:30 am (ages 8-11) Uniquely You! 10:30am -12:00pm (ages 0-5) Park Ninja’s 1:00-3:00 pm (ages 12-17) Youth Paint Club 1:30 – 3:30 pm (all ages) Street Play	10:00-11:30 am (ages 8-11) Uniquely You! 1:00-2:00pm (ages 9-12) Book Club @ Library YAC Tent City – Death Racers Check in	YAC Tent City Fundraiser – Garbage Pick up
31						
YAC Tent City Fundraiser – Garbage Pick up						

August 2022

SUMMER COMMUNITY YOUTH PROGRAMS

IN GRANDE CACHE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Civic Holiday	9:00 am - 4:00 pm (ages 8-17) FCSS - Indigenous Life Skills Camp	9:00 am - 4:00 pm (ages 8-17) FCSS - Indigenous Life Skills Camp	9:00 am - 4:00 pm (ages 8-17) FCSS - Indigenous Life Skills Camp	9:00 am - 4:00 pm (ages 8-17) FCSS - Indigenous Life Skills Camp	
		9:30-10:30 am (ages 0-5) Sprouts	9:00 am-12:00 pm (ages 5-8) Jr. Adventurers	9:00 am-12:00 pm (ages 5-8) Jr. Adventurers	9:00 am-12:00 pm (ages 5-8) Jr. Adventurers	
		11:00 am-12:00 pm (ages 8-11) Mindfulness in the Park @ Mt. Hamell Park	11:00 am-12:00 pm (ages 8-11) Mindfulness in the Park @ Jag Memorial Park (Baseball Diamond)	10:30am -12:00 pm (ages 0-5) Park Ninja's	11:00 am-12:00 pm (ages 8-11) Mindfulness in the Park @ Central Park	
		1:00–2:00 pm (ages 6-12) Drop In Lego Play	12:30-1:00 pm (ages 5-8) Slumberkins @ Library	11:00 am-12:00 pm (ages 8-11) Mindfulness in the Park @ Mt.Stearn Park (Pizza Park)	1:00-2:00 pm (ages 9-12) Book Club @ Library	
		2:00-3:30 pm (ages 9-11) Summertime Self Care @Library outside	1:00 pm (all ages) Wednesday Movies	1:00-3:00 pm (ages 12-17) Youth Paint Club	2:30-3:15 pm Family Zumba @ Central Park with Youth Connections Metis Centre	
		2:00-3:30 pm (ages 9-11) Summertime Self Care @Library outside	2:00 pm (all ages) Interpretive Hike			
			YAC 50% off Tee Times 10:00 am - 4:00 pm			
7	8	9	10	11	12	13
9:00 am (all ages) Interpretive Hike	10:00 am -2:00 pm (ages 12-17) Young & the Wreckless	9:00 am-4:30 pm (ages 12-15) Community Helpers Program	12:30-1:00 pm (ages 5-8) Slumberkins @ Library outside	10:30am -12:00 pm (ages 0-5) Park Ninja's	1:00-2:00 pm (ages 9-12) Book Club @ Library	2:00-4:00 pm (all ages) Awesome Astronomy Pt.1
12:00 pm (all ages) Nature @ Noon	11:00 am (ages 1-12) Summer Reading Club	9:30 - 11:30 am (ages 5-12) Geo Quest	1:00 pm (all ages) Wednesday Movies	1:30 – 3:30 pm (alll ages) Street Play	2:30-3:45 pm (ages 10-17) Mandala Rock Painting with Youth Connections Metis Centre	10:30 pm-12:30 am (all ages) Awesome Astronomy Pt. 2
	Leaders in Action Check In (ages 7-17)	9:30-10:30 am (ages 0-5) Sprouts	1:30-2:00 pm (ages 5-12) Double Header DANCE PL3Y & Get Messy	1:00-3:00 pm (ages 12-17) Youth Paint Club		
		1:00- 3:30 pm (ages 5-12) Programs Summer Bucket List	2:00 pm (all ages) Interpretive Hike			
		1:00 – 2:00 pm (ages 6-12) Drop In Lego Play	YAC 50% off Tee Times 10:00 am - 4:00 pm			
14	15	16	17	18	19	20
9:00 am (all ages) Interpretive Hike	10:00 am -2:00 pm (ages 12-17) Young & the Wreckless	9:30 - 11:30 am (ages 5-12) Geo Quest	1:00 pm (all ages) National 'I Love My Feet Day'	10:30 am-12:00 pm (ages 0-5) Park Ninja's	10:00 am -12:00 pm (ages 7-11) Stay & Create @ Sheldon Coates Playground	
	11:00 am (ages 1-12) Summer Reading Club	9:30-10:30 am (ages 0-5) Sprouts	12:30-1:00 pm (ages 5-8) Slumberkins @ Library	1:00-3:00 pm (ages 12-17) Youth Paint Club	1:00-2:00 pm (ages 9-12) Book Club @ Library	
	1:00-3:00 pm (ages 7-11) Stay & Create @ Mt. Hamell Park (Butterfly Park)	1:00 – 2:00 pm (ages 6-12) Drop In Lego Play	1:30-2:00 pm (ages 5-12) Double Header DANCE PL3Y & Get Messy	1:30–3:30 pm (all ages) Street Play	Hide Away Camping Trip (ages 10-17)	
	Hide Away Camping Trip (ages 10-17)	1:00-3:30 pm (ages 5-12) Programs Summer Bucket List	2:00 pm (all ages) Interpretive Hike	Hide Away Camping Trip (ages10-17)		
	Leaders in Action Check In (ages 7-17)	2:00-3:30 pm (ages 9-11) Summertime Self Care @ Library outside	2:00-3:30 pm (ages 9-11) Summertime Self Care @ Library outside			
		Hide Away Camping Trip (ages 10-17)	Hide Away Camping Trip (ages 10-17)			
			YAC 50% off Tee Times 10:00 am - 4:00 pm			
21	22	23	24	25	26	27
1st Annual Youth Action Club Golf Tournament (ages 7-17)	9:00 am (ages 12-17) Young & the Wreckless (All Day Hike Grande Mountain)	(Waiting List) 9:30 am-4:00 pm Outdoor Survival Camp @ Grande Cache Lake	9:30-10:30 am (ages 3-5) DANCEPL3Y Preschool & Storytime	9:30-10:30 am (ages 3-5) DANCEPL3Y Preschool & Storytime	9:30-10:30 am (ages 3-5) DANCEPL3Y Preschool & Storytime	Great Beater Challenge BBQ Fundraiser by YAC
	Leaders in Action Check In (ages 7-17)	9:30-10:30 am (ages 0-5) Sprouts	(Waiting List) 9:30 am-4:00 pm Outdoor Survival Camp @ Grande Cache Lake	(Waiting List) 9:30 am-4:00 pm Outdoor Survival Camp @ Grande Cache Lake	6:00 pm-9:00 am (ages 8-12) Night at the Museum	
		1:00 – 2:00 pm (ages 6-12) Drop In Lego Play	1:00 pm (all ages) Wednesday Movies	1:00-3:00 pm (ages 12-17) Youth Paint Club		
			2:00 pm (all ages) Interpretive Hike			
28	29	30	31			
9:00 am (all ages) Interpretive Hike	Leaders in Action Final Tally (ages 7-17)	9:30-10:30 am (ages 0-5) Sprouts	2:00 pm (all ages) Interpretive Hike			
		1:00 – 2:00 pm (ages 6-12) Drop In Lego Play				
		EVERY CHILD MATTERS				

BEST SUMMER PROGRAMS

STAY & CREATE

DATE: July 4, 25, 29 & Aug 15, 19
AGES: 7-11
TIMES: Times are different for different days
COST: FREE
MAX: First come first serve
LOCATION: Butterfly Park or Sheldon Coates playground

Youth are welcome to drop by between scheduled times to get creative. Parents are welcome to stay and create with their children.

DIY FAIRY GARDENS

DATE: July 5
TIME: 9:30 -11:00 am
AGES: 8-14
COST: FREE
MAX: 15 participants
LOCATION: Youth Connections (Partnered Program)

Youth are invited to create their own Fairy Gardens. All supplies will be provided.

SELF TALK PAINTING

COST: FREE
DATE: July 5
TIME: 1:00 - 2:00 pm
AGES: 12-17
MAX: 15 Participants
LOCATION: Youth Connections (Partnered Program)

Positive and hopeful self-talk can be a useful stress management tool. This activity will help to reframe the negative self-talk into positive self-talk.

SLUMBERKINS

DATE: Wednesdays from July 6 - Aug 17
TIME: 12:30 -1:00 pm
AGES: 5-8
COST: FREE
MAX: 15 participants
LOCATION: Library (Partnered Program)

Nurturing children to be caring, confident, and resilient; helping all children build their social-emotional skills through the use of the Slumberkins resources. For more information check out the Slumberkins website.

YOGA IN THE PARK

COST: FREE
DATE: July 6
TIME: 2:00 - 2:30p m
AGES: 7+
LOCATION: Central Park

Join the Success Coach; Lisa Beckstead and yoga instructors; Trish St. Onge and Nastascia Gow for a family-friendly class.

WELLNESS BAKING

DATE: July 7
TIME: 1:00 - 4:00 pm
AGES: 13-17
COST: FREE
MAX: 15 participants
LOCATION: Youth Connections (Partnered Program)

There is something rich and rewarding about creating your own masterpiece, a sense of accomplishment, and such a great stress relief. Join BEST and Youth Connections for an afternoon of pies and coping strategies.

WELLNESS COOKIE ART

DATE: July 8
TIME: 10:00 - 11:00 am
AGES 8–12
COST: FREE
MAX: 15 participants
LOCATION: Youth Connections (Partnered Program)

Exploring emotions all while expressing those emotions through cookie art.

BOOK CLUB

DATE: Fridays, July 8, 29, Aug 5, 12, and 19
TIME: 1:00 - 2:00 pm
AGES: 9-12
COST: FREE
MAX: 10 participants
LOCATION: Library

Youth are invited to join BEST in reading, exploring, and getting creative with the novel “Shouting At The Rain” written by Lynda Mullaly. Novels will be supplied.

UNIQUELY YOU! GIRLS GROUP

DATE: July 25- July 28
TIME: 10:00 am - 11:30am
AGES: 8-11
COST: FREE
MAX: 10 participants
LOCATION: TBD

Fun and varied wellness topics to be explored through movement and discussion boosting our confidence in a friendly supportive environment.

SUMMERTIME SELF CARE

DATE: July 26, 27, Aug. 2, 3, Aug. 16, 17
TIME: 2:00 - 2:30 pm
AGES: 8-11
COST: FREE
MAX: 10 participants
LOCATION: Outside the Library

Exploring self-care through creative activities that build their toolkit in gratitude, mindfulness, and kindness to self.

MINDFULNESS IN THE PARK

DATE: Aug. 2 - Aug 5
TIME: 11:00 am - 12:00 pm
AGES 7- 11
COST: FREE
MAX: 10 participants
LOCATION: Different parks each day. (Partnered Program with Library)

Join BEST and the Library in a local park for an activity to practice mindfulness. Each day we will explore a new mindful adventure through creative activities.

COMMUNITY HELPERS PROGRAM

DATE: Aug 9
TIME: 9:00 am - 4:30 pm
AGES: 12-15yrs old.
COST: FREE
MAX: 15 participants
LOCATION: Tourism Centre (Partnered Program with Youth Connections)

A workshop for youth to build their natural helping ability by providing youth with the skills and knowledge they need to support their personal and peers’ mental health and well-being.

MANDALA ROCK PAINTING

DATE: Aug 12
TIME: 2:30-3:45 pm
AGES: 10- 17
COST: FREE
MAX: 15 participants
LOCATION: Youth Connections (Partnered Program)

Youth will create their own personal mandala art on rocks.

GREEN VIEW FCSS SUMMER PROGRAMS

FCSS LIFE SKILLS FOR KIDS

DATE: July 6 – 8, 2022
AGES: 7 - 12
TIME: 9:00 am – 3:00 pm
COST: \$40.00
LOCATION: Grande Cache Recreation Centre

3 days filled with games, crafts, and activities. Kids will also learn conflict resolution, communication skills, body language and public speaking. Lunch and snacks provided.

INDIGENOUS LIFE SKILLS CAMP

DATE: August 2 -5, 2022
AGES: 8 - 17
TIME: 9:00 am – 4:00 pm
COST: FREE
MAX: 20

Description: Green View FCSS and Aseniwuche Winewak Nation have partnered to provide this camp. Kids will learn and have hands on work with starting and finishing a hide from local elders in Grande Cache.

GRANDE CACHE RECREATION CENTRE SUMMER PROGRAMS

THE YOUNG AND THE WRECKLESS

DATE: Monday July 4, 11, 18, 25 & August 8, 15, 22
AGES: 12-17
TIME: 10:00 am - 2:00 pm
COST: \$60 for all sessions
MAX: 12 children

Get your hiking gear ready! We will spend the first 6 sessions preparing to conquer a huge goal that will happen on the last session. On August 22nd we will climb Grande Mountain. Check out the Recreation Centre programs summer calendar to get all the details.

GEO QUEST

DATE: Tuesday July 12, 19, 26 and August 9, 16
AGES: 5-12
TIME: 9:30 – 11:30 am
COST: \$8.00 non members & \$7.00 members for each session
MAX: 16 children

Join the Programmers as we go geocaching! All the geocaches are made and hidden by the programs team. Check out the Recreation Centre programs summer calendar to get all the details.

PROGRAMS SUMMER BUCKET LIST

DATE: Tuesday July 12, 19, 26 and August 9,16
AGES: 5-12
TIME: 1:00 - 3:30pm
COST: \$8.00 non members & \$7.00 members for each session
MAX: 16 children

The programmers have a Summer Bucket List of 30 activities to check off! Come help us to tackle 6 of the things in each session! Check out the Recreation Centre programs summer calendar to get all the details.

PARENT/INFANT POOL AQUA FIT

DATE: Wednesday July 13, 20 & 27
AGES: 6 months – 3 years
TIME: 9:00 - 10:00 am
COST: Facility Rates Apply
MAX: 10 infants

This instructor led aquatic fitness class is for parents and their infants! A half hour of aqua fit and the last half hour of free time with the Programmers. Check out the Recreation Centre programs and fitness summer calendar to get all the details.

DOUBLE HEADER
(DANCEPL3Y & GET MESSY)

DATE: Wednesday July 20, 27 and
August 10, 17

AGES: 5-12

TIME: 1:30- 3:30 pm

COST: \$8.00 non members &
\$7.00 members for each session

MAX: 16 children **DANCEPL3Y**

Join Amber for a half hour of DANCEPL3Y followed by getting messy with the programmers! DAN-CEPL3Y Kids “plays” with dance in a unique and innovative way. Using simple moves from a variety of styles – Urban, Ballroom, Lyrical, Jazz/Funk we will be interactive with dance and have some fun! Check out the Recreation Centre programs summer calendar to get all the details.

PARK NINJAS

DATE: Thursday July 21, 28 and
August 4, 11 and 18

AGES: 0-5 older sibling’s welcome

TIME: 10:30 am -12:00 pm

COST: Free

Meet the programmers and the fitness coordinator at the Grande Cache Recreation Centre where we will depart at 10:35am to go to a park. Check out the Recreation Centre programs and fitness summer calendar to get all the details.

STREET PLAY

DATE: Thursday July 21, 28 and August 11 & 18

AGES: All ages

TIME: 1:30 - 3:00 pm

COST: Free

We are excited to bring this program back!! The programs team will bring all the activities and music for some fun in the street. Locations on the streets will be provided in the Recreation Centre programs summer calendar

DANCEPL3Y PRESCHOOL & STORY TIME

DATE: August 24 -26, 2022

AGES: 3 – 5 (parented)

TIME: 9:30 – 10:30 am

COST: \$20.00

MAX: 12 **DANCEPL3Y**

Introduce your child to dance in a fun and playful way! The DANCPL3Y Preschool program focuses on the development of physical literacy while exploring a variety of dance genres through imaginative and engaging story lines. After moving our bodies parents and children will further their imaginations with creative stories. Please pack indoor shoes and water.

GRANDE CACHE
TOURISM &
INTERPRETIVE CENTRE
SUMMER PROGRAMS

NATURE @ NOON

DATE: Sunday July 3, Sunday August 7

AGES: All ages

TIME: 12:00 -12:45 pm

COST: Free

A short, interactive interpretive program teaching about local plants and animals. Crafts and games best suited to 3-12 yr olds.

SPROUTS

DATE: Every Tuesday – July 5 to August 30

AGES: Under 5, siblings welcome

TIME: 9:30 – 10:30 am

COST: Free

Play outside and explore the forest near the Tourism Centre with your little one through our guided activities and free play! Registration is required.

INTERPRETIVE GUIDED HIKES

DATE: July 3, 17, 20, 24, 27 and
August 3, 7, 10, 14, 17, 24, 28, 31

AGES: All ages

TIME: Sundays beginning at 9:00 am and
Wednesdays beginning at 2:00 pm

COST: Free

MAX: 10

Explore the Grande Cache area with our interpretive guides and learn about flora, fauna, geology, and history! Hike locations and durations will vary. Contact the Tourism Centre for additional information. Registration is required.

YOUTH PAINT CLUB

DATE: July (Group 1) 7, 14, 21, 28 and
August (Group 2) 4, 11, 18, 25

AGES: 12-17

TIME: 1:00 - 3:00 pm

COST: \$40/group

MAX: 10

Join local painter, Matt Patterson, and learn the ins and outs of acrylic painting. Each session will get you that much closer to creating your own masterpiece! Participants can register for one group or both.

JR. ADVENTURERS

DATE: August 3, 4, 5

AGES: 5-8

TIME: 9:00 am - 12:00 pm

COST: Food Bank Donation

MAX: 10

Calling all young adventurers! Join our staff in this camp-style program teaching kids about our local forest through games and free exploration! Registration is required.

SR. EXPLORERS

DATE: July 13, 14, 15

AGES: 9-12

TIME: 1:00 - 4:00 pm

COST: Food Bank Donation

How do you connect to nature? Where is your place in the natural world? Explore the forest with our guides and figure it all out! This program builds on Jr. Adventurers with a larger focus on bushcraft and ecology.

NIGHT AT THE MUSEUM

DATE: July 15 and August 26

AGES: 8-12

TIME: 6:00 pm - 9:00 am

COST: \$20.00

Spend the night at the TIC playing games, crafting and watching a movie! Cost includes dinner, snacks, and breakfast. Each event will have a different theme and activities!

AWESOME ASTRONOMY PT.1

DATE: August 13

AGES: All ages

TIME: 2:00 - 4:00 pm

COST: Free

Join the Royal Astronomical Society of Canada (RASC) at the Tourism Centre as we learn about and check out the sun! Event includes solar observations, snacks and crafts.

AWESOME ASTRONOMY PT.2

DATE: August 13 – August 14

AGES: All ages

TIME: 10:30 pm-12:30 am

COST: Free

The Perseid Meteor Shower is one of the biggest of the year and the RASC will be at Grande Cache Lake to help us check it out! Meet at the lake for this fun night sure to be packed with sightings, bonfires and s’mores.

YOUTH ACTION CLUB
SUMMER PROGRAMS (YAC)

All events, activities, and/or fundraising events are by registration only. The Youth Action Club is a Youth Led Intuitive **for all the youth AGES 7-17** of Grande Cache and its surrounding Coops and Enterprises.

LEADERS IN ACTION PROGRAM

DATE: July 1-August 29, 2022

AGES: 7-17

COST: Free

Weekly check-ins of activities achieved. The Leaders in Action program is designed with the intention everyone can be a leader. Youth ages 7-17 will gain the opportunity to learn life skills and practice leadership skills. Each youth will have the opportunity and space to creativity build on skill development, responsibility, and self-esteem and inspire confidence. Each participant will receive 10 leadership goals to achieve over the summer. Youth will achieve each goal through learning, engaging in the community and communicating with others.

Email: YouthActionClubGC@gmail.com
or find us on Facebook at
www.facebook.com/YouthActionClubgc

GRANDE CACHE
MUNICIPAL LIBRARY
SUMMER PROGRAMS

SUMMER READING CLUB

DATE: July 4, 11, 18, 25, Aug. 8 & 15

AGES: 1 – 12

TIME: 11:00 am

COST: Free

This free club inspires kids to explore the fun of reading. Children will receive a free notebook and stickers to track their reading. Weekly activities and initiatives

DROP IN LEGO PLAY

DATE: July 5, 12, 19, 26 &

Aug. 2, 9, 16, 23, & 30

AGES: 6 – 12

TIME: 1:00 – 2pm

COST: Free

Summer Lego fun!

WEDNESDAY MOVIES

DATE: July 6, 13, 20, 27, Aug. 3, 10, 24

AGES: All ages welcome

TIME: 1:00 pm

COST: Free

Wednesday matinees with packaged snack and juice.

NATIONAL HOT DOG DAY

DATE: July 20

AGES: All ages welcome

TIME: 11:00 am – 12:00 pm

COST: Free

Come learn about the history of the hot dog. Can you guess how many hot dogs are consumed in a year? Hot dogs are on the menu!

NATIONAL ‘I LOVE MY FEET DAY’

DATE: August 17

AGES: All ages welcome

TIME: 1:00 – 2:00 pm

COST: Free

This is a day to appreciate how valuable our feet are, to practice good foot care and pamper our feet.

LEGEND

- BEST Summer Programs
- Grande Cache Municipal Library
- Grande Cache Recreation Centre
- Grande Cache Tourism & Interpretive Centre
- Green View FCSS
- Greenview Outdoor Recreation
- Youth Action Club
- Youth Connections Metis Centre