



# GREENVIEW REGIONAL MULTIPLEX

## Aquatic Centre Schedule Effective Thursday, March 3, 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:30-8:30am <b>Lane &amp; Leisure</b>		6:30-8:30am <b>Lane &amp; Leisure</b>		6:30-8:30am <b>Lane &amp; Leisure</b>	
	9:00-11:00am <b>Senior and Parent &amp; Tot Swim</b>	10:00-11:00am <b>Water Works</b>	9:00-11:00am <b>Senior and Parent &amp; Tot Swim</b>	10:00-11:00am <b>Water Works</b>	9:00-11:00am <b>Senior and Parent &amp; Tot Swim</b>	
	12:00pm-1:00pm <b>Lane &amp; Leisure</b>		10:30-11:00am <b>Water Walking</b>			
	12:00pm-1:00pm <b>Lane &amp; Leisure</b>		12:00pm-1:00pm <b>Lane &amp; Leisure</b>		12:00pm-1:00pm <b>Lane &amp; Leisure</b>	
2:00-3:45pm <b>Public Swim</b>	Pool Operations / Programming	2:00-3:00pm <b>Lane &amp; Leisure</b>	Pool Operations / Programming	2:00-3:00pm <b>Lane &amp; Leisure</b>	Pool Operations / Programming	2:00-3:45pm <b>Public Swim</b>
4:15-6:00pm <b>Family Swim</b>	3:00-8:00pm <b>Public Swim</b>	3:00-8:00pm <b>Public Swim</b>	3:00-8:00pm <b>Public Swim</b>	3:00-8:00pm <b>Public Swim</b>	3:00-8:00pm <b>Public Swim</b>	4:15-6:00pm <b>Family Swim</b>
6:15-8:00pm <b>Public Swim</b>						6:15-8:00pm <b>Public Swim</b>
	8:00-9:00pm <b>Adult &amp; Youth Swim (16+)</b>	8:00-9:00pm <b>Adult Swim (Age 18+)</b> <i>Dim Swim</i>	8:00-9:00pm <b>Adult &amp; Youth Swim (16+)</b>	8:00-9:00pm <b>Adult Swim (Age 18+)</b> <i>Dim Swim</i>	8:00-9:00pm <b>Adult &amp; Youth Swim (16+)</b>	

Schedule Descriptions	
<b>Lane &amp; Leisure</b>	All pools and lanes available for a relaxing swim time.
<b>Senior Swim</b>	Reserved time for seniors and water walkers. <b>*Lanes available for lane swimmers*</b>
<b>Parent &amp; Tot</b>	Reserved time for caregivers to swim with toddlers for a relaxing play time.
<b>Public Swim</b>	Available for all swimmers to come and play.
<b>Adult &amp; Youth Swim (16+)</b>	Reserved time for swimmers over the age of 16.
<b>Adult Swim (18+)</b>	Reserved time for adult swimmers.
<b>Family Swim</b>	Parents/caregivers must be actively participating in the water with their children.
<b>Dim Swim</b>	Enjoy dimmed lights and calm music. Access to Aqua Poise mats upon request.
<b>Water Works</b>	Water Fitness with Debbie – Registration required. Drop-in available once minimum registration is met.
<b>Water Walking</b>	Learn how to water walk in an instructor guided session. Free with membership or daily drop-in.
<b>Pool Operations/Programming</b>	Designated for pool operations and/or programming.

**The Steam Room and Hot tub are available during all available scheduled swims**

All children aged 7 and under MUST be accompanied by a responsible caregiver aged 13 plus and remain WITHIN ARMS REACH at all times



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