

# LIFEGUARD TRAINING

Greenview Regional Multiplex



## BRONZE MEDALLION

**DATE:** Tuesday - Thursday  
July 13-15, 2021  
**TIME:** 9:00 am – 3:30 pm  
**COST:** \$180.00  
(includes course materials)  
**PREREQUISITES:** 13 years of age

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skill, and fitness. Rescuers learn tows, carries, and defense and release methods in preparation for challenging rescues of conscious and unconscious victims. Includes CPR A and AED.

## BRONZE CROSS

**DATE:** Tuesday - Thursday  
July 27-29, 2021  
**TIME:** 9:00 am – 3:30 pm  
**COST:** \$130.00  
**PREREQUISITES:** Bronze Medallion

Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor certification. Includes CPR C and AED.

## NATIONAL LIFEGUARD

**DATE:** Tuesday - Thursday  
August 9-13, 2021  
**TIME:** 8:30 am – 4:30 pm  
**COST:** \$350.00  
(includes course materials)  
**PREREQUISITES:** 16 years of age,  
Bronze Cross and Alberta  
Workplace approved standard  
first aid with CPR level C

The Lifesaving Society's National Lifeguard Certification builds on the fundamental skills, knowledge, fitness, judgement, and values taught in the prerequisite certifications. Recognized as the standard for lifeguard in Canada, National Lifeguard training develops a sound understanding of lifeguarding principles, good judgement, and a mature and responsible attitude toward the role of the lifeguard.

## FOR MORE INFORMATION:

Follow Us on Facebook at Greenview Regional Multiplex

**WEBSITE:** [mdgreenview.ab.ca](http://mdgreenview.ab.ca)

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**LIFESAVING SOCIETY®**  
*The Lifeguarding Experts*

