



GRANDE CACHE ADVENTURE GUIDE



EXPAND YOUR VISION
GREENVIEW



WELCOME FROM COUNCIL



MD of Greenview Council 2019

On behalf of the Municipal District of Greenview, we welcome you to our region and to the hamlet of Grande Cache. On January 1, 2019 the Town of Grande Cache officially became a hamlet in the MD of Greenview and we are excited for the future of Greenview.

Surrounded by 21 mountain peaks, Grande Cache is nestled along Highway 40 – the “Scenic Route to Alaska”. Stop at the Grande Cache Tourism & Interpretive Centre that showcases the rich history of the area through exhibits and displays and where friendly staff can provide all of your tourism information needs.

Grande Cache is proud to celebrate its 50th Anniversary June 28, 29, 30 & July 1, 2019. The planning committee is hard at work to make this an exceptional and enjoyable event for current and past residents. Visit the “Grande Cache 50th Anniversary” Facebook page for event details and join us.

Grande Cache is the perfect place to stop, relax, and explore. Come have a look around and stay awhile. Start planning your visit to Greenview, where the landscape is as diverse as the adventure that awaits.

Visit us at grandecache.ca | mdgreenview.ab.ca
expandyourvision.ca

Sincerely,
Reeve Dale Gervais

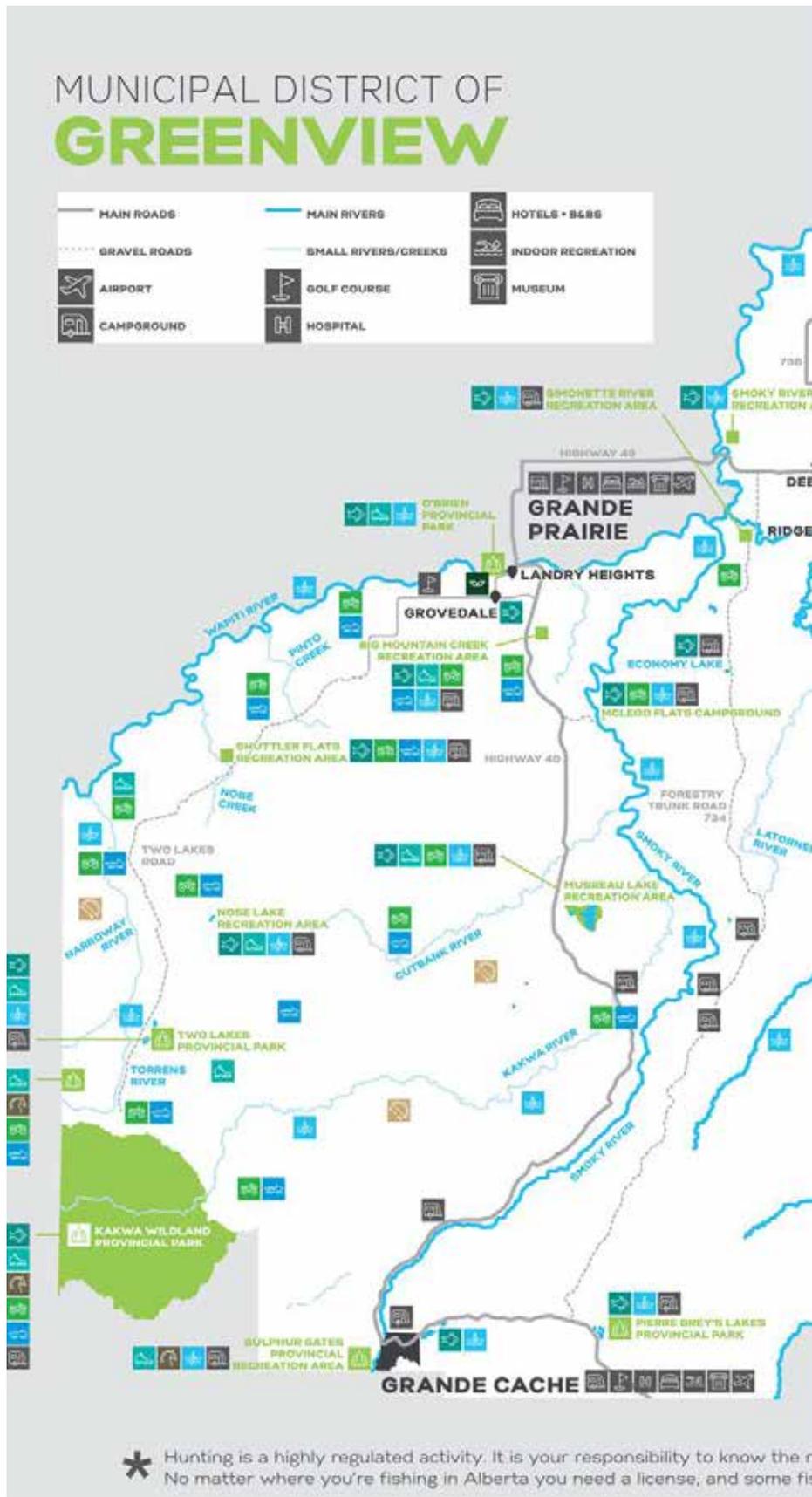


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GRANDE CACHE TOURISM & INTERPRETIVE CENTRE

9701 100 STREET (HWY 40)

☎ 780-827-3300 TOLL FREE 1-888-827-3790

@tourism@grandecache.ca

📍 Grande Cache Tourism & Interpretive Centre

📱 @TourismCentreGC

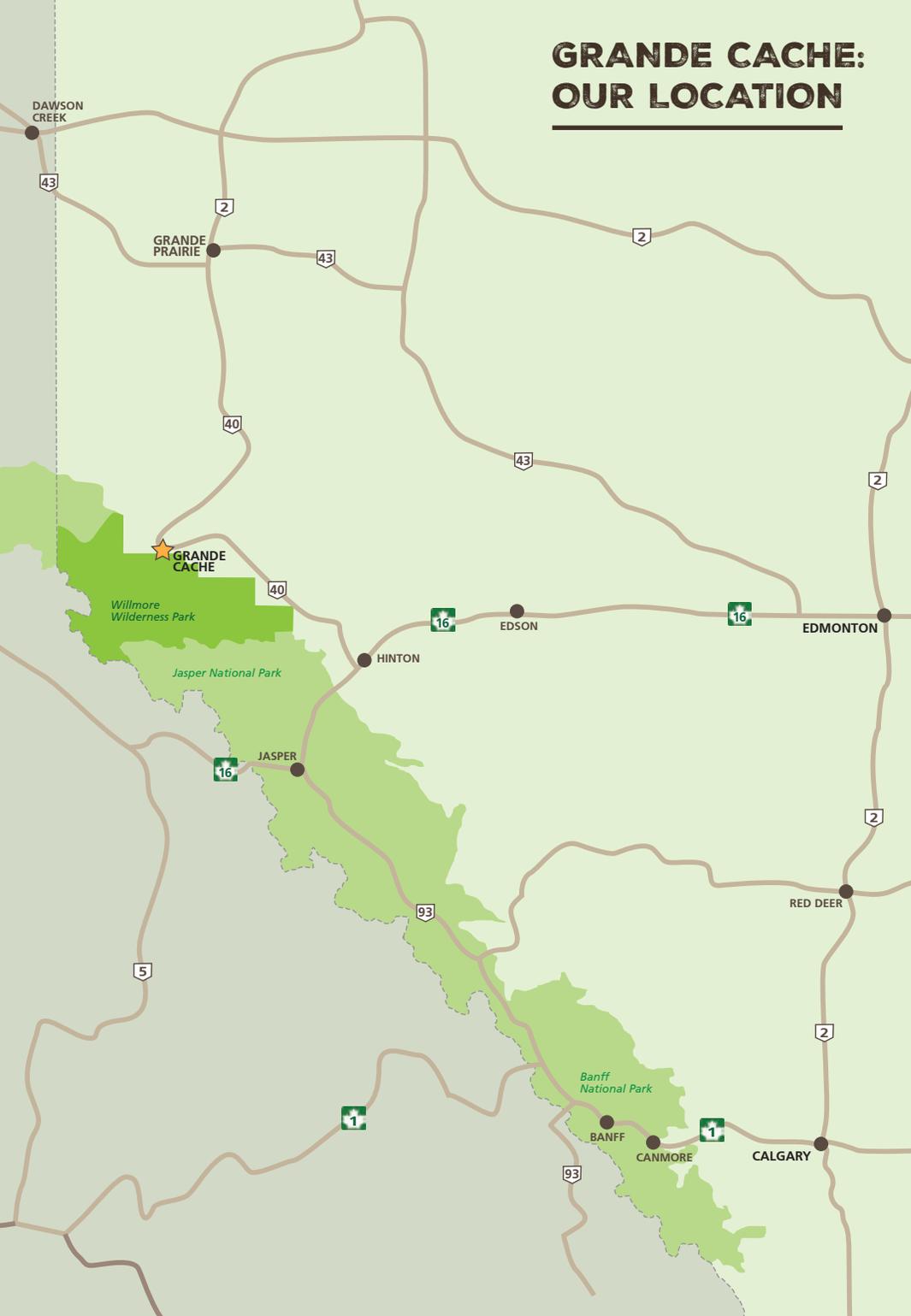
🌐 grandecache.ca

PHOTO CREDITS

Front Cover: View of Sulphur Gates - Lloyd Dykstra



GRANDE CACHE: OUR LOCATION



WELCOME TO GRANDE CACHE.

The Town of Grande Cache is located in the northern part of the Rocky Mountains, in western Alberta, Canada. Highway 40 (Bighorn Highway or Scenic Route to Alaska) connects Grande Cache with Grande Prairie to the north (183 km) and Hinton to the south (143 km). Jasper is 210 km south of Grande Cache and Edmonton is 450 km east of Grande Cache. This small mountain town is adjacent to the unspoiled Willmore Wilderness Park.

PHOTO CREDITS 1. Town of Grande Cache aerial shot - Town of Grande Cache
2. Big Horn Ram - Harry Bigland



GRANDE CACHE. In the Northern Rockies.

The picturesque community of Grande Cache is built on a mountain plateau facing south towards the Continental Divide and the pristine Willmore Wilderness Park. An elevation of 4200 feet provides a panoramic view of 21 mountain peaks and 2 river valleys. There's something for everyone; photographers, artists, hikers, bikers, paddlers, horseback riders, cross-country skiers, fishermen and hunters alike. Through it's unique activities, like running the Canadian Death Race on the August long weekend, hiking the Passport to the Peaks program, walking the Labyrinth Park or backpacking in Willmore Wilderness Park, Grande Cache offers outstanding outdoor adventure and a relaxed lifestyle within the Municipal District of Greenview.

YOUR ADVENTURE AWAITS.

Located on Highway 40 and surrounded by stunning panoramic vistas of the Canadian Rockies, the Grande Cache Tourism & Interpretive Centre has much to offer the curious traveler, newcomers to our community and long-time residents. We are more than just a tourism information centre.

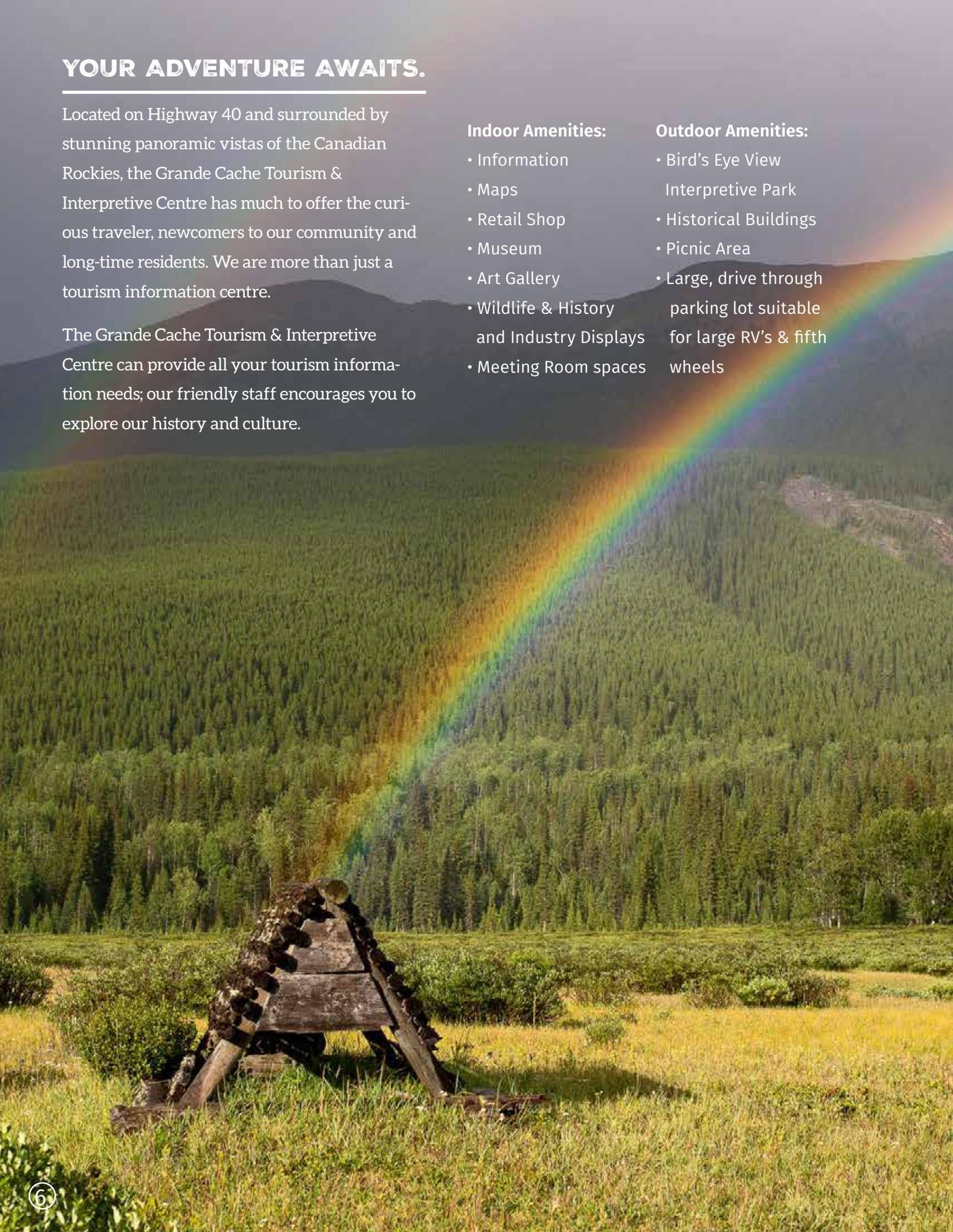
The Grande Cache Tourism & Interpretive Centre can provide all your tourism information needs; our friendly staff encourages you to explore our history and culture.

Indoor Amenities:

- Information
- Maps
- Retail Shop
- Museum
- Art Gallery
- Wildlife & History and Industry Displays
- Meeting Room spaces

Outdoor Amenities:

- Bird's Eye View Interpretive Park
- Historical Buildings
- Picnic Area
- Large, drive through parking lot suitable for large RV's & fifth wheels





GRANDE CACHE TOURISM & INTERPRETIVE CENTRE.

The Tourism Centre showcases the fascinating history of the area through exhibits and displays featuring ice age artifacts, dinosaur tracks, Aboriginal heritage and fur trading, full animal mounts, tree and geological descriptions and local industry. There is also the Bighorn Gallery Gift Shop, the Esson Gale Art Gallery, a large screen to show movies, and space available for meetings and conferences. Make sure to save time to tour the Bird's Eye View Park featuring interpretive trails and gazebo style picnic areas, outside of the Centre. A replica of a "cache" along with other historic buildings is also on site.

CONTACT INFORMATION

9701 100 STREET (HWY 40)

☎ 780-827-3300 TOLL FREE 1-888-827-3790

@ tourism@grandecache.ca

📍 Grande Cache Tourism & Interpretive Centre

🐦 @TourismCentreGC

🌐 grandecache.ca

PHOTO CREDITS 1. Double Rainbow - Mark Engstrom

2. Interior Grande Cache Tourism & Interpretive Centre - Elesa Willies

3. Exterior Grande Cache Tourism & Interpretive Centre - Harry Bigland

Just the facts.

Population: 3,286 people (2016 Statistics Canada). There are six aboriginal co-ops in the area that have over 300 residents.

Established: Established in 1969 **Elevation:** 1,280 m/4,200 ft.

Climate: Weather is moderate. Mild Summers with temperatures ranging between 15 to 25 degrees Celsius. Winters are tempered by warm Chinook winds.

Transportation: Highway 40 links Grande Cache to Grande Prairie to the North (180 km) and Hinton to the South (140 km).

Industries: The key industries are oil and gas exploration and development, forestry, thermal-electricity generation, coal production, tourism and a federal correctional institution.

Health Services: Grande Cache Community Health Complex and Public Health Centre. Medical Services includes family physicians, chiropractors, massage therapists & dentist.

Veterinary Services: Available in Grande Cache one day a week; there are also clinics located in Hinton & Grande Prairie.

Library Services: The Grande Cache Municipal Library is located in the Grande Cache Community High School.

Schools: Grande Cache is a part of the Grande Yellowhead Public School Division #35. Visit www.gypsd.ca for more info.

Highlights: The best spots and activities in Grande Cache are the Canadian Death Race, Passport to the Peaks hiking program, Sulphur Gates and Crack of Doom, Willmore Wilderness Park, the Labyrinth Park, Golf & Country Club, and the Recreation Centre (Aquatics Centre, Arena & Curling Club). For activities, there is white water rafting, horseback riding, panoramic views and endless multi-use trails.

www.grandecache.ca



SIGHTS TO SEE. THINGS TO DO.

One of the most popular attractions to the Grande Cache area, Sulphur Gates is an impressive cliff-edged confluence of two rivers: the Smoky and the Sulphur. Dramatic rock formations define the two rivers in stark contrast. Pathways and platforms allow stunning views of the two rivers and the rock formations. A short trail from the parking lot provides access to the platforms. Please stay behind the protective guardrails and wear good footwear, as some areas can get slippery.

Tour Sulphur Gates.

As well as great views, Sulphur Gates is a staging area for equestrian users and backpackers going into Willmore Wilderness Park. There is also a small campground, picnic and horse staging area. To get to Sulphur Gates, head north on highway 40 for 5 km, just after the bridge over the Smoky River, turn left on the signed gravel road 'Willmore Wilderness Park - Sulphur Gates'. Drive 8 km to the public parking and staging area.

8

Large RV's and campers may need to park in the commercial staging area and walk toward the public staging area. Just before the public staging area is the commercial staging area. From here, you can access is another cool geographic feature: the **Crack of Doom**. It is on Leg 5 of the Death Race trail. Just to the right of the first corral of the commercial area is a trail - it's only a short 5 minute walk to the large split rock pictured above (right).

Walk the Labyrinth.

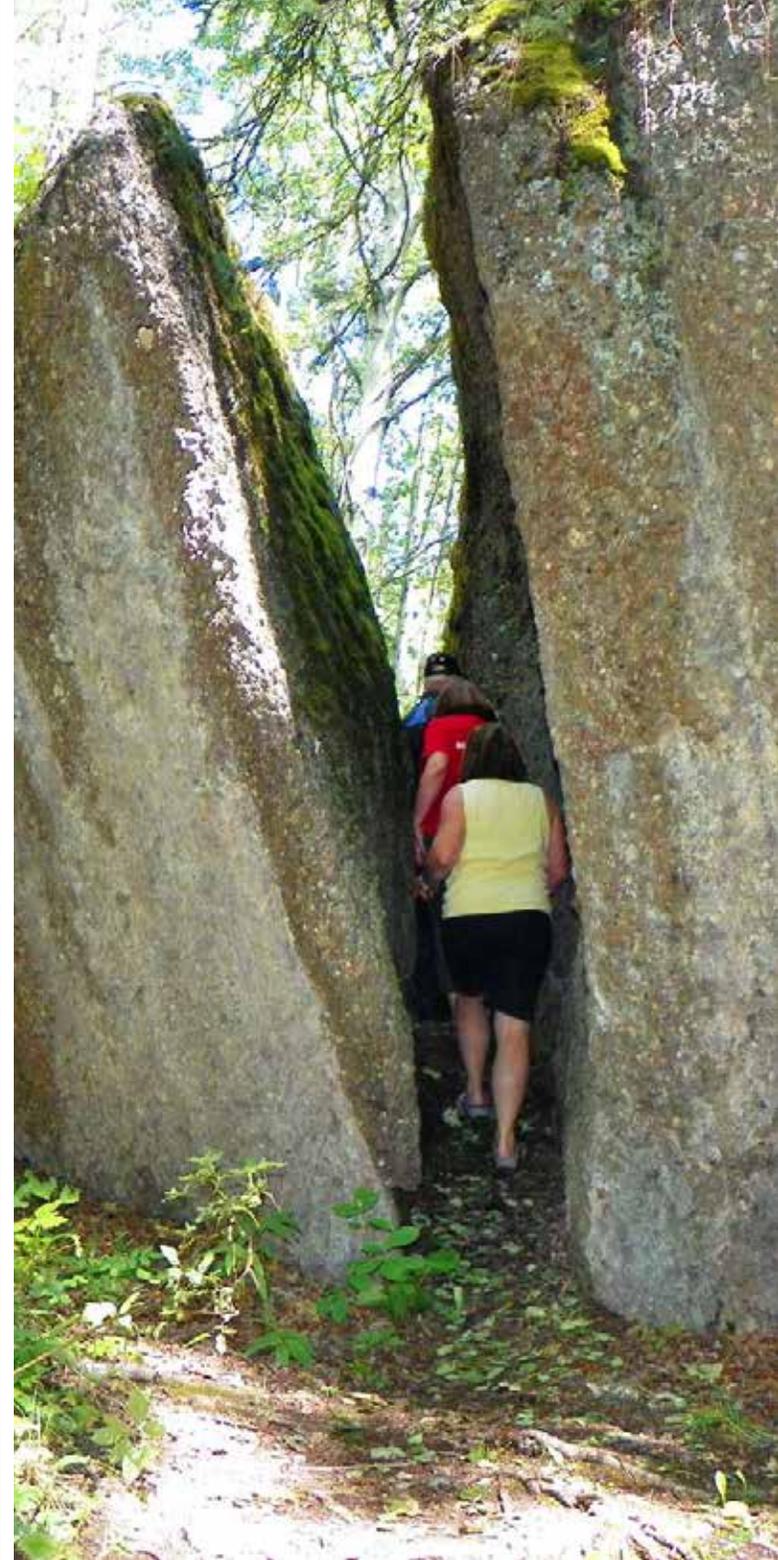
A walking meditation park. Come enjoy the 360 degree mountain view, quiet your mind, and "Take the Journey".

 Grande Cache Labyrinth Park

Swing a Golf Club.

The course is one of the most stunning in the province, offering breathtaking mountain views from every hole.

 Grande Cache Golf and Country Club



Hike & Bike.

Grande Cache has hundreds of kilometers of trails for hikers and bikers of different abilities. A trail network around the community offers easy access to those looking for a challenge. For those seeking an adrenalin rush, Grande Cache offers some of the best backcountry biking anywhere! Beautiful alpine meadows, twisty single tracks and heart-thumping downhills await.

Ride a Horse, or a River.

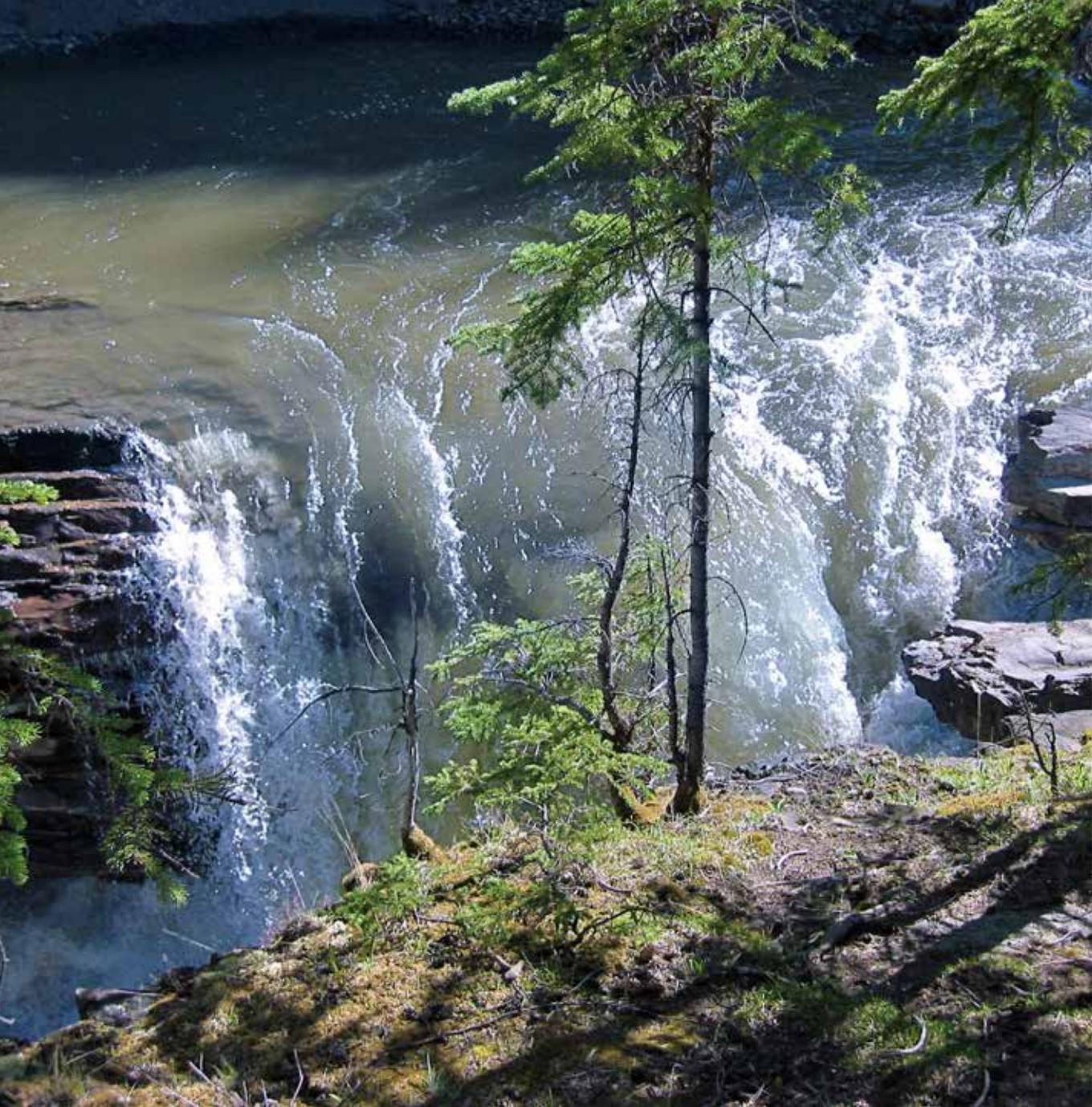
Canoe, kayak or white water raft down one of the mild to wild rivers. Book a fun and exciting whitewater trip with local Wild Blue Yonder White Water Rafting company or book a horse-back adventure - a leisurely one-day ride to a fourteen-day excursion deep into Willmore Wilderness Park with a professional guide or outfitter. We have something for everyone!

Go Fishing.

Prefer a quiet day on the lake? The Grande Cache area is known for its excellent fishing at Grande Cache Lake, Victor Lake, Pierre Grey's Lakes - in a remote mountain setting. Grande Cache's creeks are the real secret with provincially-renowned fly-fishing opportunities.

PHOTO CREDITS

1. Sulphur Gates - Margaret Abraham
2. Crack of Doom - Krista Morrow



DISCOVER A WATERFALL.

MUSKEG FALLS.

Muskeg Falls is our most stunning waterfall, and the hike is fairly short. Most of the trail is an easy walk through spruce forests, but the trail then descends sharply to the falls, with tricky footing. Use extreme caution: much of the cliff edges are very unstable, and the rocks are slippery. The upper trail to the right will take you along the top ridge of the riverbank, directly above the falls. The fork to the left goes to the bottom edge of the falls. Both are very steep.

Location: Drive 16 km south on Highway 40 and turn into the first rest stop on the left hand side (north side) of the road. There's a small trail, usually flagged, off to the north.

TWIN FALLS.

A popular short hike that's great for families or those seeking something less challenging. A small set of falls, it's an interesting hike as the surrounding terrain changes frequently, so you may be doing a bit of route-finding! The trailhead is about 11 km north of town, then a short drive off the highway to where the hike begins. The ground around the falls and creek can be quite unstable, so use caution!

Location: To reach the trailhead, drive 11.3 km north of Grande Cache on HWY 40 and turn left onto the dirt road. Follow this about 0.7 km to where it reaches a power line and dead ends at Hells Creek. The trail leads up the south side of the creek to a signed viewpoint of the Falls.



EATON FALLS.

EATON FALLS: 3 km one way.

This is usually the first spot that people head to in Willmore Wilderness Park. It is mostly a moderate hike on a clearly defined trail through lightly forested areas, but there are some challenging hills at the start! The trail extends for about 2 km over hills and gullies. A trail will then branch off the main trail to the right and is marked by an old moose antler with the words “Eaton Falls” inscribed on it. (This trail marker is very easy to miss and the trail itself is rather narrow). Walk about another 500 meters and you will see and hear Eaton falls.

The falls flow over an enormous rock face from jagged cliffs high above the treetops. A refreshing, cool breeze will greet you as you approach the falls. Many large rocks line the final few meters towards the base of the falls, making for slippery conditions. Use caution.

Location: Drive to the Sulphur Gates Staging Area. Park and proceed to the large trailhead (southwest corner) at the far end of the parking area. Follow the downhill trail that goes to the right.

PHOTO CREDITS

1. Muskeg Falls - Harry Bigland
2. Twin Falls - Harry Bigland
3. Eaton Falls - Lin Lyle



PIERRE GREY'S LAKES.

Fish: Brook, Bull & Rainbow Trout

This popular location was named after local fur trader/ trapper Pierre Grey, who ran a trading post at the series of small lakes bearing his name today. The remnants of his trading post from the late 1800s and can still be seen today.

Located 33 km south on Highway 40, Pierre Grey's Lakes is a string of 5 lakes full of Rainbow Trout, Brook Trout and Bull Trout. Excellent for canoeing, kayaking or boating (electric motors only), Pierre Grey's Lakes offer a quiet escape for one to also enjoy camping and hiking or winter activities such as snowshoeing or cross country skiing.

VICTOR LAKE.

Fish: Rainbow Trout

This serene little lake is one km outside of town. Scenic and abounding with local wildlife, no motorized boats are permitted on this lake making it ideal for kayaking, canoeing and fishing for Rainbow Trout. Victor Lake can be accessed by turning onto a dirt road on the right side of Highway 40 heading south 1 kilometre out of town.



GRANDE CACHE LAKE.

Fish: Brook & Rainbow Trout

Located 5 km south of Town on Highway 40. A popular destination in the summer heat! Great for enjoying water sports, mountain views, year round fishing for Brook and Rainbow Trout. The lake features a natural beach, day use picnic areas with fire pits, boat launch & dock and the Rotary Playground. You can also enjoy a picnic on the island across the lake.

PHOTO CREDITS

1. Grande Cache Lake - Margaret Abraham
2. Rotary Club Playground - Krista Morrow
3. Grande Cache Beach - Margaret Abraham

PEAVINE LAKE.

Hike to, fish or canoe at this small lake, rich in animals and beautiful scenery. 8 km south on Highway 40, take the gravel road on the right. 150 meters down the gravel road, a small 4x4 track is on the left. Follow the track for 1 km. The trail passes the Peavine Lake tipis, and immediately after, a smaller trail is on the right. See the Grande Cache Trails Map, CDR Leg 2 for more information about the trail.



TEN MOST POPULAR FISHING SPOTS.

The Grande Cache area is known for its excellent fishing. Several area lakes are stocked, but Grande Cache's creeks are the real secret with provincially-renowned fly-fishing opportunities. August and September offer the best fishing. Fishing licenses are available in town. Be sure to review all of the fishing regulations in Alberta before heading out.

More information on Alberta Fishing Regulations is available at www.mywildalberta.com
www.aep.alberta.ca
or visit www.albertaregulations.ca

LAKES.

Victor Lake: (2.5 km south) - Rainbow Trout

Grande Cache Lake: (5 km south) - Rainbow Trout, Brook Trout

Pierre Grey's Lakes: (33 km south) - Rainbow Trout, Bull Trout, Brook Trout

RIVERS.

Smoky River: (4 km north) - Rainbow Trout, Bull Trout

Muskeg River: (22.3 km south) - Rainbow Trout, Bull Trout, Arctic Grayling, Whitefish

Berland River: (62.7 km south) - Rainbow Trout, Bull Trout, Whitefish

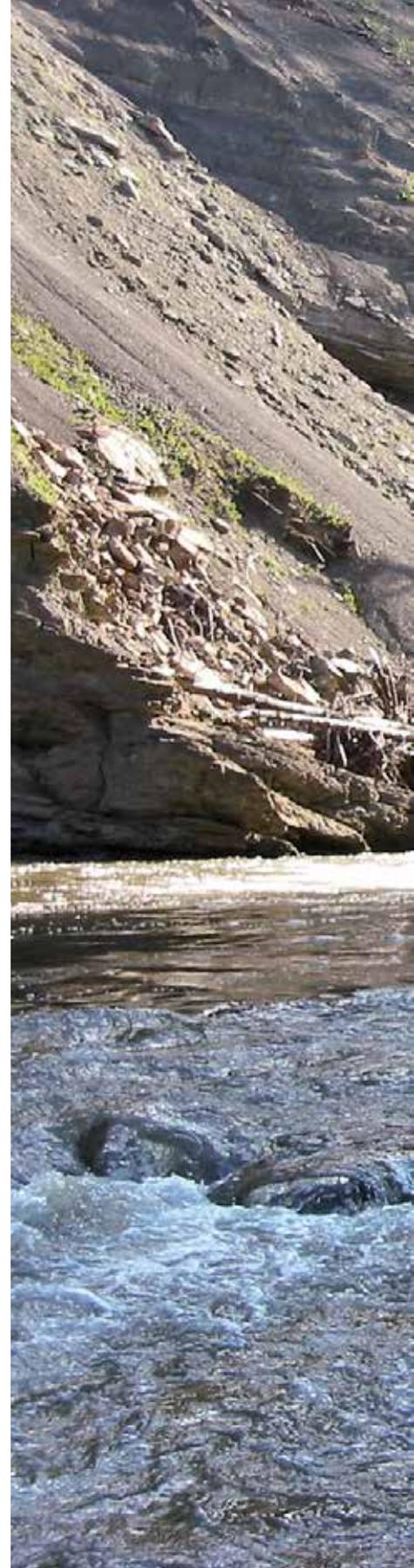
CREEKS.

Sheep Creek: (22 km north on Beaverdam Road) - Bull Trout, Whitefish

Lone Teepee Creek: (26 km south) - Rainbow Trout, Bull Trout, Brook Trout, Whitefish

Copton Creek: (40+ km north -Beaverdam Road) - Bull Trout, Arctic Grayling, Whitefish

Cabin Creek: (60.7 km south of Grande Cache) - Rainbow Trout, Bull Trout, Whitefish





BULL TROUT ADVISORY.

Please note that although bull trout are listed, they are classified as a threatened species. All bull trout caught must be released. For more information, please visit www.srd.alberta.ca

PHOTO CREDITS

- 1. Fishing Victor Lake - Margaret Abraham*
- 2. Muskeg River & Falls - Harry Bigland*

GRANDE CACHE GOLF & COUNTRY CLUB.

Set against the slopes of the Rocky Mountains, Grande Cache has a stunning nine-hole golf course, one of the most spectacular in the province, with breathtaking mountain views from every hole. You may even be lucky enough to spot a Bald or Golden Eagle flying overhead. Some are said to nest around that area. Fox, deer, elk, and moose are often sighted.

The course features rolling fairways bordered by tall stands of pine and spruce. Most holes have large, undulating greens and staggered tee boxes which allow golfers to alter the look of the holes.





GRANDE CACHE GOLF & COUNTRY CLUB

Course Details.

- Nine-Hole Course
- Par 70 (35/35)
- 6001 Yards
- Driving Range
- Practice Green
- Clubhouse
- Licensed Dining Lounge
- Banquet Facility
- Power Cart & Club Rentals
- Golfing Supplies & Souvenirs
- BBQ Facilities
- Outdoor Patio

Grande Cache Golf and Country Club

☎ 1-780-827-5151

@ gcgolfandcountryclub@telus.net

📍 grande cache golf and country club

New website coming soon.

PHOTO CREDITS

1 & 3. Krista Morrow

2. Grande Cache Golf & Country Club - Grizzly Falls Photography

GRANDE CACHE RECREATION CENTRE.

The Grande Cache Recreation Centre is home to a first-class aquatics centre, hockey arena, curling rink, fitness centre, climbing cave, meeting & party rooms and plenty of great sport and community programming. This wonderful facility sits on the site of Central Park, which features a spray park, picnic tables, walking paths and an outdoor gym.



AQUATICS CENTRE.

- 6-Lane 25M Pool
- 2 Dive Boards (1m, 3m)
- Leisure / Wave Pool
- Water Slide
- Lazy River
- Spray Features
- Zero Beach Entry
- Hot Tub
- Sauna
- Steam Room
- Aquatis Assisted Lift Chair

ARENA.

- NHL Size Ice Arena
- Spectator seating for 700
- Skate rentals available
- Four full size dressing rooms with showers and washroom facilities, one junior dressing room (4 people) & Referee's room
- Ice generally ready at the end of September until March
- Arena surface available for weddings/rentals in the summer months

CURLING RINK.

- 4 Sheet Curling Rink & Lounge
- The Grande Cache Curling Club is a not for profit organization that offers leagues, a junior program, learn to curl program, and bonspiels.
- Curling surface available for weddings/rentals in the off season. Contact the Grande Cache Recreation Centre.

@ admin@gccurlingclub.com

gccurlingclub.com/

[Grande Cache Curling Club](#)

FITNESS CENTRE.

- Fully equipped gym consisting of a Cardio Room (treadmills, elliptical machines, a rowing machine, a stationary bike, a recumbent bike and spin bikes) and Resistance Training Area (free weights, squat rack, barbells, dumbbells, a squat rack, a Smith Machine, benches and cable machines)



Grande Cache Recreation Centre Contact Information

For more information on programs, facility schedules and booking information, please visit .

- 10450 Hoppe Avenue, P.O. Box 300
Grande Cache, Alberta, T0E 0Y0
- ☎ 780-827-2446 Fax: 780-827-3850
- @ reccenter@grandecache.ca
- 🌐 www.grandecache.ca
- 📍 Grande Cache Recreation Centre



GROTTO CLIMBING CAVE.

- An indoor climbing cave fun for the whole family!
- Please contact the Recreation Centre 780.827.2446 for available drop in times, programs & birthday parties.

PROGRAMS.

The Grande Cache Recreation Centre houses the Department of Community Services that offers a variety of community programs and events for all ages that include registered programs, drop in programs and fitness programs.

The Grande Cache Recreation Centre also houses the Creative Kids Preschool Program.

CENTRAL PARK.

- Paved walking trails
- Spray Park with Washrooms
- Picnic tables
- Paved Basketball Court
- Green Gym with a full range of fitness equipment

GREEN VIEW FCSS, GRANDE CACHE.

- Family and Community Support Services (FCSS) is a partnership between the Province, municipalities and Metis Settlements that develops locally driven preventive social initiatives

MORE.

- The Recreation Centre Canteen
- Meeting Spaces & Birthday Party Bookings

to enhance the well-being of individuals, families, and communities.

- 10001 Hoppe Avenue
- ☎ 780-827-4336
- 🌐 www.grandecache.ca
- 📍 FCSS Green View - Grande Cache Office

GRASSY HILL PARK

Located on Stephenson Drive in 6th Phase.

- Playground with climbing, play equipment and swings

PHOTO: K.Morrow



MT. HAMELL PARK

Located on the corner of 99 Avenue and 110 Street.

- Playground with climbing, play equipment and swings
- Gazebo

PHOTO: Harry Bigland



PHOTO: K. Morrow



PHOTO: Town of GC



PHOTO: K. Morrow

CENTRAL PARK

At the corner of Hoppe Ave & Shand Ave.

- Climbing Rock Feature • Paved Trails
- Green Gym • Amphitheater
- Spray Park & washroom facility

SPRAY PARK

Located in Central Park. Open June to September, 11:00 am - 8:00 pm daily

- Water Spray Features • Picnic tables
- Change & washroom facilities

GREEN GYM

Located in Central Park along Shand Avenue.

- Outdoor gym with a full range of fitness equipment

HAMEL STREET PARK

Turn onto Berge Drive from Hoppe Ave and turn left on Hamell Street.

- Basketball nets, paved court for multiuse

BASKETBALL COURT

• Four basketball nets on paved court are located beside the Recreation Centre.

STEARN CRESCENT PARK

Turn onto Berge Drive from Hoppe Avenue and turn right on Stearn Crescent.

- Playground with swings



PHOTO: K. Morrow

MT. STEARN PARK

At the corner of 105 St & 104 Ave.

- Playground with climbing wall
- Saucer swings • Soft tiling
- Group coordination play feature



PHOTO: K. Morrow

LIONS PARK

At the south end of 104 Street & 97 Avenue.

- A natural playground with trails

LABYRINTH PARK

Entrance located at the corner of 97 Avenue and 104 Street.

• A walking meditation park. A program of Community Outreach Program Enhancement.

F: Grande Cache Labyrinth Park

PHOTO: G. Goldie



PHOTO: K. Morrow

BALL DIAMONDS

Turn left off Memorial Drive.

- 4 Ball Diamonds with enclosed player benches, bleachers & picnic tables.
- Slo Pitch League & Tournaments



PHOTO: K. Morrow

BMX PARK

Turn left off Memorial Drive at the Ball Diamonds.

- BMX track



PHOTO: T. Zeller

JAG MEMORIAL PARK

At the lower level of the Ball Diamonds.

- Playground including swings, slide and climbing features



PHOTO: K. Morrow

ROTARY CLUB PLAYGROUND

Located minutes south of town on Highway 40 at Grande Cache Lake.

- Natural beach
- Day use picnic areas with fire pits
- Boat launch & dock
- Playground with climbing wall & slides



PHOTO: E. Willes

BIRDS EYE VIEW INTERPRETIVE PARK

Located at the Grande Cache Tourism & Interpretive Centre

- Interpretive trails
- Picnic areas
- Historical buildings

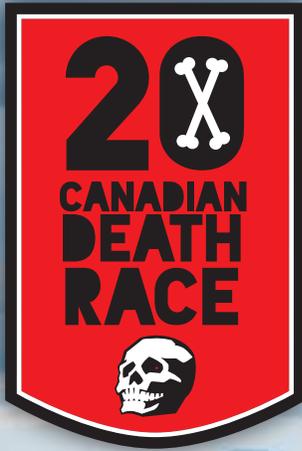


PHOTO: H. Bigland

FIREMEN'S PARK

Location: At south end of 104 Street, follow gravel road for 1.9 km to the fenced area.

- Covered shelter, BBQ area, fire pit, playground and horseshoes.
- For group bookings, call 780-827-8295



20 YEARS IN THE MAKING

Since the start of the millennium, adventurers have come to Grande Cache to cheat Death in one of the world's toughest races. With the breathtaking Canadian Rocky Mountains as their backdrop, each year these athletes push themselves to the limit in Canada's most iconic ultramarathon.



CANADIANDEATHRACE.COM



Grande Cache 50th Anniversary
JUNE 28TH - JUNE 30TH, 2019

This summer, Grande Cache will be honouring their 50th Anniversary, with a three-day celebration highlighting five decades of history, culture, and community. Events for residents and visitors past and present are scheduled throughout the weekend for everyone to enjoy. We look forward to celebrating with you!

www.grandecache.ca
@50th.Anniversary@grandecache.ca
Grande Cache 50th Anniversary



PHOTO: HARRY BIGLAND

PHOTOGRAPHER'S PARADISE

Panoramic vistas, crashing waterfalls, floral kaleidoscopes, majestic wildlife and adventure activities are all waiting to be photographed! Grande Cache hosts three major ecosystems, each with a wide variety of flowers. The area is also home to many animals and birds.



PHOTO: HARRY BIGLAND



PHOTO: HILDA HALLOCK



PHOTO: HARRY BIGLAND



PHOTO: TOM MCDONALD



WILLMORE WILDERNESS PARK.

Grande Cache is the gateway to Willmore Wilderness Park which comprises 4,597 square kilometres of pure, unspoiled mountain wilderness. Willmore Wilderness Park is a pristine mountainous area with rugged forest and alpine expanses. The rivers and creeks are crystal clear, and fast moving streams are a good source of drinking water. The park is a paradise for outdoor enthusiasts. The only mode of transportation allowed in the mountain Park is by foot, horseback or bicycle. **Motorized vehicles are not allowed in the park.**

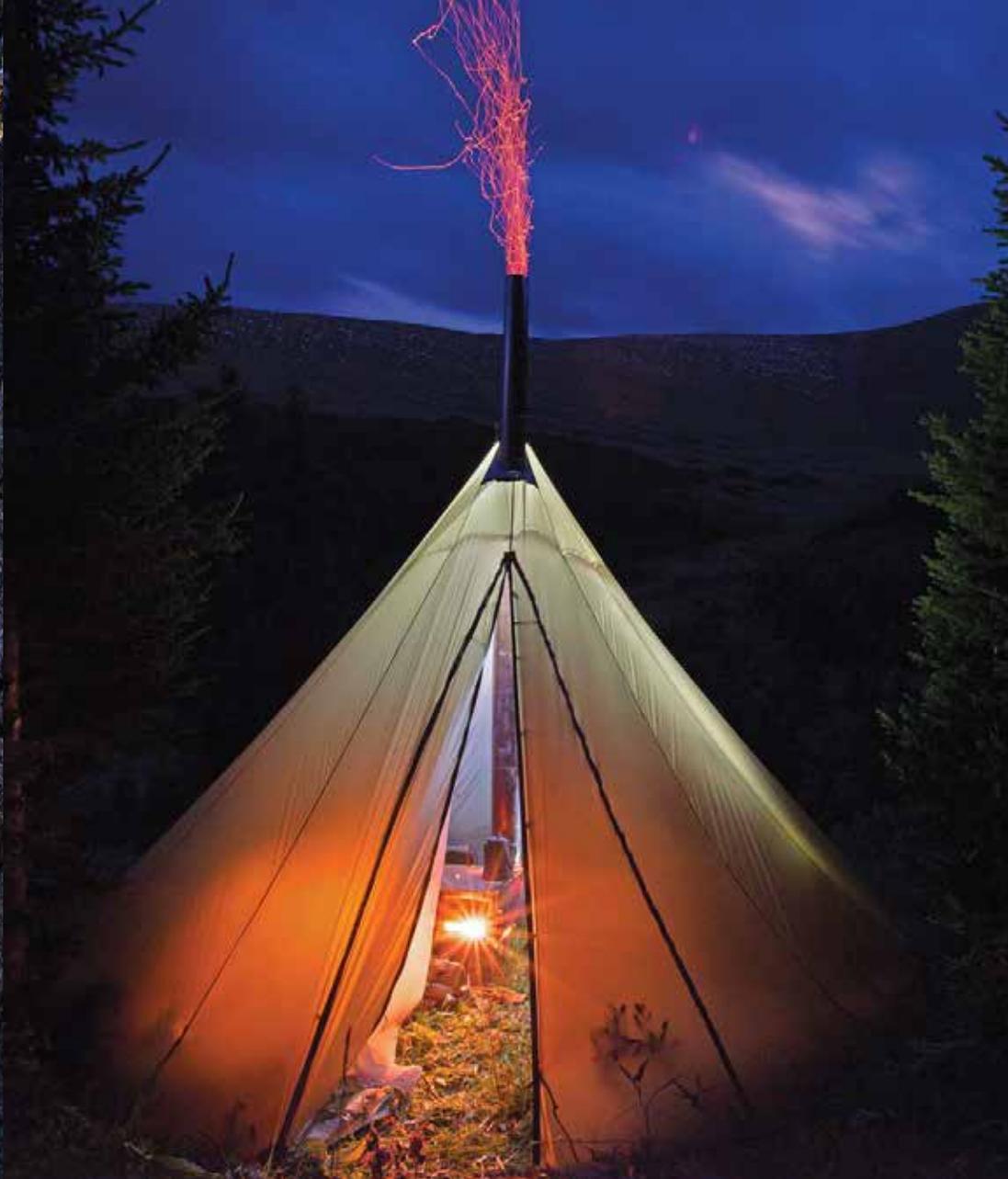
Care should be taken when venturing into the backcountry. Safety is the first consideration when travelling in Willmore Wilderness Park. Travellers in this remote area should have extensive outdoor experience or hire an experienced guide or outfitter for their expedition.

One can choose to hike, take horseback riding trips or mountain bike. The trails consist of historical routes used by the outfitters and fur trappers dating back to the early 1800s. Some of these are as follows: Indian Trail, Mountain Trail, Sheep

Creek Trail, Pope Thoreau Trail and Big Grave Flats to name a few. If you wish to traverse the Continental Divide, several passes are: Casket, Forget-Me-Not, Fetherstonhaugh and Morkill.

For more information on Willmore Wilderness Park, visit www.albertaparks.ca/parks/central/willmore/.

For more information on trips and trails in Willmore, contact the Willmore Wilderness Foundation at www.willmorewilderness.com. Maps are available to purchase at the Grande Cache Tourism & Interpretive Centre.



WILLMORE WILDERNESS PARK STAGING AREAS.

Willmore Wilderness Park has three major staging areas for both hikers and horseback riders, all reached off of Highway 40 (to the park's east). From south to north, they are Rock Lake Provincial Park, Big Berland Provincial Recreation Area, Cowlick Staging Area and Sulphur Gates Provincial Area, the last two are just outside Grande Cache.

WILLMORE WILDERNESS FOUNDATION.

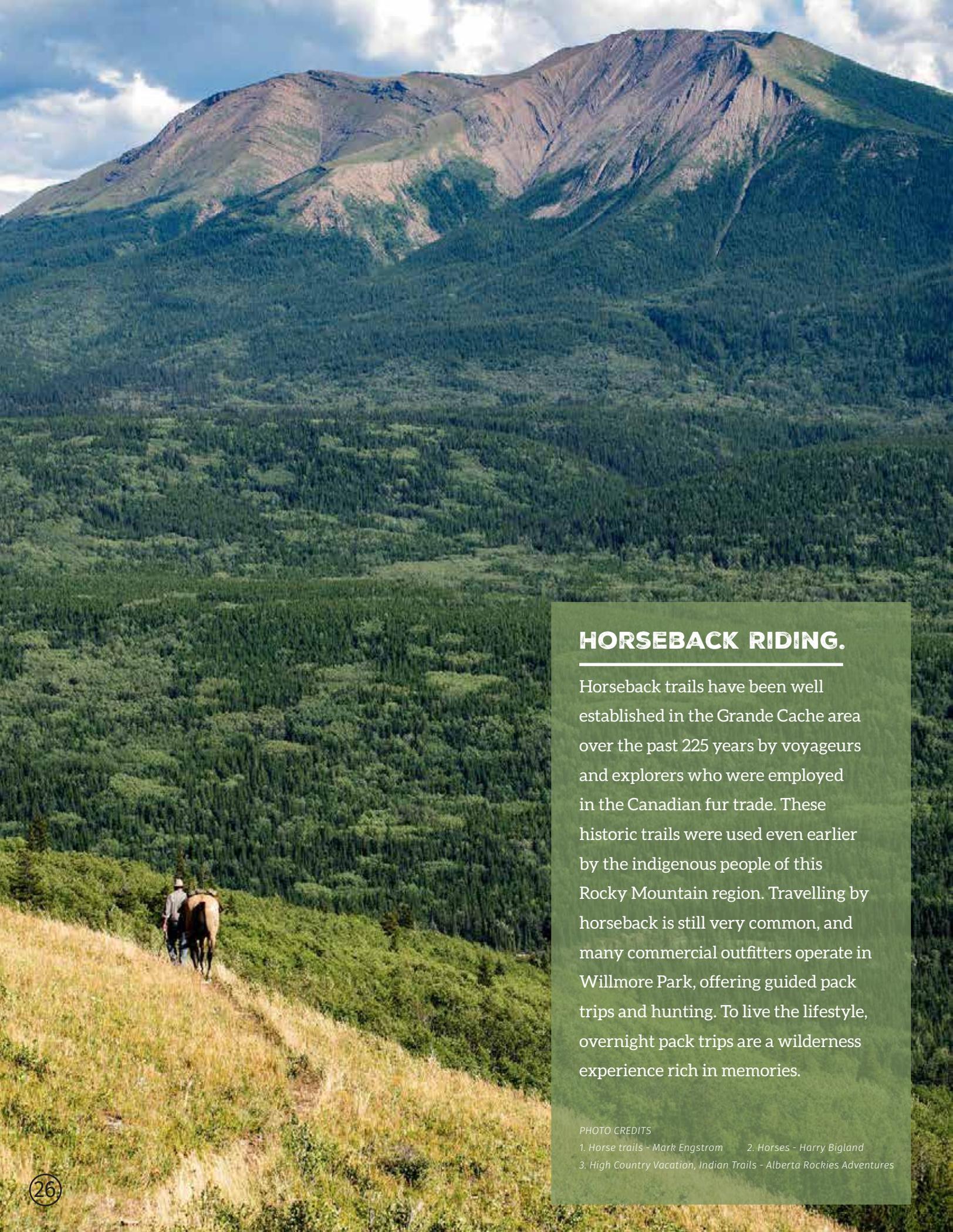
Willmore Wilderness Foundation is a Registered Charitable Organization that preserves the history of the area; focuses on the advancement of education of the park; restores historical pack trails; and enhances the use of Willmore Wilderness Park for visitors.

PEOPLE & PEAKS PRODUCTIONS.

People & Peaks Productions Ltd. is owned by the Willmore Wilderness Foundation. The company specializes in outdoor documentary film series and produces HD stories with breathtaking imagery and dramatic narratives. For more information, please visit www.peopleandpeaks.com or www.vimeo.com/peopleandpeaks | www.youtube.com/user/willmorewilderness

ALBERTA ROCKIES ADVENTURES.

Alberta Rockies Adventures represents leading operators and lodges that operate in or around Willmore Wilderness Park. Visitors can simply enjoy the beauty of the area and its attractions or immerse themselves more deeply in the cultural heritage, which includes folklore, historical buildings, trapline cabins, old gravesites, ancient aboriginal mountain trails, wikiups, cache sites and old mine sites. For more information, please visit www.albertarockiesadventures.com.



HORSEBACK RIDING.

Horseback trails have been well established in the Grande Cache area over the past 225 years by voyageurs and explorers who were employed in the Canadian fur trade. These historic trails were used even earlier by the indigenous people of this Rocky Mountain region. Travelling by horseback is still very common, and many commercial outfitters operate in Willmore Park, offering guided pack trips and hunting. To live the lifestyle, overnight pack trips are a wilderness experience rich in memories.

PHOTO CREDITS

1. Horse trails - Mark Engstrom
2. Horses - Harry Bigland
3. High Country Vacation, Indian Trails - Alberta Rockies Adventures



EQUESTRIAN STAGING AREAS.

For visitors who wish to bring their own horses, staging areas with corrals provide access to the multi-use trails in Willmore Wilderness Park. Contact Alberta Sustainable Resources for current regulations and conditions. The Grande Cache Tourism & Interpretive Centre has maps and information for your horseback adventure.

SULPHUR GATES STAGING AREA.

Sulphur Gates provides holding corrals and camping facilities to act as your base camp. Visitors may take a day trip to **Kvass Flats** to view the beautiful meadows, or climb **Mt. Stearn** to see spectacular mountain vistas. The more adventurous can explore the backcountry with a week's trip to the **Sheep Creek Forestry** cabin. A day's travel west will take travellers to **Casket Lake** and the Continental Divide Trail to **Jackpine Pass** and the BC border, or **Bess Pass Trail**.

COWLICK CREEK STAGING AREA.

This allows visitors access to the eastern border of Willmore Wilderness Park. Travel to **Cowlick Creek**, which is the jump off point to **Big Grave Flats**. There are many trails that branch off from **Big Grave Flats**, which leads to **Rocky Pass**, **Snow Creek Trail**, **A La Peche Lake**, **Whistler Trail**, **Glacier Pass**, **Eagle's Nest Pass** or the Rock Lake Staging Area.



HIGH COUNTRY VACATIONS

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www.albertarockiesadventures.com | www.horsebacktherockies.com



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SHERWOOD OUTFITTERS

A family owned & operated business with 40+ years of outfitting experience. Summer pack trips into Willmore Wilderness Park start at the Sulphur Gates Staging Area. Experience a hunting trip of a lifetime, with exceptional scenery, hospitality, meals & tent lodging.

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TASTE OF WILDERNESS TOURS

Join us on one of our interpretive nature walks, day hikes, or backpacking trips into the Grande Cache area or Willmore Wilderness. Learn about our natural and human history as you explore some of our most spectacular wild places. Easy to strenuous, small groups and personalized service.

Box 795 | Grande Cache, AB | T0E 0Y0
780-827-4250 | info@tasteofwilderness.ab.ca
www.tasteofwilderness.ca

SULPHUR RIM TRAIL *7.5 km circuit*

This popular local trail is well-used by runners and hikers. There are several trail junctions, which can be confusing, so it's helpful to have a compass or a GPS app to keep your sense of direction! It's a forested trail that at times follows the rim of the Sulphur Canyon, where you will enjoy stunning views. This trail forms part of Leg 5 of the Canadian Death Race. The signed trailhead is on Hoppe Avenue, just before the Grande Cache Institution.

SULPHUR GATES *0.2 km one way*

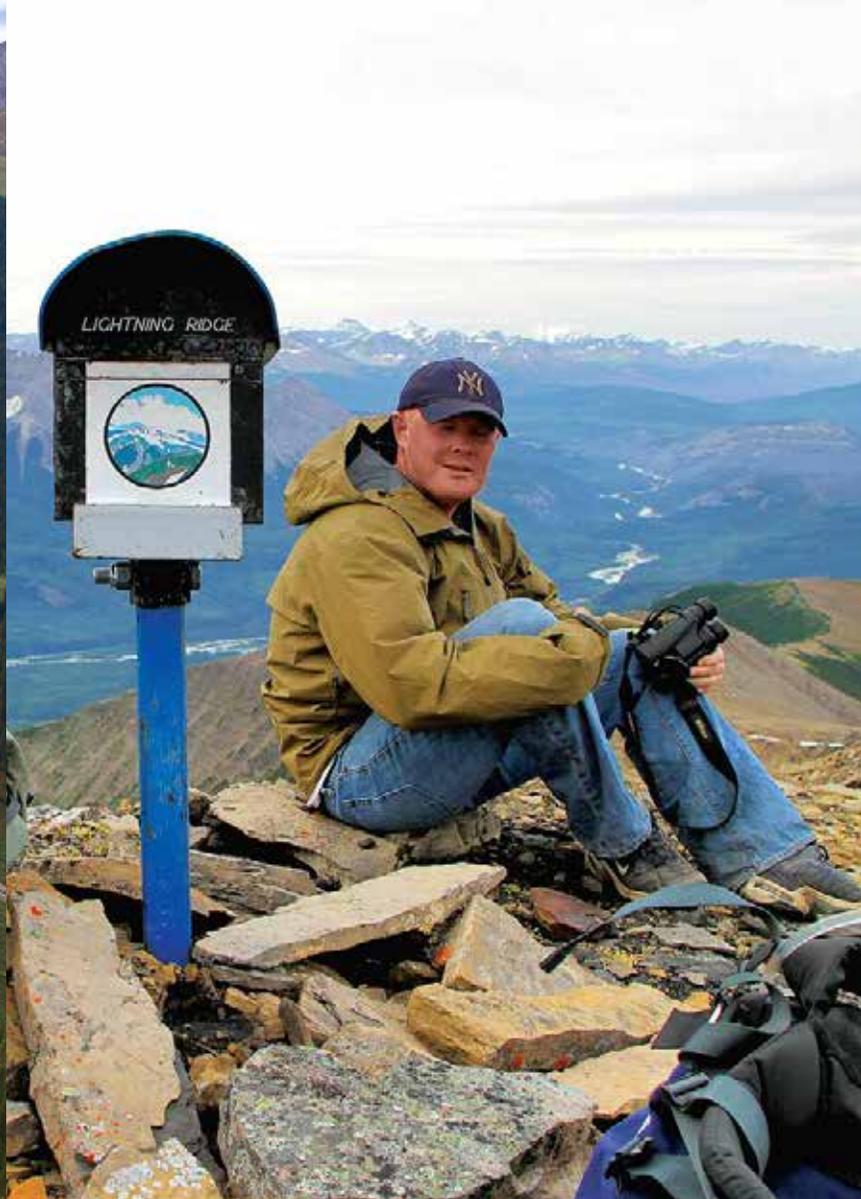
If you want the best scenery for the least effort, go see the Sulphur Gates, our best known scenic spot! The area is located in Sulphur Gates Provincial Recreation Area, one of the main staging areas into Willmore Willmore Park. A short 3 to 5 minute walk brings you to a series of platforms built on the cliffs that overlook the confluence of the Smoky and Sulphur Rivers. The last platform is a bit challenging for footing, but does have the best views.

TRAILS: HIKE, BIKE, EVEN GEO-CACHE!

Grande Cache has hundreds of kilometres of trails for all users: hikers, bikers and equestrian users looking for a challenge. Listed here are short descriptions of the most popular walks and day hikes, as well as the Canadian Death race trails. For more details, pick up the Trails & Adventure Map at the Grande Cache Tourism & Interpretive Centre.

GEO-CACHING.

For geo-caching, a GPS receiver is used to locate a “geocache” - a hidden object, place or feature. Searching for, finding and placing geocaches is fun, exciting and rewarding. Geocaching.com has locations and GPS coordinates for geocaches in Grande Cache.



GRIFFITHS TRAIL 1.5 - 15 km

This trail has many access points and is a moderate trail that is popular for walking, running and biking. Some areas are well-developed and well-marked, but other areas are fragmented and can be challenging to follow. The main trail sign is on the north side of Hoppe Avenue, southwest of town; see pages 56 and 57 for other access points.

LAKES TRAIL 5 km one way

This trail goes from town to Victor Lake and to Grande Cache Lake. It starts with a long downhill close to the south entrance of town, goes down to Victor Lake, and then follows the canal from Victor Lake to Grande Cache Lake. Once past the canal bridge, the trail cuts through the trees to the side of Highway 40, where it leads to the beach at Grande Cache Lake.

PHOTO CREDITS

1. Wildhay Ridge, Willmore Wilderness Park - Ray Rasmussen
2. Lightning Ridge, Passport to the Peaks - Harry Bigland

PASSPORT TO THE PEAKS.

Passport to the Peaks program celebrates the beauty of the area by identifying the ring of mountains that surround the town. The 21 mountain peak hiking incentive program is divided into Bronze, Silver & Gold categories, depending of the level of difficulty to reach the summits.

Purchase your Passport to the Peaks book at the Grande Cache Tourism & Interpretive Centre. There are cairns on each of the 21 mountain peaks to stamp your Passport once you reach each summit! When you complete each group of peaks, you will qualify for a distinctive pin. Your accomplishment will be recognized on the website and in the Grande Cache Tourism & Interpretive Centre.

780-827-3300 | 9701 – 100th Street | Grande Cache, AB
info@passporttothepeaks.ca | passporttothepeaks.ca

MULTI-USE TRAILS.

GRANDE MOUNTAIN- 1,988 m 5.3 km one way

The town of Grande Cache is built on a flank of Grande Mountain, and the cutline trail up the mountain seen from town entices many to challenge this summit! But the trail that travels up the back of the mountain is much more moderate. Many people drive ATV's to the summit, but it also makes a great day hike. The views are spectacular, and the power cutline offers a fast, but very steep way back down! This is part of Leg 2 of the Canadian Death Race.

MOUNT LOUIE- 1,844 m 5.5 km one way

Mount Louie is our shortest summit. The well-marked trail was built for maximum scenery, mostly traveling up a northwest ridge. The combination of forest and exposed rock with the steep ascent make an interesting, challenging hike for most skill levels. The great views make the steep sections worth it! The Cowlick Creek staging area is the access point to the trailhead.

MOUNT STEARN- 2,013 m 7.6 km one way

A distinctive mountain to the west that overlooks the town, Mount Stearn is a fairly challenging day hike to the summit. Once there, explore endless alpine meadows and enjoy fantastic views of town, Willmore Wilderness Park and Lightning Ridge. Access the trailhead on the gravel road to the Sulphur Gates Staging area - just past a large gravel pit, the blue trailhead sign is on your right. A short way down the trail, it intersects with the Leg 5 trail of the Canadian Death Race.

AMBLER MOUNTAIN- 1,905 m 3.8 km one way

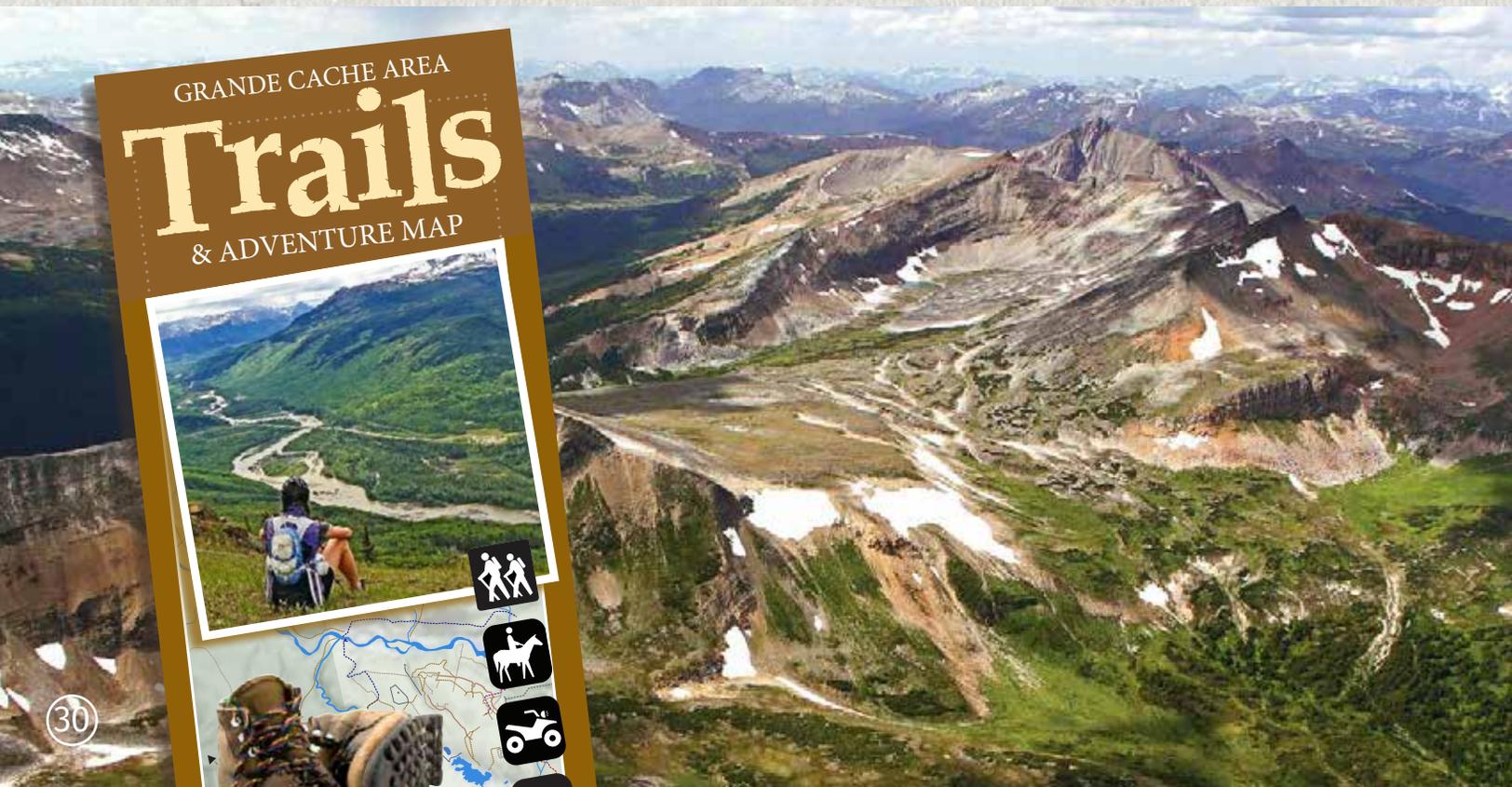
It's a bit of a drive to the trailhead, but the moderate trail and stroll through fields of alpine wildflowers to the summit is worth it! The trailhead is accessed off the Beaverdam Road, 8 km north of Grande Cache. You'll drive another 7 km on this rough gravel road, a vehicle with good clearance is a must. Just past the 6.5 km mark, watch for a signed crossroad. Right leads to Mount Hamell, left is the 'Ambler Loop' trail, which leads to the Ambler summit trailhead.

MOUNT HAMEL- 1,988 m 4.6 - 9.8 km

Mount Hamel, the dramatic fold mountain north of Grande Cache, is well known for its stunning strata, and for being the toughest leg and highest summit of the Canadian Death Race. There are two well-known routes up to the summit. The South Access Road route is much longer, but the grade is quite moderate. There are two trailheads to access this route, please check the Grande Cache Trails & Adventure Map for more detailed information about the trails. The North-East Ridge route is much shorter, but much steeper! Leg 4 (38 km total) of the Canadian Death Race offers another route to the summit, and adds in the Ambler Loop.

PHOTO CREDITS

1. Mt. Deveber, Willmore Wilderness Park - Harry Bigland



CANADIAN DEATH RACE TRAILS.

In October 2017, the management of the Canadian Death Race transferred to Sinister Sports, the creators of Sinister 7 Ultra and Black Spur Ultra and are thrilled to offer competitors a race series featuring three of the toughest, most beautiful, and most rewarding ultras in Canada!

The Canadian Death Race takes place every August long weekend in Grande Cache. The race loops around Grande Cache on either a 125 km ultra-marathon, or a 42.2 km marathon. Teams from 1 to 5 racers have 24 hours to run the course, which summits 3 mountains and gains over 17,000ft in elevation. For more information, please visit www.canadiandeathrace.com.

CDR LEG 1: Official Course Length 19km.

This leg starts in Grande Cache, heads north on Highway 40, then onto the Griffiths Trail and in front of Grande Mountain. The trail comes out south of Grande Cache, above Grande Cache Lake. At this point, it's 5 km back to town. Or continue on the CDR trail to Grande Cache Lake and then to Peavine Lake. Finish at La Prairie Group, the end of Leg 1.

CDR LEG 2: Official Course Length 27km.

This challenging leg starts at the Flood Mt. trailhead, 10 km south of Grande Cache. The first 7 km is moderate on a well-established trail. At 7 km, head to the summit via the rugged race loop, or follow the main trail up and down. To do all of Leg 2, turn left onto the 'Slugfest' trail, and 3 km of rough, single track trail takes you to the Grande Mt. road. Head down to the highway, or carry on to the summit of Grande Mountain and back to town down the gruelling, steep powerline trail.

CDR LEG 3: Official Course Length 19km.

The easiest leg, the trail can be accessed off the Landfill Road, or run from the top of the Toboggan Hill to add an extra 1.5 km. Past the landfill, the trail runs downhill for 7 km to the Smoky River, then becomes a road on the Grande Cache Coal site. At the mine bridge across the Smoky River, you can finish at the highway, or do another 3 km to the Leg 3/4 hut.

CDR LEG 4: Official Course Length 38km.

Leg 4 is the longest route to the summit of Mt. Hamell. Other routes are described on the previous page. Start at the Leg 3/4 race hut; the trail follows the highway, then the power line to a quad trail that connects to a mine road. Two more quad trails take you to the summit. Now, either limit your hike by taking the trail down from the Forestry Look-Out Cabin, or continue on the race trail to the South Access Road trailhead. Do the 'Ambler Loop' or stay on Beaverdam Road back to Hwy 40.

CDR LEG 5: Official Course Length 22km.

Leg 5 of the official course crosses the Smoky River - which CANNOT be crossed without a boat. The first part of the course is a trail on the west side of the Smoky River, starting from the Leg 4/5 race hut, 6 km north of Grande Cache on Hwy 40. From the hut, the trail parallels the Sulphur Gates Road and exits at the commercial staging area (horse corrals) for Willmore Wilderness Park. The second part can be accessed from the Treatment Plant Road in town.

PHOTO CREDITS

1. Canadian Death Race - Raven Eye Photography





QUADDING AND SNOWMOBILE TRAILS.

This is a great way to explore the Grande Cache countryside by snowmobile or ATV. Outside of Willmore Wilderness Park are countless cut-lines, old exploration and logging roads, all offering a variety of terrain from easy to challenging. Some routes lead into remote areas. It's wise to carry basic emergency supplies in case of an accident. For more information, please visit aep.alberta.ca or albertatrailnet.com

No motorized vehicles are permitted in Willmore Wilderness Park or Sulphur Gates Provincial Recreational Area, or any of the provincial campgrounds in the area.

GRANDE MOUNTAIN.

Drive south of Grande Cache on Highway 40 for 6 km (3.7 miles.) Just past Grande Cache lake there is a sign "Carconte Creek" on the right hand side. Access is on the left onto the north access road. You can park just off the highway, or if you have a high wheel based vehicle, you can alternatively drive about 100 metres (300 feet) up the right branch to a large clearing.

FLOOD MOUNTAIN.

Drive south of Grande Cache on Highway 40 for approximately 10 km (6 miles.) Just before the overpass over the railway lines by Susa Creek settlement, watch for a narrow, dirt road off to the left. This spot is a blind rise, so exercise extreme caution when turning off the highway.

HUCKLEBERRY TOWER.

Drive south of Grande Cache on Highway 40 for 42 km (26 miles.) Turn left onto Goodwin Road (the old Forestry Trunk Road) and travel 35 km (22 miles) to the Tower, or explore any of the numerous cut-lines which lead in every direction.

HOFF SIDING.

Drive south of Grande Cache on Highway 40 for 42 km (26 miles.) Turn right (approximately opposite Goodwin Road) and travel 5 km (3 miles) to main cut-line, which travels 18 km (11 miles) to the Willmore Wilderness Park boundary. Numerous cut-lines intersect along the way leading in every direction. Due to close proximity, PLEASE BE SURE YOU DO NOT ENTER THE PARK.

A-LA-PECHE LAKE.

Drive south of Grande Cache on Highway 40 for 32 km (20 miles.) Access is to the right, almost opposite the left turn-off to Pierre Grey's Lakes Provincial area. After traveling 24 km (15 miles) on variable terrain that involves one river crossing, you will come to the Forestry cabin. The lake is just 1 km (0.6 miles) beyond and a trail circles it part way (8 km.) There are numerous cut-lines to explore here too, but please stay close to the lake as some routes will bring you to the Willmore Wilderness Park boundary.

BE SURE YOU DO NOT ENTER THE PARK.



BEAVERDAM ROAD.

This popular route is located 8.1 km north of Grande Cache on Highway 40. It travels across the coal mine property and main mine road; so PLEASE MAKE SURE YOU STAY ON BEAVERDAM ROAD. This route offers several choices:

Mt Hamel: Experienced quaders only. A very steep, narrow trail with many drop off points. Travelling to the Mount Hamel lookout point is not recommended.

Caw Ridge: Travel 30 km to the Caw Ridge turn off, on the left. The old road leads up the mountainside, 8.1 km to the top. Please respect the fragile alpine terrain.

Copton or Porcupine Airstrip: It is 40 km to the Copton area or 80 km to the Porcupine.

BRINKERHOFF.

Drive north of Grande Cache on Highway 40 for approximately 30 km just past Sheep Creek. This route is accessed from the gravel pit by the highway. Travel 37 km to the slide area. It is possible to access Prairie Creek Meadows from here, as well as explore numerous cut-lines leading in all directions. Due to the close proximity to the mine area, please remain vigilant and stay clear of any possible encroachment on mine territory.

PHOTO CREDITS

1. No. 9 Mine, Beaverdam Road - Grizzly Falls Photography

RULES & REGULATIONS FOR QUADS & DIRT BIKES

If you are a resident of Alberta, your quad (ATV) and dirt bike are considered vehicles, so must be licensed and registered (over 50ccs).

Grande Cache allows riders to use their vehicles within the town limits, but only to gain access to out-of-town trails. Therefore, the shortest route/distance must be taken, using back lanes and trails on the periphery of the town.

The maximum speed limit within town limits is 20 km/hour.

NO stopping at gas stations to fuel up your quad or dirt bike. Instead, use a gas can and then fill up the vehicle at your home or start of route.



SMOKY RIVER. Class 1/2

12ft/mile, 16km. Put-in: Smoky River Blue Bridge. Mostly a gentle class 1 run, one significant rapid above train bridge. Great play spot, also accessible from Hwy 40. Take-out: Sheep Creek Campground or at play spot.

SULPHUR RIVER. Class 2/3

55ft/mile, 17km. Put-in: downstream of Firemen's Park: turn right just before fenced area onto small road, take 2nd left. Park at 1st clearing. Technical run with some hazards that should be scouted. Take-out: Blue Bridge.

SHEEP CREEK. Class 4/5

80ft/mile, 30km. Put-in: Beaverdam Road. Very technical run, with frequent log jams & undercuts. One class 6 to portage. Scouting required. Solid class 4+ paddle skills required. Take-out: Sheep Creek Camp Ground.

WHITE WATER RIVERS.

From calm to down-right crazy, Grande Cache has a wide selection of whitewater, and rafting is one of the main reasons tourists come to town. For recreational paddlers, the Sulphur and Smoky Rivers are the most popular runs. In particular, the Sulphur River is a shuttle dream-come-true; the put-in and take-out are both only 4km from town, yet there are 17kms of spectacular mountain scenery and two rivers of paddling in between. Why Grande Cache has not made it onto the radar screen of more white water enthusiasts is a mystery. Rivers range from class 1 to 5, with a couple of good play spots. You can paddle for just an hour, a half day, a full day or even overnight.



MUSKEG RIVER. Class 2/3

31.5ft/mile, 2km Put-in: Muskeg River bridge, also a great playspot here. Don't miss take-out as a class 5+ and class 6 falls is next. Take-out: Mason Creek day use area

KAKWA RIVER. Class 3/4

50ft/mile 100km Put-in: bridge crossing Kakwa on Hwy 40. Significant series of ledges about 2 hours in, scouting required! Also, where the Cutbank River feeds in can be too big in high water. Take-out: Canfor Flats Campground.

PHOTO CREDITS

1. *Kayaking the Gun Range Rapids - Wild Blue Yonder Rafting*
2. *Rafting the Sulphur River - Wild Blue Yonder Rafting*
3. *Cougar in River - Harry Bigland*



WILD BLUE YONDER RAFTING

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fun@wildblueyonder.ca www.wildblueyonder.ca



WINTER ADVENTURES.

SNOWSHOEING.

This activity is largely dependent on the weather conditions, as Grande Cache is Chinook country. Periods of high winds combined with periods of cold weather can create dangerous slabs, ready to slide on the unwary, so be careful.

As an alternate to the trails, especially during those years with lots of snow, try the creeks. Some of the smaller ones make great routes, and you'd be amazed at some of the interesting places that can be found.

CROSS COUNTRY SKIING.

Grande Cache Municipal Campground Grande Cache Golf Course

Groomed Trails for both classic and skate skiing can be found within Town limits at the Municipal Campground and at the Golf Course, which are adjacent with connected trails. The trails, dependent on snow conditions, are maintained by volunteers of the Smoky River Nordic Ski Club.

Part of the campground is lit to provide 1 km night skiing. The total combined distance for the campground and golf course trails is about 10 km. Watch for signs of elk or deer, which sometimes bed down on the golf course.

Pierre Grey's Lakes Recreation Area

About 15 km (9.3 mi.) of tracked trails for classic skiing are set through forested loops around the lakes. There is a warm-up shack, picnic tables, and a small toboggan hill for those too young to ski located in the McDonald camping area. Trails are available for beginners to advanced levels. Pierre Grey's Lakes are located 30 minutes south of Grande Cache, on Highway 40. It is a remote area, without cell coverage.

Cross Country Ski equipment can be rented at the Grande Cache Tourism & Interpretive Centre.

f Smoky River Nordic Ski Club



TOBOGGANING.

ANTY'S HILL

At the intersection of 97 Avenue and Hoppe Avenue is a smaller community toboggan hill, great for those of all ages!

TOBOGGAN HILL

At 105 Street and 105 Avenue, you'll find a large hill, perfect for an afternoon of tobogganing if you're traveling with younger children.

PHOTO CREDITS

1. Snowshoeing Sulphur Rim Trail - Krista Morrow
2. Cross Country Skiing Municipal Campground - Gina Goldie
3. Tobogganing at Anty's Hill - Krista Morrow





PHOTO CREDITS

1. Knuckle-Gnasher Gully - Grande Mountain

2. Evergreen Gully - Mt. Hamel

ICE CLIMBING.

Grande Cache is relatively unknown for this sport. However there are two areas north of the town that are usually open to this during the winter. These climbs are definitely not for the faint hearted and require extreme fitness to really enjoy. Essential Gear: Standard Ice Rack

EVERGREEN GULLY. Mount Hamel

This climb is best attempted mid-winter, due to sun exposure on the upper parts of the route. Several lines can form on the ice amphitheatre above the gully; the best climb will be on your left when facing the wall. The route is 465 metres (1525 ft) long with approximately 100 metres (328 ft) of sustained climbing.

and a V-Thread hook with Cordelette (Evergreen Gully) and typical ice rack (Knuckle-Gnasher Gully). NOTE: Grande Cache is Chinook country, so ice climbing (which is dangerous at the best of times) can be a real challenge! The trails are not well known, and not signed.

KNUCKLE-GNASHER GULLY. Grande Mountain

This climb consists of lower and upper pitches through a picturesque canyon. Grades vary from 3 – 5 in difficulty.

DISCLAIMER: Neither the Author nor the Grande Cache makes any warranties, express or implied, nor assumes any responsibilities for the accuracy of the Ice Climbing information contained in the Visitor Guide. Some of the Ice Climbing and trails described are remote and users may encounter conditions due to weather and other factors that were not present when the Visitor Guide was created. There are inherent risks and potential hazards using all trails and any portion of a trail may be unsafe. Users assume the entire responsibility and risk for use of the information in this Guide, the Ice Climbing and trails. The Author and Grande Cache disclaims all responsibility and liability for death, injury or other damage that may be sustained by anyone using the information about Ice Climbing.

ICE FISHING.



PHOTO CREDITS

1. Ice Fishing at Grande Cache Lake

Krista Morrow

ANCIENT HISTORY.

DINOSAUR TRACKS.

Grande Cache is a fascinating mix of geological and human history, which encompasses 200 million years. Once, our landscape was covered in a vast inland sea, where dinosaurs ruled the earth. Then the ice age formed our mountains and river valleys, while providing a land bridge for migrating peoples from Asia. The dinosaurs have left their footprints behind, embedded high in the mountains in steep sheets of rock. There are over a dozen sites containing tracks in a 25 square kilometre (10 sq. mi.) area, making it one of the best dinosaur track sites in the world.

Originally uncovered by local coal mining activities, this site was designated a protected Provincial Historical Site by the Province of Alberta in 2006. One track wall is covered with about 10,000 dinosaur, bird and crocodile tracks, which are approximately 100 million years old. A replica cast of theropod dinosaur tracks can be seen at the Grande Cache Tourism & Interpretive Centre and the Royal Tyrell Museum in Drumheller, AB. Currently, public access to the trackways is restricted and undeveloped as a tourism site. This is one of the most important dinosaur track sites in the world and a Grande Cache Regional Dinosaur Tracks Foundation has been established to explore opportunities to develop.

🌐 www.grandecache.ca/p/dinosaur-tracks



ASENIWUCHE WINEWAK NATION OF CANADA.

“Aseni” means rock, “wuche” means big hill and “winewak” means people. The Aseniwuche Winewak, or Rocky Mountain People are descended from Cree, Beaver, Ojibwa, Sekani, Iroquois and Shuswap people.

In 1907, the Aseniwuche Winewak were forced to leave the Jasper area to create the National Park. Most of these families relocated to the Grande Cache area. The elders lived in teepees and wicki-ups. They survived by using their traditional skills to gather, hunt and trap before development encroached in the late sixties. In 1994, the Aseniwuche Winewak Nation of Canada formed to unify the six aboriginal settlements that surround Grande Cache. They are currently negotiating with Canada at Recognition of Indigenous Rights and Self Determination Exploratory Tables on a wide variety of issues. They have built a strong reputation for leadership, professionalism and achieving results.

They are the Rocky Mountain People, a hard working and resourceful people, true to their values; people who care about their community, families, children and the generations to come.



**Aseniwuche Winewak
Nation of Canada**

Aseniwuche Winewak Nation of Canada

Box 1808 | 10020 99 Street | Grande Cache, AB | T0E 0Y0

☎ 780-827-5510 | Fax: 780-827-4788

@ info@aseniwuche.com

🌐 www.aseniwuche.com

📍 Aseniwuche Winewak Nation

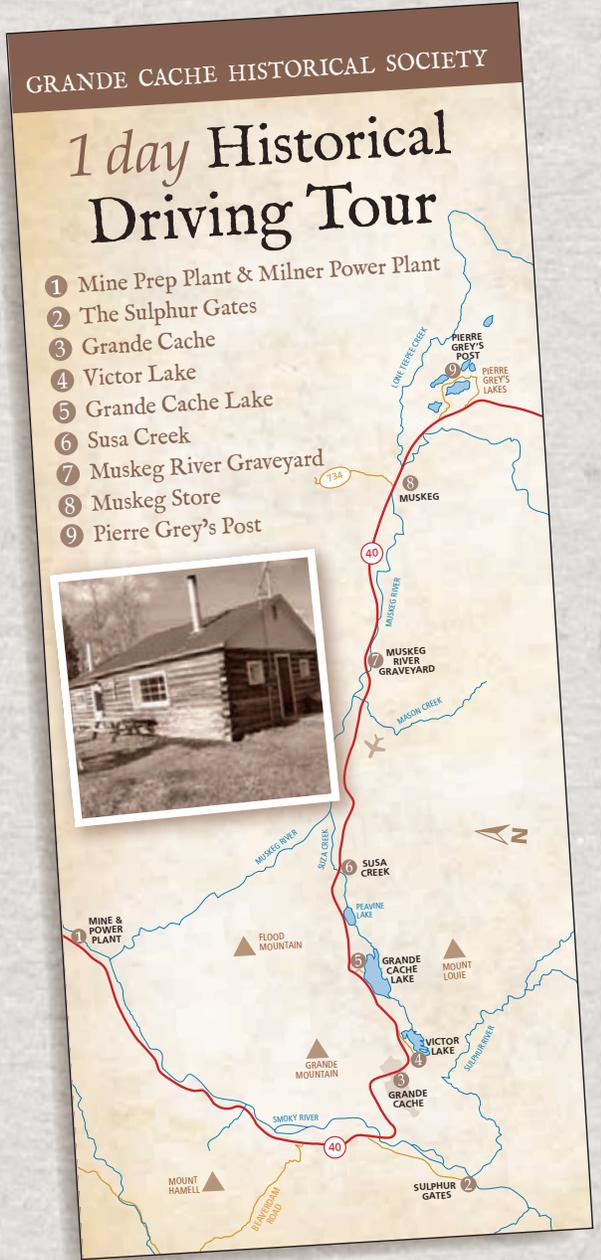
PHOTO CREDITS

1. Drummer - Gina Goldie
2. Girls & Tipi - Antoinette Struwig
3. Girl Traditional Dress - Antoinette Struwig



HISTORICAL DRIVING TOUR.

Start at the Grande Cache Tourism and Interpretive Centre and pick up the "One Day Driving Tour" brochure. There is also an excellent historical display in the Centre, featuring pre-contact Aboriginal exhibits, fur trade information, local industry, natural history and more. You might even want to stretch your legs on the Birds Eye View Interpretive Trail, located at the Centre.

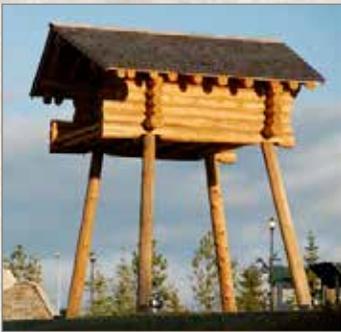


1 MINE PREP PLANT- ATCO ELECTRIC PLANT

McIntyre Porcupine Mines started the mine in 1969. People had known about the high quality metallurgical coal for years, but it was not until 1969 that a road and a railroad were constructed, so that the coal could be exploited.

2 SULPHUR GATES

The Sulphur Gates are part of a geological formation known as the Cadomin Formation. This formation is important to geologists because it indicates the presence of coal.



3 GRANDE CACHE TOWNSITE

Grande Cache got its name from a Hudson's Bay Company fur trader named Ignace Giasson who cached a large supply of fur in the area during one of the winters between 1818 and 1821.

4 VICTOR LAKE

The old airstrip was used by Forestry for years to fight fires in the region before there was a road. It was also used by McIntyre Mines when they were exploring for the mine site in the late 1960's and by the town until an airport (now closed) was constructed.



5 GRANDE CACHE LAKE

This is the site of an ancient Aboriginal camp. In the 1960's, there was extensive archaeological work done on the site. The Aboriginal people have inhabited the local area for about 10,000 years. Many artifacts were found on the site.



⑥ SUSA CREEK

The log church was built in the 1960's. It is now used for storage as the community outgrew it. The white frame church was built to serve the Muskeg Co-op in 1958 and moved to Susa Creek in 1975.

⑦ MUSKEG RIVER GRAVEYARD

This tiny graveyard is there because at one time there was a small community there. It was also a popular stopping spot for the local Aboriginal people going between the communities of Susa Creek and Muskeg.



⑨ MUSKEG

It's not know exactly when the Muskeg trading post was first built, but Rueben Kilba was running it in 1956. It went through a number of owners before being closed down in the late 1970's. Eventually the buildings were torn down.

⑧ THE PIERRE GREY TRADING POST

Pierre Grey, whose real name was Pierre Gris, was a Metis from Isle Lake, who ran a fur trade post at this site in the 1880's. He did very well here, as he was married to a Delorme from the area, so the people trusted him and traded with him.



PHOTO CREDITS

1. Pierre Grey's Trading Post - Tom McDonald
2. Historical Sites - Grande Cache Historical Society



MOUNTAIN METIS

otipemisiwak - freemen ∞



MOUNTAIN METIS.

The Mission of the Mountain Métis Council is to enhance the cultural, social and economic well being of our community. The mandate is to establish partnerships with other government agencies and industry to fulfill the objectives.

The Mountain Métis believe that each member of our community is valued. Through dedication and volunteer activities the organization is successful. A significant amount of time and effort has been provided by the Council to develop and manage special programs, and events to enhance the community. Special regard is held toward Aboriginal/Métis youth and elders in overcoming cultural barriers that limit advancement of the people..

HISTORY

Métis families were integral to the opening of the Canadian Rockies. In 1806 Jacco Findlay, a North West Company employee, became the first to find a route to the Pacific Ocean through Howse Pass. Jacco later moved his family to the Athabasca Valley near Jasper, Alberta.

In 1907 the Canadian Government signed an obscure Order-in-Council that set aside the Jasper Forest Reserve. Park Wardens removed the community of Mountain Métis in 1909 and 1910, after the guns of the descendants of Jacco Findlay were seized. Some of the families evicted included the four Moberly's—Ewan, John, Adolphus, William—as well as Adam Joachim and Isadore Findlay, Jacco's grandson. Many of the families relocated to the Edson, Hinton or Grande Cache areas.

For more information, please contact:

Mountain Metis Centre

780-827-2002 | 3300 Pine Plaza | Grande Cache, AB
www.mountainmetis.com | mna1994@telus.net

PHOTO CREDITS

1. Henry Joachim - Willmore Wilderness Foundation
2. Pierre Grey - Alberta Museum & Archives
3. Henry Joachim





MODERN HISTORY.

Alexander Mackenzie and David Thompson are heroes in Canada's history. These men were guided by Métis and Indian guides in the early 1800s, many from Kahnawake, Quebec. Northwest Company and Hudson Bay managers came from Scotland, and travelled with their Métis guides risking everything to push westward. In 1819 the Hudson's Bay Company built St. Mary's House at the confluence of the Smoky and Peace Rivers. In December 1819, Ignace Giasson took charge of a push up the Smoky River, and hired Tête Jaune, a freeman by the name of Pierre Bostonnais. He was a Métis with blonde hair, earning him the nickname 'Yellowhead.' Tête Jaune guided the packtrain of horses up the Smoky River in 1820, in search of a new route through the Rockies. They left a large cache of furs on the Smoky River, where Grande Cache gets its name—French for “large cache.”

In the 1950's, geological exploration discovered high-grade metallurgical “coking coal” in the area. In 1969, McIntyre-Porcupine started a coal mine, which fostered the construction of the “New Town of Grande Cache” in response to resource development. In 1980, a sawmill was constructed by British

Columbia Forest Products Ltd., which was sold to Procter and Gable Cellulose Ltd. in 1990. A Provincial Correctional Centre was built in 1984 to handle medium security inmates Grande Cache. In 1988, the Alberta Government opened Highway 40 from Grande Cache to Grande Prairie.

On January 1, 2019, the Town of Grande Cache officially became a hamlet in the MD of Greenview.

PHOTO CREDITS

1. Aerial photo of Grande Cache
 2. The Muskeg Forestry cabin, on display at the Tourism Centre in Grande Cache.
- Grande Cache Historical Society





CAMPING & DAY USE AREAS

Greenview is home to more than 30 campgrounds, 17 day-use areas, and numerous Provincial Parks throughout the region. Offering a diverse range of camping experiences, you are sure to find your next vacation spot nearby!

expandyourvision.ca



PHOTO CREDITS

1. Grande Cache Municipal Campground - Gina Goldie
2. Playground at Municipal Campground - Krista Morrow
3. Tent at Sunset - Mark Engstrom



GRANDE CACHE MUNICIPAL CAMPGROUND

Open May Long Weekend – October Long Weekend.

Tucked away close to town, the Grande Cache Municipal Campground offers large, treed sites, fully serviced RV or tent camping in a spectacular mountain setting! The campground is close to the baseball diamonds, a small BMX track, the Grande Cache Golf & Country Club and various hiking trails.

780-827-2404 | 10401 Memorial Drive | Grande Cache, AB
www.grandecache.ca | campground.grandecache@MDgreenview.ab.ca

FACILITIES:

- Treed serviced sites
- RV Pull-Thru Sites
- Tenting Sites
- Coin Laundry (\$)
- Firewood (\$)
- Lit Roadways
- Free showers
- Wi-Fi
- Playground
- Picnic area
- Cook House

Book online at www.grandecache.ca or www.campreservations.ca/sites/site-details/673

GRANDE CACHE AREA CAMPGROUNDS	DISTANCE FROM GRANDE CACHE	Sites	OPEN	RESERVE?	CONTACT INFORMATION
GRANDE CACHE MUNICIPAL CAMPGROUND	IN TOWN	56 power/water/sewer 21 power/water, tent area	May - Oct	Yes	780-827-2404
PIERRE GREYS LAKES PROVINCIAL PARK	30 km south	61 power, 22 unserviced 6 day use	May - Oct	Yes	reserve.albertaparks.ca 1-877-537-2757
BIG BERLAND PROVINCIAL RECREATION AREA	70 km south	18 unserviced	May - Sept	Yes	reserve.albertaparks.ca 1-877-537-2757
SMOKY RIVER SOUTH PROVINCIAL RECREATION AREA	4 km north	22 unserviced, group use	May - Oct	Yes	780-827-7393
SULPHUR GATES PROVINCIAL RECREATION AREA	12 km northwest	14 unserviced 4 day use	Year round	No	780-827-7393
SHEEP CREEK PROVINCIAL RECREATION AREA	25 km north	6 unserviced	Year round	Yes	reserve.albertaparks.ca 1-877-537-2757
ROCK LAKE PROVINCIAL PARK	Access 32 km south	93 unserviced 5 day use	May - Oct	Yes	780-865-2154
U BAR RANCH	6.5 kms south-bound Grande Cache	8 full serviced winterized RV Sites, 3 unserviced & Comfort Camping (wall tent)		Yes	780-827-4884
REGIONAL CAMPGROUNDS					
SOUTHVIEW PROVINCIAL RECREATION AREA	45 km north	8 day use	May 1 - Sep 30		780-524-7601
KAKWA RIVER PROVINCIAL RECREATION AREA	75 km north	14 unserviced 12 day use	May 1 - Sep 2	No	780-524-7601
MUSREAU LAKE PROVINCIAL RECREATION AREA	113 km north	69 unserviced, 20 day use 20 group use	May 1 - Oct 13	No	780-538-5350
THE FOLLOWING CAMPGROUNDS ARE LOCATED IN WILLIAM A. SWITZER PROVINCIAL PARK					
CACHE LAKE	116 km south	14 unserviced	May - Oct	Yes	reserve.albertaparks.ca 1-877-537-2757
GRAVEYARD LAKE / HALFWAY	117 km south	11 unserviced	Year round	No	780-865-5600
GREGG LAKE	113 km south	69 unserviced, 2 day use 83 power, 11 power/water	Year round	Yes	reserve.albertaparks.ca 1-877-537-2757
JARVIS LAKE	120 km south	24 power 16 day use	Year round	Yes	reserve.albertaparks.ca 1-877-537-2757
BEAVER RANCH	116 km south	18 unserviced group use	May - Oct	Yes	reserve.albertaparks.ca 1-877-537-2757
PINE BAY	120 km south	10 tent, 8 RV, group use All unserviced	May - Oct	Yes	reserve.albertaparks.ca 1-877-537-2757
KELLEY'S BATHTUB	118 km south	10 day use	Year round	No	780-865-5600

ALBERTA PARKS: Provincial campgrounds and recreation areas in the Grande Cache region are managed by Alberta Parks; both online reservation sites and self-registration sites are available. For information, visit www.albertaparks.ca or call 780-865-8395 or 780-865-5600.

PLACES TO STAY.



ACORN MOTEL

Conveniently situated downtown Grande Cache. Renovated suites have stunning views of the Rocky Mountains. We offer competitive rates and long-term rates, free continental breakfast, free WIFI, complimentary newspapers, coin operated laundry available on each floor, kitchenettes and 32 Inch flat screens TVs. Shopping on site. RV/ bus/truck parking available.

780-827-2412 | 1-888-827-7202 | 1601 Acorn Plaza

Grande Cache, AB | www.acornmotel.ca



ALPINE LODGE MOTEL

Situated in the Canadian Rocky Mountains, this pet-friendly motel offers rooms with free WiFi. All rooms offer a cable TV, a microwave and a refrigerator. Select rooms include kitchenettes and all rooms have tea and coffee-making facilities and mountain views.

780-827-2450 | 1-888-445-6343

alpinelodgegrandecache@gmail.com

10005 - 100 Street | Grande Cache, AB



BIGHORN MOTOR INN

37 rooms, a restaurant and lounge. The well-maintained property is on Highway 40. Kitchenettes, Coin Laundry, Satellite TV, wireless internet & plug ins.

780-827-3744 | 10019 - 100th Street

Grande Cache, AB

bighorninn@hotmail.com



GRANDE CACHE INN & SUITES

Fully-renovated motel located on Highway 40 in Grande Cache with all the comforts and amenities that you expect. Enjoy our modern, well-appointed rooms with immediate highway access and walking distance to restaurants and stores. Complimentary WiFi, pet friendly, weekly & monthly rates available.

780-827-3303 | 9901 100 Street | Grande Cache, AB

reception@grandecacheinn.com | www.grandecacheinn.com

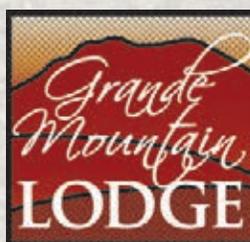


GRANDE CACHE HOTEL

Full service hotel. Home of renovated Johny Canoe Hotel rooms. 3 restaurants on-site. Conference room with full catering available. Pillow top beds, Free WiFi, satellite TV and air conditioning. Large truck & RV parking is welcome!

780-827-3377 | 1701 Pine Plaza | Grande Cache

grandecachehotel.com



GRANDE MOUNTAIN LODGE

Fully-renovated motel on Highway 40 with all the comforts and amenities that you expect. Enjoy modern, well-appointed rooms with highway access and walking distance to restaurants and stores. Complimentary WiFi, pet friendly, weekly & monthly rates available.

780-827-2007 | 9903 100 Street | Grande Cache, AB | info@grandemountainlodge.com

grandemountainlodge.com

Grande Cache Municipal

Campground

GRANDE CACHE MUNICIPAL CAMPGROUND

Tucked away close to town, the Grande Cache Municipal Campground offers large, treed sites, fully serviced RV or tent camping in a spectacular mountain setting. The Campground is located close to the Grande Cache Golf and Country Club, ball diamonds and various hiking trails.

56 power/water/sewer (full service), 21 power/water (partial service) & 1 open tent area. Book online at www.grandecache.ca

780-827-2404 | 10401 Memorial Drive | Grande Cache, AB
campground.grandecache@MDgreenview.ab.ca

 www.grandecache.ca



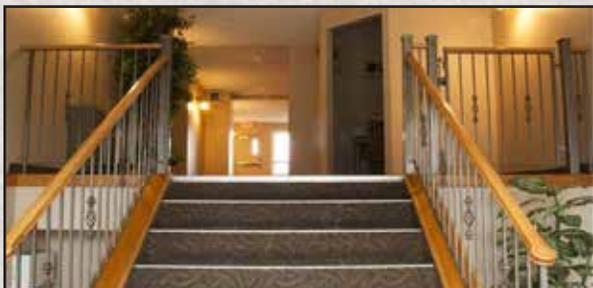
HIDE A WAY CAMP

Experience the living history of Alberta's rugged frontier. Located adjacent to Pierre Gray Lakes Recreation Area, 34 km south of Grande Cache on Highway 40 (or 110 km north of Hinton), Hide-A-Way Camp is a group camp facility with cabins and a main building.

780-827-2002 | Box 1468 | Grande Cache, AB

 www.albertarockiesadventures.com

 www.mountainmetis.com | mna1994@telus.net



MISTY MOUNTAIN INN & SUITES

Centrally located in Town Centre. Close to all amenities.

78 Suites, 1 & 2 bedroom Suites, special Pent House Suite including kitchenettes, SAT, LCD TV, WiFi in all. Coin Laundry. Experience the beauty of the Rockies from the comfort and luxury of our suites. Your home away from home!

780-827-4268 | 1-877-636-1666 | 10110 103rd Street
Grande Cache, AB | www.mistymountain.ab.ca

 Misty Mountain Inn & Suites



PHOTO CREDIT
TOM McDONALD

PLACES TO EAT



A&W

From our beautiful mountain view restaurant, we serve burgers, chubby chicken, sides, drinks, breakfast & desserts.

Hours: Open 5:00 am - 10:00 pm daily

780-827-4136 | 1001 - 100th Street
Grande Cache, AB | www.a&w.ca



AURORA SUSHI

A Japanese & Sushi Restaurant. So much to choose from, many amazing and tasty types rolls, nigari sushi, sashimi selection, bento boxes, appetizers, sushi combinations and party trays.

Hours: Tuesday - Friday 11:00 am - 9:00 pm

Saturday & Sunday Noon - 9:00 pm | Closed Mondays

780-827-2477 | 10005 - 100 Street (next to A&W)

Grande Cache, AB | [Facebook](#) Aurora Sushi



BIG HORN GRILL & PUB

Serving appetizers, entrees, soups & salads, burgers and sandwiches.

780-827-5522 | 10019 - 100 Street
Grande Cache, AB



GREEN HOUSE COFFEE SPOT

A diner-style restaurant serving Chinese and western food.

Open Monday - Saturday 9:00 am - 7:00 pm

780-827-3996 | 1331 Shoppers Park Mall
Grande Cache, AB



DRAGON PALACE

Chinese & Western food. Saturday night Buffet from 4:30 pm to 8:30 pm. Dine in or take out. Delivery available.

780-827-3898 | 1601 Acorn Mall | Grande Cache, AB



THE CANTEEN/RESTAURANT

Ice Cream, specialty coffee, wraps, burgers & milk shakes. Drop into the Recreation Centre facility to enjoy your day swimming in our wave pool, relax in the hot tub, go for a skate, play in the outdoor Spray Park and much more! The Canteen offers Mobile ordering system, delivery and Wifi.

780-827-8086 | 10450 Hoppe Ave | Grande Cache, AB

[Facebook](#) The Canteen | [Download FoodBooking App](#)



GRANDE CACHE PIZZA & SKYHY LOUNGE

2 for 1 pizzas and pastas and steakhouse. Dine in, take out and Free delivery. The Skyhy Lounge has VLT's, a pool table, TV's and full menu lounge. Daily and weekly food specials available.

Restaurant Hours: 11:00 am - 11:00 pm Sunday 12:00 pm - 10:30 pm

780-827-3682 | 1323 Shoppers Park Mall | Grande Cache, AB



780-827-3377
 1701 Pine Plaza (inside Grande Cache Hotel)
 www.grandecachehotel.com

HIGH COUNTRY STEAK & ALE

Home of the world's best Prime Rib. All of our beef is hand cut, aged a minimum of 28 days and selected from certified AAA Black Angus beef, the top 8% of all beef in Canada. Sit back and enjoy your Prime Rib dinner in our casual dining experience and enjoy the best of Grande Cache hospitality.

Open 5:00 pm - close (minors allowed)

MOUNTAINVIEW FAMILY RESTAURANT

We provide consistent and homemade comfort food to satisfy all members of your family. We offer a full breakfast, lunch and dinner menu.

Open 6:00 am - 5:00 pm daily

ROCKIES BAR & GRILL

Join us in Rockies Bar & Grill for our full menu served noon until 10:00 pm daily. Late night menu available Friday & Saturday nights until 2:00 am. Watch your favorite sports on one of our 17 HD TV's. We also offer VLT's, pool tables and electronic games for your enjoyment.

Open noon daily



SUBWAY

Serving submarine sandwiches, personal pizzas and salads. Open for breakfast, lunch and dinner.

780-827-2722 | 205 Pine Plaza | Grande Cache, AB



THE BISTRO

Serve breakfast & lunch, take out and boxed lunches to go. Serving home-style soup, sandwiches, snack platters & Hickory Smoked beef & pork.

780-827-5134 | 1600 Acorn Mall

Grande Cache, AB | thebistro18@gmail.com



VEGAS BAR & GRILL

Family-owned restaurant since 1981, serving pizza, pasta, Greek & North American food. Home of the UFC. Pool table, big screen/high definition TV's. Your source for sports.

780-827-5444

207 Pine Plaza | Grande Cache, AB



THE RIDGE RESTAURANT & LOUNGE

Open 7 days a week. Offering breakfast, lunch and dinner. A restaurant featuring unique, homemade food PLUS CATERING for private functions, weddings and parties.

780-827-2257 | 2300 Pine Plaza | Grande Cache, AB

@theridgegrandecache@gmail.com

The Ridge Restaurant & Lounge



COFFEE HOUSE

The Coffee House uses only premium espresso beans to brew your favorites shots of espressos, cappuccinos, macchiato and lattes, London fogs, mochas and hot chocolates! As well, we also have hot soups, tasty grilled panini sandwiches and fresh daily made sweet desserts!

Open Monday to Friday 7:00 am - 6:00 pm

& Saturday 9:00 am - 5:00 pm

780-827-5671

1320 Shoppers Park Mall | Grande Cache, AB



nvu

esthetics
& medi spa
the science of skin care

- Full Day Spa
- Nails
- Pedicures
- Facials
- Massage
- Medial Esthetics
- Waxing
- Professional Products
- Jane Iredale
- Image Skin Care
- BOTOX®
- JUVÉDERM®

Located in Mall @ 1316 Shoppers Park Mall

 nvu esthetics medi spa
 780-827-2366

BUSINESS DIRECTORY

Visit [www.grandecache.ca/business directory](http://www.grandecache.ca/business%20directory)



FITz
DANCE STUDIO
& Fitness Center

Yoga, Zumba & more...

Located at 1800 Pine Plaza

 Fitz Dance Studio & Fitness Center
 780-827-8465





PHOTO: HARRY BIGLAND



PHOTO: HARRY BIGLAND



PHOTO: HARRY BIGLAND



PHOTO TOM MCDONALD

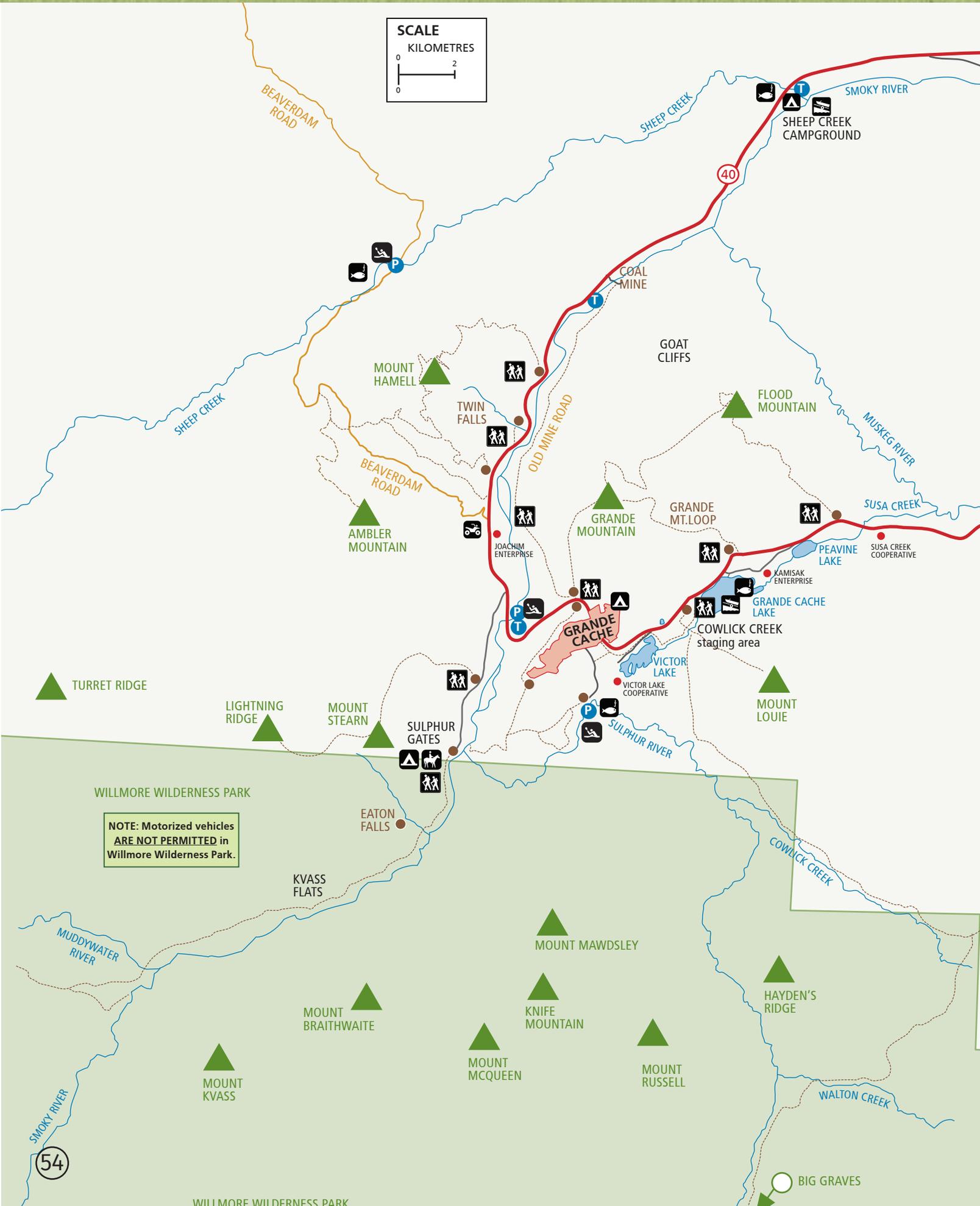
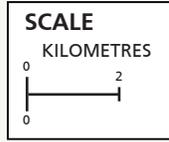


PHOTO: HARRY BIGLAND



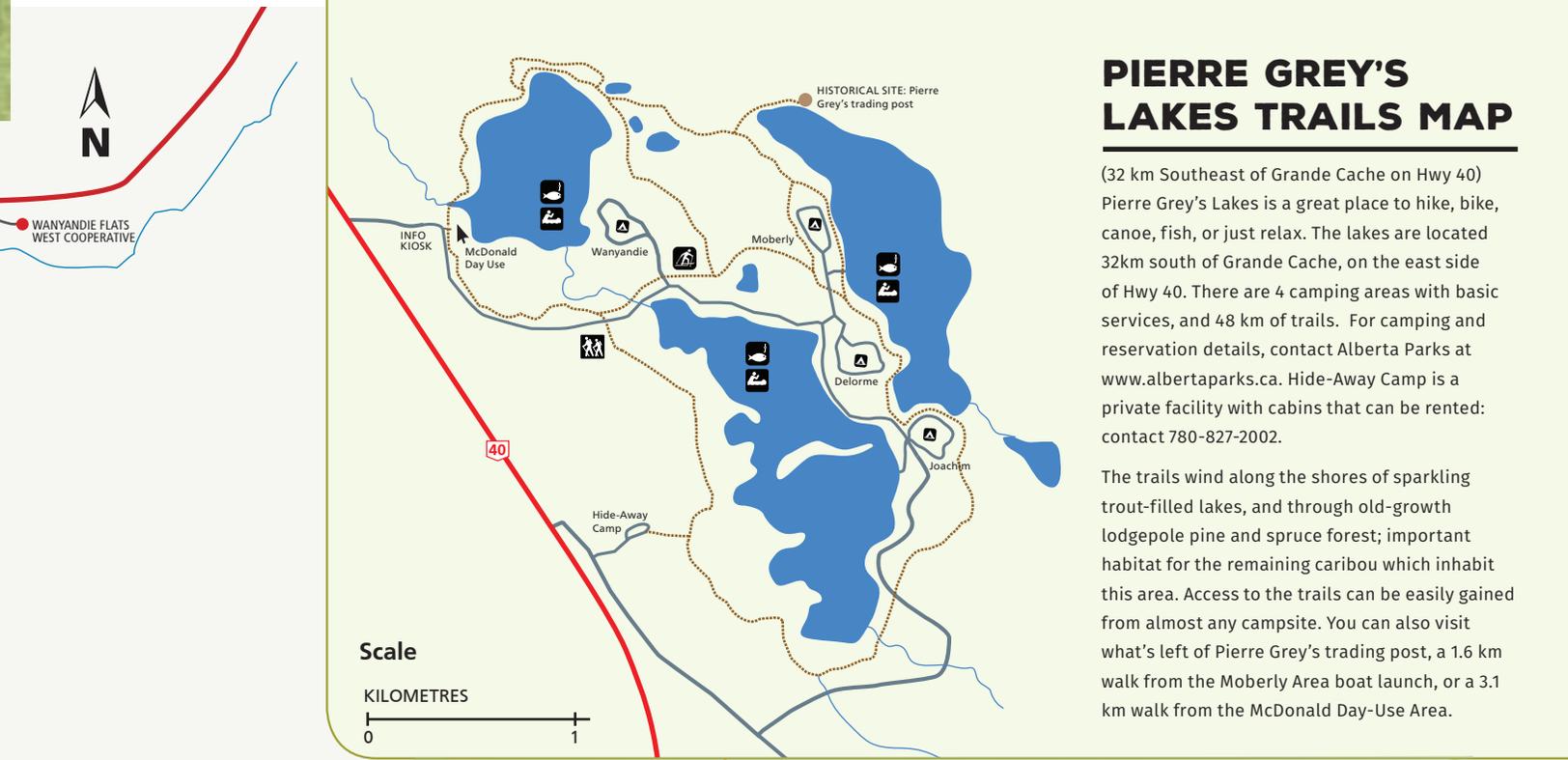
PHOTO MARGARET ABRAHAM

GRANDE CACHE AREA MAP



NOTE: Motorized vehicles
ARE NOT PERMITTED in
Willmore Wilderness Park.

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MAP LEGEND

Hiking	Picnic Spot	Trailhead
Horse Corral	Camping	MULTIUSE TRAIL
Canoeing	Nordic Skiing	RIVER
Kayaking	ATV	River Put-In & Take-Out
Boat Launch	Aboriginal Land Holding	MOUNTAIN
Fishing		ATV TRAIL/ Road
		Gravel Road
		Paved Highway

Ambler Mountain

Grande Mountain

DISCLAIMER: The Town of Grande Cache makes no warranties, express or implied, and assumes no responsibilities for the accuracy of the trail information contained in this Guide. Many of the trails are unmarked and unmaintained. Some of the trails described are remote and users may encounter conditions due to weather and other factors that were not present when the original trail maps were created. There are inherent risks and potential hazards using all trails and any portion of a trail may be unsafe. Users assume the entire responsibility and risk for use of the information in this Guide and the trails. The Town of Grande Cache disclaims all responsibility and liability for death, injury or other damage that may be sustained by anyone using the information in this Guide and the trails described.

ATV / QUADS are NOT PERMITTED in Provincial Rec. Areas.

NOTE: Motorized vehicles ARE NOT PERMITTED in Willmore Wilderness Park.

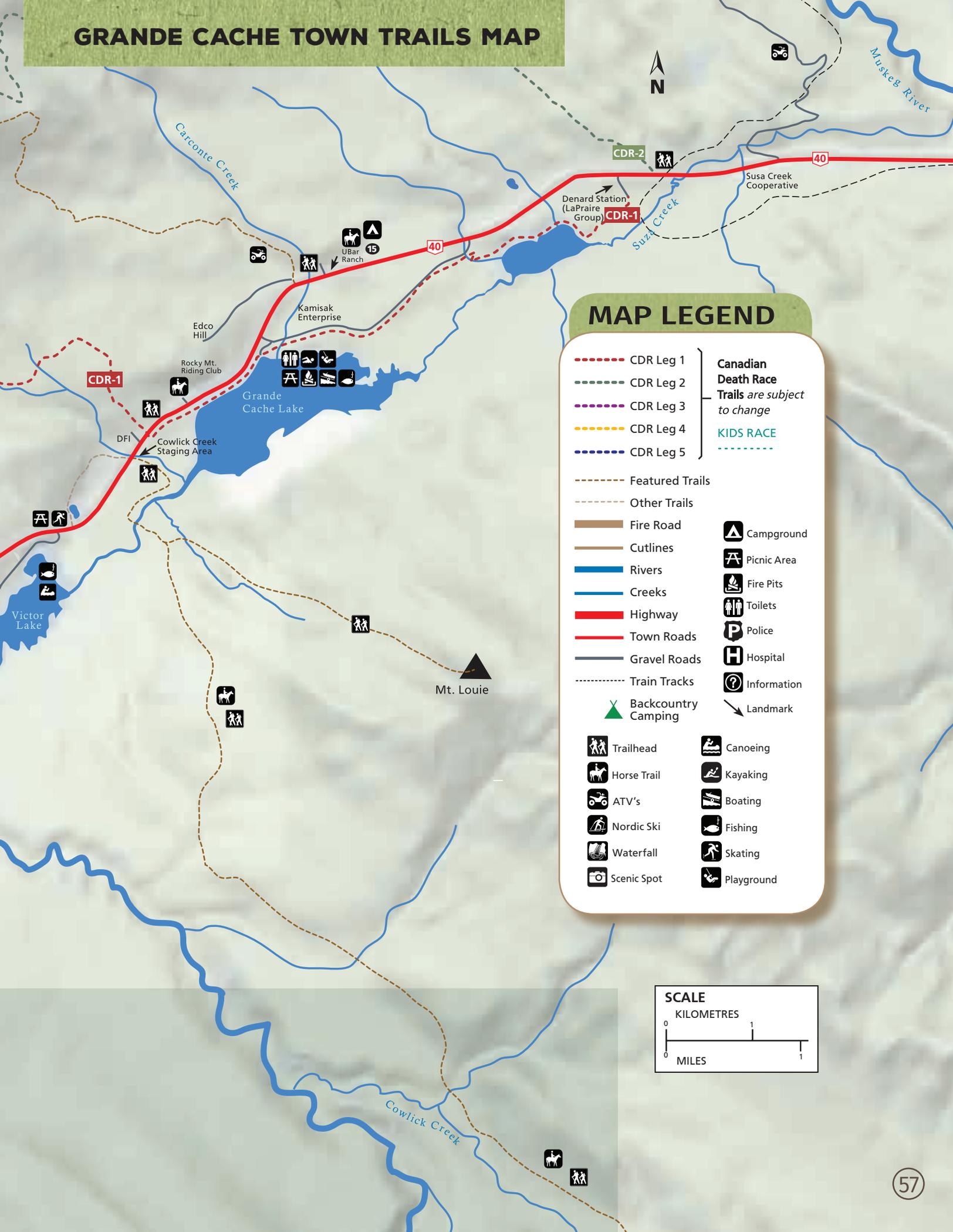


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Eaton Falls

WILLMORE WILDERNESS PARK

GRANDE CACHE TOWN TRAILS MAP

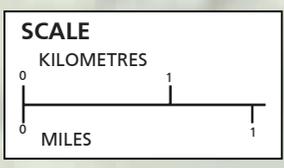


MAP LEGEND

- - - - - CDR Leg 1
- - - - - CDR Leg 2
- - - - - CDR Leg 3
- - - - - CDR Leg 4
- - - - - CDR Leg 5
- - - - - Featured Trails
- - - - - Other Trails
- Fire Road
- Cutlines
- Rivers
- Creeks
- Highway
- Town Roads
- Gravel Roads
- - - - - Train Tracks
- ▲ Backcountry Camping
- ▲ Campground
- ▲ Picnic Area
- ▲ Fire Pits
- ▲ Toilets
- P Police
- H Hospital
- ? Information
- ↙ Landmark
- ▲ Trailhead
- ▲ Canoeing
- ▲ Horse Trail
- ▲ Kayaking
- ▲ ATV's
- ▲ Boating
- ▲ Nordic Ski
- ▲ Fishing
- ▲ Waterfall
- ▲ Skating
- ▲ Scenic Spot
- ▲ Playground

Canadian Death Race Trails are subject to change

KIDS RACE



GRANDE CACHE VISITOR SERVICES

ACCOMODATIONS

1. Acorn Motel 780-827-2412
2. Alpine Lodge 780-827-2450
3. Big Horn Inn 780-827-3744
4. Grande Cache Inn & Suites
780-827-3303
5. Grande Cache Municipal
Campground 780-827-2404
6. Grande Mountain Lodge
780-827-2007 1-855-827-2007
7. Grande Cache Hotel
780-827-3377
8. Hide-A-Way Camp (pg. 55)
780-827-2002
9. Misty Mountain Inn & Suites
780-827-4268 1-877-636-1666

ATTRACTIONS & ACTIVITIES

10. Golf & Country Club
780-827-5151
11. Grande Cache Recreation Centre
780-827-2446
12. Tourism & Interpretive Centre
780-827-3300 1-888-827-3790
13. Sulphur Gates PRA (pg. 56)
780-827-7393
Taste of Wilderness Tours
780-827-4250
15. U Bar Ranch (pg. 56)
780-827-4884 780-827-0604
16. Wild Blue Yonder Rafting
780-827-5450 1-877-945-3786
17. Willmore Wilderness
Foundation
780-827-2696 1-866-Wilmore

AUTOMOTIVE

18. No Where to Run Auto
780-501-0559
- Freedom Towing 780-783-0435
19. Grandview Car Wash
780-827-2050
20. Esso Grande Central Station
780-827-5558
21. Fas Gas Plus 780-827-3654

HEALTH & MEDICAL OFFICES

- Emergency 911**
22. Grande Cache Chiropractor
780-827-3111
 23. Grande Cache Dental Clinic
780-827-3602
 24. Grande Cache Massage
780-827-4077

- Hospital 780-827-3701
- Medical Centre 780-827-2540

GROCERY & CONVENIENCE

25. Chalet Foods 780-827-3825
26. GC Mart 780-827-3525
27. New Horizon CO-OP
780-827-2434

LAUNDROMAT

19. Grandview Car Wash &
Laundromat 780-827-2050

LIQUOR & LOUNGE

29. Grande Cache Liquor
780-827-3668
30. High Country Steak & Ale
780-827-3377
30. Rockies Bar & Grill
780-827-3377
28. Royal Canadian Legion
Branch 278 780-827-2362
31. Sky Hi Lounge 780-827-3682
33. Sobey's Liquor 780-827-2345
41. The Ridge Restaurant
& Lounge 780-827-2257
32. Vegas Liquor Outlet
780-827-3535

PHARMACY

34. Guardian Drugs 780-827-3230
42. Grande Cache Pharmacy
780-827-2707

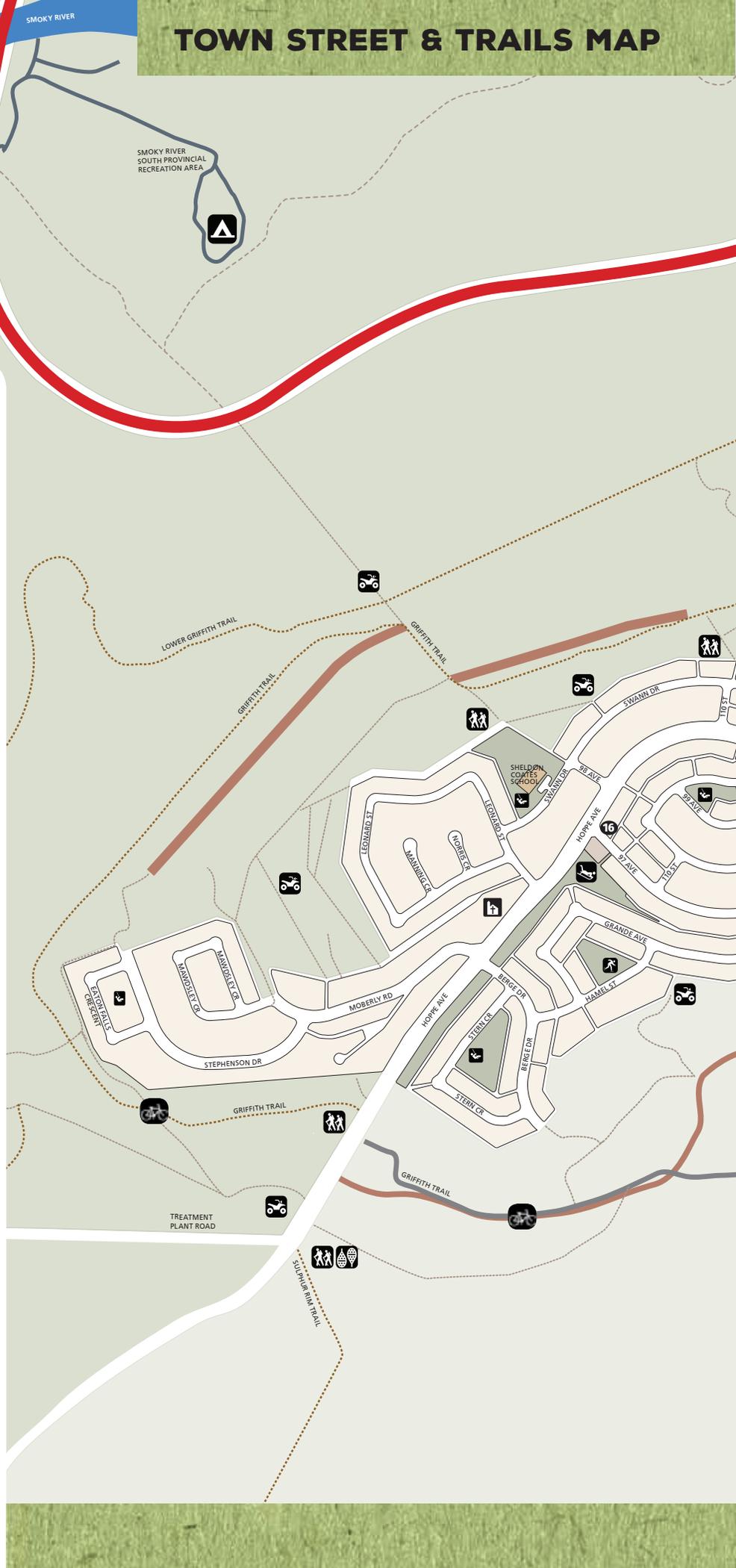
RESTAURANTS

2. Aurora Sushi 780-827-2477
35. A & W 780-827-4136
36. Coffee House
780-827-5671
3. Big Horn Grill & Pub
780-827-5522
37. Dragon Palace 780-827-3898
31. Grande Cache Pizza &
SkyHy Lounge 780-827-3682
38. Green House Coffee Spot
780-827-3996
30. Mountainview Family
Restaurant 780-827-3377
39. Subway 780-827-2722
40. The Bistro 780-827-5134
11. The Rec Centre Canteen
780-827-8086
41. The Ridge Restaurant
& Lounge 780-827-2257
32. Vegas Bar & Grill
780-827-5444

TAXI

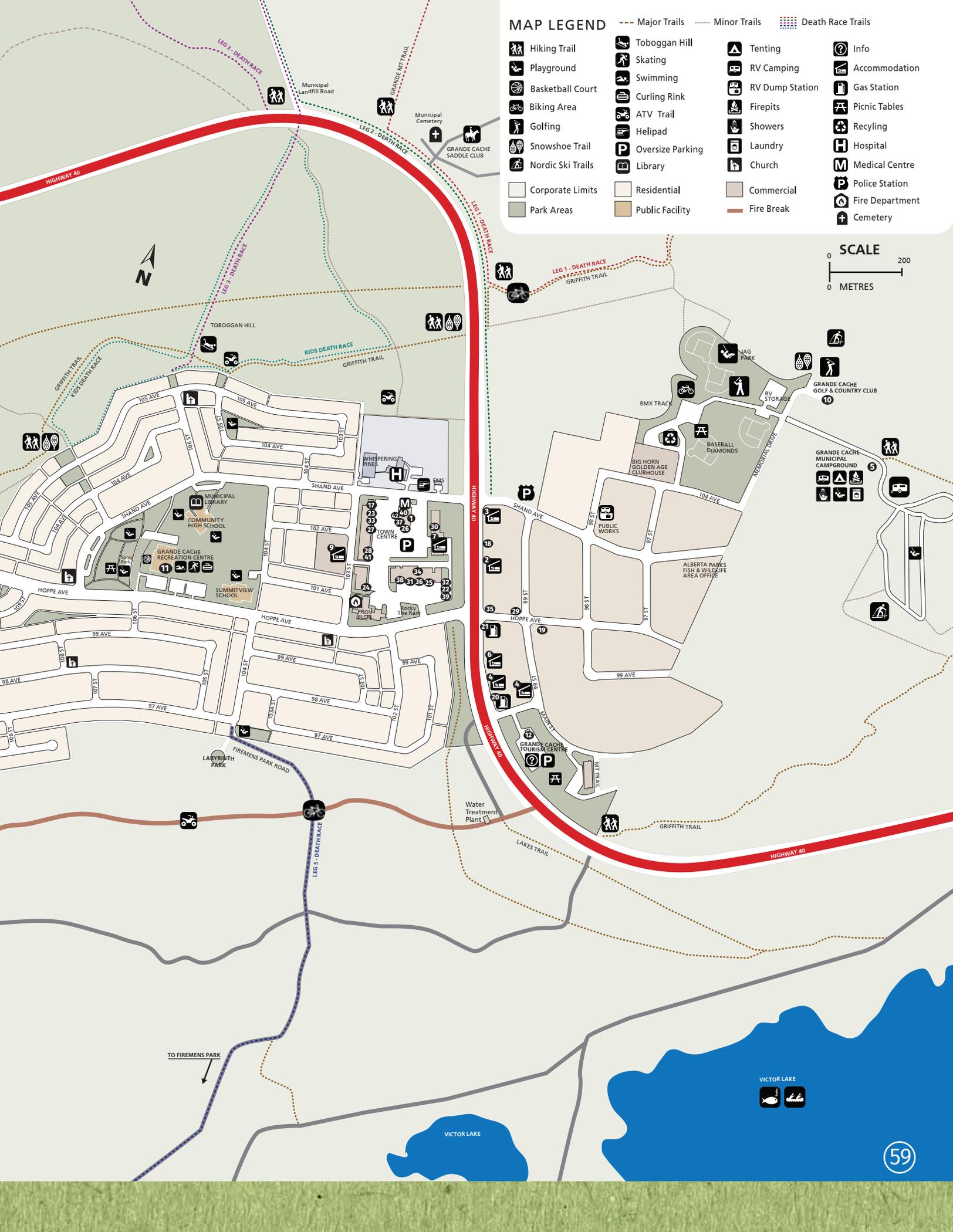
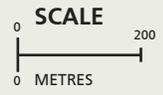
- Black Ram Taxi 780-501-6444

See page 53 for more business listings
or visit www.grandecache.ca



MAP LEGEND

- | | | | |
|-------------------|------------------|-----------------|-----------------|
| Hiking Trail | Toboggan Hill | Tenting | Info |
| Playground | Skating | RV Camping | Accommodation |
| Basketball Court | Swimming | RV Dump Station | Gas Station |
| Biking Area | Curling Rink | Firepits | Picnic Tables |
| Golfing | ATV Trail | Showers | Recycling |
| Snowshoe Trail | Helipad | Laundry | Hospital |
| Nordic Ski Trails | Oversize Parking | Church | Medical Centre |
| Corporate Limits | Residential | Commercial | Police Station |
| Park Areas | Public Facility | Fire Break | Fire Department |
| | | | Cemetery |



GRANDE CACHE. THE ROAD TO ADVENTURE STARTS HERE.

ATV/SNOWMOBILE TRAILS. CANADIAN DEATH RACE. GRANDE CACHE GOLF & COUNTRY CLUB. NORDIC SKI TRAILS.
FISHING. KAYAKING. CANOEING. MOUNTAIN BIKING. .HIKING. PASSPORT TO THE PEAKS. SPECIAL EVENTS
RECREATION & AQUATIC CENTRE. TOURISM & INTERPRETIVE CENTRE. LABYRINTH. WILLMORE WILDERNESS PARK
ACCOMMODATIONS. RESTAURANTS. WHITE WATER RAFTING. HORSEBACK RIDING. WILDLIFE. CAMPING AND MORE



PHOTO CREDIT
Raven Photography &
Sinister 7

EXPANDYOURVISION.CA | GRANDECACHE.CA

