



REGULAR BOARD MEETING AGENDA

April 17, 2019

9:30am

Meeting Room
Green View FCSS Building

#1	CALL TO ORDER		
#2	ADOPTION OF AGENDA		
#3	MINUTES	3.1 Regular Green View Family and Community Support Services Meeting minutes held February 26, 2019 to be adopted.	1
		3.2 Business Arising from the Minutes	
#4	DELEGATION	4.0	
#5	OLD BUSINESS	5.0	
#6	NEW BUSINESS	6.1 Heal Your Life	5
		6.2 Joint Family and Community Support Services Agreement	11
		6.3 FCSS Manager Report	20
		6.4 FCSS Coordinator, Adult	59
		6.5 FCSS Coordinator, Community Resource Center	63
		6.6 FCSS Coordinator, Support	70
		6.7 FCSS Coordinator, Youth	74
#7	MEMBER REPORTS	7.1 Chair/Member Reports	
#8	CORRESPONDENCE	8.0	
#9	IN CAMERA	9.0	
#10	ADJOURNMENT	10.0	

Minutes of a
REGULAR BOARD MEETING
GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES
 Green View Family and Community Support Services Building
 Valleyview, Alberta, on Tuesday, February 26, 2019

1:
CALL TO ORDER Chair Perron called the meeting to order at 9:30 am.

PRESENT	Chair, Member at Large, Greenview	Roxanne Perron
	Board Member, Town of Valleyview Councillor	Tanya Boman
	Board Member, Greenview Councillor	Roxie Rutt
	Board Member, Greenview Councillor	Duane Didow
	Vice Chair, Member at Large, Town of Valleyview	Teresa Plontke
	Board Member, Member at Large, Greenview	Tammy Day
	Board Member, Member at Large, Greenview	Trina Parker-Carroll

ATTENDING	FCSS Manager	Lisa Hannaford
	Recording Secretary	Corinne D'Onofrio

ABSENT

#2:
AGENDA

2.0 GREEN VIEW FCSS AGENDA

MOTION: 19.02.14 Moved by: BOARD MEMBER, DUANE DIDOW

That the February 26, 2019 agenda be adopted with the addition:

-addition to Manager's report- Green View Family and Community Support Services
 2018 Revenue and Expenses Actual to Budget

CARRIED

#3.1
ORGANIZATIONAL
MEETING MINUTES

3.1 GREEN VIEW FCSS ORGANIZATIONAL MEETING GREEN VIEW FCSS BOARD MEETING MINUTES

MOTION: 19.02.15 Moved by: BOARD MEMBER, TANYA BOMAN

That the Minutes of the Organizational Meeting of the Green View FCSS Board held on Wednesday, January 16, 2019 be adopted as presented.

CARRIED

#3.2 REGULAR
MEETING
MINUTES

3.2 GREEN VIEW FCSS REGULAR BOARD MEETING MINUTES

MOTION: 19.02.16 Moved by: VICE CHAIR, TERESA PLONTKE

That the Minutes of the Regular Green View FCSS Board Meeting held on Wednesday, January 16, 2019 be adopted as presented.

CARRIED

#3.3
BUSINESS
ARISING FROM
MINUTES

3.2 BUSINESS ARISING FROM THE MINUTES:

#4 DELEGATION

4.0 DELEGATION

#5 OLD BUSINESS

5.0 OLD BUSINESS

#6 NEW
BUSINESS

6.0 NEW BUSINESS

6.1 FCSS MANAGER REPORT

MOTION: 19.02.17 Moved by: BOARD MEMBER, ROXIE RUTT

That the Green View FCSS Board accept the February 2019 Manager's report as presented for information.

CARRIED

6.2 FCSS COORDINATOR, ADULT

MOTION: 19.02.18 Moved by: BOARD MEMBER, TAMMY DAY

That the Green View FCSS Board accept the February 2019 Adult Coordinator's report as presented for information.

CARRIED

6.3 FCSS COORDINATOR, COMMUNITY RESOURCE CENTER

MOTION: 19.02.19 Moved by: BOARD MEMBER, DUANE DIDOW

That the Green View FCSS Board accept the February 2019 Community Resource Center Coordinator's report as presented for information.

CARRIED

6.4 FCSS COORDINATOR, SUPPORT

MOTION: 19.02.20 Moved by: BOARD MEMBER, TANYA BOMAN

That the Green View FCSS Board accept the February 2019 Support Coordinator's report as presented for information.

CARRIED

6.5 FCSS COORDINATOR, YOUTH

MOTION: 19.02.21 Moved by: BOARD MEMBER, TAMMY DAY

That the Green View FCSS Board accept the February 2019 Youth Coordinator's report as presented for information.

CARRIED

**#7
MEMBER
REPORTS**

7.1 CHAIR/MEMBER REPORTS

BOARD MEMBER PLONTKE

- attended presentation by speaker Eva Olsson in Ridgevalley
- attending the Public School Board Association meeting in Valleyview February 26, 2019

BOARD MEMBER RUTT

- No report at this time

BOARD MEMBER DIDOW

- Attended Grow the North Conference
- Will be attending the Alberta Rural Education Symposium

BOARD MEMBER BOMAN

- Attended a tour of the Fox Creek Multiplex
- Will be attending the Mental Health First Aid course at Green View FCSS on February 28th and March 1st, 2019.

BOARD MEMBER DAY

- working on senior housing in Grovedale

BOARD MEMBER PARKER-CARROLL

- noted a dramatic rise in families utilizing programming at Parent Link in January
- on May 7th there will be a "Prevented!" workshop by Little Warriors brought to Valleyview by Parent Link at the Valleyview Municipal Library

CHAIR PERRON

- in conversation with the management at the library regarding creating life skill programs for teens as part of the library programming
- is part of the Valleyview Museum Society and working with the Valleyview Community Garden

Board Member Rutt exited the meeting at 12:04pm.

**#8
CORRESPONDENCE**

8.0 CORRESPONDENCE

#9 IN CAMERA

9.0 IN CAMERA CONFIDENTIAL ITEM

The next Green View FCSS Board Meeting will be tentatively scheduled for Wednesday, March 20, 2019 at 9:30am.

**#10
ADJOURNMENT**

10.0 ADJOURNMENT

MOTION: 19.02.22 Moved by: BOARD MEMBER , TANYA BOMAN
That this meeting adjourn at 12:08 pm.

CARRIED

F.C.S.S. MANAGER

F.C.S.S. CHAIR

REQUEST FOR DECISION

SUBJECT: **Heal Your Life Funding Request**
SUBMISSION TO: GREEN VIEW FAMILY AND
COMMUNITY SUPPORT SERVICES
BOARD
MEETING DATE: April 17, 2019
DEPARTMENT: GREEN VIEW FAMILY AND
COMMUNITY SUPPORT SERVICES

REVIEWED AND APPROVED FOR SUBMISSION

GM: MANAGER:LDH
PRESENTER:LDH

RELEVANT LEGISLATION:
Green View FCSS Policy– N/A

RECOMMENDED ACTION:
MOTION: That Green View Family and Community Support Board accept the Heal Your Life Funding Request, as presented for information.

BACKGROUND/PROPOSAL:

A community member has requested that the Green View Family and Community Support Services Board consider funding \$1622.00, for a goal setting and vision board workshop in Valleyview on June 8, 2019.

The Coach, Sharon Noullett, is a certified trainer and coach for Heal Your Life and Executive Distributor for Young Living Essential Oils, a for profit enterprise. Some of the questions the Board wish consider are, Is the project or service preventative? Does it enhance the social well-being of families and individuals? Does it have preventative social outcomes?

BENEFITS OF THE RECOMMENDED ACTION:

The benefit of accepting the Heal Your Life funding request for information is to ensure that the community members' requests for programming are considered.

DISADVANTAGES OF THE RECOMMENDED ACTION:

There are no perceived disadvantages in accepting the Heal Your Life funding request for information.

Alternative #1: N/A

FINANCIAL IMPLICATION:

Direct Costs: N/A

Ongoing / Future Costs:

N/A

STAFFING IMPLICATION:

N/A

PUBLIC ENGAGEMENT LEVEL:

INCREASING LEVEL OF PUBLIC IMPACT

Inform

PUBLIC PARTICIPATION GOAL

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS:

Once Green View Family and Community Support Services Board makes a decision, correspondence will be sent notifying the community member of the decision.

ATTACHMENT(S):

Letter of Request

Heal Your life Poster

Judy Brothers
 Box 1414
 Valleyview, AB
 T0H 3N0
 780-552-3355

April 5, 2019

Dear FCSS Board:

I am proposing to bring a workshop to Valleyview. The presenter is Sharon Noullette from Fairview. This course offers "Heal Your Life" techniques, based on the philosophies of Louise Hay. Sharon also has her own insurance. Attached is her profile.

It is designed for men and women 18+ who need to have their spirits rejuvenated and re-energized and create their dreams! All adults would greatly benefit from this course. I am asking FCSS to please fund this worthwhile workshop, so people on limited budgets can also attend.

The monies needed will be for:

- Sharon's fees	\$1000.00
- Sharon's mileage 340km x .58 from Fairview	\$ 197.00
- Lunch for all participants (subs + 1 cs water)	\$ 150.00
- Morning snack & coffee – donation from Tims	\$ 0.00
- Venue - Polar Palace Swanson Room	\$ 75.00
- Damage deposit - which will be refunded	<u>\$ 200.00</u>
Total funds needed	\$1622.00

Participants will be charged \$25 which would include lunch and snacks. The workshop will be from 9a.m. – 5p.m. on June 8, 2019. I will be the fiscal agent, as well, if participants can drop off their fees at the FCSS office, it would be greatly appreciated. I would give all the fees collected back to FCSS.

There will be 20 participants, if 15 aren't registered by June 1, we will cancel this workshop. I encourage you and your friends and family to participate in this worthwhile day.

Thank you for your consideration.

Judy Brothers

Judy Brothers

March 1st, 2019

To Whom it May Concern,

I my name is Sharon Noullett and I am a certified Trainer and Coach and Teen Coach for Heal Your Life and Executive Distributor for Young Living Essential Oils. With my life experience, Heal your Life training, coaching credentials and the Young Living essential oils, I believe can help make a positive difference in peoples lives whether they are young or old.

The Love Yourself, Heal Your Life Workshop is a very powerful two-day workshop originally developed by Louise L. Hay. This profound workshop gives participants an opportunity to learn about Louise Hay's philosophies, develop awareness of negative beliefs, release old emotions, learn to love themselves more fully, and practice various techniques for changing their lives. This workshop can be also done in as a one-day workshop with the opportunity at a later time to take the second day. I would be able to discuss rates but that my usual fee is \$1,000 for a one-day, or \$1500 for a two-day plus expenses. I also offer a 3-hour workshop and I would charge per person for those workshops depending on the workshop that they chose and what is included with that works.

I would like to schedule an appointment or call with you to discuss the different options and to define what your town's needs are.

If you require any additional information then please email snoullett@gmail.com

Sharon

The Journey Starts Within

Goal Setting and Vision Boards

In this workshop you dive deep inside of you and find out what drives your passion and life. It is an 8-hour workshop that you get to do some mental clearing to remove barriers that have been keeping you blocked in the past. The workshop is a combination of Young Living Essential oils and Heal Your Life techniques to make your goals and dreams attainable.

During the workshop you:

- Identify patterns that have been holding you back from reaching your goals and dreams
- Identify limiting beliefs, thoughts and attitudes.
- Learn to process this information and release it
- Reprogram areas of your life which are not working
- Use a memory response technique to change your negative to positive
- Set a clear attainable goal or intention
- Write a new story and create a vision board to match it
- Create affirmations and visualization techniques

My background for assisting you with Heal Your Life Workshop includes completing the certification and licensing as a Heal Your Life workshop teacher and Coach. I am an Executive Distributor with Young Living Essential oils within extensive training in essential oils. I am passionate about helping others reach their highest potential.

I would like to be able to present this workshop in Valleyview, June 8, 2019. My rate for twenty people attending the workshop would be \$1000.00 and expenses.

If you require any additional information on this or any other workshops you can contact me by email at snoullett@gmail.com or phone 7808358843.

Thank you,

Sharon Noullett

Heal Your Life
 A POWERFUL, LIFE CHANGING WORKSHOP
 BASED ON THE PHILOSOPHY OF LOUISE HAY

THE JOURNEY STARTS WITHIN

DREAM BOARDS CREATE YOUR DREAMS

**THIS ONE DAY POWERFUL
 WORKSHOP GIVES PARTICIPANTS
 AN OPPORTUNITY TO:**

- Learn about Louise Hay's philosophies.
- develop awareness of negative beliefs
- release old emotions
- learn to love themselves more fully
- practice various techniques for changing their life

**UTILIZING THE YOUNG LIVING
 ESSENTIAL OILS TO CREATE AN
 ENVIRONMENT IN WHICH YOU
 CAN:**

- create goals
- set intentions
- create a Vision Board to help achieve your goals

Date:: June 8, 2019
 Where: Valleyview, AB
 (Venue to be determined)
 Contact: Sharon Noullett
 Email: snoullett@gmail.com
 Phone: 780-835-8843



**CHANGE YOUR THOUGHTS -
 CHANGE YOUR LIFE**

REQUEST FOR DECISION

SUBJECT: **Green View Family and Community Services Joint Agreement**
SUBMISSION TO: GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES BOARD
MEETING DATE: April 17, 2019
DEPARTMENT: GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES

REVIEWED AND APPROVED FOR SUBMISSION
GM:
MANAGER:LDH
PRESENTER:LDH

RELEVANT LEGISLATION:
Green View FCSS Policy– N/A

RECOMMENDED ACTION:
MOTION: That the Green View Family and Community Support Services Board approve, in principle, the revised Joint Agreement between the M.D of Greenview and Town of Valleyview.

BACKGROUND/PROPOSAL:

The former Family and Community Services Joint Agreement between the Town of Valleyview and M.D Of Greenview expired in 2018. The two councils have met to discuss programs and services, resident usage and respective funding contributions. Greenview Council has received a letter from Town Council, outlining the proposed funding from the Town of Valleyview. Administration has since drafted a new agreement, which the Board can provide feedback on, approve in principle, prior to respective Council approval.

BENEFITS OF THE RECOMMENDED ACTION:

1. The benefit of accepting the revised agreement, in principle, is to ensure the Board has reviewed and provided recommendations prior to respective Councils review.
-

DISADVANTAGES OF THE RECOMMENDED ACTION:

1. There are no perceived disadvantages of approving the agreement in principle.
-

ALTERNATIVES CONSIDERED:

Alternative #1: The Green View Family and Community Support Services Board may wish not to adopt the revised agreement in principle, this is not recommended as the current agreement is out of date, and a new funding model has been proposed.

FINANCIAL IMPLICATION:**Direct Costs:** N/A**Ongoing / Future Costs:** N/A

STAFFING IMPLICATION:

N/A

PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

INCREASING LEVEL OF PUBLIC IMPACT

Inform

PUBLIC PARTICIPATION GOAL

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS:

Once Green View Family and Community Support Services Board approves the revised agreement in principle, the agreement will be forwarded to the Town and Greenview Councils to review.

ATTACHMENT(S):

- Revised Green View Family and Community Services Agreement

THIS AGREEMENT made in duplicate this _____ day of _____, 2019

WHEREAS Section 2 of the Family and Community Support Services Act states “a municipality may enter into agreement with other municipalities to provide for the establishment, administration and operation of joint family and community support services and programs”; and

WHEREAS the Town and the M.D. (hereinafter called the “municipalities”) have agreed to enter into an agreement for the provision of joint family and community support services;

THEREFORE, THIS AGREEMENT WITNESSES:

1. ASSUMPTION OF AUTHORITY

The M.D. shall be the unit authority for the operation and administration of approved programs on behalf of the municipalities. ~~The Town shall reimburse the M.D. for their share of the costs for operations, administration, and approved programs.~~ **The Board will act in an advisory capacity to each respective Council.**

2. JOINT F.C.S.S. BOARD

There is hereby established a **Joint Family and Community Support Services Board** (hereinafter called the “Board”), who will provide for the payment of approved expenses to Board members for attendance at meetings and other approved functions.

2.1 The Board shall consist of seven members:

2.1.1 Two elected members from the M.D. and one elected member from the Town, appointed by resolution of their respective Council.

2.1.2 Four members at large; one from the Town and three from the M.D., appointed by resolution of their respective Council.

2.1.3 All Board members must be residents of their respective municipality.

2.2 Each elected member of the Board shall remain as a member of the Board until any of the following occurs:

2.2.1 The elected member resigns from the Board;

2.2.2 The elected member ceases, for any reason, to be a member of their respective Council;

2.2.3 The Council which the elected member is part of passes a resolution to revoke the appointment or passes a resolution to appoint a different Council member instead of the member in question, to the Board.

2.3 No person who is an employee of the Town or the M.D. shall be appointed to the Board.

- 2.4 The respective Councils may remove a member at large from the Board by resolution stating the reason for removal at any time for just cause.
- 2.5 In the event of a vacancy from a member at large occurring on the Board, the respective Council shall appoint a replacement within two months of the occurrence, and the person appointed to fill such a vacancy shall hold office for the remainder of the term of the position vacated.
- 2.6 Any member of the Board who is absent from ~~all regular meetings held during any period of eight (8) consecutive weeks~~ **3 consecutive regularly scheduled meetings** without prior authorization by resolution of the Board shall forfeit his/her seat on the Board and such forfeiture shall constitute a vacancy.
- 2.7 The members of the Board shall hold office at the pleasure of the M.D. and Town, and any member may resign at any time by submitting a written resignation to their respective Council.

3. TERM OF OFFICE

- 3.1 Each member appointed from the public at large shall be appointed at the pleasure of the respective Councils of the Town and M.D. for a term of one year, and may be re-appointed upon the expiry of the term at the pleasure of the Councils.

4. CHAIR AND VICE-CHAIR

- 4.1 The Board shall elect a Chair and Vice-Chair at the Organizational Meeting each year.
- 4.2 The Chair shall preside at the meetings of the Board, and in their absence, the Vice-Chair shall preside.
- 4.3 In the absence of both the Chair and Vice-Chair, one of the other members of Board shall be elected to preside.

5. QUORUM AND MEETINGS

- 5.1 A quorum of the Board shall be a majority of members.
- 5.2 The Board shall meet at such intervals as are necessary to consider and decide on programs, grants and initiatives filed with it in accordance with the Family and Community Support Services Act.
- 5.3 The Board shall follow policies of the M.D. for the conduct of its meetings and its business.

- 5.4 All meetings of the Board shall be open to the public. Any ~~in-camera~~ closed sessions shall be by resolution of the Board, and the meeting shall be re-opened at the completion of the closed ~~d of the in-camera~~ session.
- 5.5 The Board shall hold an Organizational Meeting annually, which shall take place at the first regular meeting after the Organizational Meetings of the respective municipalities.
- 5.6 Special meetings may be called on three (3) clear days written notice by the Chair or at the request of any five (5) members of the Board.
- 5.7 The Board shall keep a minute book of all regular and special meetings of the business transacted at all meetings.
- 5.8 The M.D. shall provide a Recording Secretary.
- 5.9 All Board members shall receive copies of all minutes and pertinent correspondence at least one week prior to the next meeting.
- 5.10 When the minutes are adopted, each municipality shall receive copies as signed by both the Chair and FCSS Manager.
- 5.11 The Chair of the meeting shall vote on all resolutions, and in the event of a tie vote, the motion shall be lost.
- 5.12 At the discretion of the Chair, when special circumstances arise and an in-person meeting cannot be arranged, the Board may vote electronically.
- 5.13 If a conflict of interest is identified, the Board member will excuse themselves from discussions and decisions related to the conflict of interest.

6. POWERS, DUTIES AND RESPONSIBILITIES

- 6.1 The Board may ~~make policies~~ provide recommendations on policy prior to submission to Council. ~~in accordance with the F.C.S.S. Handbook.~~
- 6.2 ~~Any policy developed by the Board shall not come into effect unless it is adopted by resolution of the M.D. Council. Copies of such policies shall be filed with the office of each municipality.~~
- 6.3 The Board shall be concerned with community issues that enhance, strengthen, and stabilize family and community life. The Board shall be concerned with the growth and development of a broad range of programs to help prevent family or community social breakdown, and to help prevent the development of personal or family crises that may require major intervention or rehabilitative measures to correct.

- 6.4 For the establishment, administration and operation of programs, the Board must:
- 6.4.1 Promote, encourage and facilitate the involvement of volunteers.
 - 6.4.2 Promote efficient and effective use of resources.
 - 6.4.3 Encourage and facilitate cooperation and coordination with allied service agencies operating with the municipalities.
 - 6.4.4 Promote programs and services. ~~citizen participation in planning, delivery and the governance of the program and of services provided under the program.~~
- 6.5 Services provided under a program must:
- a) Be of a preventative nature that enhances the social well-being of individuals and families through promotion or intervention strategies provided at the earliest opportunity, and
 - b) Do one or more of the following:
 - (i) Help people to develop an independence, strengthen coping skills and become more resistant to crisis;
 - (ii) Help people to develop an awareness of social needs;
 - (iii) Help people to develop interpersonal and group skills which enhance constructive relationships among people;
 - (iv) Help people and communities to assume responsibility for decisions and actions which affect them;
 - (v) Provide support that helps sustain people as active participants in the community.
- 6.6 The Board may hear and consider presentations arranged by appointment by any individual, organization or delegation arising there from with respect to Family and Community Support Services matters.
- 6.7 Prior to October 31st of each year, the Board shall recommend to the municipalities an annual budget of estimated Family and Community Support Services revenues and expenditures for the next following year, as required under the terms of this Agreement.
- 6.8 ~~The Board shall cause to be completed an Annual Report of the Board's activities for submission to the respective municipalities and provincial government. The Board, through each respective person representing each municipality or the Chair of the Board, shall submit such report before March 30th of the succeeding year.~~

- 6.9 Neither the Board nor any member thereof shall have the power to pledge the credit of the municipalities or enter into contracts for any matters whatsoever on behalf of the municipalities.
- 6.10 ~~The hiring of staff members will be in accordance with M.D. policy.~~
- 6.11 The Chair or Vice-Chair shall make representations on behalf of the Board to the municipalities as required. Upon the Chair or Vice-Chair being unavailable, another member of the Board may be designated to make such representation.

7. FINANCING

- 7.1 No provision shall be made in the operating budget for either an operating deficit or surplus.
- 7.2 The Town of Valleyview shall contribute a total of \$84,450.00 **\$193,239.63** per annum. ~~It is further understood that this fee will increase at 2% per annum each year for five years to capture the cost of living.~~
- 7.3 The MD contribution will be reviewed annually.**
- 7.4 In addition, the Board shall receive a grant from the provincial government in accordance with provincial F.C.S.S.A.A. guidelines.
- 7.5 ~~All revenues received by the Board for programs and services shall be used toward operations.~~
- 7.6 At year-end, any surplus or deficit will be transferred into the FCSS Reserve held with the MD of Greenview. **to be managed by the FCSS Board by MD of Greenview policies and bylaws.**
- 7.7 Should a program require additional funds, the Board shall make a presentation to ~~the respective Councils of the Town and~~ **the MD Council requesting use of the FCSS Reserve.** ~~for additional funding consideration or use the FCSS Reserve.~~

8. GENERAL

- 8.1 This Agreement shall inure to the benefit of and be binding upon Parties hereto, their successors and assigns, until revoked by either party giving thirty (30) days notice unto the other at:

The Town of Valleyview
P.O. Box 270
Valleyview, Alberta T0H 3N0

The Municipal District of Greenview No. 16
P.O. Box 1079
Valleyview, Alberta
T0H 3N0

- 8.2 A participating municipality proposing to withdraw from the program must give at least ~~six (6) months~~ **twelve (12) months** written notice of its intent to do so, to the Board and the Councils of the participating municipalities.
- 8.3 Upon dissolution of the Board, the Participating Municipalities shall be responsible for their portion of any deficit/surplus that may have occurred and shall be entitled to their portion of the remaining assets.
- 8.4 This agreement may be amended by mutual consent of the Participating Municipalities in writing.
- 8.5 This agreement shall be deemed to have come into effect on January 1, ~~2013~~ **2019**, and shall remain in effect until otherwise terminated.
- 8.6 Upon signing, this agreement supersedes and nullifies any previous agreement.

IN WITNESS WHEREOF the parties hereto have affixed their corporate seals attested under the hands of their proper officers, in that behalf, on the day and year first above written:

TOWN OF VALLEYVIEW

Mayor

Town Manager

MUNCIPAL DISTRICT OF
GREENVIEW NO. 16

Reeve

Chief Administrative Officer

REQUEST FOR DECISION

SUBJECT: **Managers' Report**

SUBMISSION TO: GREEN VIEW FAMILY AND
COMMUNITY SUPPORT SERVICES
BOARD

REVIEWED AND APPROVED FOR SUBMISSION

MEETING DATE: April 17, 2019

GM:

MANAGER:LDH

DEPARTMENT: GREEN VIEW FAMILY AND
COMMUNITY SUPPORT SERVICES

PRESENTER:LDH

RELEVANT LEGISLATION:

Green View FCSS Policy– N/A

RECOMMENDED ACTION:

MOTION: That Green View Family and Community Support Services Board accept the April 2019 Managers report as presented for information.

BACKGROUND/PROPOSAL:

Monthly Managers reports are provided to the Board for information.

BENEFITS OF THE RECOMMENDED ACTION:

The benefit of accepting the report is to update the Board on services provide by the Manager.

DISADVANTAGES OF THE RECOMMENDED ACTION:

There are no perceived disadvantages to accepting the report.

ALTERNATIVES CONSIDERED:

N/A

FINANCIAL IMPLICATION: N/A

STAFFING IMPLICATION: N/A

PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

INCREASING LEVEL OF PUBLIC IMPACT

Inform

PUBLIC PARTICIPATION GOAL

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS:

N/A

ATTACHMENT(S):

- April Managers report



Managers Board Report- April 17, 2019 Regular FCSS Meeting

Dear Board Members,

The FCSS offices in Valleyview and Grande Cache are busy completing income tax returns for those on a modest income. The Valleyview office will offer tax clinics approximately twice a week during March and April. Thankfully, we have a terrific group of volunteers to support the staff in accommodating the high number of people requiring this service. A poster has been created by the province outlining the impact of the Community Volunteer Income Tax Program, and is attached to this report.

Green View FCSS contributes \$400.00 annually to the Grande Prairie Volunteer Services Bureau's Leader of Tomorrow Awards. This award recognizes youth between the ages of 13-18 who are active volunteers in their community and is eligible to the students in the City of Grande Prairie, Grande Prairie County, Valleyview, Ridgevalley, Grovedale and Grande Cache. The selection committee met on March 12 to review nomination forms and choose winners. Unfortunately, at that time there were no nominations from Greenview, and only seven from the other communities. The committee extended the deadline to April 1, and all of the schools were reminded and encouraged to send in a nomination. The luncheon for the winners will take place April 11 at Revolution Place where students will be recognized and receive a \$100.00 gift certificate, plus \$100.00 to give to a charity of their choice.

Several FCSS staff, both from Valleyview and Grande Cache, attended the live (ESS) Emergency Social Service exercise at Evergreen Park on March 13. This exercise, organized by GPREP, (Grande Prairie Regional Emergency Partnership) allowed participants to practice various ESS roles that were assigned the day of the exercise. Over 100 people attended this live exercise from municipalities all over the northwest region. It proved to be an excellent way to practice skills in all areas of emergency social services including practicing the ICS model, (Incident Command System), registration and inquiry, group lodging, meals, special needs, pets, emergency operations center, and working with non-government organizations. It was a fantastic day of hands on learning, and GPREP did a great job of organizing this event.

Green View Family & Community Support Services
4707 – 50 Street, Box 1079
Valleyview, Alberta T0H 3N0

On March 19, The FCSS manager and Youth Coordinator participated in a preliminary conversation with Debb Hurlock regarding the Wise Guys program. This evidence-based program, aimed at grade 9 boys, teaches gender equity and healthy masculinity. Ms. Hurlock is interested in exploring the possibility of collaborating with Green View FCSS to run a pilot program in 2020. If the Green View FCSS Board approves, next steps will be to engage either the Holy Family Catholic School Division, or Northern Gateway School Division to determine interest. Additional information regarding the Wise Guyz is included in the report.

FCSS Manager attended the Kids Conference in Grande Cache March 26, 27. This was a very impressive conference, offering a variety of fun and interesting sessions. The team dynamics, leadership, conference flow and enthusiasm was excellent. The time spent in Grande Cache also allowed for more interaction with FCSS staff, team building and increased understanding of challenges and needs. Administration in the two offices work collaboratively on programs and services offered in the Grande Cache area, an updated report from Grande Cache is included in the agenda package.

The 2019 HEART conference, May 1 and 2, is open for registration through Eventbrite. The team is pleased to offer this professional development opportunity at a very economical cost due to the funding we received from the provincial family and community safety grant. We have room for 200 delegates to attend, and the fee is only \$50.00 per person. Information can be found on our website, in the paper, on our Facebook page and will be advertised on the radio and community billboards. All Board members have been registered to attend; you can pick up your tickets at the meeting. Although the HEART Team has been successful for the last three years in receiving the family and community safety grant, the last application submitted for 2019/2020 funding was declined.

The Principal at Ridgevalley School has invited administration to a meeting with herself and Heather Putio, the Assistant Superintendent of Peace Wapiti School Division on April 10. Administration will provide an update to the Board on the discussions at our April 17 meeting.

The Mother/Daughter Circle Program will be offered at the community Resource Centre from April 30-May 21. The program is for Mothers and their Daughters aged 11-14. Topics include empathy and understanding; healthy communication; clear limit setting; and relationship success strategies. A minimum of four mother daughter pairs are required to run this program, and four pairs have registered thus far.

The Balance program continues to be extremely successful. Participants have reported that the program has improved their flexibility, fall resistance, and ability to complete household tasks enabling them to stay independent in their own homes. The participants have advocated we extend the program to offer another 5 classes this spring.

Green View Family & Community Support Services
4707 – 50 Street, Box 1079
Valleyview, Alberta T0H 3N0

The Valleyview Parent Link Centre is hosting a Prevent It Workshop, facilitated by Little Warriors on May 7. The aim of the workshop is to teach adults about child sexual abuse, with a focus on helping adults develop tools to reduce children's vulnerability to sexual abuse. The Parent Link Centre has requested that Green View FCSS provide an honorarium to Little Warriors, a non-profit agency, up to a maximum of \$600.00. Although the agency does not charge for the presentation, they value it at \$20.00 per person, and take a maximum of 10 participants. Administration has responded to Parent Link Center, confirming that an honorarium up to a maximum of \$600.00 can be provided upon receipt.

May is shaping up to be another very busy month. Administration will be travelling to Fort MacMurray for the FCSS Directors Network on May 7-10, immediately following the All Staff Day in Grande Prairie. The NorthWest Spring Regional meeting held in St. Isadore takes place May 15, 16. Accommodations have been booked for all Board members at the Chateau Nova for the 14 and 15. A copy of the agenda is attached to this report. Please let me know at the meeting if there are dietary restrictions, and administration will take care of registrations. Please note, this meeting takes place at the same time as our regularly scheduled meeting.

In the theme of meetings, hotel rooms at the Fantasyland Hotel have been reserved for the annual FCSSAA conference-taking place November 27-29.

This year we are collaborating with our Recreation Department to offer two summer day camps in newly established/upgraded recreation sites. Although discussions have been preliminary, Johnson Park and Grovedale Fish Pond are potential sites. This effort will not only create a new opportunity for campers, but also create awareness and exposure of these attractions within Greenview. All other regular day camp locations will be offered as usual.

The Town of Valleyview Council sent correspondence to Greenview Council regarding their contribution to the Green View FCSS program. The Town Council has offered to increase FCSS funding by \$100,000 each year, for a capped total of \$193,239.63 in 2019 and in future years. Administration has updated the agreement, which has been included in the agenda package.

Also included in the report is the revised Home Support policy. After Board review and adoption in principle, Administration will forward the policy to Council.

The monthly updates from Grande Cache are included as part of this report.

I look forward to seeing you on April 17 @ 9:30.

STATISTICS

- 241 clients were assisted in March 2019
- 10% seniors, 32% indigenous, 58% general public
- Alberta Supports clients were 33% of the 256 assisted
- Currently there are 70 Aboriginal Community Activity Fee Assistance clients
- Currently there are 18 Home Support Clients
- Students in Creative Kids Preschool remains the same (36) – 5 of those children at Program Unit Funding children receiving additional supports from aides

TRENDS

- We have seen an 8% increase in seniors accessing services this month, this is attributed to the Canadian Volunteer Income Tax Program
- We are also seeing an increase in the number of phone calls and office visits from other agencies or organizations either seeking advice or exploring potential collaboration of service provision in town

ITEMS OF NOTE

- Grande Yellowhead Public School Division is still moving forward with the implementation of a preschool in the local elementary school.
- Growing Grande Children, our Early Childhood Coalition, has determined all initiatives that will be used for the 2019/20 granting year. Grant application will need to be submitted early April, with a final report for the previous year due at the same time. Coalition members unanimously agreed to request the full amount of \$22 500.00 in our grant application.
- The work of the Provincial Coalition Outcomes Working Group (COWG) is on hold until after the Provincial election.
- Grande Cache administration attended the GPREP ESS exercise at the beginning of the month. The hands on work during the simulation was valuable. Information learned will be taken into consideration of the ESS plan.
- The 2nd Annual Kids Conference was a huge success! We had 46 children register. Sue from the Valleyview office joined us as an extra set of hands and co-facilitator on some of the sessions. It was nice to have the opportunity to work with her start to build a connection between staff in both offices.
- Welcome Packages for newcomers have been updated and are ready for distribution.

ON-GOING/UPCOMING

- Mental Health First Aid Seniors will be conducting the two day training April 10 and 11 in Grande Cache. The Canadian Mental Health Association is offering this training free for the community.
- Updating of promotional materials to reflect new branding as a result of the dissolution of the Town (*in progress*)
- Updating Welcome Packages for newcomers (*in progress*)
- Development of an introduction/tutorial video to accompany the Eating for Your Well-being cookbook (*in progress*)
- ESS training confirmed for April 24th – this training is for all staff that are part of an ESS response and any other community members that wish to know more

WiseGuyz



A community-facilitated, gender-transformative healthy relationships program for mid-adolescent boys

What is WiseGuyz?

WiseGuyz is an evidence-informed, school-based intervention to educate and develop skills related to healthy relationships. The program engages grade 9 boys in a weekly program that has four modules: healthy relationships, sexual health, gender and advocacy & leadership.

The program:

- 1** Addresses issues young men face and gives them tools to engage in healthy relationships.
- 2** Helps young men understand the connection between masculinity and male norms with sexuality and violence.
- 3** Provides targeted education, skills development, and support to young men to help them achieve sexual well-being and healthy relationships.

Developed & delivered by:

Centre
for Sexuality



Research led by:



UNIVERSITY OF CALGARY
FACULTY OF SOCIAL WORK

In collaboration with:



Financial contribution from



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Project Goals

BUILD EVIDENCE

Preliminary program evaluations are promising. There will be a longitudinal outcome evaluation with a comparison group to rigorously test program effectiveness. This will take place in two Alberta school divisions and will involve an estimated 700 students.

SCALE PROJECT

WiseGuyz will scale to new sites in Alberta and beyond (including a French language setting). The project aims to identify factors associated with implementation quality and service provider capacity. An implementation manual will be created from the data collected.

COMMUNITY-BASED SETTINGS

The feasibility, acceptability and utility of *WiseGuyz* will be explored in a community-based setting with youth involved in the criminal justice system. The findings will guide gender-transformative interventions with boys in higher-risk settings.

PROJECT ONE

Completion
by SEPT
2023

PURPOSE

To demonstrate the effectiveness of the WiseGuyz program through a mixed-methods, longitudinal outcome evaluation.

METHOD

- Pre-test, post-test, one-year follow-up surveys to evaluate effectiveness on short-term (e.g. knowledge & attitudes) and long-term (e.g. behavioural) TDV outcomes
- Focus groups with youth participants to contextualize quantitative survey data
- Directly support delivery of 12 *WiseGuyz* programs
- Approximately 700 boys (ages 13-15) in two Alberta school divisions

PROJECT TWO

2018-2023

PURPOSE

Identify factors associated with promoting implementation quality and service provider capacity as *WiseGuyz* scales to new sites in Alberta and beyond.

METHOD

- Explore impacts of a coaching/learning support model on service provider capacity through interviews and site observations, and by tracking implementation using a tracking database designed for this project
- Explore youth outcomes in scaling sites using a within-groups, mixed-methods design (focus groups, pre/post surveys)
- Actively translate learning by creating an implementation manual

PROJECT THREE

TBD

PURPOSE

Explore the promise of *WiseGuyz* for promoting healthy relationships and reducing teen dating violence with vulnerable youth in community-based settings.

METHOD

- Implement *WiseGuyz* in a community-based setting with ~8 youth who are involved in the criminal justice system
- Conduct brief pre/post surveys on TDV attitudes and behaviour. Contextualize survey data using a photo-based evaluation method
- Explore the impact of *WiseGuyz* implementation on service provider capacity in this new setting through interviews with facilitators and community program staff

Lead Researcher

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Pam Krause
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Sexuality, Calgary, AB
pkrause@centreforsexuality.ca

Research Snapshot: Men engaging boys in healthy masculinity through school-based sexual health education

What is the research about?

Young people's sexual health is a significant concern to parents, educators, health professionals and policy makers in Canada. However, challenges exist with respect to the nature of school-based sexual health education content and modes of delivery. This snapshot reviews findings from a participant observation and focus group study conducted with the facilitators of WiseGuyz, a school-based, gender-transformative sexual health and healthy relationships program for boys aged 13-15 years. WiseGuyz was developed by the Centre for Sexuality in Calgary, AB. Findings from this research study suggest that the process of facilitation is as important as curriculum content in securing positive outcomes for young men, which has important implications for school-based sexual health education.

What did the researchers do?

As part of a larger community-based research project that examined the long-term outcomes of the WiseGuyz program, the researcher completed 18 months of participant observation by attending bi-monthly facilitator team meetings. The researcher collected extensive field notes about how decisions were made, themes and topics that came up in meetings, and challenges that arose in their work with young men. The researcher also led a focus group with five program facilitators, all of whom self-identified as men and who had experience of less than one year to six years facilitating the program.

What you need to know (bubble):

This adult-youth collaboration where issues of masculinity, sexuality and sexual health are mutually discussed and reflected upon (as opposed to ignored or moralised about) yields a richer, more meaningful, and ethical model of school-based sexual health education, as compared to practice as usual.

What did the researchers find?

There were five themes identified in the data: (a) building and maintaining safety, (b) healthy relationships as initial engagement, (c) acknowledging and breaking down power, (d) norm-critical dialogic approaches, and (e) expressions of vulnerability. Physical and emotional safety is a critical component of engaging guys in the WiseGuyz program. Facilitators discussed safety as a dynamic issue that is affected by interactions both in the program and outside of it, which means that facilitators have to be tuned into the relationships within the group. The order of the curriculum influences the trust and relationships within the group, meaning that it is important for facilitators to situate the healthy relationships component at the beginning of the program. Creating an empathetic space through exercises and awareness is also key to moving through the program. Facilitators are mindful of typical adult/youth power dynamics and as such, they try to position themselves in the role of social collaborator rather than authority figure. This was accomplished through critical engagement, empathy, and maintaining safe spaces. Norm-critical dialogic approaches mean that facilitators rely on "unpacking" social norms and ideologies in such a way that invites critical reflection and self-

awareness from youth WiseGuyz participants. Dialogue and inquiry are guiding forces in the program and facilitators appreciate having the emotional space to encourage this type of participation. To break down power, facilitators have to be vulnerable with themselves to be able to elicit vulnerability from participants. Thus, the facilitators are engaged in the curriculum *with* the youth participants, rather than external to them.

How can you use this research?

This research is intended to open a critical dialogue on what it means to facilitate school-based sexual health education in such a way that young men gain consciousness and critical awareness of the norms and ideologies associated with masculinity. By embracing a collaborative relationship with youth and promoting a vulnerable, safe, and balanced approach to program delivery, facilitators have the opportunity to shift their perspective on what it means to work with adolescent guys in their sexual, emotional, and social education.

Original Research Article:

For a complete description of the research and findings, please see the full research article:

Claussen, C. (2019). Men engaging boys in healthy masculinity through school-based sexual health education. *Sex Education*, 19(2), 115-129.

About the Author: Caroline Claussen's professional and academic background spans more than 15 years. She is a PhD Candidate in the area of Sociology, is certified in Teaching Men's Studies from the American Men's Studies Association, and has taught in the area of Sociology and Gender at the University of Calgary. She has published several articles in the area of masculinities and boys, community-based violence prevention programming, and data collection methods when working with adolescent populations.

Keywords: Sex education; boys; young men; masculinity; norm critical approaches; Canada

About this summary: This summary was prepared by Alysia Wright, PhD Candidate in the Faculty of Social Work at the University of Calgary. This summary was prepared with funding support from the Public Health Agency of Canada.

Research Snapshot: Preliminary Evaluation of a Gender-Transformative Healthy Relationships Program for Adolescent Boys

What is the research about?

Traditional male gender role norms can be harmful to the well-being of men and boys. It is therefore important for health promotion interventions to allow male-identified individuals to discuss and deconstruct these norms in safe, supportive spaces. To date, there is limited evidence about approaches that allow adolescent boys to critically reflect on how male norms have influenced their identity, behaviour, and well-being. This study presents the within-groups (i.e., no control group) evaluation of WiseGuyz, a gender-transformative sexual health and healthy relationships program for Grade 9 boys. WiseGuyz was developed by the Centre for Sexuality in Calgary, AB. This study provides preliminary evidence that the program is a promising approach for promoting the health and well-being of adolescent boys.

What did the researchers do?

The researchers recruited Grade 9 boys (n=126) from two participating school divisions that offered the program in the 2016-2017 academic year. Participants completed an online survey in October/November 2016 before the program started (pre-test) and in May 2017 after the program finished (post-test). The two surveys assessed key program outcomes, including mental health (positive mental health and psychological distress) and friendship quality. The researchers explored the data using descriptive, bivariate and multilevel statistical analysis.

What you need to know (bubble):

The program provided a safe space where boys were able to explore and question traditional male gender role norms, ultimately experiencing outcomes related to positive mental health and increased friendship closeness.

What did the researchers find?

The researchers found that program participants' positive mental health and friendship closeness significantly improved at post-test compared to pre-test. The improvements in positive mental health align with WiseGuyz program content, including building coping skills, emotional expression, exploring norms about masculinity, and identifying social support systems. Another finding was that improvements in friendship closeness were driven by changes in intimate disclosure and emotional support, which align with the program's focus on deconstructing masculine norms that might prevent emotional closeness with male peers.

How can you use this research?

This brief report provides preliminary evidence that WiseGuyz is promising for promoting positive mental health in adolescence. Given the limited evidence for programs that focus on gender-transformative health promotion and disease prevention with adolescents, these findings are an important addition to research and practice. Future work will extend this research by conducting a longitudinal outcome evaluation with a comparison group.

Original Research Article:

For a complete description of the research and findings, please see the full research article:

Exner-Cortens, D., Hurlock, D., Wright, A., Carter, R., & Krause, P. (2019). Preliminary evaluation of a gender-transformative healthy relationships program for adolescent boys. *Psychology of Men & Masculinity*. Advance online publication. doi:10.1037/men0000204

About the Authors: Deinera Exner-Cortens, PhD, MPH, is an Assistant Professor in the Faculty of Social Work at the University of Calgary. Debb Hurlock, PhD, is the lead at Creative Theory Consulting Inc., and a research consultant for the WiseGuyz program. Alysia Wright is a PhD candidate in the Faculty of Social Work at the University of Calgary. Roseline Carter is the director of programs at the Centre for Sexuality in Calgary, AB. Pam Krause is the President and CEO of the Centre for Sexuality in Calgary, AB.

Keywords: Positive mental health; friendship quality; masculine gender norms; program evaluation; adolescents

About this summary: This summary was prepared by Alysia Wright, PhD Candidate in the Faculty of Social Work at the University of Calgary. This summary was prepared with funding support from the Public Health Agency of Canada.

Summary of WiseGuyz Research, 2014-2018

Quantitative

In our quantitative survey data (collected starting with the 2013/14 cohort of WiseGuyz participants), we have found consistent and significant associations between program participation and lower adherence to health-harming male gender role norms (i.e., societal expectations around what it means to be a guy that are associated with poorer health, such as emotional restriction and avoidance of femininity) as well as less negative attitudes toward sexual minorities (i.e., homophobic attitudes; see Figure 1 for an example of these findings). In addition, from 2014-2017, WiseGuyz participants demonstrated ~20% improvement in attitudes about their own sexual health knowledge and abilities (i.e., sexual health self-efficacy; Figure 1).

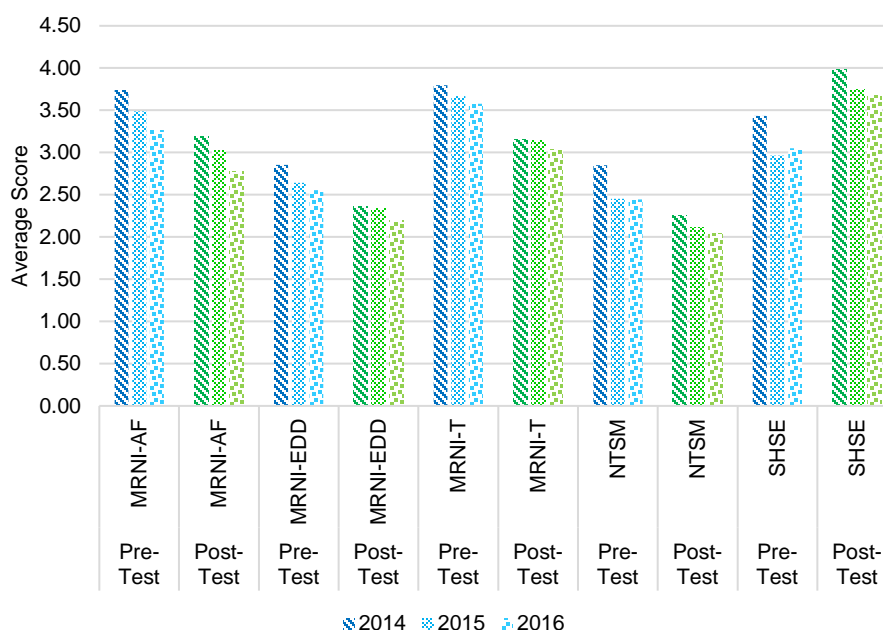


Figure 1. Changes from pre- to post-test among *WiseGuyz* participants, 2014-2016. MRNI-AF – Male Role Norms Inventory-Avoidance of Femininity; MRNI-EDD – Male Role Norms Inventory-Emotionally Detached Dominance; MRNI-T – Male Role Norms Inventory-Toughness; NTSM – Negativity Towards Sexual Minorities; SHSE – Sexual Health Self-Efficacy.

In 2016/17, we also collected data on additional domains, including friendship quality, bystander behavior for violence prevention and positive mental health from 142 guys in two school divisions. In addition to findings described above, this analysis revealed associations between *WiseGuyz* program participation and significant improvements in emotional, social and psychological well-being, as well as improved friendship quality, and increased bystander behavior for violence prevention. Additional analyses conducted with 2017/18 data (n=154) further indicated that the program may work especially well for those participants who need it most (e.g., guys who start with high adherence to health-harming gender role norms).

Finally, we collected pilot 6-month outcome data with the 2017/18 cohort (n=80, 54.8% response rate). These data demonstrated sustained change in many of our key outcome indicators. For example, the decline in homophobic attitudes that occurred between the start of the program year (pre-test) and the end of the program year (post-test) was maintained six

months later (Figure 2). We also saw significant continued improvements in attitudes supporting avoidance of femininity and toughness from pre-test to 6-month follow-up.

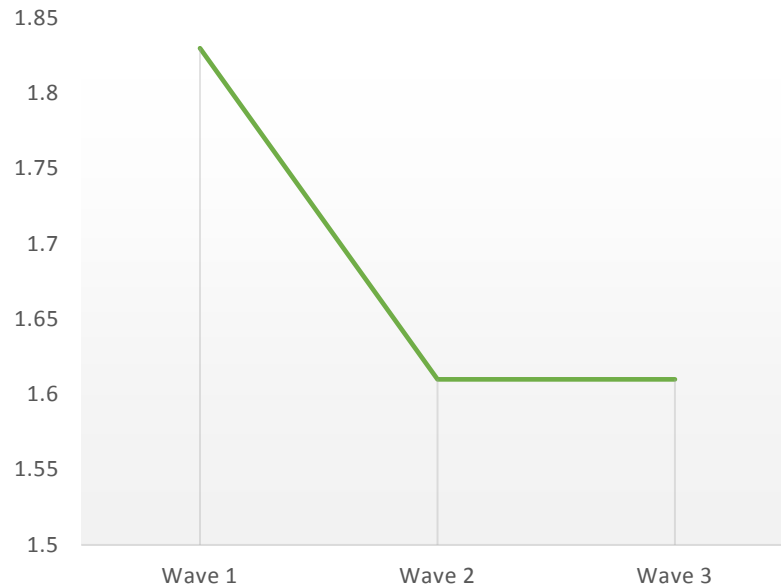


Figure 2. Changes from pre-test to 6-month follow-up among 2017/18 *WiseGuyz* participant in homophobic attitudes.

In terms of behaviors, there was a 37% decline in any bullying perpetration from pre-test to 6-month follow-up among 2017-2018 *WiseGuyz* participants (Figure 3).

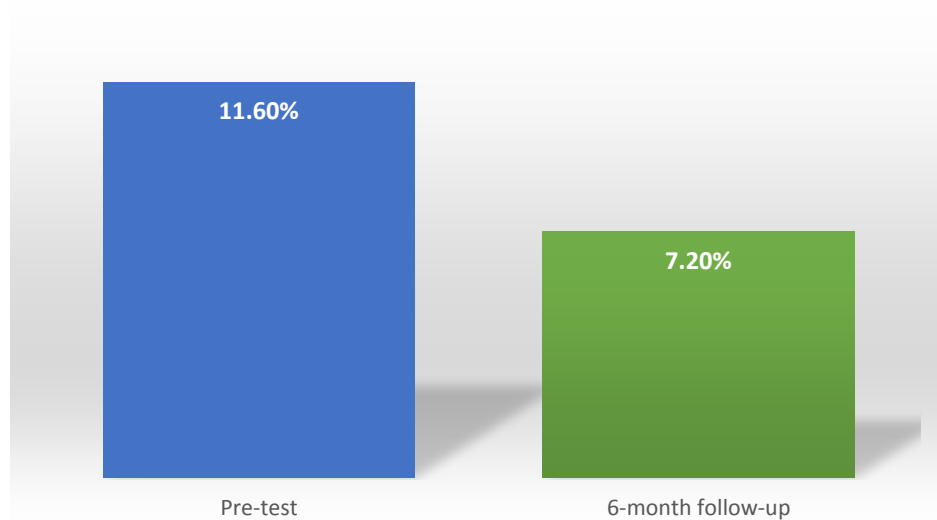


Figure 3. Changes from pre-test to 6-month follow-up among 2017/18 *WiseGuyz* participants in any use of bullying behaviors.

Finally, 2017/18 *WiseGuyz* participants also reported a significant decline in negative bystander behaviors for violence prevention (e.g., laughing or going along with it) – the data indicate that on average, guys were reporting one less behavior, which is a meaningful change on this scale (Figure 4). There was also improvement in positive bystander behaviors (e.g., telling someone about it, telling the person that behavior wasn't okay) from pre-test to 6-month follow-up (Figure 4).

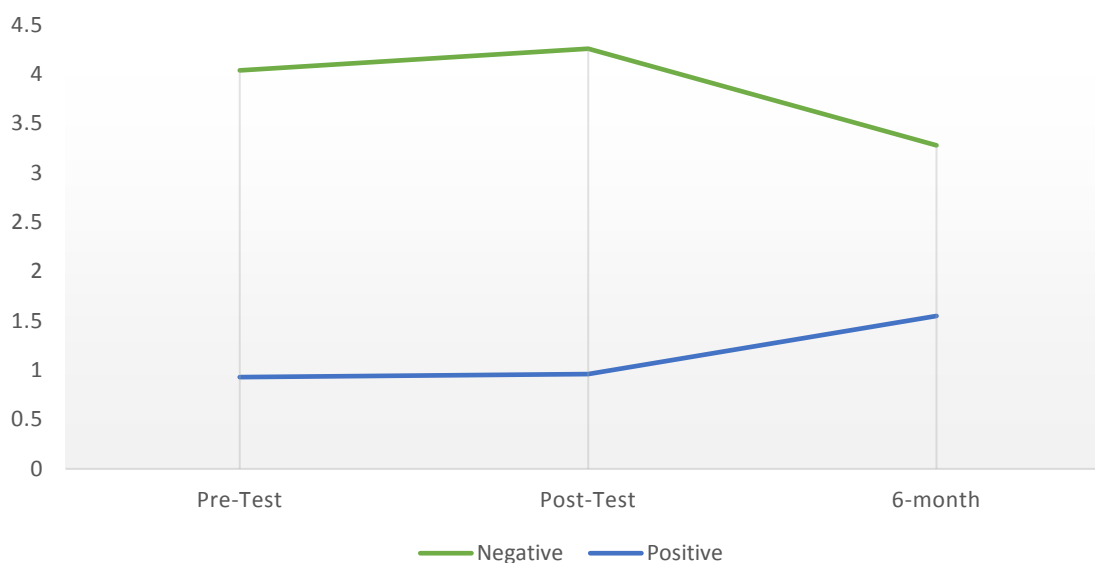


Figure 4. Changes from pre-test to 6-month follow-up among 2017/18 *WiseGuyz* participant in use of positive and negative bystander behaviors.

In sum, our pilot quantitative evaluation findings indicate the potential promise of the program to impact key mediators of trajectories between health-harming gender norms and future well-being. While preliminary due to the small sample size, our pilot 6-month longitudinal data also indicate the promise of the program for creating sustained change in health supportive behaviors. We are now evaluating the program in a large-scale study funded by the Public Health Agency of Canada, to more rigorously examine outcomes at one-year follow-up in a large sample of *WiseGuyz* participants as compared to a comparison group.

Qualitative

From our multiple years of focus group data collection, we have identified key mechanisms underlying these quantitatively-observed changes: they include improved healthy relationship behaviours, improved connection, and improved critical consciousness (Figure 5).

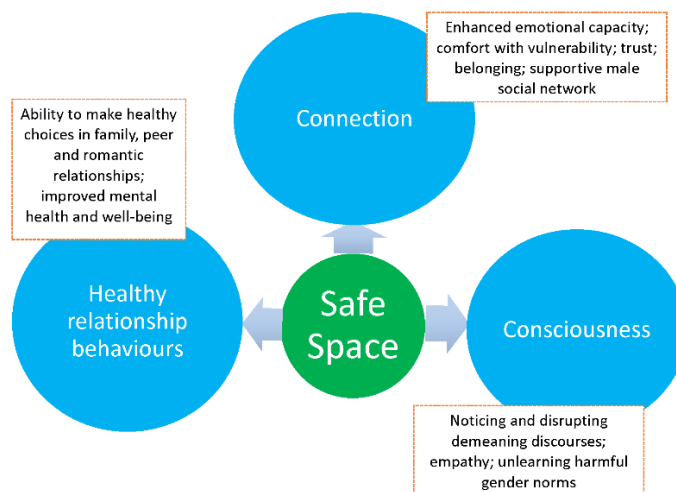


Figure 5. Summary of program changes identified via end-of-year WiseGuyz focus groups, 2012-2016.

In sum, as stated by one of the guys in our program: “In WiseGuyz we drew a box and we drew inside of it what the stereotypes around men are and we drew around and on the outside of it we drew what guys really are, what they should express. The clear point was that we should not narrow it down to certain words but we should make it broad, if you think of a baseball diamond how it keeps going out. [The facilitator] described it kind of like that, to be a guy is not to mask everything but to lift others up like I said and become, and be like your own person” – 2017/18 *WiseGuyz participant*.

Creating a safe space is also imperative for WiseGuyz to be effective. This safe space includes both physical aspects of the space (e.g., consistent room for the program), as well as emotional aspects as built by program facilitators. Specifically, other qualitative data we have collected indicate that this safe space is built on a foundation of openness, acceptance and respect. These qualities are modeled by facilitators, and boys in our qualitative data frequently discuss how program facilitators are key to their change process.

FCSS IMPACT

Community Volunteer Income Tax Program

2018

of Communities
Reporting

24

of Returns Filed

5954

of Children
Impacted

259

of Seniors
Impacted

2661

of Low Income
Individuals Impacted

2426

Total Amount Coming
Back Into Alberta
Communities



\$26,999,593

Contributing To...



Poverty



Economic
Self-Sufficiency

powered by

PIKTOCHART

The Prevent it! workshop is brought to you by Little Warriors, a national charitable organization based in Canada committed to the awareness, prevention, and treatment of child sexual abuse. The evidence based educational workshop was developed by researchers at the University of Alberta and research shows it significantly improves attitudes, knowledge and behaviour. This workshop is unique in Canada and was developed using research-informed methods and evaluated with scientific rigour.

The Prevent It! workshop educates adults to TAKE ACTION through gaining knowledge to help prevent and respond to child sexual abuse.

Experts estimate:

- 1 in 3 girls and 1 in 6 boys will experience sexual abuse
- 95% of those children know their perpetrator
- 95% of cases go unreported

During the 3-hour workshop adults will learn to take action to help **STOP child sexual abuse** using the following steps:

Study – Participants learn about child sexual abuse and become familiar with basic information about it. Individuals will learn about healthy sexual development and what is expected in children as well as what behaviours are concerning.

Talk – Participants will learn that talking with children about their sexual development and about child sexual abuse as a critical step in reducing their vulnerability to sexual abuse.

Observe – Participants will learn about concerning signs to watch for in children that could indicate sexual abuse has occurred. Individuals will also learn about concerning signs to watch for in other adults.

Prepare for ACTION– Participants will learn ways they can begin taking action today, to help stop child sexual abuse through supporting children they are concerned about as well as working to reduce the risk of sexual abuse to other children.

The workshop is useful for parents, professionals and organizations that are

- seeking training for staff and volunteers in the prevention of child sexual abuse
- needing to respond to insurance requirements
- wanting to be leaders in health and safety regarding child protection

- interested in learning how to protect the children in their lives
- wanting to make a difference in their community

The workshop includes

- an interactive workbook for each participant
- video segments of experts and sexual abuse survivors' stories
- opportunity for discussion about important issues in sexual abuse prevention and the relevance of these issues for parents, staff, volunteers and organizations that serve children and youth

After the training, participants will feel empowered and be informed

- about child sexual abuse
- about child sexual development
- how to talk with children about healthy sexual development
- to watch for concerning behaviours in other adults
- to watch for concerning signs in children
- respond to disclosures of child sexual abuse
- how to report abuse
- how to reduce the risk of sexual abuse as responsible adults and organizations

Upon completion of the workshop, each participant will receive a certificate of attendance.

Can individuals register for the workshop?

We offer the in person workshop within communities across Canada where we have active facilitators. [You can register online](#) here. Individuals can register for the online workshop at any time [here](#). **Please note that children are not permitted to be present during the workshop. In view of the subject matter this workshop was designed for delivery to persons over the age of 18. If older youth ages 16-17 are interested in attending the workshop, there is a requirement for their parent/guardian to sign a consent form. Please email preventit@littlewarriors.ca for the form prior to registration.**

Is there a fee for the workshop?

The Prevent It! in person workshop and online workshops are offered at no charge to participants*, but donations are gladly accepted. Little Warriors is a registered charity and any donation over \$25 will receive a tax receipt. Little Warriors aims to create awareness, prevention and treatment of child sexual abuse. We cannot do this without donations from

generous individuals and companies. To make a donation to Little Warriors [click here](#). For group bookings where volunteer facilitators have to travel, a charge for mileage, accommodations, shipping of materials and a food allowance may apply.

Can I host an in person workshop at my organization, school, or for a group of friends?

Absolutely! Simply complete a Group Booking form either [online here](#) or [print the form here](#). We ask you to please provide a couple of date options to enable us to secure an available facilitator. Once our Regional Program Coordinator receives your information, they will firm up a Volunteer Facilitator to come out to your group to do the workshop and you will receive confirmation of what date we are able to accommodate. We ask that there is a minimum of 10 people for a group session and a maximum of 30 people. For group bookings where facilitators have to travel, a charge for mileage, accommodations, shipping of materials and a food allowance may apply.

What do I need to provide for an in person workshop at my location?

1. A room that is available for a 4 hour time slot with enough chairs for participants.
2. Equipment that is able to play a DVD/USB (a TV and DVD player or a laptop, projector and speakers). If you are not able to provide equipment and someone to operate it, please let us know before booking.
3. Little Warriors does not provide refreshments, but group organizations may do so if they wish.

How do I book a group workshop at my location?

Simply complete a Group Booking form either [online here](#) or [print the form here](#) and return it to Little Warriors via fax at 1-888-776-5635 or email it to PreventIt@littlewarriors.ca.

What do I need to do to prepare for the workshop at my location?

Approximately 3-5 days prior to the session, the Regional Program Coordinator will contact you to ask for a list of names of the registered participants. This will allow us to prepare certificates for each person that is attending. On the day of the session, please ensure that your room is set up with chairs for enough participants and a TV and DVD player or laptop, projector, screen and speakers. You need to ensure all of the equipment is working prior to the workshop start time. Be prepared to meet the facilitator at the location ½ hour before the session is to start so they have time to get set up.

Questions?

Email preventit@littlewarriors.ca or call 780.922.9010 or toll free 1.855.922.9010.

MD Greenview - Community Social Development Family and Community Support Services

2018 Funded Agency Annual Project Outcomes Report

41

Agency Name:	Pace: Community Support, Sexual Assault & Trauma Centre
Project Name:	Community Support Training

Primary Target Population: *(select population served and account for # of unique clients/participants served)*

Population Served:	<input type="checkbox"/> Children/Youth	<input type="checkbox"/> Seniors	<input type="checkbox"/> Families	<input checked="" type="checkbox"/> Adults	<input type="checkbox"/> Community
Actual # of unique clients/participants:	# _____	# _____	# _____	#12	# _____

Provincial FCSS Strategic Direction Alignment:
Please select the one Provincial FCSS Strategic Direction that comes from the five regulatory statements (referenced in section 2.1(1)(b) of the FCSS Regulation) and is related to this project.

SD1	<input type="checkbox"/> Help to develop independence, strengthen coping skills and become more resistant to crisis
SD2	<input type="checkbox"/> Help to develop an awareness of social needs.
SD3	<input checked="" type="checkbox"/> Help to develop interpersonal and group skills, which enhance constructive relationships among people.
SD4	Help people and communities to assume responsibility for decisions and actions, which affect them.
SD5	<input type="checkbox"/> Help to sustain people as active participants in the community.

MD of Greenview - Community CSD Family and Community Support Services Priority Outcome

Social Inclusion <input type="checkbox"/> Adult Personal Capacity <input type="checkbox"/> Family Cohesion <input type="checkbox"/> Enhanced Diversity <input type="checkbox"/> Positive Child and Youth Development	Building Community Potential <input type="checkbox"/> Social Awareness and Engagement <input type="checkbox"/> Community Partnership <input checked="" type="checkbox"/> Agency Capacity Building
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Completing Measurement Tool: <i>(please account for the number of unique clients/participants completing the data collection tool; this number may be different than the number served)</i>				42
				#12
Project Outcome(s): <i>(local project outcome)</i>	Project Indicator(s) of Success: <i>(local project indicator supporting outcome based on what you know from measures used)</i>	Provincial Outcome & Provincial Indicator Alignment: <i>(see attachment)</i>	Measures Bank Measure Number:	Measure(s): <i>(Measure is the question used from the FCSS Measures Bank)</i>
1. Individuals are equipped to better support community members who are in crisis or have experienced trauma.	1. Individuals attending training report having a greater understanding of supporting & necessary knowledge to help address community members in crisis.	Community social issues are identified and addressed. <i>Understanding of Community social issues.</i>	PM1 (Intended as Post but used as a Pre-Post)	1. As a result of Community Support Training I have a greater understanding of supporting community members in crisis.
				# completing measure: 12 # experiencing a positive change: 12
	2. Individuals attending training have confidence in their abilities to help community members in crisis.	Community social issues are identified and addressed. <i>Agencies/community members work together in partnership to address social issues in the community.</i>	PM3	2. As a result of Community Support Training Series I have the necessary knowledge to help address this community social issue.
				# completing measure: 12 # experiencing a positive change: 12
		N/A	Other (Created for this program)	1. As a result of Community Support Training I have confidence in my ability to help community members in crisis.
				# completing measure: 12 # experiencing a positive change: 12

Additional Information				43
Identify Measurement Tool(s) Used:				
<input checked="" type="checkbox"/> Survey	<input type="checkbox"/> Observation	<input type="checkbox"/> Interview	<input type="checkbox"/> Focus Groups	
When Measurement Tool(s) Used:				
Pre-test/post-test: both before and after your activities	Post-Only : <input checked="" type="checkbox"/> After Activities Participants would take post test every time they came. The average of all of their post-tests was the measure of positive (or not positive) change.		<input type="checkbox"/> During your activities	
Other output information: <i>(please report on outputs that only apply to this funded project)</i>				
Volunteer involvement related to this project only: # of volunteers: _____ # of volunteer hours: _____		other <i>(please describe and account)</i> # of <u>hours of time facilitating workshops</u> : 57 # of <u>non-unique individual participants</u> : 30 # of <u>Workshops done in Greenview</u> : 0 # of _____ : _____ # of _____ : _____		
# of sessions: _____ # of Trainings: _____ # of workshops: 2				

Stories - please share a story that describes the *significant impact* for the client/participants.

44

(a story that is related to a particular client/participant success/positive change and supports this project outcome(s))

(Not distinguished between City, County, & Greenview)

- A Community Support Training Participant said on an evaluation: "I learned important safe ways to approach and/or start conversations with those suffering from sensitive topics".
- A Community Support Training Participant said on an evaluation that one of the strengths of the workshops was: "having instructors who are well-educated and experience on the subject".
- A Community Support Training Participant said on an evaluation that one of the strengths of the workshops was: "stories on how to deal with realistic situations were very helpful in understanding how to apply new techniques".
- A Community Support Training Participant said on an evaluation: "I really enjoyed this course and how it helps you understand crisis better and provides support to teach you".
- A Community Support Training Participant said on an evaluation that the learning skill they gained was: "Everything! Excellent training! Will help so much working with high risk youth & their families & changing their thinking & actions".
- A participant came over to Pace to tell facilitators about how after she took mental health first aid, it gave her confidence to deal with someone who had mental health issues. And therefore, she was able to sit down and support them.

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Continuous Quality Improvement

Please tell us about two significant findings/things that you have learned about this project after analyzing the data collected.

1. Some repetition of information amongst workshops for those who take all of them.
2. Some workshops could include more hands on or role plays.
3. Some workshops could be longer so they can include more information.

Please tell us about any changes that will be made to this project as a result of the data analysis.

1. Have considered reducing some of the repetition, however at this time will not reduce it. We recognize that not everyone takes all of the workshops and that repetition can be helpful in the learning process.
2. Add more role plays to some workshops and continue to adapt to what each group needs.
3. Will reassess to see if it's beneficial to expand some of the workshops to include more information.

What improvements can be made to the outcome measurement process?

- Looking at experimenting with inputting data onto Outcome Tracker online.
- Look at changing questions and/or way we gather data to gain a greater sense of how the workshops have impacted how the participants and their ability to help others.

Please tell us about any other successes/challenges your program has experienced:

(could be related to program, staffing, system, awareness etc)

Successes

- Have created and used a short form of survey for participants if they have to fill out multiple surveys for a workshop.
- Training is very effective at delivering valuable information to individuals for professional and personal development and growth.
- Information is very detailed and well-rounded and taking all of the training provides participants with a comprehensive foundation of knowledge.
- Workshops are facilitated by professional, skilled, and enthusiastic instructors with decades of training and experience, that adapt and expand the workshop to the group of individuals and current events.
- Training now accounts for credits for College of Social Workers and for Alberta College of Paramedics.
- We have revised and updated Community Support Training information for new website and Trade Show/Office brochures.
- We have added 3 new workshops to our training series.
- With our partnership with Grande Prairie Regional College we now offer a "Certificate in Crisis Response Management" when individuals take the required amount of the CST training.

Challenges

- Workshops being as long as they are makes it a challenge for community members and those who work outside of the helping profession to come.
- Training room size is limited and can be too small for the number of participants who attend. Currently the maximum amount of participants it can hold is 24.
- The compacted training can make it challenging for the college students who attend all of the training.
- For the free Red Cross workshops it can be challenging to get commitment to attend from those who sign up. And this year it was challenging to get Red Cross out because of their staff changes.
- Sometimes advertising can be a challenge, will continue to work on finding more ways to advertise the workshops.
- We have had some challenges getting the Certificate with GPRC figured out, however things are starting to go more smoothly now.

Completed by: Denay Bjornson

Date completed: March 26th 2019

Reported to: (eg. – Staff, Clients, Community, Board, Council, Municipality, Province)

Date reported:

MD of Greenview - Community Social Development Family and Community Support Services⁴⁶

2018 Funded Agency Annual Project Outcomes Report

Agency Name: Pace: Community Support, Sexual Assault & Trauma Centre

Project Name: Sexual Violence Awareness Program

Primary Target Population: *(select population served and account for # of unique clients/participants served)*

Population Served:	<input checked="" type="checkbox"/> Children/Youth	<input type="checkbox"/> Seniors	<input type="checkbox"/> Families	<input type="checkbox"/> Adults	<input type="checkbox"/> Community
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Actual # of unique clients/participants:	#550	# _____	# _____	# _____	# _____
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Provincial FCSS Strategic Direction Alignment:

Please select the one Provincial FCSS Strategic Direction that comes from the five regulatory statements (referenced in section 2.1(1)(b) of the FCSS Regulation) and is related to this project.

SD1 ☒ Help to develop independence, strengthen coping skills and become more resistant to crisis

SD2 ☐ Help to develop an awareness of social needs.

SD3 ☐ Help to develop interpersonal and group skills, which enhance constructive relationships among people.

SD4 ☐ Help people and communities to assume responsibility for decisions and actions, which affect them.

SD5 ☐ Help to sustain people as active participants in the community.

MD of Greenview - Community CSD Family and Community Support Services Priority Outcome

Social Inclusion

- ☐ Adult Personal Capacity
- ☐ Family Cohesion
- ☐ Enhanced Diversity
- ☒ Positive Child and Youth Development

Building Community Potential

- ☐ Social Awareness and Engagement
- ☐ Community Partnership
- ☐ Agency Capacity Building

Completing Measurement Tool: <i>(please account for the number of unique clients/participants completing the data collection tool; this number may be different than the number served)</i>				47
				#445
Project Outcome(s): <i>(local project outcome)</i>	Project Indicator(s) of Success: <i>(local project indicator supporting outcome based on what you know from measures used)</i>	Provincial Outcome & Provincial Indicator Alignment: <i>(see attachment)</i>	Measures Bank Measure Number:	Measure(s): <i>(Measure is the question used from the FCSS Measures Bank)</i>
1. Children/Youth's knowledge has increased regarding sexual violence.	1. Gr. 2-6 students indicate an increased understanding of sexual abuse.	Community Social Issues are identified and addressed. <i>Understanding of Community Social Issues</i>	PM1	As a result of the "Who Do You Tell?" Program I have a greater understanding of not ok touches to private parts.
				# completing measure: 152 # experiencing a positive change: 132
	2. Gr.7-12 Students indicate an increased understanding of sexual violence.		PM1	As a result of the Sexual Violence Presentation I have a greater understanding of sexual violence.
				# completing measure: 135 # experiencing a positive change: 126
	3. Teachers indicate that their Gr. K-6 students' knowledge of sexual violence has increased.		PM1 (Modified to say "my students")	As a result of the "Sexual Violence Awareness Program", my students have a greater understanding of Sexual Violence.
				# completing measure: 15 Staff on behalf of their 231 students # experiencing a positive change: 14 Staff on behalf of their 216 students
	4. Teachers indicate that their Gr.7-12 students' knowledge of sexual violence has increased.		PM1 (Modified to say "my students")	As a result of the "Sexual Violence Awareness Program", my students have a greater understanding of Sexual Violence.
				# completing measure: 10 Staff on behalf of their 122 students # experiencing a positive change: 10 Staff on behalf of their 122 students

Project Outcome(s):	Project Indicator(s) of Success:	Provincial Outcome & Provincial Indicator Alignment:	Measures Bank Measure Number:	Measure(s):
2. Children recognize that they have support systems.	1. Children report knowing more adults that they can go to for support with sexual violence.	Other Adult Relationships <i>Support</i>	PM1: 8-12 years old	1. <i>As a result of the Who Do You Tell Program I know more adults that I can go to when I need help.</i>
				# completing measure: 255 # experiencing a positive change: 242
3. Parents & Teachers, who are in supporting roles of Children & Youth, have an increased knowledge regarding sexual violence and skills to talk with their students/children.	1. Teachers Gr.K-6 report that they have greater a greater understanding of sexual violence.	Understanding of Community Social Issues	PM1	1. <i>As a result of the Sexual Violence Awareness Program I have a greater understanding of sexual violence.</i>
				# completing measure: 15 # experiencing a positive change: 15
	2. Teachers Gr.7-12 report that they have greater a greater understanding of sexual violence.			1. <i>As a result of the Sexual Violence Awareness Program I have a greater understanding of sexual violence.</i>
				# completing measure: 10 # experiencing a positive change: 10
	3. Teachers Gr. K-6 report they have the necessary skills to speak about sexual violence with their student(s).	Positive Family Communication	PM3 (Modified to say “my student(s)” instead of “my child”	1. <i>As a result of the Sexual Violence Awareness Program I know more about how to talk with my student(s) about sensitive issues.</i>
				# completing measure: 15 # experiencing a positive change: 15
	4. Teachers Gr. 7-12 report they have the necessary skills to speak about sexual violence with their student(s).			As a result of the Sexual Violence Awareness Program I know more about how to talk with my student(s) about sensitive issues.
				# completing measure: 8 # experiencing a positive change: 8

	5. Parents report they have greater understanding of sexual violence.	Understanding of Community Social Issues	PM1	As a result of the Sexual Violence Awareness Program I have a greater understanding of sexual violence.
				# completing measure: 30 # experiencing a positive change: 29
	6. Parents report having the necessary skills to speak about sexual violence with their children.	Positive Family Communication	PM3	As a result of the Sexual Violence Awareness Program I know more about how to talk with my child about sensitive issues.
				# completing measure: 26 # experiencing a positive change: 24

Additional Information			
Identify Measurement Tool(s) Used:			
<input checked="" type="checkbox"/> Survey	<input type="checkbox"/> Observation	<input type="checkbox"/> Interview	<input type="checkbox"/> Focus Groups
When Measurement Tool(s) Used:			
<input type="checkbox"/> Pre-test/post-test: both before and after your activities	<input checked="" type="checkbox"/> Post-Only : After Activities	<input type="checkbox"/> During your activities	
Other output information: <i>(please report on outputs that only apply to this funded project)</i>			
Volunteer involvement related to this project only: # of volunteers: _____ # of volunteer hours: _____			

of sessions: _____

of Trainings: _____

of workshops: _____

other (*please describe and account*)

50

of schools in Greenview that received presentations 4; 3

Elementary/Jr High: Penson, Ridgevalley, and Harry Gray (Gr. K-9),
and 1 High School: Hillside High School (CALM Classes).

of parent information sessions: 3 (19 Adults attended total)

of staff information sessions : 3 (48 Adults attended total)

of classes that received 2 Who Do You Tell Presentation: 24

of staff sitting in on Who Do You Tell Presentations: 27

of classes that received 2 Sexual Violence Presentations: 9

of classes that received 1 Sexual Violence Presentation: 4

of staff sitting in on Sexual Violence Presentations: 17

of children/youth students interviewed: 102

Average time spent per child on individual time: 5.74 Minutes

of cases reported to Western Cree Tribal Council: 2

of cases reported to child & family services and RCMP: 11

Stories - please share a story that describes the *significant impact* for the client/participants.

51

(a story that is related to a particular client/participant success/positive change and supports this project outcome(s))

- A Gr. 7-12 Student wrote on an evaluation that the learning skill they gained is: "I have been approached several times in unwanted situations and I can now deal with these situations."
- A Gr. 7-12 Student wrote on an evaluation: "I thought this presentation was helpful and can use in my life."
- A Gr. 7-12 Teacher wrote on an evaluation that the strength of the presentation was: "Concise to the point, age appropriate, invited feedback in a safe/appropriate manner."
- A Gr. 7-12 Teacher wrote on an evaluation that the learning skill they gained was: "Knowledge about what is sexual assault/abuse and how to cope/recognize it."
- A Gr. K-6 Teacher wrote on an evaluation: "A strength of the program is providing clarity for who is truly responsible, that it's never a child's fault. Thanks for being so caring and sensitive and yet honest of the facts."
- A Gr. K-6 Teacher wrote on an evaluation: "Opens up room to talk with my own kids - kindergarten child told me it scared her to talk about those things, gr 2 child told me she's concerned that the seamstress for dance who touches her privates when sizing her for dance clothes."
- A Parent wrote on an evaluation: "I have appreciated this program over several years and appreciate the support."
- A Parent wrote on an evaluation: "Great program for both parents and students."
- A School contact wrote on an evaluation: "Facilitator's rapport with students and expertise with subject matter is greatly appreciated. Her presentation on sexual violence is professional and reaches high school students well. We are very happy to continue using PACE for this type of programming."
- A School contact wrote on an evaluation: "The teachers I talked to said it was very worth while and would have PACE in again to present to their class. Some said it was awesome. I appreciated that you called and set it up for the presentations. We would entertain every two years instead of three."
- After a presentation, during individual time a facilitator had received a suicide disclosure with a Gr. 7-12 student. When the facilitator went back to the school to teach a different class a few months later the counselor said that they are very happy that the student spoke with the facilitator as the student is getting counseling and is doing a lot better now.

Continuous Quality Improvement

Please tell us about two significant findings/things that you have learned about this project after analyzing the data collected.

1. It would be beneficial to have more recent & up-to-date statistics and events.
2. Gr.7-12 Students really enjoyed the YouTube videos shown and would like more to be incorporated.
3. Gr. 7-12 Students and some teachers suggest more interactive activities.

Please tell us about any changes that will be made to this project as a result of the data analysis.

1. Continue to include and research more up-to date statistics and events

2. Look at adding another YouTube video
3. Look at how we can make the presentation more interactive without adding more time.

What improvements can be made to the outcome measurement process?

- Reduce questions on the evaluation forms that we don't need.
- Add a question to the evaluations that asks some thing along the lines of: "What was the most helpful?"
- Continue to find ways to help the Gr. 2-3 understand and fill out their evaluations.

Please tell us about any other successes/challenges your program has experienced:

(could be related to program, staffing, system, awareness etc)

Successes

- High Schools continue to ask us to come in and present to their CALM classes, as well as this year to some of their Jr High students.
- We now require principals to sign an agreement before coming into the school. This is beneficial as it clarifies expectations and roles and creates more transparency around our individual time.
- We added a short answer to the Gr. 7-12 short evaluation form.
- We added smiley faces to Gr. 2-3 evaluations to help them with the questions and simplified the code for Gr. 2-6 evaluations.
- We have been implementing CCASA's changes for the Who Do You Tell Program (Gr. K-6), which includes a puppet show or new video; which we created with the help of local actors/actresses and supports.
- Added two new videos as requested by students to The Sexual Violence Presentation (Gr. 7-12).
- We have added a short question to the parent evaluation to start gathering more comments and feedback from parents.
- We have now added information on how pornography in our society has an affect on youth etc. to the Sexual Violence Presentation. It has been received very well.
- With our growing staff we have now added more procedures around quality assurance, which ensures that all the facilitators stay accountable and the program is delivered to the highest standard.

Challenges

- Parents are not receiving enough education on the topic. Parent information sessions are offered to parents however attendance is quite low.
- Since school principals decide whether the program is offered, there are some principals who choose not to have the program or are so busy they struggle to respond. Therefore, sometimes it is challenging to bring the program into schools who haven't had the program and/or haven't received it in a few years.
- The use of a Consent Form to meet ethical standards sometimes results in children being less likely to attend presentations. It also requires more work on the teachers' part to collect the consent forms.
- Due to the unpredictable funding it can be challenging to keep staff. Therefore, sometimes a lot of time is spent training, and not as much in the schools because the high turnover and lost time.
- There are often more requests for the presentations than we can meet with the current amount of staff we are funded for.
- CCASA has added evaluations for Gr. 2-3, which proves to be challenging to help the students fill them out and takes time out of the presentation.
- Since there hasn't been any study as strong as the Badley Report it makes it challenging to include more up to date statistics that are as strong.
- Often we receive feedback that teachers want more activities in the presentation, but due to CCASA's licensing we cannot change the Who Do You Tell Program, and will the limited time we have in each class it proves to be challenging to add more to the Sexual Violence Presentation.

Completed by:	Denay Bjornson	Date completed:	March 26th 2019	53
Reported to: <i>(eg. – Staff, Clients, Community, Board, Council, Municipality, Province)</i>		Date reported:		

NORTHWEST SPRING REGIONAL MEETING

MAY 15 & 16, 2019 ST. ISIDORE, AB

Tuesday, May 14, 2019

If you are checking in on Tuesday evening – stop in at the Chateau Nova Lounge for FCSS networking from
7:00pm – 9:00pm

Wednesday, May 15, 2019

Location: St. Isidore Cultural Centre

8:30am	Registration/Networking
9:00am	Welcome
9:15am - 10:30am	Storytelling – Beyond a Book <i>Amber Henning - Grande Cache Greenview FCSS</i>
10:30am - 11:00am	Outcome Measures <i>Karen Titanich - FCSS Outcome Measures Trainer for the Yellowhead and NW Regions</i>
11:00am - 11:15am	Networking Break
11:15am - 12:00pm	Homelessness Estimation Project <i>Lisa Watson - Child, Youth, Family and Community Team Lead, FCSS County of Grande Prairie</i>
12:00pm - 12:45pm	Lunch - Provided
12:45pm - 2:45pm	NW FCSS Regional Meeting
2:45pm - 3:00pm	Network Break
3:00pm - 4:30pm	Life After Dark <i>Suzanne Sagmeister – Photographer, Author, Advocate, Speaker</i>
6:00pm	Cocktails
6:30pm	Supper – Ukrainian Dinner
	Musical Performance by Origami Army (Al Peterson)

Thursday, May 16, 2019

8:30am - 9:00am	Picnic in the Park Initiative <i>Paul Hebert – Coordinator of the Picnic in the Park initiative</i>
9:00am - 9:45 am	Garden Loft Presentation <i>John Brown - PhD, Architect Dean and Professor. Faculty of Environmental Design at the University of Calgary</i>
9:45am - 10:00am	Networking Break
10:00am - 11:45am	NW ESS Meeting
12:00pm	Closing Remarks

Title: Home Support

Policy No: 5000

Effective Date:

FCSS Motion Number:

Greenview Council Motion Number:

Supersedes Policy No:

Review Date: (3 years from effective date)



Purpose: The purpose of the Home Support Policy is to provide guidelines on how to administer the Green View Home Support program.

DEFINITIONS

Respite Care means care provided on a short term basis that is provided during regular work day hours.

The Board means the Green View Family and Community Support Services Board.

POLICY

1. Green View FCSS believes it is appropriate to provide home support service on a cost-sharing basis to allow people to remain in their own homes.
2. The authority to approve Home Support governance policies is vested in the Green View FCSS Board as the governing body.
3. Annually, the Board will establish a budget for the Home Support Program.
4. To protect staff and municipality from liability, Home Support workers may not provide current Green View Home Support clients service outside of agreed upon number of hours per week.
5. All services will be provided based on a maximum of 4 hours per week per client. Requests for additional hours may be approved by the Home Support Coordinator or the FCSS Manager.

PROCEDURE

1. Eligibility of clients is based on, but not limited to, the following factors:
 - a. Income
 - b. Physical ability

- c. Availability of other resources
 - d. Health agency referral
- 2. Services to be provided include, but are not limited to:
 - a. Assistance with light housekeeping
 - b. Minimal respite
 - c. Meal preparation
 - d. Travel to essential services
- 3. Responsibilities
 - 3.1. Staff
 - 3.1.1. The Home Support Coordinator will advertise and promote Home Support services through newsletters, brochures, health agencies and other community groups.
 - 3.1.2. The Home Support Coordinator will conduct an interview and complete an assessment form, which will include, but not be limited to, the following:
 - a. income
 - b. living and medical expenses
 - c. insurance and utilities
 - d. vehicle expenses
 - 3.1.3. When a client is approved for the program, the Home Support Coordinator will coordinate services with the Home Support Worker.
 - 3.1.4. The Manager of FCSS will report to the Board on the number of clients, types of services provided, and hours worked in the Home Support Program.
 - 3.1.5. The Home Support Coordinator will provide the client with written notice prior to removing them from the program.
 - 3.2. Board
 - 3.2.2. The Board will, within thirty (30) days, meet to hear any appeals from clients who have been removed from the program. The Board's decision is final and binding to all parties.
 - 3.2.3. The Home Support fee is to be reviewed and approved annually by the Board.
 - 3.3. Members of the Public
 - 3.3.2. Individuals or family members may request support through this program by contacting the Home Support Coordinator.
 - 3.3.3. In the event a client is removed from the program and disagrees with the decision of the Home Support Coordinator, they may appeal in writing to the Board within seven (7) days of the discontinued service.

Title: Home Support

Policy No: 5001

Effective Date:

FCSS Motion Number:

Greenview Council Motion Number:

Supersedes Policy No: N/A

Review Date:



Purpose: The purpose of the Home Support Policy is to provide guidelines on how to administer the Green View Home Support program.

DEFINITIONS

Essential Services means grocery shopping, medical appointments and banking.

Minimal Respite Care means care provided on a short term basis that is provided during regular work day hours.

The Board means the Green View Family and Community Support Services Board.

POLICY

1. Green View FCSS believes it is appropriate to provide home support service on a cost-sharing basis to allow people to remain in their own homes.
2. The Green View FCSS board may make policy recommendations to the M.D of Greenview Council. Greenview Council must approve any recommended policy before they come into effect.
3. Annually, the Board will establish a budget for the Home Support Program.
4. To protect staff and municipality from liability, Home Support workers may not provide current Green View Home Support clients service outside of agreed upon number of hours per week.
5. All services will be provided based on a maximum of 4 hours per week per client. Requests for additional hours may be approved by the Home Support Coordinator or the FCSS Manager.

PROCEDURE

1. Eligibility of clients is based on, but not limited to, the following factors:

- a. Individual needs assessment
 - b. Availability and/or access to other resources
- 2. Services to be provided may include, but are not limited to:
 - a. Assistance with light housekeeping
 - b. Minimal respite
 - c. Meal preparation
 - d. Travel to essential services
- 3. Responsibilities
 - 3.1. Staff
 - 3.1.1. The Home Support Coordinator will advertise and promote Home Support services through newsletters, brochures, health agencies and other community groups.
 - 3.1.2. The Home Support Coordinator will conduct an interview and complete an assessment form, which will include, but not be limited to, the following:
 - a. income
 - b. living and medical expenses
 - c. insurance and utilities
 - d. vehicle expenses
 - 3.1.3. When a client is approved for the program, the Home Support Coordinator will coordinate services with the Home Support Worker.
 - 3.1.4. The Manager of FCSS will report to the Board on the number of clients, types of services provided, and hours worked in the Home Support Program.
 - 3.1.5. The Home Support Coordinator will provide the client with written notice prior to removing them from the program.
 - 3.2. Board
 - 3.2.2. The Board will, within thirty (30) days, meet to hear any appeals from clients who have been removed from the program. The Board's decision is final and binding to all parties.
 - 3.2.3. The Home Support fee is to be reviewed and approved annually by the Board.
 - 3.3. Members of the Public
 - 3.3.2. Individuals or family members may request support through this program by contacting the Home Support Coordinator.
 - 3.3.3. In the event a client is removed from the program and disagrees with the decision of the Home Support Coordinator, they may appeal in writing to the Board within seven (7) days of the discontinued service.

REQUEST FOR DECISION

SUBJECT: **Adult Coordinators Report**

SUBMISSION TO: GREEN VIEW FAMILY AND
COMMUNITY SUPPORT SERVICES
BOARD

REVIEWED AND APPROVED FOR SUBMISSION

MEETING DATE: April 17, 2019

GM:

MANAGER:LDH

DEPARTMENT: GREEN VIEW FAMILY AND
COMMUNITY SUPPORT SERVICES

PRESENTER:LDH

RELEVANT LEGISLATION:

Green View FCSS Policy– N/A

RECOMMENDED ACTION:

MOTION: That Green View Family and Community Support Services Board accept the April 17, 2019 Adult Coordinators report as presented for information.

BACKGROUND/PROPOSAL:

Monthly Coordinators reports are provided to the Board for information.

BENEFITS OF THE RECOMMENDED ACTION:

The benefit of accepting the report is to update the Board on services provided by the Adult Coordinator.

DISADVANTAGES OF THE RECOMMENDED ACTION:

There are no perceived disadvantages to accepting the report.

ALTERNATIVES CONSIDERED:

N/A

FINANCIAL IMPLICATION: N/A

STAFFING IMPLICATION: N/A

PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

INCREASING LEVEL OF PUBLIC IMPACT

Inform

PUBLIC PARTICIPATION GOAL

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS:

N/A

ATTACHMENT(S):

- April Adult Coordinators report

To: Lisa Hannaford, Manager
From: Coordinator, Adult
Subject: April Coordinators Report

- **Home Support**

The Home Support program provides basic housekeeping, meal preparation, limited respite and transportation to medical appointments or grocery shopping. At the end of March we had 69 clients. 24 residing in Valleyview and 45 within the MD. In March we provided 1 trip for a medical appointment.

- **Wheels 4 Meals**

The Wheels 4 Meals program is a partnership between Red Willow Lodge and Green View FCSS. FCSS provides delivery of the meals prepared by the Lodge to residents within the Town of Valleyview. In March we delivered 119 meals.

- **Community Volunteer Income Tax Program (CVITP)**

The CVITP program utilizes volunteers to prepare income tax and benefit returns for people with low income and simple tax situations. The basic guideline threshold as had a slight increase from previous years.

We are set to run 15 clinic days in the months of March and April in the Valleyview location, we also have a volunteer doing them in his home in the DeBolt area. We are utilizing 5 volunteers to assist the FCSS staff.

In March the CVIT program completed 216 tax returns.

Program Income Threshold	
Family Size	Total family income
1 person	\$ 35,000.00
2 persons	\$ 45,000.00
3 persons	\$ 47,500.00
4 persons	\$ 50,000.00
5 persons	\$ 52,500.00
More than 5 persons	\$52,500 plus \$2500 for each additional person

Residence			Senior	Other Low Income
VV	MD	SL		
104	40	72	72	144

GST	CCTB	#children	WITB	AB Benefit	GIS	REFUND	TOTAL
\$ 348,524.00	\$ 295,261.00	52	\$ 13,328.00	\$ 140,119.00	\$ 348,542.00	\$ 74,391.00	\$ 952,590.00

- **Balance Yoga**

The Balance program is a restorative Yoga program to assist people with fall risk to regain mobility, flexibility and strength. Both Valleyview and DeBolt spring programs are completing in the first week of April. Because Valleyview class attendance is close to capacity most days and the group is asking for more sessions we are going to run an extra 5 weekly classes starting May 15th.

100% of the program outcomes are hitting our target with all participants saying that the program contributes in their ability to remain in their home and it helps them believe they have the ability to improve their life. Here are a few recent comments from our participants.

- ✚ I am handicapped and the Balance program has improved my mobility.
- ✚ Balance has helped with flexibility, balance and strength as well as my overall sense of wellbeing. I love the morning classes and hope the program continues.
- ✚ Love it! The breath exercises had an unexpected outcome by really helping me undergo some dental procedures.
- ✚ Balance has really helped my recovery after surgery.
- ✚ The Balance program has helped me enough that I am able to do much of my own housekeeping again. Thank You!
- ✚ I love this program and it has improved my mobility so much.
- ✚ Awesome program, please continue, it has helped me mentally and physically.
- ✚ My shoulders were so bad I could not lift my arms up even to shoulder height- now I can do housework and baking again.

- **Adult Support and Referral**

The Support and Referral Program supports clientele in many ways. Commonly we help clients find appropriate programs and then assist with applications and or advocacy. In March we assisted 31 people with 59 different needs.

March 2019	Residence			31
Support Needs	MD	VV	SL IR	Explanation/ Example
Admin Assist		1	2	Faxing, Photocopying, Scanning or Typing for someone
Advanced Planning				Personal Directives, Guardianship, Funeral Planning
Advocacy/ Mediation				With anyone, Family, Businesses, Government
Alberta Benefits	2	7		Alberta Supports, Blue Cross, Alberta Health, AISH
Caregiver Supports				Info on programs, strategies, referrals to other
Commissioner/ Notary	1	2	2	
CRA Inquiry	2	6	1	any Income Tax inquiries, not filing
Elder Abuse				Queries and Advise
Estate Planning/ Handling		1	1	Power of Attorney, Wills, Paperwork after a funeral
Federal Benefits	2	7	1	GST, Canada Child Tax Benefit, Guaranteed Income
Federal Pensions	1			CPP, CPP Disability, OAS
Home Support/ Wheels for Meals		3		Queries, home visits
Information				
Legal		1	1	Queries, Paperwork,
Maintenance Enforcement Prog	1	2	1	Queries, form assistance
Other FCSS Prog		1		Referral to another program or worker within FCSS
Referral to other Agency	1	1		
Supportive Listening	1	3	3	
Technology Assistance	1			cell phone, internet, CRA accounts, email- etc
Monthly Total	12	35	12	59

Michelle Hagen
Adult Coordinator

REQUEST FOR DECISION

SUBJECT: **Community Resource Centre Coordinators Report**
SUBMISSION TO: GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES BOARD
MEETING DATE: April 17, 2019
DEPARTMENT: GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES
REVIEWED AND APPROVED FOR SUBMISSION
GM:
MANAGER:LDH
PRESENTER:LDH

RELEVANT LEGISLATION:
Green View FCSS Policy– N/A

RECOMMENDED ACTION:
MOTION: That Green View Family and Community Support Services Board accept the April 17, 2019 Community Resource Centre Coordinators report as presented for information.

BACKGROUND/PROPOSAL:
Monthly Coordinators reports are provided to the Board for information.

BENEFITS OF THE RECOMMENDED ACTION:
The benefit of accepting the report is to update the Board on services provide by the Community Resource Centre Coordinator.

DISADVANTAGES OF THE RECOMMENDED ACTION:
There are no perceived disadvantages to accepting the report.

ALTERNATIVES CONSIDERED:
N/A

FINANCIAL IMPLICATION: N/A

STAFFING IMPLICATION: N/A

PUBLIC ENGAGEMENT LEVEL:
Greenview has adopted the IAP2 Framework for public consultation.

INCREASING LEVEL OF PUBLIC IMPACT

Inform

PUBLIC PARTICIPATION GOAL

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS:

N/A

ATTACHMENT(S):

- April Community Resource Centre Coordinators report



April 5, 2019

TO: Lisa Hannaford, Manager

FROM: Corinne D'Onofrio, Community Resource Center Coordinator

SUBJECT: April 2019 Coordinator report

Stats Report for March 2019:

Green View FCSS Community Resource Center assisted a total of 605 client visits in the month of March 2019.

The breakdown can be seen below.

Year End Report 2019	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	Year TOTAL
Income Support	95	90	59										
Employment Supports	111	101	110										
Other Clients	242	252	436										
Total Clients Visits	508	443	605										
Residence Break Down:													
MD	95	71	139										
Sturgeon Lake	99	83	155										
Town	314	289	311										
New	13	8	13										
Returning	495	435	592										
Total Clients Visits	508	443	605										

The next 3 charts show the breakdown of services provided between the Town of Valleyview, Greenview, and Sturgeon Lake Cree Nation.

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The table below shows the breakdown of services provided for the Greenview residents.

Year End Report 2019	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	TOTAL
Income Support clients	15	18	14										47
Employment Supports	20	18	17										55
Other Clients	60	35	108										203
Total Clients Visits	95	71	139	0	0	0	0	0	0	0	0	0	305
Residence Break Down:													
MD	95	71	139										305
New	2	3	2										7
Returning	93	68	137										298
Total Clients	95	71	139	0	0	0	0	0	0	0	0	0	305
YES	95	71	139										305
NO	0	0	0										0
Community Social Issues Identified													
CFS	0	1	4										5
Food Bank	3	3	6										12
Mental health	4	1	4										9
Canadian Child Tax Benefits	1	0	0										1
AISH	5	9	2										16
Income Support	15	18	14										47
Alberta Adult/Child Health Benefit	1	2	2										5
Housing/ Heart River Housing	1	0	1										2
Service Canada	11	8	11										30
Seniors Information	11	8	6										25
Canada Revenue Agency	10 (9 CVITP)	6	49 (42 CVITP)										6
Employment Supports	20	18	17										55
WCB (Worker's Compensation Board)	3	0	0										3
Technology Assistance	2	0	5										7
Childcare subsidy	0	0	0										0
program inquires	7	1	7										15
Legal (faxes, forms, calls)	8	3	7										18
Other questions/inquires	11	12	14										37

The category “other” can represent clients coming into the Resource Center, calling for information, or referrals to various agencies and organizations. Examples of these organizations can be Odyssey House, Valleyview Community Learning Council, Victim’s Assistance, and Alberta Health Services.

The table below shows the breakdown of services provided for the Town of Valleyview residents.

Year End Report 2019	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	TOTAL
Income Support clients	74	68	41										183
Employment Supports	65	66	74										205
Other Clients	175	155	196										526
Total Clients Visits	314	289	311										914
Residence Break Down:													
Town of Valleyview	314	289	311										914
New	10	5	10										25
Returning	304	284	301										889
Total Clients Visits	314	289	311	0	0	0	0	0	0	0	0	0	914
YES	314	289	311										914
NO	0	0	0										0
Community Social Issues Identified													
CFS	3	4	0										7
Food Bank	21	23	13										57
Mental Health	7	9	4										20
Canadian Child Tax Benefits	3	3	0										6
AISH	16	7	10										33
Income Support	74	68	41										183
Alberta Adult/Child Health Benefit	5	1	6										12
Housing/ Heart River Housing	21	7	5										33
Service Canada	18	18	31										67
Seniors Information	22	11	14										47
Canada Revenue Agency	11	47 (39 CVITP)	104 (101 CVITP)										11
Employment Supports	65	66	74										205
WCB(Workers Compensation Board)	3	0	0										3
Technology Assistance	4	3	3										10
Childcare subsidy	1	0	0										1
program inquires	5	7	9										21
Legal (faxes, forms, calls)	17	17	13										47
Other questions/inquires	42	43	42										127

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The table below shows the breakdown of services provided to Sturgeon Lake residents.

Year End Report 2019	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	TOTAL
Income Support clients	6	4	4										14
Employment Supports	26	17	19										62
Other Clients	67	62	132										261
Total Clients Visits	99	83	155	0	0	0	0	0	0	0	0	0	337
Residence Break Down:													
Sturgeon Lake Cree Nation	99	83	155										337
New	1	0	1										2
Returning	98	83	154										335
Total Clients	99	83	155	0	0	0	0	0	0	0	0	0	337
YES	99	83	155										337
NO	0	0	0	0	0	0	0	0	0	0	0	0	0
Community Social Issues Identified													
CFS	2	3	0										5
Food Bank	0	3	0										3
Mental Health	0	4	0										4
Canadian Child Tax Benefits	2	3	0										5
AISH	8	2	3										13
Income Support	6	4	4										14
Alberta Adult/Child Health Benefit	1	0	0										1
Housing/ Heart River Housing	3	1	3										7
Service Canada	8	5	14										27
Seniors Information	5	9	6										20
Canada Revenue Agency	15	31 (21 CVITP)	85 (77 CVITP)										15
Employment Supports	26	17	19										62
WCB (Worker's Compensation Board)	0	1	0										1
Technology Assistance	1	0	1										2
Childcare subsidy	0	0	0										0
program inquiries	5	2	2										9
Legal (faxes, forms, calls)	4	5	17										26
Other questions/inquires	20	13	18										51

Income support visits decreased in March with a total of 59 clients accessing the Community Resource Center for services. With services being provided out of Grande Prairie, clients are continuing to adjust to the change in process. Visits to the Resource Center pertaining to Alberta Works Income Support can be phone calls and emails to the Grande Prairie office, photocopies of documentation and assistance filling out the initial paperwork required to begin the process. Clients also seek assistance to complete their online monthly reports to continue receiving benefits. On occasion, the need to contact the After Hours Emergency number arises. Client seek assistance with making the phone call and following through with recommendations from workers in Edmonton such as applying for Income Support or locating available accommodation.

Numerous clients created and updated resumes, sought financial support for safety tickets and completed online safety training required by employers. Clients faxed and emailed resumes and received assistance with online job applications. A job fair has been scheduled with Premier Tech to take place at the Resource Center on April 18th between 1:30-4:00pm. An information session will be

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presented by a representative of Premier Tech and individuals can attend an “on the spot” job interview for Premier Tech- the local peat moss processing plant.

Clients continue to seek assistance with various applications such as Canada Pension Plan, Guaranteed Income Supplement, Food Bank, and Alberta Health Care. Clients also regularly need assistance with new and ongoing applications such as AISH- Assured Income for the Severely Handicapped.

Mental Health “Walk in Clinic”, provided by Alberta Health Services, at Green View FCSS is available to clients on the last Tuesday of each month between the hours of 8:30 am and noon. This month 3 clients accessed the Mental Health walk in service.

Clients may also access support from an outreach worker from Odyssey House twice a month at Green View FCSS. Four appointments, on each of these days, are available and can be made by self-referral or through another agency such as Victims Services.

The Resource Center has also been very busy with clients phoning or visiting the office regarding the Community Volunteer Income Tax program. 220 of the 238 Canada Revenue Agency inquiries were regarding either questions about CVITP or booking an income tax appointment.

Respectfully submitted,
Corinne D’Onofrio

REQUEST FOR DECISION

SUBJECT:	Support Coordinators Report		
SUBMISSION TO:	GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES BOARD	REVIEWED AND APPROVED FOR SUBMISSION	
MEETING DATE:	April 17, 2019	GM:	MANAGER:LDH
DEPARTMENT:	GREEN VIEW FAMILY AND COMMUNITY SUPPORT SERVICES		PRESENTER:LDH

RELEVANT LEGISLATION:
Green View FCSS Policy– N/A

RECOMMENDED ACTION:
MOTION: That Green View Family and Community Support Services Board accept the April 2019 Support Coordinators report as presented for information.

BACKGROUND/PROPOSAL:
Monthly Coordinators reports are provided to the Board for information.

BENEFITS OF THE RECOMMENDED ACTION:
The benefit of accepting the report is to update the Board on services provide by the Support Coordinator.

DISADVANTAGES OF THE RECOMMENDED ACTION:
There are no perceived disadvantages to accepting the report.

ALTERNATIVES CONSIDERED:
N/A

FINANCIAL IMPLICATION: N/A

STAFFING IMPLICATION: N/A

PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

INCREASING LEVEL OF PUBLIC IMPACT

Inform

PUBLIC PARTICIPATION GOAL

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS:

N/A

ATTACHMENT(S):

- April Support Coordinators report



April 4th, 2019

TO: Lisa Hannaford
 FROM: Beverly Osborne, Support Coordinator
 SUBJECT: Coordinator's Report

During the month of March the following tasks/outcomes were met:

1. The support coordinator assisted 287 of 605 clients during the month of March. There has been a steady number of clients requiring employment as well as financial supports through our partnership with AB Works. There was an increase in clients using commissioning services through the Green View FCSS office in March. Phone calls from clients requesting appointments for income tax preparations through the CVITP program has been steady since mid-February and will continue until the end of April.
2. The H.E.A.R.T. Committee is preparing for the 2019 Conference coming up in May. As part of the committee, the Support Coordinator assists in arranging some of the details of the conference. Tasks that were completed in March include: Writing and submitting the FCSP grant interim report; editing the event details on Eventbrite.ca; assisting in creating a survey for conference participants; contacting a number of speakers regarding information for the emcee; distributing posters to partnering agencies to advertise the conference; arranging for a representative of Town and Country Newspaper to be present at the event, and requesting that the event be advertised on the town's digital sign.
3. A Stress and Anxiety workshop took place at Green View FCSS on March 28th. 78% of people who registered for the workshop, attended the session. The workshop content was developed as a direct result of survey outcomes collected from the Green View FCSS Facebook page. Oral comments following the workshop were extremely positive. Comments captured from the workshop include: "Over time my anxiety has gotten much worse and the information that you shared gives me hope." "I have heard about Emotional Freedom Technique before but, now that I've been able to practice it, I feel more confident about using the strategy." "Awesome information and tools. Wish I would have had this knowledge sooner!"
4. An ESS (Emergency Social Services) experiential training took place at Evergreen Park in Grande Prairie on March 13th. The event was facilitated by GPREP (Grande Prairie Regional Partnership). GPREP prepares municipalities for emergencies by coordinating emergency response exercises and providing training opportunities. The activity allowed participants to experience a hypothetical emergency situation and respond to the incident as would occur in real life. The training was well received by those attending, and similar training is sure to take place in the near future.

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5. Preparations for Volunteer Appreciation which takes place on April 11th, are near completion. This year's event coincides with a Red Willow Players Production taking place at the Burnside Performing Arts Building. Volunteers were sent theatre tickets to attend the event. A total of 124 volunteers were nominated in Valleyview and the Municipal District with 91 tickets provided to those that were able to attend the play. Seventeen Grovedale volunteers received gift certificates in recognition of their service to others in that community. The volunteer nominations have exceeded expectations this year with a 60% increase in nominations received. Roxanne Perron and Mayor Vern Lymburner will briefly address the volunteers in the audience, prior to the start of the theatre performance.
6. The support coordinator attended the Provincial Collective Impact Initiative taking place in Edmonton on March 25th and 26th. The purpose of the initiative is to identify and prioritize individuals as well as agencies at a provincial level in addressing domestic violence; identify how we can all engage in a collaborative provincial response that leverages each other's expertise, and engage in the pre-existing conditions of collective impact. It was determined that the three areas of priority in the province will include: 1) Coordinating Services across agencies, sectors, and institutions 2) Men and Boys addressing structural violence and 3) Access to services for rural and remote communities.
7. The staff at Green View FCSS are midway through reading and discussing the book: Search Inside Yourself. The book club began on March 14th and incorporates a mindfulness practice as well as discussions around the readings. The support coordinator has lead the mindfulness practice 3 out of 4 of the meetings thus far. The book integrates mindfulness with the knowledge of personal development to improve one's state of awareness and job performance. The book club is a team building experience and will promote wellbeing amongst its members.
8. Mother/Daughter Circle is scheduled to take place from April 30th to May 28th between 4:30 and 6:30 pm. Currently, there are 4 mother/daughter pairs registered for the program. Mother/Daughter Circle will be facilitated by both the support coordinator and youth coordinator throughout the 4 weeks.

Respectfully Submitted:

Beverly Osborne

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Box 1079
Valleyview, Alberta
T0H 3N0

REQUEST FOR DECISION

SUBJECT: **Youth Coordinators Report**

SUBMISSION TO: GREEN VIEW FAMILY AND
COMMUNITY SUPPORT SERVICES
BOARD

REVIEWED AND APPROVED FOR SUBMISSION

MEETING DATE: April 17, 2019

GM:

MANAGER:LDH

DEPARTMENT: GREEN VIEW FAMILY AND
COMMUNITY SUPPORT SERVICES

PRESENTER:LDH

RELEVANT LEGISLATION:

Green View FCSS Policy– N/A

RECOMMENDED ACTION:

MOTION: That Green View Family and Community Support Services Board accept the April 2019 Youth Coordinators report as presented for information.

BACKGROUND/PROPOSAL:

Monthly Coordinators reports are provided to the Board for information.

BENEFITS OF THE RECOMMENDED ACTION:

The benefit of accepting the report is to update the Board on services provide by the Youth Coordinator.

DISADVANTAGES OF THE RECOMMENDED ACTION:

There are no perceived disadvantages to accepting the report.

ALTERNATIVES CONSIDERED:

N/A

FINANCIAL IMPLICATION: N/A

STAFFING IMPLICATION: N/A

PUBLIC ENGAGEMENT LEVEL:

Greenview has adopted the IAP2 Framework for public consultation.

INCREASING LEVEL OF PUBLIC IMPACT

Inform

PUBLIC PARTICIPATION GOAL

Inform - To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.

PROMISE TO THE PUBLIC

Inform - We will keep you informed.

FOLLOW UP ACTIONS:

N/A

ATTACHMENT(S):

- April Youth Coordinators Report



April 8th, 2019

TO: Lisa Hannaford

FROM: Sue Suk, Coordinator, Youth

SUBJECT: April Coordinator's Report

Programs completed in March/April, 2019:

St. Stephen's:

- Why Try: Grade 5 and 7. *This 8-week program utilizes a series of visual analogies that emphasize crucial life skills such as dealing with peer pressure and obeying rules.*
- Mind UP: Grade 3 students. *This 6-week program fosters social and emotional awareness and enhances psychological wellbeing.*

Programs Continuing in April, 2019:

Ridgevalley School:

- Girls Circle: 2 groups of Grade 1 and all grade 5 (female) students. *Girls Circle is a strength-based model of structured support groups designed to foster self-esteem and valuable relationships.*
- Boys Council: 3 groups of Grade 2-4 students. *Boys Council challenges myths about how to be a "real boy" and promotes resiliency through individual/group activities in a safe environment.*

Hillside Jr/Sr. High School:

- SKILLS: Two Grade 8 classes. *This 8 week program provides factual information on relationships and sexual health to equip students to resist pressures to engage in sexual activities before they are ready.*

Programs Beginning in April/May, 2019:

Penson School:

- Cool Camp: This one-day program will be delivered for all grade 8 students. *Cool camp is a sexual education program that will not only deliver information on contraceptive methods and STIs - sexually transmitted infections, but also addresses important*

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elements of healthy and meaningful relationships, signs of dating violence, sexuality in social media, gender roles in our society, impact of pornography, and resiliency.

OAP:

- RAINBOWS: A group will consist of 4 to 5 students and meet for a period of 6-8 weeks. *The purpose of this program is to have them share experiences, to gain support from their peers and to learn coping skills.*

Harry Gray:

- Body Talk: Three classes of grade 5 and two classes of grade 6 students. *In this 4 week program, students learn how to communicate within boundaries and sustain healthy relationships. The program also addresses anatomy, puberty, hygiene and menstruation.*
- KIDO: Three classes of grade 5 students. *This 4-week program is modified to focus on cyber education and will specifically cover topics on: Digital Citizenship, cyber-bullying/harassment, digital empathy and internet security.*

Successes

According to the data collected from the post-test, 95% of the participants in the 'Mind UP' program indicated that students paid more attention to others after completion of the program. 91% indicated they learned a lot about the brain and how different areas of the brain functioned. When asked what were the most important things students learned in the 'Mind UP' program, some of the responses included: "How to be calm.", "learning about the hippocampus, amygdala and pre-frontal cortex.", "Neurons tell your brain what things are.", "Mindfulness." and "Amygdala is the alert centre."

82% of the participants in the 'Why Try' program indicated that since taking the program, students try harder in schools despite challenging times, and 87% of the participants shared they are more likely to do what they believe is right during challenging situations. When asked what were the most important things students learned in the 'Why Try' program, some of the responses included: "To talk to someone when you are sad.", "How to control emotions and also talking to others for help.", "Never limit yourself.", "Respect others and control feelings.", "Don't give up." and "To do what is right."

Upcoming

- The Youth Coordinator will be attending a training session developed by the ACWS – Alberta Council of Women's Shelters that will introduce a practical foundation based the neuroscience of trauma to improve services for children exposed to domestic violence. This curriculum covers: Early Brain Development/Plasticity, Toxic Stress and Adverse Childhood Experiences, which will help the Youth

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Coordinator provide extended support in a smaller group settings; such as RAINBOWS – Grief and Loss and Girl Circle/Boys Council.

- Feedback from 'KIDO' and 'SKILL' programs showed that they could be further strengthened. Participants found cyber education and substance abuse lessons of the KIDO program valuable, and shared their interest in finding out additional information on the legal aspects/consequences of being involved in these activities. To implement more of research-based information, the Youth Coordinator has developed a partnership with the local RCMP officer for upcoming school programming.
- The Youth Coordinator, Summer Program Coordinator and the Recreation Department will work in collaboration for summer day camps with an exciting new outdoor survival theme this year. In addition, the summer day camp activities will include a broader range of activities for participants to select, similar to the 'Kids Conference' sessions that ended successfully in Grande Cache last month.

Other:

- The Youth coordinator will attend parent-teacher council meeting scheduled at St. Stephen's School on April 10th, 2019.
- Mother-Daughter Circle is scheduled to begin from April 30th during evenings.
- Due to a high demand, 2nd Babysitting course is scheduled for May 16th and will be delivered by St. John Ambulance.
- 3rd Babysitting course will be scheduled for DeBolt Resource Centre in fall of 2019.

Respectfully Submitted,
Sue Suk